

# Measuring what matters

**Submitted to the Australian Government Treasury.**

Dietitians Australia acknowledges the Albanese Government, as the first to implement a well-being approach to economic policy in Australia.

Dietitians Australia strongly support the development of a national framework of indicators. While there are many important, cross-cutting, and mutually beneficial indicators, our recommendations focus on the impact of healthy and sustainable food systems to ensure the well-being of people and planet.

- Fruit and vegetable consumption: Percentage of adults and children who met both the fruit and vegetable dietary intake
- Exclusive breastfeeding: Percentage of infants exclusively breastfed in the first 6 months
- Food security: Percentage of household income spent on food.

For more, [download our full submission](#).

## Get in touch

If you have questions about this submission, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)