Dietitians Australia statement on the human right to food, nutrition and hydration.

Dietitians Australia affirms that access to safe, nutritious and sufficient food and drinking water is a fundamental human right. This right is recognised in international law and is foundational to the health and dignity of all people.

For Dietitians Australia, the human right to food means that everyone, at all times, must have reliable access to safe, nutritious, and culturally appropriate food in sufficient quantity and quality to support their health, sustain life and uphold human dignity.

As the peak body for dietetic and nutrition professionals in Australia, we are committed to advocating for the food and nutrition rights of the people and communities we serve.

Equitable access to food, nutrition, and hydration is unfortunately not a reality for all Australians at present. Despite the complexity, we remain committed to the reform and enhancement of policies and systems that make the right to food and nutrition accessible here in this country.

Dietitians Australia recognises our responsibility to uphold and advocate for the human right to food, nutrition and hydration universally, in all contexts, including during crises and periods of instability.

We acknowledge that our membership is diverse, and that international events can have a direct and personal impact. Our thoughts are with all dietitians, their families, and their

communities who are affected during these times.

As dietitians and nutrition professionals, we play a crucial role in promoting access to safe, appropriate nutrition and hydration. We stand in support of our colleagues worldwide who are working to deliver care and uphold human dignity under the most challenging circumstances.

Dietitians Australia believes in the protection and realisation of the human right to food, nutrition and hydration for all people, everywhere. We believe upholding this right is essential to health and dignity.

Get in touch

If you have questions about this position statement, contact us at policy@dietitiansaustralia.org.au.