Tomato, bocconcini and basil bites

Preparation time
5 minutes

Cooking time
0 minutes

Serves
1

Recipe courtesy of
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Ingredients Method Nutrition

1 mine roma tomato (red or orange)

1 basil leaf

1 cherry bocconcini

Salt and pepper to taste

Balsamic glaze to taste

1. Skewer a toothpick with a mini roma tomato, a basil leaf and a cherry bocconcini ball

2. Season with a little salt and pepper and drizzle with a balsamic glaze

Repeat step 1 to make as many tomato, bocconcini and basil bites as you would like.

Nutritional information is provided per serve

Engery	233kj
Protein	4g
Saturated Fat	3g
Total Fat	4g
Carbohydrates	1g
Sugars	0.4g
Dietary Fibre	0.3g
Sodium	16mg