

# The role of APDs in the prevention and treatment of mental illness - Letter 2021

Sent June 2021 - Dietitians Australia sent a letter to Emma McBride MP, Shadow Assistant Minister for Mental Health, requesting a meeting to discuss the role of Accredited Practising Dietitians in the prevention and treatment of mental illness.

## *Letter excerpt*

Engaging Accredited Practising Dietitians (APDs) in the prevention and treatment of mental illness is a cost-effective solution for governments and consumers.

Our specific areas of focus are the following:

- The need for recognition of the critical role of dietitians in the mental health care team
- Increased access to dietitians through Medicare for people with mental health issues as is recognised for chronic disease
- Increased access to dietetic services in Government funded mental health initiatives

For more read [the full letter](#).

## **Get in touch**

If you have any questions about this letter, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)