

First Nations Communities

We have collaborated with First Peoples Disability Network to create 4 written resources to support Dietitians to deliver culturally considerate care and educate First Nations communities to build healthier eating habits.

File

[Healthy Eating for Strong Bodies and Minds.pdf](#)

The resource highlighted in this pack is about "Healthy Eating for Strong Bodies and Minds". If you would like to access the accompanying resources related to First Nations Communities, find them [here](#).