Capital Food and Fibre - Submission 2022

Submitted to the Agriculture Strategy Team, Environment, Planning and Sustainable Development Directorate (ACT)

In Australia, the way our food is produced, manufactured, distributed and consumed is contributing to climate change and malnutrition in all its forms.

To achieve a more healthy, sustainable and equitable food system, change will need to occur across all sub-systems, including

- more sustainable agricultural practices
- less energy use in food processing and transportation
- a changed food supply chain and retail sector
- significant changes in consumer food choices
- strategies that result in less food waste

Food environments, including where people access food, the types of foods available, and the way that foods are marketed, have an enormous impact on population diets. A whole-of-system approach is required, and efforts to promote healthy and sustainable diets can trigger action across the entire food system.

In this submission we provide the ACT Government with 25 recommendations to improve access to healthy and sustainable food in the ACT.

For more, download our full submission.

Get in touch

If you have questions about this submission, contact us at policy@dietitiansaustralia.org.au