

# Inquiry into food security in Australia

**Submitted to The Parliament of Australia.**

Dietitians Australia welcomes the opportunity to provide input into this Terms of Reference. We acknowledge this inquiry is focused on agricultural systems, however, the food system as a whole impacts on the economy, climate, society and health. A holistic review is therefore recommended to ensure the best outcome for all Australians.

It is the position of Dietitians Australia that to promote human and planetary health, a food system transformation is needed that supports the population to adopt healthy and sustainable diet-related practices. A healthy and sustainable diet must:

- Be nutritionally adequate, healthy and safe
- Have low environmental impact and be protective of natural resources and biodiversity
- Be culturally acceptable
- Be accessible, economically fair and affordable.

Dietitians Australia acknowledges that it is critical to prioritise Indigenous knowledge in consultation, policymaking and implementation processes to achieve these recommendations.

For more, [download our full submission](#).

## Get in touch

If you have questions about this submission, contact us at [policy@dietitiansaustralia.org.au](mailto:policy@dietitiansaustralia.org.au)