

# Nourish not neglect: Putting health on our nation's table

This 2019 report outlines the social and economic costs of poor nutrition and the importance of a coordinated and collaborative approach to our nutritional health.

We want a new nutrition policy to:

- make Australians healthier
- support the role of dietitians
- promote healthy nutrition programs
- reduce the rising cost of diet-related chronic disease
- inform government and non-government health agencies

This paper summarises the need for a National Nutrition Policy and the recommended steps for action.

Read the 2019 report [Nourish not neglect: Putting health on our nation's table](#)

Learn more about our recent work towards a [National Nutrition Strategy](#).

## Get in touch

If you have questions about this document, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)