

Inquiry into food security in Australia

Submitted to The Parliament of Australia.

Dietitians Australia welcomes the opportunity to provide input into this Terms of Reference. We acknowledge this inquiry is focused on agricultural systems, however, the food system as a whole impacts on the economy, climate, society and health. A holistic review is therefore recommended to ensure the best outcome for all Australians.

It is the position of Dietitians Australia that to promote human and planetary health, a food system transformation is needed that supports the population to adopt healthy and sustainable diet-related practices. A healthy and sustainable diet must:

- Be nutritionally adequate, healthy and safe
- Have low environmental impact and be protective of natural resources and biodiversity
- Be culturally acceptable
- Be accessible, economically fair and affordable.

Dietitians Australia acknowledges that it is critical to prioritise Indigenous knowledge in consultation, policymaking and implementation processes to achieve these recommendations.

For more, [download our full submission](#).

Get in touch

If you have questions about this submission, contact us at policy@dietitiansaustralia.org.au