

# Draft National Mental Health Workforce Strategy - Submission 2021

**Submitted to ACIL Allen, consultants to the Commonwealth Department of Health (September 2021).**

We submitted feedback to ACIL Allen regarding the Draft National Mental Health Workforce Strategy.

Dietitians Australia was pleased to see dietitians specifically mentioned as part of the mental health workforce. Quality diet and nutrition play fundamental roles in both risk reduction and symptom alleviation in mental illness and related physical comorbidities. Accredited Practising Dietitians (APDs) play an important role in the mental health care team to support consumers living with mental illness.

Our submission provides feedback, areas that need more emphasis and responses to consultation questions.

To read more download our [full submission](#).

## Get in touch

If you have questions about this submission, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)