Improving the composition of the food supply in relation to industrially-produced trans-fats

Submitted to the Department of Health and Aging

Dietitians Australia strongly advocates for **mandatory legislation to eliminate industrially-produced trans-fat** from the food supply, as per best-practice criteria determined by the World Health Organization.

Mandatory legislation has proven to be feasible, cost-effective, and equitable in many settings around the world. Partial, stepwise and/or voluntary actions, such as industry-led pledges and other self-regulatory measures across the food system, have not been demonstrated to work effectively and are therefore strongly opposed.

Without action, Australian regulation will lag behind international standards impacting the health and well-being of the population.

To read more, download our full submission.

Get in touch

If you have questions about this submission, contact us atpolicy@dietitiansaustralia.org.au