Dietitians Australia

Nutrition Advice within Scope of Practice for AusREPs - Joint position statement

The Nutrition Advice within Scope of Practice for AusREPs provides clarity to the fitness industry with guidelines for AusREPs to follow when giving nutrition advice to clients.

Fitness services are often expected to also offer nutrition advice. This has created a need for balance between an appropriate level of nutrition advice to the client, without giving information beyond their professional scope of practice.

The guidelines were developed and endorsed by Fitness Australia, Dietitians Australia and Sports Dietitians Australia.

To read more, download the guidelines.

Get in touch

If you have questions about this position statement, contact us at policy@dietitiansaustralia.org.au