Dietitians Australia

National gathering to break down barriers in dietetics and nutrition for Australians starts in Brisbane this weekend

Finding ways to break down the barriers to nutrition and dietetic support for Australians, and to strengthen the dietetic and nutrition professional workforce to do this with diligence, is the focus of the Dietitians Australia Conference in Brisbane this weekend.

Dietitians Australia, is the peak body for dietetic and nutrition professionals in the country, representing over 9000 members, including over 7400 Accredited Practising Dietitians.

The Dietitians Australia Conference will bring together six hundred of the most impactful minds in the dietetic and nutrition sphere in Australia.

It is the largest annual gathering of dietitians and nutrition professionals in the country spanning three days, from Sunday 18 August.

“The way we deliver healthcare for Australians and the communities we live in must evolve,” Dietitians Australia President Tara Diversi said.

“The focus of our gathering this weekend and into next week is to immerse ourselves in the evidence on how dietitians can innovate, advocate for and launch solutions to truly transform the health landscape in this country.

“Accredited Practising Dietitians are a critical part of the solution when it comes to building a healthier Australia, our full potential must be unlocked to relieve the pressure our health system faces,” she said.

The Dietitians Australia 2024 Conference will showcase the latest dietetic and nutrition research in areas including:

- Women's health
- Aged care
- Childhood nutrition
- Weight management
- Personalised nutrition
- Digitally enabled care
- First Nations nutrition
- Mental health

The full program can be viewed at da2024.com.au/program

To attend a session or request an interview with talent, please contact:

Dietitians Australia Media Manager

Amy Phillips on 0409 661 920

For media enquiries and interviews, contact our Media Manager on 0409 661 920.

Note to Editors: Dietitians Australia is the leading voice in nutrition and dietetics, representing dietitians nationally and advocating for healthier communities. Accredited Practising Dietitian (APD) is the only national credential recognised by the Australian Government as the quality standard for nutrition and dietetics services in Australia.