

Submission to FSANZ

Proposal P1067 - Health Star Rating System

Dietitians Australia welcomes the opportunity to comment on the [Health Star Rating \(HSR\) system](#) as Food Standards Australia New Zealand (FSANZ) opens its first formal call for submissions.

We remain supporters of mandating the HSR system as part of a suite of evidence-informed measures to improve population diets and the food environment to maximise public health impact.

Evidence suggests front-of-pack labelling systems encourage positive reformulation of products and supports healthier decision-making by consumers (WHO 2022; UNICEF 2022). However, there are elements that need to be strengthened to improve our food system and nurture consumer trust.

Mandating the HSR system is a necessary step to fulfill its intent to enable consumers to access and compare nutrition information between products which has been limited under the voluntary system by a low uptake by industry and their participation targets having not been met.

To learn more, please [download our full submission](#).