Dietitians Australia

Telehealth - Position statement

Our position

We support the delivery of high-quality dietetic services via telehealth. It gives Australians better access to quality health care. Especially those living with chronic disease.

Telehealth is the remote delivery of health services. It uses technologies, such as telephone, videoconferencing, text messages and web portals.

Health funding should include telehealth options for dietetic services.

Background

More than 7 million Australians live with nutrition-related chronic disease, including:

- type 2 diabetes
- cardiovascular disease
- obesity
- diet-related cancer
- chronic kidney disease
- mental health conditions

Many people can't see a dietitian because of economic, geographic or other barriers.

Telehealth makes dietetic health care accessible to more Australians.

For more information, download our full position statement on telehealth.

Get in touch

If you have questions about this position statement, contact us at policy@dietitiansaustralia.org.au