

PBAC Submission: Embedding Dietitians and Exercise Physiologists in GLP-1 care - Joint Submission

Dietitians Australia and Exercise and Sports Science Australia have made a joint submission to the Pharmaceutical Benefits Advisory Committee (PBAC), recommending the PBAC:

- Advise the government that PBS-subsidised GLP-1 treatments be accompanied by funded, voluntary referral pathways to Accredited Exercise Physiologists and Accredited Practising Dietitians during treatment and following dose reduction or cessation.
- Refer the need for complementary Medicare funding to the Australian Government, including up to 12 funded APD and AEP services in the first year of GLP-1 treatment, with ongoing access in later years during treatment and following dose reduction or cessation
- Recommend that post-listing evaluation by the government includes nutrition status, muscle strength and physical function alongside weight loss and cardiovascular outcomes.

Read the [full submission](#).