

# annual report 2020



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# Board of Directors



**Tara Diversi**  
President



**Melissa Armstrong**  
Vice-President



**Dr Damien Angus**  
Director



**Dr Katrina Campbell**  
Director



**Glenn Cardwell**  
Director



**Jemma O'Hanlon**  
Director



**Fiona Willer**  
Director



**Anthea Green**  
Director

# About Dietitians Australia

**Dietitians Australia is the peak body for dietetic and nutrition professionals, representing around 7,500 members around Australia and overseas. As the national association of the dietetic profession, with branches in each state and territory, Dietitians Australia was previously known as the Dietitians Association of Australia (DAA), until its name change in May 2020.**

## Vision

To provide leadership in dietetics, food and nutrition for healthier people and a healthier nation.

## Mission

Dietitians Australia is the peak body of dietetic and nutrition professionals, providing strategic leadership in food and nutrition and advancing the professional interests of its members.

## Pillars

To achieve its mission, Dietitians Australia will:

- strengthen the foundation (member engagement)
- champion excellence in practice
- increase opportunities for members
- advocate to influence government policy
- collaborate on and influence international dietetic and nutrition issues
- maintain and enhance good governance and management.



# 2019–20 by the numbers



**7428**  
members



**900**  
conference delegates



**18**  
Skilled  
Migration  
Assessments  
issued



**202**  
media  
requests



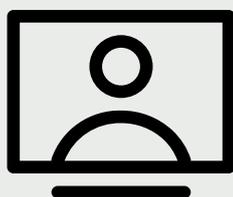
**5973**  
Financial APDs



**9600**  
calls from members



**19**  
Interest  
Groups



**2662**  
members  
joining COVID-19  
webinars



**268**  
APDs audited



**57**  
Smart Eating  
Week events  
for 2020



**32**  
DSR applications



**759k**  
public website visitors



**43**  
lodged submissions

# President message



**Tara Diversi**  
President

## **I take great pleasure in presenting to our membership and stakeholders the Dietitians Australia annual report for the 2019–20 financial year.**

When I put forward my nomination to be re-elected to the Board last year, I made it clear what drove me to be a part of the leadership team of Dietitians Australia. I spoke of the need for bravery and commitment to our vision of being the leading voice in nutrition and dietetics.

I continue to feel proud of being a dietitian and a member of Dietitians Australia. The renewed focus on empowerment, support and respect for our members has resulted in many positive outcomes. We have made significant inroads towards achieving our vision, but as I said last year – we are not there yet and there is much still to do. The only way we can achieve our vision is to do it together, by empowering our membership.

Our 2019 annual conference, held on the Gold Coast in late August, was a true highlight of the year, with a jam-packed program attended by over 900 delegates. As I observed the various workshops, plenary sessions, exhibition hall and the conference cocktail party, the positive vibe was palpable. The event received very positive feedback from those who attended.

In November, I was very humbled by the support I received in being elected as president of this wonderful organisation. Throughout my career, Dietitians Australia and its members have inspired me and I'm incredibly proud to serve as its 17th president.

Our voice has grown stronger through our focused work in advocacy and government relations. One example is our participation in the Royal Commission into Aged Care Quality and Safety, where Dietitians Australia's Chief Executive Officer, Robert Hunt, and Senior APD Sharon Lawrence gave evidence on behalf of the profession. Another example is Dietitians Australia's contributions to the Federal Government's Primary Health Care 10-Year Plan, the National Obesity Strategy, and the National Preventive Health Strategy.

A major reinforcement of our vision was the launch in August 2019 of the Australian

Academy of Science's *Nourishing Australia: a decadal plan for the science of nutrition*. In its analysis of enabling platforms, this report calls for a "trusted voice" to provide credible evidence-based information, and to use professional communicators to counteract misinformation and improve the general public's nutrition literacy. The Academy, its Nutrition Committee, and indeed all the participants in the development of the decadal plan, emphasised that it must be Dietitians Australia and its members who should take up this mantle as a trusted voice. This is a powerful endorsement, which comes with great responsibility.

The new year brought much excitement, with our evolution to a new organisational brand, and refreshed, simplified and more powerful name. The positive feedback from members and key stakeholders here and internationally was quite overwhelming. With the new look and brand has come an increased focus on showcasing the work of our members and building strong, powerful position statements that are important to our members and the nutrition of Australians.

Our Centre for Advanced Learning continues to grow and mature, with courses now competitively tendered and evaluations improved. Our Journal has a new editorial team and has received a very promising assessment in terms of its impact.

The COVID-19 pandemic has impacted all parts of our profession and membership. I have been really proud to see how our members and the association responded in a supportive and collaborative way, bringing out the very best in our people. The way Dietitians Australia successfully lobbied for telehealth dietetic services to be covered by Medicare, and how members pivoted to this new way of working, was inspiring, and again I was very proud of these important achievements.

Looking towards the future, we are strengthening our advocacy strategy through member engagement and the appointment of subject matter leads. I have high expectations that Dietitians Australia will be a force to be reckoned with.

My sincere thanks goes to all members, the Dietitians Australia staff, and my fellow board members for their dedication, hard work and support this financial year.

**“The new year brought much excitement, with our evolution to a new organisational brand, and refreshed, simplified and more powerful name”**



Tara Diversi  
President



# Finance report



**Dr Damien Angus**  
Director responsible  
for finance

## Director responsible for finance

Included in this annual report are the audited financial statements for the Dietitians Association of Australia (now trading as Dietitians Australia) that cover the 12-month period from 1 July 2019 through to 30 June 2020.

The financial reports and procedures have been audited by Dietitians Australia's external registered auditor Bandle McAneney & Co and their report is included in the financial reports.

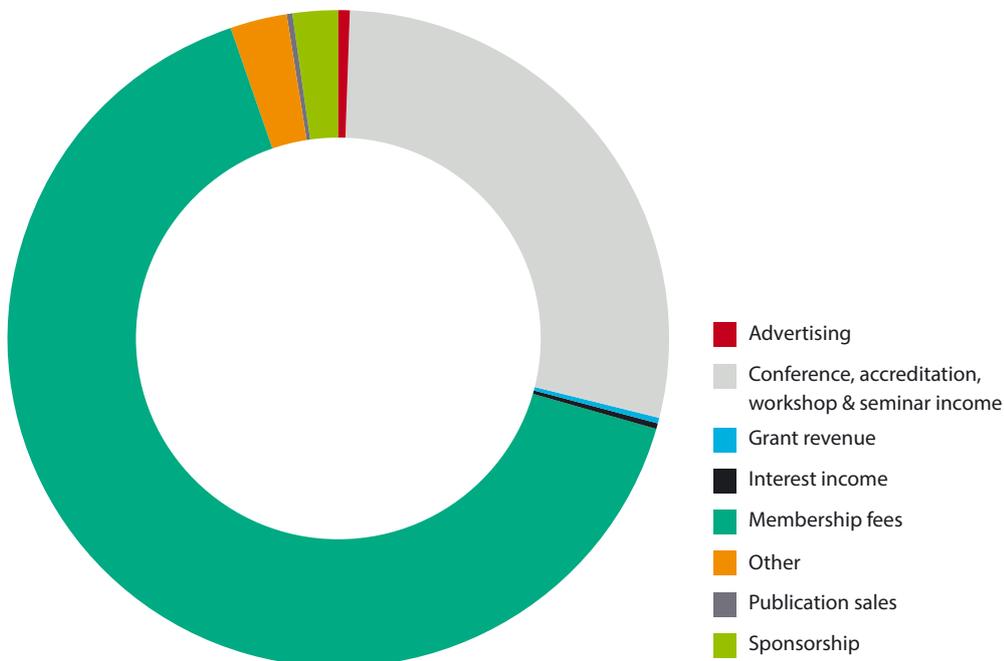
Members will be comforted that the auditor has found Dietitians Australia's procedures and reporting meet all compliance requirements and provide members with a comprehensive and accurate view of its financial performance and position.

The auditor has met with both the Finance Risk and Compliance Committee and the Board to provide a detailed brief.

In summary, total income for Dietitians Australia was \$5,481,518 and total expenses were \$5,191,683. This resulted in a small surplus of \$289,835, which will be retained for future needs or unforeseen costs.

Total income for this year was \$5,481,518. The main income sources were membership fees, which were largely received before the onset of COVID-19. The annual membership fees make up 65% of total income. Without memberships, Dietitians Australia would simply not exist.

## 2019-20 income by type



Other income sources include accreditation, the annual conference and workshop and seminar income (2020 - \$1,552,257) which includes income from the Centre for Advanced Learning (2020 - \$269,347) and fees associated with Dietitians Australia’s regulatory functions (2020 - \$391,936).

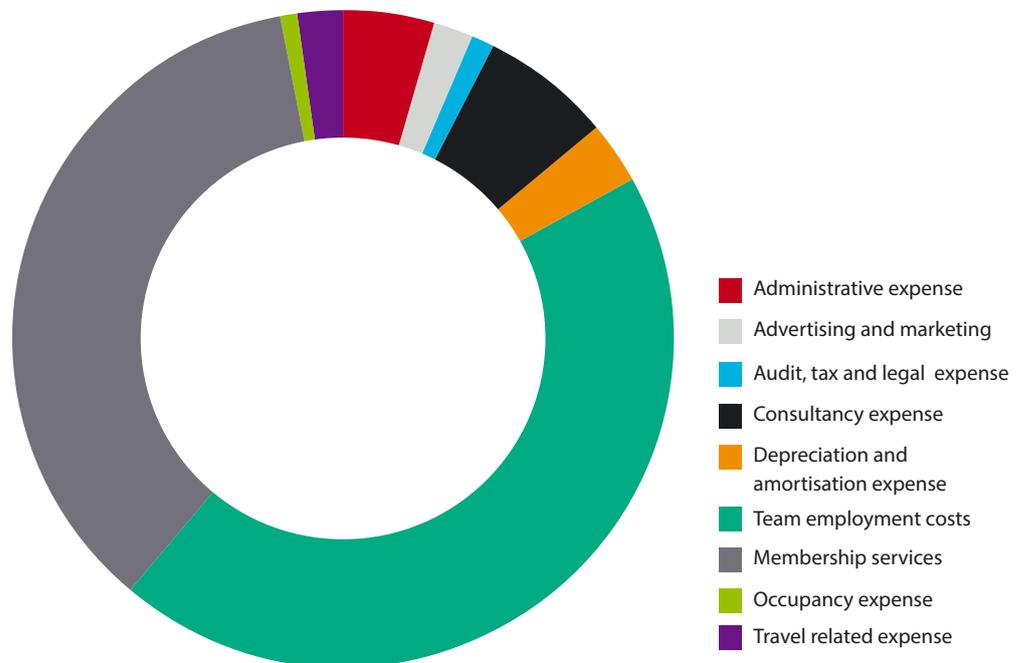
Of note – and a pleasing result – is the continued strong growth in membership and related increase in membership income (\$3,574,257). The increase in fee income from membership growth (up 4% to more than 7,400) has provided some support for the Board decision not to increase membership fees for 2021 and to suspend the administrative charge for payment of fees by instalment.

Total expenditure for the year was \$5,191,683. Occupancy costs were down 225% due to changes in national office tenancies. Travel related expenses were down 69% due to restrictions associated with COVID-19. Employee expenses were also reduced due to staff vacancies.

There was an increase in expenditure for Membership services (up 34%) due to the National Conference, as well as in Consultants (up 50%) and Administration (47%) for work associated with the implementation of the new membership system.

The Finance Risk and Compliance committee is considering work in other areas for next year, with a focus on a risk register and reviewing the organisation investment strategy.

### 2019-20 expenditure by type



# Message from our CEO



**Robert Hunt**  
CEO

Reflecting on the reporting period for this annual review, I have to say that this year has been like no other in my career. The level of activity and major projects that the team here at Dietitians Australia took on really stretched our resources. Then overlay the dramatic changes in the working and living environment caused by COVID-19, and I am truly amazed at what we have achieved.

The successful rollout of a new business system (member portal, member database, website) and organisational name change was indeed a mammoth feat, and one that I am immensely proud of the team for delivering. The philosophy for the change was based on an assessment that Dietitians Australia faced an unacceptable level of risk with the existing bespoke system. Our new system is based on an internationally renowned and well-resourced membership database, and gives Dietitians Australia the ability to springboard from this solid foundation into best-of-breed targeted software, such as events and credentialling, that better meet our specific needs.

Our refreshed look and name communicates a very strong message that we are focused on evolving from being more than a membership organisation to the leading voice in nutrition and dietetics. The new brand and simplified corporate name are the start of this journey of change.

I have been on record many times saying that to be the leading voice in anything one must do two things – speak up, and speak with authority. This is what is driving me to push the membership to be leaders in nutrition and dietetics. With our fresh look and new name, we have grabbed the attention of many. Moving forward, we are now focused on strengthening our messages through dedicated work on advocacy and policy development, supported by a strong and focussed communications and marketing strategy.

There has also been significant change in the team structure of the secretariat that supports the work of Dietitians Australia. I am proud to lead such a skilled and dedicated

team. I acknowledge the contributions made by those staff who left us during the year, including two of our senior managers, Annette Byron and Trish Kirkland. Annette Byron steered the policy direction of Dietitians Australia for more than 10 years and made a valuable contribution in ensuring the views of APDs was added to the development of public policy in this country. Trish Kirkland's stay with us was much shorter; however, her stewardship of the business system review and brand refresh was a mammoth effort. My thanks to both these professionals for their time with us.

I am pleased that the efforts of the secretariat team and members are supported by the relatively strong financial position of Dietitians Australia, which is further strengthened by the modest financial surplus achieved this financial year. Dietitians Australia's vision to be the leading voice in nutrition and dietetics needs to be underpinned by a sustainable financial position.

The support of Dietitians Australia by members of the dietetic profession continues, with new APD applications arriving every day. The message here for me is that the dietitians in Australia and abroad are committed to a strong and vibrant profession and can see the merits of having a strong professional association. I respect and acknowledge this commitment.

I wish to acknowledge the support and vision of President Tara Diversi and Vice President Melissa Armstrong, and the work of the other Board Directors and general members who directly contribute to the work of Dietitians Australia.

I would also like to thank the amazingly dedicated and hardworking team of Dietitians Australia employees for your service to the dietetic profession in this country.

I hope you enjoy reading this report, which in my mind reflects a vibrant and progressive profession that is focused on its vision to be the leading voice of nutrition and dietetics in Australia.

**“Our new system is based on an internationally renowned and well-resourced membership database, and gives Dietitians Australia the ability to springboard from this solid foundation into best-of-breed targeted software, such as events and credentialling, that better meet our specific needs.”**



Robert Hunt  
CEO



# Communication and Member Services

## Business systems and brand refresh

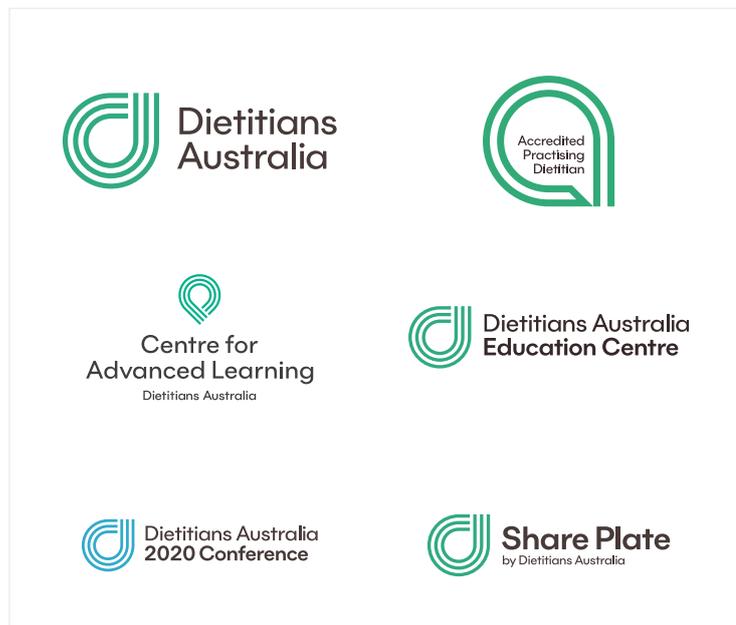
The 2019–20 financial year was a significant one for the Communications and Member Services (CMS) team. Following a review of its business systems, processes and outputs, as well as feedback from staff, members and stakeholders, the CMS team undertook several major projects, including:

- changing the organisation name from 'Dietitians Association of Australia (DAA)' to 'Dietitians Australia' to reflect the expanding focus of the organisation
- refreshing the visual identity of the organisation, including logos, fonts, colours and imagery for improved versatility and a more contemporary feel
- replacing ICT business systems, which comprised:
  - upgrading our legacy member database to iMIS – a purpose-built, contemporary and secure database with improved functionality
  - replacing an underutilised member networking space with Higher Logic (now known as Share Plate) – a more intuitive, user-friendly system which integrates with the new member database
  - improving the look and feel of the online member portal (or members-only website) including providing better access to resources and information.

Both the rebranding and ICT business system project involved consultation with members, including focus groups and user testing, as well as research into the best-practice systems currently available.

## Introducing Dietitians Australia

The rebrand to Dietitians Australia was launched to the membership on 28 May 2020 with a special-edition email and social media posts. The website was 'reskinned' to reflect the new visual identity and the domain was updated from <https://daa.asn.au> to <https://dietitiansaustralia.org.au>. National office staff email addresses were updated, and priority corporate documents were also rebranded.



## Launching the new ICT business systems

The new ICT business systems – including the new member portal and Share Plate – were soft launched to select groups on 2 June 2020, with the formal launch to the full membership on 15 June 2020. Several webinars were held during this time to help familiarise members with the new system, and more than 50 support videos and fact sheets were created.

# business systems and brand refresh

A new name, visual identity and Information and Communications Technology (ICT) systems; the 2019 to 2020 financial year saw some major changes for the former Dietitians Association of Australia.

A review of business systems, processes and outputs, as well as feedback from members and stakeholders, showed change was needed to ensure the organisation is fit for the future.

2020

The new ICT systems are fit-for-purpose with improved functionality and security, whilst the brand is fresh, modern and reflects the expanding focus of the organisation.



**Dietitians Association of Australia**  
The DAA logo was outdated and did not reproduce well at smaller sizes due to the complexity of the design.



**Dietitians Australia**  
The new logo combines the 'D' and the 'A', with the lines representing the path to a healthier Australia through what we put on our plate.



**APD logo**  
The APD logo had similar issues to the DAA logo, whilst the use of orange was not consistent with other corporate assets.



**New APD logo**  
This logo is a speech bubble, representing the conversation between APDs and their audience. The APD and DA logos are now the same colour.



**Member Connect**  
Feedback on the previous member community and networking space was that it was not user-friendly and did not meet member needs.



**Share Plate**  
Share Plate offers plenty of ways to engage, connect and collaborate. It's also highly customisable to suit user preferences.



**Legacy ICT systems**  
The database needed a security overhaul. There was also a call for greater control of data and a review of online content for members.



**Process improvement**  
Streamlined systems, reduced manual input, better security, as well as reorganised and refreshed content and resources for the member portal

## Membership

Over the last financial year, Dietitians Australia membership increased by 3% to nearly 7500 members – including APDs and dietetic students – around the country and overseas.

As with everyone around the world, we have reacted to and dealt with the COVID-19 pandemic from early 2020. Our mission sums up our actions well – supporting our members, advocating for our profession and building healthier communities.

We collated and communicated about resources and announcements, provided professional development at low or no cost to members, advocated for access to dietitians and answered many member questions related to professional practice and the pandemic.

While Dietitians Australia has been advocating for increased access to telehealth for some time, the COVID-19 pandemic made it a necessity. We led early with calls for telehealth to be supported by both Medicare and private health insurers. Members were offered opportunities to support these calls with letter and email templates to be sent to Members of Parliament.

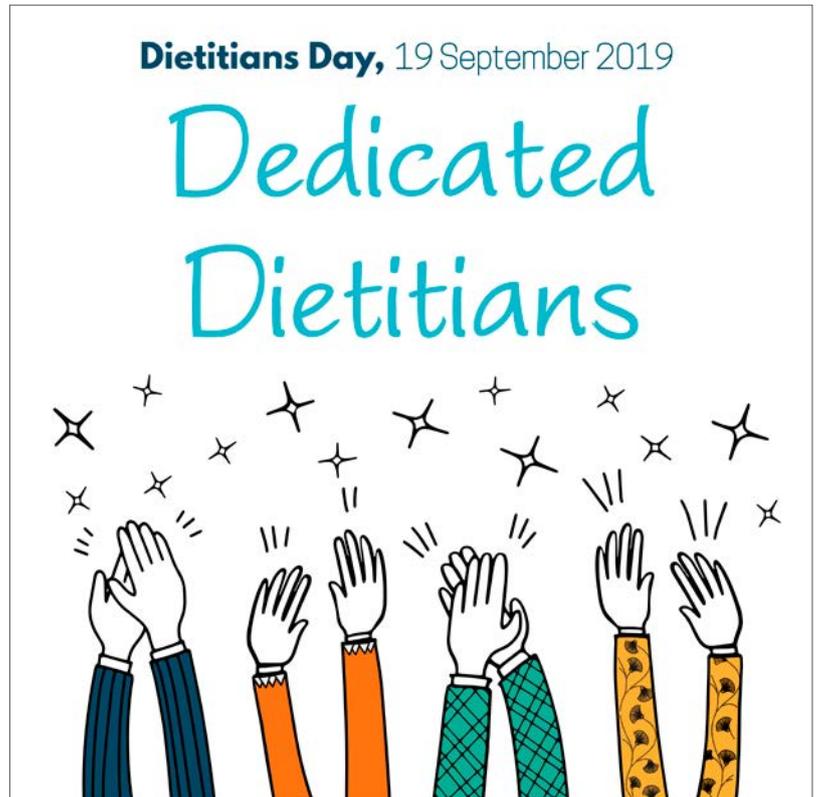
Dietitians Australia also distributed letters and media releases and contacted private health insurers. Through continued advocacy, dietitians are now able to use usual billing practices for telehealth consultations supported by Medicare. Major private health insurers also support telehealth dietetic consultations and smaller providers continue to come on board. We continue to advocate for ongoing access to telehealth.

Dietitians Australia developed consumer information to support healthy eating during COVID-19, with our pantry planning webpage receiving 4833 unique views from 30 March to 7 May. We also undertook several content collaborations with organisations such as CSIRO, Wellbeing SA, Health and Wellbeing QLD and AIA Vitality, to help build healthier communities during COVID-19.

## Celebrating our members

### Dietitians Day, 19 September 2019

This annual event provides opportunity for members to celebrate their profession and congratulate themselves and their colleagues on work within the nutrition space. The theme for 2019 was 'Dedicated Dietitians'.



We celebrated members that go above and beyond for the profession, both internally within the membership and externally to health care professionals and consumers. Activity was focused on social media, with 'A Day in the Life of a Dietitian' posts exploring a typical day for dietitians in a range of practice settings. Posts were well received, with high engagement rates across all platforms. Instagram Stories were shared for each article and had an average of 67 click-throughs per story.

## Showcasing Accredited Practising Dietitians

### Smart Eating Week, 10 to 16 February 2020

Smart Eating Week is our annual opportunity to showcase to the public the role Accredited Practising Dietitians (APDs) play in improving health and nutrition. There are over 30,000 packaged food items stocked in supermarkets, many of which are energy-dense and nutrient-poor, so Smart Eating Week 2020 focused on equipping Australians with label-reading skills to make healthier food choices.

To help engage consumers at a grassroots level, Dietitians Australia provided resources to assist members to host events in their communities or workplaces nationwide. These included a label-reading presentation and patient resource, which were downloaded by nearly 700 members.

Members were encouraged to register their events to help build excitement and assist with promotion of their events. To encourage event registration, all members who had their event registered by Sunday 9 February were placed into a draw for a gift card. There were 57 events registered in total, a 96% increase from 2019.



Smart Eating Week 2020 also included a national media and social media campaign to help raise public awareness about the role of Accredited Practising Dietitians.

We posted social media content in the lead-up to and throughout the week on Facebook, Twitter, Instagram and LinkedIn.

- Total reach (Instagram): 16921 from 6 posts. These received 445 likes, and 121 profile visits. 348 posts included the hashtag #SmartEatingWeek.

- Total reach (Facebook): 27 960 from 9 posts. These received 382 reactions, 30 comments, 48 post shares and 539 link clicks. 127 posts included the hashtag #SmartEatingWeek
- Total Impressions (Twitter): 16892 from 8 posts with a total engagement of 336 interactions. 137 posts included the hashtag #SmartEatingWeek.
- Total Impressions (LinkedIn): 5975 from 7 posts, with 99 likes, 92 link clicks and 10 post shares. 40 posts included the hashtag #SmartEatingWeek

Impressions/reach were 18% higher on average across the channels. All channels used the hashtag this year, compared to just Twitter and Instagram in 2019, with an increase of 62% across those channels using it the previous year.

These results are pleasing, and expected given the consumer focus. This is because previous campaigns focused more on engaging public health bodies and politicians to promote APDs.

We also produced 2 media releases to support Smart Eating Week. One focused on label-reading and APD-run events (with the inclusion of an Australian Healthy Food Guide magazine recipe). The other focused on continuing the call for a new National Nutrition Policy. The media release webpage received a total of 140 views between Tuesday 4 and Monday 17 February 2020, with coverage appearing online (Mirage News, The Age, Sunraysia Daily, Hello Care; Australian Financial Review), radio (ABC Gold Coast Drive, ABC Far North QLD) and in print (Sunraysia Daily).

By encouraging APDs to share their smart eating messages with the media, a further 66 media items (including syndications) were achieved, including:

- WIN TV All Australian News (syndicated to 22 regional TV stations: segment airtime 1.26 minutes)
- ABC Radio Drive (syndicated across 8 NSW ABC drive programs; segment airtime 5.41 minutes)
- ABC Alice Springs (Drive)
- ABC Wide Bay (Breakfast)
- Territory FM – Darwin
- Triple M Radio News (Albury, Shepparton, Townsville, Port Macquarie, Bundaberg)
- The Barrier Truth – Broken Hill
- The Newcastle Herald
- Pakenham Gazette – Melbourne

## Media

Across the 2019–20 financial year, 202 media requests were completed by representatives of Dietitians Australia (spokespersons and APDs in the media) equating to an average of 16 requests per month.

For the 2019 National Conference on the Gold Coast, a total of 74 media items were published, as a result of 5 media releases and the conference program. Media outlets that profiled the conference include:

- TV stations: 7 News Gold Coast, 9 News Gold Coast
- Radio stations: ABC Radio Brisbane, 98.9FM Brisbane Indigenous Media Association, 4RR, 6PR, Triple M, 2GB, Hit105 FM
- Online and print publications: SBS Food, National Indigenous Times, Herald Sun, The Courier Mail, Adelaide Now, The West Australian, Gold Coast Bulletin, Campus Review, Hello Care and Noosa News.

Throughout the year, 13 media releases were issued, covering the following topics:

- Dietitian Australia's presentation to the Royal Commission into Aged Care Quality and Safety – picked up by Inside Ageing, Hello Care, SeniorAu, RACQ and ABC Radio Brisbane and Adelaide (Mornings program). Dietitians Australia's presentation also gained 127 online and print media items and ABC Radio news grabs broadcast nationally, which mentioned Dietitians Australia and the role of dietitians in aged care.
- Dietitians Australia's response to the updated Heart Foundation Recommendations – picked up by SBS News, Herald Sun and The Land.
- Dietitian Australia's call for a National Nutrition Policy – picked up by Sunraysia Daily and Hello Care.

- Welcoming our new President – picked up by the Associations Forum, The Health Times, Food Australia, Australian Ageing Agenda and the Cairns Post.
- Profiling *Nutrition & Dietetics* research – iron intake in remote Aboriginal and Torres Strait Islander children: picked up by SBS Food Online, Retail Pharmacy Assistants, ABC News and Bumma Bipperra Media 98.7FM.
- Sensible shopping during COVID-19 – picked up by RACQ online, ABC Online, Canberra FM Radio
- Telehealth advocacy – picked up by 2SM radio and syndicated nationally across news publications including Herald Sun, The Courier Mail, Adelaide Now, Geelong Advertiser and Northern Territory News.

## Education Centre

### Centre for Advanced Learning (CAL)

In the 2019–20 financial year the Centre for Advanced Learning:

- ran 5 traditional (face-to-face) courses, including the popular National Paediatric Nutrition course and the Food Allergy and Intolerance course
- provided 4 new online courses in the subject areas of: Aged Care, Critical Care, Bariatric Surgery, and Type 1 Diabetes Mellitus
- facilitated 5 free COVID-19-based webinars which were attended by 2,662 members
- facilitated discussion groups with members for future course development in the topic areas of: Gastroenterology, Food Service, Business Skills and Renal Nutrition.



# Policy and Professional Services

**The Policy and Professional Services team worked hard during the 2019–20 financial year to support members and promote excellent dietetic practice. The COVID-19 pandemic in 2020 presented the PPS team with a range of challenges, as well as opportunities to support the dietetic profession.**

Issues with access to dietetic services during the pandemic presented an opportunity to strongly advocate for telehealth services to be covered by Medicare and private health insurers.

Our advocacy initiatives paid dividends: the Federal Government added dietetic consultations to the COVID-19 temporary Medicare Benefits Schedule (MBS) items for telehealth services, and many private health insurers added telehealth services for APDs and committed to ongoing telehealth items.

Other activities undertaken by the team included preparing submissions to advocate for the profession (refer to 'submissions lodged', below), and managing Dietitians Australia projects, such as recruiting and supporting volunteers to represent Dietitians Australia's interests in consultations or ongoing committees.

Dietitians Australia's submission to the Royal Commission into Aged Care Quality and Safety resulted in an appearance at a formal hearing in July 2019. Another key win was the award of a substantial grant by the National Disability Insurance Agency to build the capacity of dietitians working with people with disability.

## **Dietitians Australia submissions lodged in the 2019–20 financial year**

A total of 43 submissions were lodged in the 2019–20 financial year. Dietitians Australia submissions align with our mission to support members, advocate for the profession and build healthier communities. Submissions support Dietitians Australia's vision to be the leading voice in nutrition and dietetics. During this period, Dietitians Australia advocated for improved access to APD services and/or best-practice nutrition care in:

- aged care services, through the Royal Commission into Aged Care Quality and Safety
- disability services under the National Disability Insurance Scheme, and through the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability
- mental health services, through the Productivity Commission's Inquiry into Mental Health
- remote Aboriginal and Torres Strait Islander communities, via an inquiry into food prices and food security initiated by the House of Representatives Standing Committee on Indigenous Affairs
- Medicare Benefits Schedule (MBS) items for the prevention and management of chronic conditions
- nutrition training standards for care workers set by key training institutions.

Dietitians Australia also contributed to various inquiries about Australian food and nutrition standards, including pregnancy warning labels, allergen labelling, and highly concentrated caffeine products.

## Our Innovate Reconciliation Action Plan, 2018–2020

Dietitians Australia’s journey of reconciliation continues with a proactive Reconciliation Action Plan Working Group (RAPWG), with the overarching aim of embedding reconciliation in the fabric of our organisation.

The RAPWG has 10 APD members, three of whom identify as Aboriginal and/or Torres Strait Islander.

Some key achievements:

- A RAP Communications Plan to advance knowledge of and respect for histories, cultures and dates of significance.
- ‘Indigenous Health’ as the key theme at the 2019 National Conference, with a captivating Indigenous Health Plenary and a workshop about strengths-based practice.
- A Cultural Capability Survey for Dietitians Australia staff and members to identify cultural capability training needs.
- Dissemination of the RAPWG’s top 3 online cultural capability training options for members and staff.
- A member webinar on Telehealth and Cultural Safety hosted by the RAPWG during the COVID-19 pandemic.
- Support for the Black Lives Matter movement, with a public statement regarding race and racism in Australia.
- Social media blitz: Aboriginal and Torres Strait Islander dietitians shared reconciliation and racism-related content to amplify Aboriginal and Torres Strait Islander voices.
- Commitment by Dietitians Australia to imbed cultural capability training in staff professional development plans.
- A Dietitians Australia membership of 32 members who identify as Aboriginal and/or Torres Strait Islander.



# Regulatory Services

## Australian Dietetics Council report



**Claire Palermo**  
Chair, Australian Dietetics Council

### ADC role

The primary function of the Australian Dietetics Council (ADC) is to provide independent high-level strategic advice to the Board on matters relating to the accreditation of dietetic programs and recognition of overseas-qualified dietitians. This includes:

- Accreditation of undergraduate and postgraduate dietetics programs across Australia
- Implementation of competency and accreditation standards for Australian dietitians
- Management and ongoing development of the Dietetic Skills Recognition (DSR) processes for dietitians with overseas qualifications
- Development and maintenance of mutual-recognition charters with international dietetic credentialing organisations.

### Accredited Programs

As of 30 June 2020, there were 20 [accredited programs](#), delivered by 16 Australian universities, with two additional universities engaged in the 'program qualification' (pre-accreditation) phase.

### Accreditation Reviews

Two face-to-face and one virtual site visit assessing four programs were completed during the year. All these programs were successful in maintaining or achieving ongoing accreditation status:

- Deakin University, Master of Dietetics, Reaccreditation
- Swinburne University of Technology, Master of Dietetics, Provisional Accreditation
- Griffith University, Bachelor of Nutrition and Dietetics, and Bachelor of Nutrition and Dietetics (Honours), both Reaccreditation.

One additional Reaccreditation and two Program Qualifications have commenced and are due for completion in the 2020 to 2021 financial year.

### Dietetic Skills Recognition (DSR)

Thirty-two new DSR applications were received from candidates with primary qualifications in 17 different countries. All 32 candidates passed the application assessment stage (stage 1) and progressed to the first examination stage (stage 2).

Multiple-choice Question (MCQ) examinations were held on 5 September 2019 and 5 March 2020, and were undertaken by a total of 58 candidates (47 DSR candidates, 8 New Zealand Dietitians Board (NZDB) candidates and 3 Resumption of Accredited Practice candidates). Thirty-seven (63.8%) candidates passed the written exam and 21 (36.2%) failed.

Twenty-four Oral Counselling Interview Examinations (OSCEs) were held in Adelaide, Brisbane, Melbourne, Perth, Sydney, Wollongong and Surrey (UK). Of the 24 candidates, 20 (83%) passed the assessment and were deemed eligible to join DA and the APD Program. The May sitting of the oral examination was cancelled due to venue closures related to COVID-19 restrictions. Those candidates will be catered for in the scheduled November 2020 sitting.

One candidate submitted an appeal, in which the results were upheld.

The 2019–20 financial year saw 18 Skilled Migration Assessments issued and 10 successful New Zealand Mutual Recognition approvals (5 APD applications approved by NZDB and 5 NZDB applications approved to join DA).

## Key ADC achievements over the 2019–20 financial year

- Conducted online training for all accreditation reviewer pool members. Implemented seven training modules within existing processes to support reviewers in their roles and enhance consistency between review teams.
- Successfully conducted an online accreditation site visit as a result of COVID-19 restrictions.
- Started an online delivery mode for DSR written examinations.
- Completed three strategic projects exploring Dietitians Australia student workforce data and scoping to inform the National Competency Standards review and DSR oral examination review.
- Completed accreditation benchmarking report against registered and self-regulated health professions to inform and support broader review of Dietitians Australia's regulatory structure.
- Continued to strengthen relationships with key stakeholders, such as the Council of Deans of Nutrition and Dietetics.

## Dietetic Credentialing Council (DCC) report



**Mary Hannan-Jones**  
Dietetic Credentialing Council

### DCC role

The DCC is responsible for the credentialing framework for the dietetic profession in Australia, and provides high-level strategic advice to the Board on credentialing matters. The DCC oversees all aspects related to the development and maintenance of the APD Program's regulatory standards, codes and guidelines, as well as their implementation and review. These regulatory aspects include:

- the Provisional, Full, Advanced and Fellow credentials
- requirements for continuing professional development (CPD)
- the scope of practice of APDs
- the oversight of the annual APD audit process

- the management and coordination of the complaints and disciplinary processes and procedures
- fitness to practice, including the physical and mental health of APDs.

During the 2019–20 financial year, the DCC welcomed two new external representative members, Mr Noel Muller and Mr Rodney Wellington. Longstanding member Eithne Irving completed her maximum term this year and stepped down from her role as Credentialing and Regulation Representative. Rod takes her place on the DCC. The Council would like to extend a huge thank you to Eithne for her invaluable contributions over her eight years of service.

### The APD Program

APD status breakdown for the period July 2019–June 2020:

At of 30 June 2020, there was a 0.1% decrease in the total number of APDs compared to

the previous financial year, bringing the total number to 5973. The number of lapsed APDs was 421 (a 58% increase), and 355 APDs deferred their credential this financial year.

### Results of the annual APD audit

Five per cent of Full and Provisional APDs were randomly selected to be audited in April 2020. APDs who failed the previous audit were also automatically re-audited. As part of the process, APDs who graduated five or more years ago were required to demonstrate they had completed a minimum of 1000 hours of dietetic practice in the previous five years.

Two hundred and sixty-eight APDs were audited (32 Provisional APDs and 205 Full APDs, including 31 re-audits). Of those audited, 93.7% APDs passed the audit, while 6.3% did not meet the reporting requirements for continuing professional development. All APDs who were required to provide evidence of recency of practice met the standard.

## Complaints and disciplinary procedures for the period July 2019–June 2020

### Complaints

A total of three complaints were received in the 2019–20 financial year. Of these, one was dismissed, two were upheld, and one is pending the outcome of a civil suit.

Eighteen reports of misdemeanours were received relating to the use of testimonials for clinical services or offering discounts without clear terms and conditions. All misdemeanours were resolved.

### Key DCC achievements over the 2019–20 financial year

- A review of the FDAA policy and application process was undertaken.
- State-based AdvAPD workshops for applicants were provided in NSW and WA.
- Development of online workshops for AdvAPD applicants is underway.
- Development of a new Scope of Practice document is nearing completion, to support dietitians to work to full scope.
- Evaluation of the Provisional APD mentoring program is underway.
- Review of the Code of Professional Conduct is progressing to final stages of completion.
- The APD Program Handbook was revised and collated into a single document for easier reference.
- The APD Audit process was revised to ensure it is fair and equitable.
- Formation of an expert working group to guide project work on the use of testimonials is underway.

# Committee reports

## Food Regulation and Policy Committee (FRPC)



**Miranda Blake**  
Food Regulation and Policy Committee

### Role

The role of the FRPC is: to contribute to the national and trans-Tasman debate on food regulation and policy; to support the protection of public health and safety; to promote the provision of adequate information to enable consumers to make informed choices; and to speak against misleading or deceptive conduct within the food environment or system.

### Key achievements over the 2019–20 financial year

- Dietitians Australia staff maintained regular formal communication with the General Manager of Food Standards Australia New Zealand (FSANZ).
- The FRPC prepared submissions on behalf of Dietitians Australia for the Healthy Food Partnership Voluntary Food Reformulation Targets, the regulation of sports supplements, and many FSANZ consultations, including pregnancy warning labels on alcoholic beverages, and plain English allergen labelling.
- FRPC members and National Office staff represented Dietitians Australia at Food Regulation Standing Committee (FRSC) stakeholder round-table meetings and a Therapeutic Goods Administration stakeholder consultation workshop.

## Scientific and Social Program Committee (SSPC)



**Zoe Davidson**  
Scientific and Social Program Committee

The 2020 Melbourne SSPC was formed in May 2019 and met monthly until March 2020, when COVID-19 restrictions were implemented. Due to the pandemic, the difficult decision was made to postpone the Melbourne face-to-face conference to July 2021.

Despite these challenges, the SSPC, with the support of the Dietitians Australia office,

was able to transform existing conference plans to a virtual plenary program presented in August 2020. The conference theme – ‘Discover. Grow. Evolve.’ – had three overarching themes of leadership, sustainability, and implementation and translation. A virtual plenary on each major theme was presented, as well as a plenary session specifically targeting emerging dietitians. The virtual plenary sessions were complemented by a Virtual Networking Session for emerging dietitians and a Board and Members Forum. The conference received over 300 submissions. Submitted research abstracts were published in a supplement in Nutrition & Dietetics in August 2020.

2020 was an important year for the Dietitians Australia national conference. In 2018, the Conference Redesign Committee conducted an extensive review of the existing conference structure. The 2020 SSPC worked hard to translate the review recommendations into a new conference structure. These changes will be handed over to the 2021 SSPC.

## Member Engagement Advisory Committee (MEAC)



### Donna Hickling

Member Engagement Advisory Committee

The 2019–20 financial year started out as normal for the Member Engagement Advisory Committee, but as with other committees, the MEAC has had meetings on hold since February 2020 due to COVID-19. These are some of our key achievements for the 2019–20 financial year:

- Collecting member feedback as part of the membership renewal process, which is now in its third year. This provides the Board with direct feedback on overall member satisfaction, as well as identifying opportunities for Dietitians Australia to evolve and to continue to meet membership expectations.
- Reviewing member engagement statistics (including membership numbers, and participation in Dietitians Australia-offered CPD events and conferences) to identify opportunities to support the membership. There was a significant increase in attendance at face-to-face Dietitians Australia CPD events from 2017 to 2018 (2019's final numbers will be reviewed when usual MEAC activities resume).
- Reviewing outcomes from the second annual member engagement workshop at 2019's Dietitians Australia Conference. Member priority areas identified include advocacy, member benefits, promoting

diversity of practice, skill development and training, support for career development and career changes, and more networking events. Feedback has been provided to Dietitians Australia, and key components within these will continue to drive MEAC's functions in the future.

- Planning a member engagement workshop for the 2020 Dietitians Australia Conference, which was cancelled due to COVID-19. MEAC will resume annual workshops from 2021.
- Providing feedback on DAA's transition to and launch of Dietitians Australia in 2020, including branding, and trialling a new member portal.
- Establishing a plan to engage students in student-support activities through MEAC if they were unsuccessful in obtaining a committee position. This is currently on hold.
- Supporting the new member portal to establish greater networking and support of members.

While COVID-19 has seen many MEAC activities put on hold, the committee has still been able to contribute to Dietitians Australia's new activities, and looks forward to reviewing previous targets and exploring new areas for development for 2020–21

MEAC would also like to thank previous Dietitians Australia Directors Glenn Cardwell and Nicole Saxby for their support and contributions to MEAC, and welcomes back Fiona Willer in her new role as Director responsible for MEAC. MEAC would also like to thank Trish Kirkland from the Dietitians Australia team for her support over her 2 years with Dietitians Australia.

The committee welcomes member feedback and ideas on how to continue to improve member engagement in Dietitians Australia.

## Professional Development Advisory Committee (PDAC)

### The goals of PDAC are to:

1. Support and strengthen strategically aligned CPD offerings through the Engagement and Development Committees (EDCs) and Interest Groups (IGs)
2. Increase level of participation and accessibility with strategically aligned CPD offerings
3. Increase communication between the EDC's/IG's and the Board regarding CPD

### Key achievements over the 2019–20 financial year

During the first half of the financial year the committee worked closely with the Dietitians Australia Membership and Education teams on implementing strategies that addressed feedback received from members during the 2018 CPD survey.

A key aspect of this work was a review of how IGs and EDC events and plans were implemented. A key focus was to look at simplifying the process to remove the admin work placed on these volunteer groups. The committee was also instrumental in gaining agreement for reduced charges for CPD offerings and the considerable expansion of online offerings to support members geographically disadvantaged by metropolitan based face-to-face events.

The committee has started work on reviewing its terms of reference as well as a CPD strategic plan to integrate into the wider CPD plan for Dietitians Australia.

The first half of 2020 was impacted by the COVID-19 pandemic and progress by the committee was halted. Following the direction of the committee the Dietitians Australia team continued to progress key aspects of the committee's work. This included launching additional CPD offerings with plans for more assistance to members impacted by the pandemic.

Late in the reporting period the committee acknowledged the work of the Chair, Jen Ellick who announced she was stepping down from the Chair position. During her time as Chair, Jen steered the committee through several large projects and significantly contributed to the strategies to improve the CPD offerings and delivery modes.

## Awards and Recognition Advisory Committee (ARAC)

The roles of the ARAC are:

- To develop and maintain systems for the recognition of members' contributions to the association and profession
- To develop and maintain scholarships supported by the Education and Award Fund
- To advise the Board and Dietitians Australia staff on the application of the monies in the Education and Award Fund, taking into account any legal requirements related to bequests or other donations.

Key achievements: The committee was pleased to review many applications across the offered awards and small grants. The review of the Life Member and Honorary Life Member award policies was completed and changes to the constitution have been recommended to the membership. Further work is now underway looking at a refresh of the award categories and criteria as well as a focus on building knowledge and engagement by members in this important recognition process.

## Nutrition & Dietetics Journal update

Nutrition & Dietetics is an international, peer-reviewed journal that aims to advance the science of human nutrition and the professional practice of nutrition and dietetics. It has been a year of substantial change for the journal, with the appointment of a new Editor-in-Chief, Professor Judi Porter, and a new Editor, A/Professor Dianne Reidlinger, as well as a revitalised Management Committee and a new strategic planning process. The committee farewelled Professor Linda Tapsell as Editor-in-Chief, acknowledging her outstanding contribution to Nutrition & Dietetics.

The journal continues to improve its position in scientific publishing. Its impact factor increased by 30%, to 1.742 (reflecting 2017-2018

publications), and further milestones were achieved in reducing time to first decision, and an increased number of both systematic reviews published and open-access publications.

The improved management of submissions by the journal's publisher, Wiley, and the implementation of efficiency measures, have improved the journal's metrics. The committee has also established closer marketing and communications links to Dietitians Australia, and has developed and implemented a marketing plan.

**See Appendix 1 on page 58 for a full list of committee volunteers.**



# Representative reports

## International

### Systematized Nomenclature of Medicine Clinical Terms (SNOMED CT) Nutrition Care Process Terminology (NCPT) International Sub-Committee

Angela Vivanti

#### Group aim/purpose

The incorporation of NCPT within SNOMED Clinical Terms progresses as a cornerstone for enabling standard dietetic terms to be used globally. This work is increasingly vital as more countries transition to electronic health records. Including standard dietetic terms in electronic health records provides a transformational opportunity that strengthens the future of our profession.

#### Key achievements over the 2019–20 financial year

Our active representation broadens perspectives during the evolving development and refinement of this international standardised language. The International SNOMED CT Nutrition Clinical Project group is enabling the mapped NCPT terms to be promoted within SNOMED CT and used in e-health records (e-HR). The Dietitians Australia representative chaired the NCPT Research Outcomes Committee in 2019–20 and is chair-elect for the NCPT International Sub-Committee.

The SNOMED CT NCPT Project Group supported the restructuring of nutrition-related content within SNOMED International. Modelling of unsubmitted and existing nutrition content progresses and NCPT synonyms were submitted for consideration by SNOMED CT.

Australia was one of two countries participating in validating current e-HR nutrition requirements and highlighting future needs of the Electronic Nutrition Care Process Record System (ENCPRS), which sets the electronic health record standards for dietetics.

Two NCPT symposia were accepted for the International Congress of Dietetics (ICD) 2020, as well as lunchtime plans for a global gathering and NCPT discussion. These have been postponed due to COVID-19.

Australian members are lead authors for a current International NCP implementation survey manuscript. The Australian representative co-authored International NCPT Implementation Survey results, revealing reported barriers and enablers to NCPT implementation (Lovestam et al 2020, DOI/10.1111/jhn.12700).

### International Confederation of Dietetic Associations (ICDA)

Danielle Gallegos

#### Group aim/purpose

The ICDA is an organisation of national associations of dietitians-nutritionists. With national dietetic association members in some 50 countries, the ICDA is widely recognised as the international organisation for dietetic professionals. The national associations that belong to ICDA represent over 200,000 dietitians-nutritionists around the world.

#### Key achievements over the 2019–20 financial year

- Work continues on the work settings of dietitians-nutritionists project and

the sustainable food systems survey. Dietitians Australia members contributed to this important work.

- Information about the International Classification of Functioning, Disability and Health (ICF-Dietetics), Nutrition Care Process (NCP) and Nutrition Care Process Terminology (NCPT) can be accessed via the ICDA website at <https://www.internationaldietetics.org/>
- ICDA actively participated in the Asian Congress of Dietetics, which covered an accreditation system for dietitians-nutritionists and sustainable food systems, and also provided an update on ICDA activities.

# Representative reports

## National

### Australian Clinical Terminology Users Group

Jordan McCamley

#### Group aim/purpose

The purpose of the Australian Clinical Terminology Users Group is to provide a forum for discussion on clinical terminology in Australia and ensure clinicians have a say in its future direction.

#### Key achievements over the 2019–20 financial year

This group meets every 3 months and there have been a range of presentations that have been delivered. Where possible, I continue to advocate for dietetics to be involved in these discussions. Over the next financial year I anticipate the group will continue to have an impact on the clinical terminology landscape and will provide Dietitians Australia with an opportunity to ensure the voice of dietitians is heard within the clinical terminology community.

### Australia & New Zealand Academy for Eating Disorders (ANZAED) Training Reference Group

Susan Hart

#### Group aim/purpose

A forum to discuss training on eating disorders in Australia with multidisciplinary colleagues representing their professional associations.

#### Key achievements over the 2019–20 financial year

I attended the Training Reference Group at the annual conference in Adelaide on 23 August 2019. It was an informal meeting where members of the group met each other, including the new president of ANZAED,

Dr Kim Hurst, and new chair of the group, Dr Linsey Atkins. The plan was to have further meetings, including at the 2020 Conference in Sydney that was scheduled for 11 to 13 June. This conference was a joint international conference between ANZAED and the International Academy of Eating Disorders, with more than 1000 registrants anticipated to attend. Unfortunately, with the onset of COVID-19, the conference was converted to a virtual 2020 International Congress of Eating Disorders. As a result, the Training Reference Group was not convened.

### Australian & New Zealand Hip Fracture Registry (ANZHFR) Steering Group

Jack Bell

#### Group aim/purpose

The ANZHFR Steering Group is comprised of clinicians and experts in the field, with representation from key professional organisations. The ANZHFR Steering Group oversees the development, implementation, maintenance and reporting of the Registry and its data. The Group provides strategic direction to the operations of the Registry to ensure its objectives are met. Sub-committees of the ANZHFR Steering Group include the New Zealand Implementation Committee, the Australian Management Committee, and the Data Management Committee. The Data Management Committee provides advice to the Steering Group on requests for access to data, data definitions, and any questions relating to the collection of data for the Registry. It has representation from both Australia and New Zealand.

#### Key achievements over the 2019–20 financial year

The highlight for the 2019–20 financial year was the inclusion of a 'malnutrition' variable in the core patient-level audit dataset. Malnutrition is a strong, independent predictor of hospital length of stay, treatment

costs, morbidity, and mortality across acute hip fracture. The ANZHFR Steering Group has recognised the importance of malnutrition by adding this variable to the core registry dataset. This will enable recurrent annual audit data reporting of individual-level nutrition status data across more than 75 hospitals in Australia and New Zealand. Audit data will support identification of variation between hospitals in nutrition care, and will deliver a key performance indicator for the nutrition section of the ANZHFR guideline (section 7.1). This information will provide valuable audit data to drive local hospital- and system-level improvements in nutrition care. Data will also inform secondary prevention interventions to reduce the nutrition-related likelihood of future falls and fractures. Finally, this data will provide substantial opportunities to answer nutrition-focused research questions that address high-quality, values-based, and safe care for people with a recent hip fracture, and the services that support them.

The ANZHFR also hosted a number of statewide 'hip festivals', which included interdisciplinary sessions highlighting the importance of nutrition care.

## Australian Pain Society Relationships Committee

Katherine Brain

### Group aim/purpose

The main aims of the Relationships Committee are to harness non-APS board members of professional collegiate organisations to assist with:

- building relationships between the APS and peer organisations, including:
  - professionals and their Associations
  - special-interest groups
  - consumer organisations
  - education institutions
  - industry groups and pharmaceutical companies
- being the APS point of contact for media relations
- providing a conduit between the APS Board and broader membership bases
- discussing shared opportunities for collaboration
- sharing expertise and ideas.

## Key achievements over the 2019–20 financial year

The first APS Relationships Committee meeting in April 2020 was cancelled due to COVID-19. The second meeting was held in June 2020, where representatives from Neuromodulator Society of ANZ and Australia Society of Rehabilitation Counsellors were welcomed. A guide for the best language to use about pain in the media was developed and published in the APS MAR20 eNews.

## Clinical Guidelines for Stroke Management – 'Living' Guidelines

Fiona Simpson

### Group aim/purpose

To develop a 'Living' guidelines model for the Clinical Guidelines for Stroke Management. This project is funded by the federal government and is a partnership between the National Stroke Foundation and Cochrane Australia.

## Key achievements over the 2019–20 financial year

Monthly evidence surveillance and appraisal is ongoing for all guideline topics. From the perspective of topics relevant to nutrition and dietetics, the most recent evidence received by the Nutrition Guideline content development group was received in May 2020. This evidence has now been appraised and sent back to the National Stroke Foundation, with recommendations made for inclusion or exclusion in the guideline as appropriate. A revision of previously removed nutrition topics has also been undertaken. Public consultation for new or updated recommendations is ongoing. A knowledge translation workshop has been held, with a list of knowledge translation gaps and recommended strategies developed. Evaluation consultants have now been chosen for the guideline.



## Direct Client Care and Support Staff Industry Reference Committee

Suzanne Kennewell

### Group aim/purpose

Industry Reference Committees (IRCs) provide a mechanism for industry engagement to inform the development of training packages in the vocational education and training (VET) sector. The Direct Client Care and Support Staff IRC has been responsible for national training package qualifications relevant to aged and home care, disability, mental health, alcohol and other drugs, leisure and health, health service assistants and allied health assistants.

### Key achievements over the 2019–20 financial year

The Aged Care and Disability Royal Commissions directly impacted the work of IRCs in the areas of aged care and disability, with the findings of these respective royal commissions expected to influence recommendations for staff training and education in these areas. A refresh of the Industry Skills Forecast provided Dietitians Australia with the opportunity to highlight the need for nutrition training for staff working in these sectors.

While these areas of work were being concluded, the Direct Client Care and Support Staff IRC prioritised work on the Allied Health Assistant and Health Support staff qualifications. A national Expression of Interest was issued for a Technical Advisory Committee (TAC) to make expert recommendations about amendments to qualifications for these areas. A TAC was formed, which included dietetic representatives. Unfortunately the COVID-19 pandemic has delayed the progress of this work.

The IRC continued a range of work across the VET sector, including a response to the COVID-19 pandemic. The IRC commented on the potential for an abridged qualification to allow quick entry for new staff working in the aged care sector as part of a workforce surge response, and for VET to reskill workers displaced by the COVID-19 economic downturn.

## Early Life Nutrition Coalition

Melanie McGrice

### Group aim/purpose

Using existing and emerging health and scientific evidence, the Early Life Nutrition Coalition advocates the importance of Early Life Nutrition during the first 1000 days of life to a broad group of stakeholders (including new and future parents, healthcare professionals and government). It also drives awareness that supports empowerment and behavioural change, specifically through a greater understanding of:

- the basics of human development, the role of genetics and the environment, and nutrition at various stages of life
- the role of good nutrition and healthy weight management before and during pregnancy as a preventative health measure
- the benefits to the mother and child of breastfeeding for as long as possible
- the importance of parental role-modelling for good eating behaviour and habits during early life.

### Key achievements over the 2019–20 financial year

Due to funding discrepancies, the Early Life Nutrition Coalition formally withdrew as a sub-committee of the Perinatal Society of Australia and New Zealand (PSANZ) in March 2020. However, the Early Life Nutrition Coalition seems to have now lost momentum as a result.

## Food Regulation Standing Committee Stakeholder Roundtable

Lisa Yates

### Group aim/purpose

These meetings provide stakeholder organisations with the opportunity to strengthen relationships with the Food Regulation Standing Committee (FRSC). Members share information and improve visibility of activities that are being progressed within the Food Regulation System. During the meeting, Roundtable members consider the current work activities within the Food Regulation System and share information on emerging issues in their sectors and jurisdictions.

## Key achievements over the 2019–20 financial year

Only one meeting was held over this period, on 8 October 2019. At this meeting, members were updated on current activities within the Food Regulation System under three priority areas:

- Priority 1 – Reducing foodborne illness, progress of Australia’s Foodborne Illness Reduction Strategy 2018–2021+.
- Priority 2 – Supporting public health objectives to reduce chronic disease related to overweight and obesity. Key actions include: a policy paper on sugars labelling, a five-year review report for the Health Star Rating system, and a consistent approach to menu board labelling. Plans include reviewing standards for advertising to children, and developing a Policy Guideline to support consumer decision-making regarding dietary guidelines recommendations.
- Priority 3 – Maintaining a strong, robust and agile Food Regulation System

Members shared updates on emerging issues, including:

- food packaging and food waste
- value of food processing in the general food supply
- food safety risks in aged care facilities, improving choice and reducing malnutrition
- misleading descriptions of food
- highly concentrated caffeine products.

Members engaged in discussion about measuring performance of the Food Regulation System. They shared ideas regarding what success looks like, and how to measure the success, responsiveness and agility of the Food Regulation System.

Presentations were provided to members by:

- Food Frontier on plant-based foods,
- Australian Food and Grocery Council (AFGC) on modern Food Regulatory Systems
- The Lantern Project on nationally consistent approaches to food safety and nutrition in aged care, presented by Dr Cherie Hugo APD.

## Food Safety Information Council

Sheri Cooper

### Group aim/purpose

The Food Safety Information Council (FSIC) has operated for over 20 years and is the only national body dedicated to consumer food safety information in Australia. A key health promotion activity conducted each year by FSIC is Australian Food Safety Week.

### Key achievements over the 2019–20 financial year

- Promoted Australian Food Safety Week 2019, ‘Excellent eggs – handle them safely’ in the Dietitians Australia newsletter and on social media.
- Attended and contributed to the FSIC planning day on 19 March 2020. One of the outcomes from this meeting was the naming of the theme for Australian Food Safety Week 2020 as ‘Food Safety – it’s in your hands’. This theme will enable FSIC to build on the raised community awareness of hygiene and infection control resulting from COVID-19. FSIC announced this theme publicly in August 2020 and Dietitians Australia has committed to assist with the marketing and promotion of this event.



## Food Standards Australia New Zealand Food Allergen Collaboration

Anne Swain

### Group aim/purpose

The Food Standards Australia New Zealand Food Allergen Collaboration (the Allergen Collaboration) aims to strengthen engagement and collaboration among a range of key stakeholders. The collaboration provides a way to share information and develop common approaches to enhance the effectiveness of risk management of food allergens, with the objective of supporting consumers to make safer food choices

### Key achievements over the 2019–20 financial year

Members of the Allergen Collaboration, including food manufacturers, consumer and government representatives, met to explore non-regulatory measures that can improve the management of food allergens.

The centrepiece of the Allergen Collaboration's communications is the [Food Allergen Portal](http://www.foodstandards.gov.au/consumer/foodallergies/foodallergenportal): <http://www.foodstandards.gov.au/consumer/foodallergies/foodallergenportal>

Editorials – FSANZ develops editorials twice a year where members provide suggestions or themes to cover.

Social media – FSANZ posts at least once a month about the portal and its resources, and actively monitors portal traffic.

## Healthy Food Partnership – Portion Size Industry Best- Practice Guide Working Group

Kate Wilkinson

### Group aim/purpose

The objective of the Portion Size Industry Best-Practice Guide Working Group is to develop a guide that will provide guidance and support to food companies to incorporate nutrition as a key driver in labelling decisions regarding the size of servings and the size of food and drinks offered.

## Key achievements over the 2019–20 financial year

The first meeting of the Portion Size Industry Best-Practice Guide Working Group was held in August 2019, with a total of five meetings being held in the 2019–20 financial year.

The working group has chosen priority categories of foods and drinks to set serving size ranges for, based on their contribution of significant amounts of sugar, saturated fat and discretionary energy to the Australian diet (according to consumption data from the 2011 National Nutrition and Physical Activity Survey). The chosen categories were also deemed unsuitable for reformulation by the Healthy Food Partnership's Reformulation Working Group due to technical and/or practical reasons.

The working group has reviewed existing guidance documents and is considering the methodology it will use to determine appropriate serving size ranges. A work plan was created and has been updated throughout the year.

## National Age Care Alliance (NACA)

Annette Byron, Vanessa Schultz and Sharon Lawrence

### Group aim/purpose

NACA is a representative body of peak national organisations in aged care, including consumer groups, providers, unions, and health professionals, working together to determine a more positive future for aged care in Australia

### Key achievements over the 2019–20 financial year

Dietitians Australia has increased its profile by consistent attendance and contribution to NACA business. COVID-19 significantly disrupted the activity of the Alliance in the second half of the financial year, with attention turning to the management of COVID-19 in aged care.

Annette Byron attended three out of four scheduled meetings; Sharon Lawrence APD attended two out of four scheduled meetings; and Vanessa Schultz attended one out of four scheduled meetings. Attendance at Alliance meetings has promoted understanding of the perspectives of different stakeholders in aged care and provided insights into the aged care reform being implemented by the Department of Health and the Minister for Aged Care. The Alliance has become increasingly important as the go-to place for the federal government, given the range of members and the fact that the Alliance works through issues collectively, rather than the Department having to do so. Dietitians Australia has been able to raise issues in the Alliance, including a lack of dietitians in the community and aged care facilities, and the poor performance of My Aged Care with respect to nutritional issues. Dietitians Australia has also contributed to the mandatory screening for unintentional weight loss in residential aged care.

Finally, Dietitians Australia rescinded its appointment as the second sponsor for the professional constituency following the departure of Annette Byron from the Alliance.

## National Allergy Strategy Working Group

Suzanne Kennewell

### Group aim/purpose or background

The National Allergy Strategy was convened as a partnership between the Australasian Society of Clinical Immunology and Allergy (ASCI) and Allergy & Anaphylaxis Australia to improve the management of food allergies in hospitals and other institutional food service settings.

### Key achievements over the 2019–20 financial year

In September 2019, the National Allergy Strategy Working Group began developing online and face-to-face training modules for food allergen management in hospitals. Early discussion identified a need for different training modules for food service managers

and supervisors, food service operational staff, clinical managers and nursing staff, and ward support staff. The development of separate modules allowed a focus on staff's different roles and responsibilities regarding allergen management in a healthcare setting.

The existing food allergen management resources developed by the National Allergy Strategy underpinned these new training modules. Broader industry consultation is being sought for each training module, with the first round of broader consultation sought on the Kitchen Managers and Supervisors modules in May 2020. Input has also been sought from those living with life-threatening allergies. The Working Group has high-level national engagement, with support from the Australian Minister for Health, the Honourable Greg Hunt. The final training package is expected to be launched in late September 2020.

## National Diabetes Service Scheme – Culturally and Linguistically Diverse (CALD) Expert Reference Group

Tammie Choi

### Group aim/purpose

The group meets quarterly to provide advice on tailoring diabetes education for Culturally and Linguistically Diverse (CALD) communities.

### Key achievements over the 2019–20 financial year

The development of the '[information in your language](#)' page on the National Diabetes Services Scheme (NDSS) website to direct health professionals to translated diabetes education materials. <https://www.ndss.com.au/about-diabetes/information-in-your-language/>



# Engagement and Development Committees (EDCs)

## Australian Capital Territory



**Sarah Hall**  
**(Term concluded 2019-20, current Chair Meg Ryan)**  
 Australian Capital Territory EDC

The Australian Capital Territory Engagement and Development Committee had a great year of networking in the 2019-20 financial year. The committee hosted 3 journal review and networking breakfast events throughout the year, to facilitate informal networking as well as providing an opportunity to learn about various areas of dietetic practice. The committee also hosted a Dietitians Day Networking Event and end-of-year celebration event, both of which attracted a mix of early career and senior dietitians.

The main professional development event for the year was the 'Presenting with Impact' workshop hosted by Catherine McGrath. This event received positive feedback from attendees and attracted a mixture of clinical, private practice, community care and public health dietitians from the region. The committee had planned a second professional development event, a Dietitians Update Day, to be held in June 2020. Unfortunately, this event was cancelled due to COVID-19 restrictions; however, it is hoped that this may be rescheduled for 2021.

## New South Wales



**Corinne Tighy**  
**(Term concluded 2019-20, current Chair Simran Grover)**  
 New South Wales EDC

The New South Wales Engagement and Development Committee started 2020 with Smart Eating Week across Sydney – including office buildings and hospitals. This was a great success and raised positive awareness around dietitians and our Association.

Unfortunately, COVID-19 caused an unprecedented roadblock in March when the Student Networking and Award night was to be held. The committee instead carried out the networking event online in April where Tara Diversi provided students with positivity and support for the upcoming year. The networking event was successful and received positive feedback.

The committee is now changing the way it delivers events. The NSW EDC is planning future online events which include Engaging Eats Trivia, more free webinars for our members, and networking events.

## Northern Territory



**Amanda Hill**  
Northern Territory EDC

Despite the unusual circumstances in 2020, the NT EDC has been able to deliver on most of its KPIs for the 2019–20 financial year. A very successful full-day CPD event was held in October 2019 across two sites (Alice Springs and Darwin), with speakers presenting face-to-face at both venues, as well as interstate presenters videoconferencing in and live-streaming to both locations. This model worked well, engaging participants across the NT and having some of the highest attendance numbers the committee has seen for a CPD event in recent years. The second CPD event for the year was unable to occur due to COVID-19.

Regular engagement activities were occurring in Darwin and Alice Springs throughout the year until COVID-19 restrictions came into place, allowing regular networking among dietitians working across various settings in the Top End and Central Australia. These included Dietitians Day celebrations, a Meet the Chair event in Darwin, and End of Year events. The Leaders' Tour was not held, due to COVID-19.

During the COVID-19 pandemic, the NT EDC was also involved in food security advocacy for remote communities in the NT, submitting a letter to the NT Chief Minister with the support of Dietitians Australia head office.

## Queensland



**Hilary Powesland**  
Queensland EDC

The Queensland EDC held two events in the 2019–20 financial year. The Queensland Dietitians Symposium was held in Brisbane, with the opportunity to attend face-to-face or via live-stream from across the state. In addition to keynote speakers, the event also featured our '3-Minutes to Shine' oral competition. Ten dietitians from around the state were selected to showcase an innovation, service improvement or research project. Emilie Croisier took two of the three awards, winning 'Overall Winner' and 'People's Choice'. Sophie Deeth won the 'Student Award'. A total of 173 people registered to attend the event (one of the highest-ever attendances).

The committee's engagement event, the Dietitians Australia QLD Awards Night and Christmas Party, was a 'sell-out', with over 150 people attending (including 132 members, speakers and EDC members). The event consisted of an awards presentation, networking, an optional career coach 'speed-dating' as well as a panel Q&A session.

## South Australia



**Leti Sasanelli**  
South Australia EDC

The South Australian Engagement and Development Committee successfully hosted the 'Eating Disorders - Information and Strategies for Educators' professional development event. Rhea Burgmann, a South Australian dietitian from the Butterfly Foundation, trained dietitians interested in this area and discussed ways to communicate and support people living with an eating disorder. Due to COVID-19 restrictions, the 'Getting to the Guts of It' event was cancelled and is due to take place as a webinar in the 2020 to 2021 financial year. The committee held 3 member engagement events during this financial year. Two consisted of a breakfast and walk and the other consisted of a small stall at the Adelaide Central Markets for Smart Eating Week. The breakfasts were a successful networking opportunity for many dietitians, and it was great to see some regional dietitians attend these face-to-face events. The Smart Eating Week event was also extremely successful, and dietitians were able to share smart eating tips with the general public. The committee has also introduced a new role, Advocacy Officer. An advocacy-specific working group will soon be established.

## Tasmania



**Varitha Kinghorn**  
Tasmania EDC

One face-to-face professional development event, the Tasmania Weekend Workshop, was held in Hobart in October 2019. This 2 half-days event was facilitated by former Dietitians Australia Board Directors, Julie Dundon and Lisa Yates, to train Tasmanian dietitians in leadership and other non-dietetic skills that dietitians need. The event ran on budget and met its projected attendance. Three member engagement activities were held, including two after-work drinks in August and November 2019, and the major networking dinner in Hobart linked with the annual weekend workshop event. All of the member engagement activities were well-attended by members from across Tasmania.

Public engagement activities were held across three Tasmanian regions during Smart Eating Week in February 2020. Members of public engaged with dietitians through stalls in Hobart, Launceston, and Burnie to receive information about APDs, healthy eating and how to read food labels. Two public education seminars were held on smart label-reading. To celebrate the Tasmania Branch reaching over 100 members, our EDC Chairperson, Varitha Kinghorn, was profiled in a local Tasmanian newspaper, The Examiner, on Dietitians Day in September 2019. The story emphasised the role of APDs and how dietitians can help to support public members on nutrition.

## Victoria



**Jorja Collins**  
(Term concluded 2019–20,  
current Chair Ruth Walker)

Victoria EDC

The Victoria EDC Branch had a busy and productive 2019–20 financial year. Three continuing professional development events and two social events were run. In July 2019, the Branch ran a continuing professional development event on 'Contemporary Diets' with four accomplished guest speakers from around Australia. This event provided attendees with an opportunity to update their knowledge of common diets, including intermittent fasting, the FLEXI diet, ketogenic diets and the Mediterranean diet. Later in July 2019, the Branch ran a 'Rural Delivery Diabetes Update' in four rural hubs. This gave attendees an opportunity to learn the latest evidence in diabetes care and an opportunity to network and share their experiences over a catered lunch. A second 'Rural Delivery Diabetes Update' in four rural hubs was planned for April 2020. Due to the COVID-19 pandemic, this event was made available to participants to view online.

Dietitians Day, Thursday 19 September 2019, was celebrated with a social event that provided an opportunity for dietitians to catch up and connect with colleagues and friends. The event was hosted by Emma Stirling, and guest speakers were Jorja Collins and Jemma O'Hanlon. Overall, the event rated highly with attendees. Finally, in October 2019 a team of dedicated volunteers were stationed at the Gluten-Free Expo at the Melbourne Convention and Exhibition Centre. They provided advice and information regarding label-reading and gluten-free grains. Attendees could also ask our volunteers how dietitians can support them to adopt and maintain a healthy and balanced gluten-free diet.

## Western Australia



**Lucy Butcher**  
(Term concluded 2019–20,  
current Chair Ellen Paynter)

Western Australia EDC

The WA Engagement and Development Committee held two professional development events in the 2019–20 financial year. In August, the abstract-writing workshop facilitated by Roslyn Giglia had 21 attendees. As a result, four attendees successfully submitted abstracts to conferences. The WA Symposium in November was very popular, with around 90 attendees. Topics covered in the keynote presentations, workshops, concurrent sessions and panel discussion included sustainability, Health At Every Size, translating research into practice, Advanced APD status, improving hospital mealtimes, and working with the media. Keynote speakers included Associate Professor Adrienne Young, and Noni Walker. Very positive feedback was received from this event.

The WA EDC also hosted two engagement events: a Dietitians Day event in September 2019, and the Leaders Tour in February 2020. Both of these were well-attended, providing networking opportunities for WA dietitians.

# Interest Groups

## Corporate Nutrition Interest Group

During the 2019–20 financial year, the Corporate Nutrition Interest Group (CNIG) planned and executed a live webinar and completed a review of the Corporate Nutrition Role Statement.

The live webinar was aimed at emerging dietitians and dietitians considering a career in corporate nutrition, to increase knowledge of the opportunities and jobs available in this area. The webinar was presented by three leading APDs: they discussed how they landed their job, what a typical day looks like, critical skills, how to find opportunities and more. 237 APDs registered for the webinar and 65 attended live; 80% of attendees said the webinar added to their knowledge of this topic.

The Role Statement was updated to reflect the knowledge and skills of APDs working in the food sector. The food sector is a field within corporate nutrition that relates to APDs who work for food and beverage manufacturers or retailers, or for organisations that support food businesses in areas such as product development, regulations, marketing and communications. An appendix was also added to highlight the benefits of dietetic intervention within the food sector and the important role APDs play in driving positive change in food businesses and in supporting Australians to eat healthier diets.

## Cystic Fibrosis Interest Group

The Cystic Fibrosis Interest Group (CFG) had another successful and productive year, despite the challenges and uncertainty caused by COVID-19 and the changes required in the provision of cystic fibrosis (CF) nutrition care.

The CFG demonstrated its commitment to high performance and teamwork by: completing the review of the CF dietitian role statement; reviewing 8 CF questions for PEN; collaborating with colleagues from Dietitians New Zealand and Cystic Fibrosis Australia; and ensuring high-quality information is shared and disseminated to the CF community.

A large number of Australian dietitians also attended the 13th Australasian CF Conference in Perth in August 2019. The theme of the conference, 'Celebrating Partnerships', recognised the vital role of collaboration between patients and medical, nursing, scientific and allied health specialists in CF care. Four CFG members were invited speakers, additional sessions included nutrition research oral presentations, and a further 24 posters had dietetic lead authors.

The CFG looks forward to another successful year while focussing on creating a positive and effective wellbeing culture for its members, their teams, and the communities in which they operate.

## Diabetes Interest Group

At a national level, the Diabetes Interest Group organised and facilitated two webinars on the topic of exercise and diabetes. These were promoted through the Australian Diabetes Educators Association, in addition to Dietitians Australia. Furthermore, the Group continued development of two PEN Pathways on the topics of carbohydrate counting and insulin pump therapy. The carbohydrate counting pathway is in the final stage of the publication process.

Member engagement was facilitated on the Dietitians Australia Member Connect platform through the Diabetes Interest Group Spotlight Series. This series comprises monthly bite-sized CPD summaries written by experts on a variety of diabetes-related topics.

The Diabetes Interest Group secured a Dietitians Australia External Conference Research Prize for the Australasian Diabetes Congress in 2019. This was awarded to Nicole Walker.

Four state chapters of the Diabetes Interest Group held regular face-to-face and teleconference meetings throughout 2019–20, with a CPD component being provided at each meeting. In addition, the Victorian Chapter organised and facilitated a Diabetes Update Day on a range of topics, which was recorded to ensure accessibility for rural and remote practitioners.

## Disability Interest Group

The Disability Interest Group has undergone some challenges this year, including a change in leadership, as well as national stressors, such as the bushfire crisis and COVID-19 pandemic.

However, a number of achievements should be celebrated, including:

- Successfully conducting three well-attended workshops at the Dietitians Australia National Conference. Topics included dietary practice and using the arts to enhance dietary practice; NDIS effective report writing using functional outcomes; and paediatrics and disability.
- Making progress on the Disability Interest Group role statement, although the bushfire crisis prevented this from being finalised.
- Collaborating with the Mental Health Interest Group in updating a joint fact sheet.
- Collaborating with the Dietitians Australia Senior Policy Officer to update NDIA wording regarding their description of dietetics, individual and group supports.
- Contribution from the leadership team towards Dietitians Australia's Disability Royal Commission submission.

The Disability Interest Group is looking forward to another productive year and welcomes feedback from members on how to better cater for their needs. Please do not hesitate to reach out, although please be patient as we learn how to navigate Share Plate together.

## Eating Disorder Interest Group

Over the 2019–20 financial year, the collaborative efforts of the Leadership Team have resulted in a full day national CPD event, consisting of a workshop for emerging dietitians and two diverse webinars for more-experienced dietitians.

A sub-group of the Leadership Team has finalised a two-year project to understand the training that graduating and newly graduated dietitians need in eating disorders. This project is pending acceptance for publication.

Engagement within the Interest Group has been enhanced by the 'Word on Wednesday' series, where the Leadership Team shares resources, interviews guest presenters, posts CPD events and discusses research. This previously occurred on the Eating Disorder Interest Group Member Connect page, and has now moved to the new platform, Share Plate.

The Eating Disorder Interest Group was again successful in securing a Dietitians Australia External Conference Research Prize for the virtual International Conference of Eating

Disorders, 2020. This was awarded to Fiona Willer, Advanced APD.

Of particular note, the Eating Disorders Interest Group has welcomed collaboration with the Australia and New Zealand Academy of Eating Disorders Nutrition Special Interest Group, and looks forward to this ongoing partnership.

## Emerging Dietitians Interest Group

The Emerging Dietitians Interest Group organised and facilitated a live webinar entitled 'Self-Care Survival Guide for Emerging Dietitians'. Two guest speakers, Janeane Dart (Accredited Practising Dietitian) and Jackson Hill (Registered Psychologist), provided insight into managing the common issues graduate dietitians face when entering the workforce, as well as strategies to develop empathetic practice skills. The webinar was highly successful and received great feedback from attendees.

In addition to this, the Interest Group developed and released two e-newsletters, which focused on dietitians working in diverse areas across dietetics, navigating the Dietitians Australia website, upcoming Dietitians Australia events, and tips on getting started in private practice.

The Interest Group will continue to produce quarterly e-newsletters and include summaries of research updates in these. Planned events such as the Business Development Workshop have been postponed to the 2020–21 financial year due to the COVID-19 pandemic.

## Food Allergy and Intolerance Interest Group

The Interest Group started the financial year at the Dietitians Australia Gold Coast meeting, with a presentation about working in private practice, supports and networking, delivered by an APD seeing families and patients with food allergies and food intolerances.

Two other successful webinars, which were also held as face-to-face talks for those in the area, were held over the year. These discussed the benefits and limitations of different approaches to investigating food chemical intolerances, and nutritional watch points of restricted diets for food allergy, food intolerance and gluten-free diets. The webinar planned for June was delayed until July. This was a presentation on food allergy diagnosis and management at different ages, presented by a paediatric allergist.

The Food Allergy and Intolerance Interest Group continued to produce the Adverse

Food Reactions Newsletter and two issues were released over the financial year. Each issue strives to include a topic of interest, tips, recipes, or new information on each of the key areas the group covers. The APD Role Statement for skills and knowledge in this practice area was completed. The Interest Group also contributed to the Food Standards Australia New Zealand comments on plain English food labelling.

## Food and Environment Interest Group

The Food and Environment Interest Group (FEIG) facilitated a webinar, developed resources, and progressed several areas of advocacy over the 2019–20 financial year. The webinar presented the EAT Lancet Commission report by Fabrice DeClerk, and the implications for dietitians of the new definition of sustainable diets. A reading list was developed of resources relating to sustainable diets and food systems.

A seminar proposal had been prepared for the 2020 Dietitians Australia annual conference for six speakers to share their sustainability success stories in their different lines of work. However, due to the conference's cancellation, this seminar may be reimaged into a webinar or retained for the 2021 conference.

In the area of advocacy, the FEIG has engaged with the Board on how to progress sustainability in several areas, which will be ongoing efforts and pieces of work. The Food Systems and Environmental Sustainability Role Statement was created and published on the Dietitians Australia website. Much work was put into planning a position statement paper to be completed in the next year.

## Food Service Interest Group

The Food Service Interest Group has been significantly impacted by COVID-19 in 2020, with its Professional Development Day cancelled until further notice. In addition, COVID-19 has impacted many working group members as they manage operations within their workplace. This has meant that any plans made from February/March 2020 to June 2020 were not completed, including 2 issues of the BITES newsletter, the face-to-face professional development seminar, and the end-of-year meeting.

Key achievements by the Food Service Interest Group in 2019–20 include:

- developing a Professional Development Session, including topics such as transitioning to a room service model of care, and improving advocacy skills
- reviewing and redeveloping the Food Service Interest Group Role Statement.

As an ad hoc achievement, the Food Service Interest Group contributed to the delivery of a webinar discussing COVID-19 contingency planning for Food Services.

## Gastroenterology Interest Group

The Gastro IG team has organised 2 CPD webinars in the last financial year, as well as ongoing updates with PEN.

It has also published 3 newsletters over the last financial year and is working on updating resources to go into the new Gastro IG hub on Share Plate.

## Health Behaviour and Weight Management Interest Group

The Health Behaviour and Weight Management Interest Group completed its APD Role Statement, outlining the skills and knowledge that APDs contribute within the clinical practice of weight management. The role statement was circulated for comment and returned to the committee for modification. Changes were made in consultation with Dietitians Australia, and the role statement was finalised on 13 December 2019.

In addition, the Interest Group hosted two webinars. The first webinar examined the emerging evidence base in obesity management, while the second considered the scope of behaviour change management within a weight management context.

The Interest Group continues to discuss its desire to advocate for an increase in the number of dietetic Enhanced Primary Care (Medicare) services for clients presenting with chronic disease and obesity. This work will continue into the 2020 to 2021 financial year.

Interest Group activities were suspended in February 2020 due to the impact of COVID-19, and these remain suspended until further notice. However, the IG is flourishing. It has grown from a minimum of 3 committee members in late 2018/early 2019 to a current total of 9 interested and dedicated committee members, who are committed to improving health and weight management behaviours in a clinical and community setting.

## Indigenous Nutrition Interest Group

The Indigenous Nutrition Interest Group has had a successful reporting year. The Leadership Team has increased to 12 members, including 2 members who identify as Aboriginal and/or Torres Strait Islander.

The biggest achievement was the 'Celebrating Culture: Adopting a strengths-based approach in nutrition and dietetic practice' workshop that members of the Leadership Team developed and delivered at the 2019 Dietitians Australia Conference in partnership with the community nutritionist from a Queensland Aboriginal Community Controlled Health Organisation (Apunipima Cape York Health Council). The workshop included an interactive tasting demonstration of traditional foods with Aunty Dale Chapman, renowned Aboriginal chef and teacher, as well as an opportunity for participants to work through clinical, foodservice and community case studies using a strengths-based approach.

The Leadership Team continued to develop and publish a newsletter to connect with like-minded members, and to share good-news stories, research and member profiles. The Indigenous Nutrition Role Statement was also developed and published. The role statement highlights the complexity and variety of skills and knowledge a dietitian working in Aboriginal and Torres Strait Islander health requires. The Leadership Team looks forward to building stronger connections with members of the Indigenous Nutrition Interest Group through Share Plate.

## **Mental Health Interest Group**

The Mental Health Interest Group (MHIG) Committee has 13 active committee members, and 5 working group members who are a part of the Mental Health Nutrition and Dietetic Information Group (MHANDi) committee.

In the 2019–20 financial year, the MHIG has contributed to a range of activities aimed at improving the profile of dietitians in mental health and upskilling the broader membership in mental health. The MHIG developed and facilitated the highly successful workshop 'Enriching Client Outcomes in Mental Health (2): looking beyond your current practice' at the 2019 Dietitians Australia Conference. This workshop aimed to improve dietitians' confidence to effectively communicate and motivate consumers with mental health concerns in lifestyle changes.

Additional tasks from the MHIG and MHANDi committees include the review and development of MHANDi educational resources for dietitians, regular research updates posted to Member Connect, development of the Dietitians in Mental Health Consumer Brochure and the development of a standardised Mental Health Student Lecture template. The MHIG continues to contribute to high-level policy and advocacy work, including in 2020 submitting a response to the Productivity Commission Draft Report into Mental Health

## **Nutrition Support Interest Group**

The Nutrition Support Interest Group suspended plans for face-to-face events this year due to COVID-19, including the annual Nutrition Support for Beginners workshop. In the interim, the Interest Group completed a review of the Nutrition Support Role Statement, which can be used by dietitians to assist when advocating for dietetic funding. The Interest Group is now reviewing its Enteral and Parenteral Manuals.

The Interest Group was also successful in securing one of the Dietitians Australia External Conference Prizes for the 2019 Australian Society for Parenteral and Enteral Nutrition (AuSPEN) Annual Scientific Meeting, which was awarded to Courtney Turner.

## **Oncology Interest Group**

During the 2019–20 financial year, the Oncology Interest Group worked to engage Dietitians Australia members by providing monthly oncology research updates on the Member Connect platform. These updates included a critical appraisal and easy-to-understand summary of a current research article. The Group also reviewed and updated the Oncology APD Role Statement to reflect current best practice in oncology. This updated statement will soon be available on the Dietitians Australia website to be used as an advocacy tool.

The Oncology Interest Group was successful in securing the Dietitians Australia External Conference Research Prize for the 2019 Clinical Oncology Society of Australia (COSA) Annual Scientific Meeting. This prize was awarded to Merran Findlay for her work entitled 'Computed tomography-defined sarcopenia negatively impacts overall survival in patients with head and neck cancer: Implications for practice'. The Group also continues to assist Dietitians Australia in the review of the updated cancer optimal care pathways for Cancer Council Victoria.

## **Paediatric and Maternal Health Interest Group**

The Paediatric and Maternal Health Interest Group (PMHIG) had a productive 2019–20 financial year. The PMHIG finalised its page on the former Dietitians Australia website, which has key information for members relevant to the practice area. In July, the PMHIG released a webinar recording with Dr Rati Jani on 'Fussy Eating with an SOS Approach', which had 334 registrants. The PMHIG is currently working closely with the Centre for Advanced Learning on another webinar for release later in 2020. The PMHIG

has developed a number of practitioner resources, which are available on DINER, including: 'Paper-based weight status calculator'; 'Guide to accurately weighing a child'; and 'Guide to accurately weighing an infant'.

Prior to the transition to Share Plate, the PMHIG continued to increase engagement with Members by regularly posting interesting research and topics for discussion on Member Connect. The PMHIG partially completed the Paediatrics and Maternal Health APD Role Statement, and this will be finalised in the coming months. The PMHIG was successfully awarded the 2019 External Conference Dietetic Research Prize (\$250). This was to be offered at the 2020 Australian and New Zealand Obesity Society Scientific Meeting; however, this will be a virtual meeting and, as such, the PMHIG hopes to carry it over to the 2021 face-to-face meeting. Finally, contributing to advocacy in paediatric and maternal health, Ellie D'Arcy and Lisa Vincze were key members of the Dietitians Australia working group that developed and submitted a response to the National Clinical Practice Guidelines: Pregnancy Care (Department of Health).

## Public Health and Community Nutrition Interest Group

The Public Health and Community Nutrition Interest Group has welcomed several new members to the leadership team, increasing its level of engagement with members.

The Interest Group has established a regular newsletter, with 4 issues distributed over the 2019–20 financial year. The purpose of this newsletter is to share current public health and community nutrition updates and opportunities with dietitians.

The Interest Group Role Statement is currently under review and the leadership team will be reaching out to members for their input to ensure this statement continues to capture the breadth of their work.

The Interest Group held a very successful workshop during the 2019 Dietitians Australia Conference entitled 'Addressing sugary drinks is everyone's business! What dietitians can do to promote healthy choices.' Two leadership team members contributed to the 2020 Dietitians Australia conference scientific and social committee.

The leadership team also contributed to several submissions over the financial year, namely: the Obesity National Obesity Strategy; the review of the Australian Association of National Advertisers (AANA) food and beverages advertising code; and the inquiry into food pricing and food security in remote Indigenous communities.

## Rehabilitation and Aged Care Interest Group

It has been a momentous year for dietitians in the rehabilitation and aged care sector. RACIG leadership team members were involved in the Dietitians Australia Aged Care Working Group submission to the Royal Commission in Aged Care Quality and Safety and have contributed to the Dietitians Australia 'Aged Care Policy and Advocacy moving forward' plans. The webinar on 'The role of nutrition in pain management' was highly regarded.

With the transition from Dietitians Association of Australia and Member Connect to Dietitians Australia and the communication platform via Share Plate, the leadership team is excited to enhance communication with members and has finalised a member survey to guide RACIG activities. This was rolled out in August 2020.

The leadership team met five times in the 2019–20 financial year. This team is focused on building a greater understanding of members' key interest areas for future learning; improving the employment environment for dietitians in the rehabilitation and aged care sectors; and facilitating learning on the emerging evidence of the role of nutrition in pain management. The development of advocacy tools for dietitians to promote greater involvement in the aged care residential and community environments is a key focus.

Unfortunately, momentum was unavoidably stalled during the COVID-19 pandemic. Two members stepped down due to changes in their substantive roles limiting their volunteering capacity.

## Renal Interest Group

The Renal Interest Group wrote a Letter to the Editor which was published in the Journal of Clinical Hypertension in response to a published article in the journal titled 'Potential use of salt substitutes to reduce blood pressure'. The letter raised the important implications the addition of salt substitutes into the food supply may have on those with kidney disease.

The Renal Interest Group has begun working on a Dietitians Australia Interest Group Role Statement. Due to COVID-19, plans for the annual renal dietitians update day in collaboration with the Australian New Zealand Society of Nephrology has been cancelled. The Group will be looking to hold a virtual webinar event in November 2020 instead.



# Membership statistics

## APDS by Branch

| 30-Jun-20    | ACT        | NSW         | NT        | QLD         | SA         | TAS        | VIC         | WA         | O/S        | Total       |
|--------------|------------|-------------|-----------|-------------|------------|------------|-------------|------------|------------|-------------|
| Financial    | 157        | 1593        | 54        | 1399        | 360        | 89         | 1437        | 451        | 433        | <b>5973</b> |
| Deferred     | 21         | 148         | 4         | 77          | 32         | 15         | 142         | 39         | 38         | <b>516</b>  |
| <b>Total</b> | <b>178</b> | <b>1741</b> | <b>58</b> | <b>1476</b> | <b>392</b> | <b>104</b> | <b>1579</b> | <b>490</b> | <b>471</b> | <b>6489</b> |

## Membership according to financial status by Branch 2019-20

| Category                                             | ACT        | NSW         | NT        | QLD         | SA         | TAS        | VIC         | WA         | Other      | Total       |
|------------------------------------------------------|------------|-------------|-----------|-------------|------------|------------|-------------|------------|------------|-------------|
| Paid work 20 more hours per week                     | 106        | 942         | 49        | 844         | 226        | 65         | 915         | 278        | 9          | <b>3434</b> |
| Paid work less than 20 hours per week                | 41         | 557         | 6         | 451         | 121        | 25         | 455         | 155        | 7          | <b>1818</b> |
| Currently not working - unemployed                   | 5          | 98          | 1         | 62          | 12         | 2          | 54          | 14         | 24         | <b>272</b>  |
| Currently not working - career break/ parental leave | 9          | 57          | 0         | 67          | 11         | 6          | 65          | 17         | 14         | <b>246</b>  |
| Currently not working - full-time study              | 3          | 40          | 0         | 40          | 13         | 0          | 33          | 8          | 0          | <b>137</b>  |
| Not working in nutrition or dietetics                | 0          | 15          | 0         | 8           | 2          | 0          | 8           | 0          | 6          | <b>39</b>   |
| Overseas - working outside Australia                 | 0          | 5           | 1         | 4           | 3          | 0          | 5           | 3          | 421        | <b>442</b>  |
| Retired                                              | 3          | 6           | 2         | 5           | 2          | 1          | 3           | 2          | 1          | <b>25</b>   |
| Honorary life member                                 | 1          | 2           | 0         | 1           | 4          | 0          | 2           | 1          | 0          | <b>11</b>   |
| Honorary member                                      | 0          | 1           | 0         | 0           | 0          | 0          | 0           | 1          | 0          | <b>2</b>    |
| Student                                              | 33         | 276         | 2         | 271         | 80         | 3          | 203         | 76         | 5          | <b>949</b>  |
| Affiliate (overseas)                                 | 0          | 1           | 0         | 0           | 0          | 0          | 0           | 0          | 5          | <b>6</b>    |
| APD only                                             | 0          | 12          | 0         | 20          | 0          | 1          | 10          | 4          | 0          | <b>47</b>   |
| <b>Total</b>                                         | <b>201</b> | <b>2012</b> | <b>61</b> | <b>1773</b> | <b>474</b> | <b>103</b> | <b>1753</b> | <b>559</b> | <b>492</b> | <b>7428</b> |

## Comparison of membership categories

| Membership numbers – last 5 years        | 2015        | 2016                | 2017        | 2018–19     | 2020        |
|------------------------------------------|-------------|---------------------|-------------|-------------|-------------|
| Working                                  | 4390        | 4641                | 4824        | 5029        | 5301        |
| Currently not working                    | 688         | 680                 | 643         | 590         | 655         |
| Not working in a related industry        | 25          | 42                  | 48          | 38          | 39          |
| Overseas                                 | 344         | 369                 | 396         | 433         | 442         |
| Retired                                  | 52          | 54                  | 54          | 50          | 25          |
| Student dietitian                        | 357         | 463                 | 462         | 1029        | 949         |
| Honorary life member and honorary member | 13          | 13                  | 13          | 12          | 11          |
| Affiliate                                | 2           | 11                  | 11          | 13          | 6           |
| Associate                                | 23          | no longer available |             |             |             |
| <b>Total</b>                             | <b>5894</b> | <b>6269</b>         | <b>6440</b> | <b>7221</b> | <b>7428</b> |
| % increase from previous year            | 1.7         | 6.4                 | 2.7         | 12.1        | 2.9         |
| Deferred                                 | 231         | 325                 | 373         | 459         | 363         |
| Resignations                             | 4           | 24                  | 22          | 33          | 24          |
| Reinstatements                           | 538         | 514                 | 465         | 469         | 700         |
| Lapsed                                   | 417         | 253                 | 361         | 289         | 682         |
| Suspended/expelled                       | 1           | 0                   | 0           | 0           | 0           |

# Awards, prizes and scholarships

## Lecture In Honour

### Ruth English, AO

Presented by Professor Lauren Williams



#### Professor Lauren Williams

Presenter of Lecture in Honour of Ruth English AO

Ruth English was the Head of the Nutrition Unit at the Commonwealth Department of Health from 1979 to 1987. She led a team responsible for publishing the Apparent Consumption of Foods, the database which became the Australian Food Composition NUTTAB database. As part of the Nutrition Standing Committee of the NHMRC, she also published position papers on nutrition education, recommended dietary intakes and nutrition assessment standards, food advertising for children, the implementation of the international code for marketing of breast milk substitutes, and thiamine supplementation in Wernicke-Korsakoff syndrome. She also led the national dietary survey conducted alongside the National Health Foundation surveys of cardiovascular risk factors in 1983 and 1985 as part of the Australian School Children's Health and Fitness surveys. She was the coordinator of Nutrition Taskforce as one of the three taskforces for the Better Health Commission, which produced Towards Better Nutrition for All Australians, published in 1987.

In 1986, Ruth managed the transition of the Journal of Food and Nutrition – which had been published by the Department of Health since 1944 (originally under the title Food and Nutrition Notes and Reviews) – to Dietitians Australia, where it was published as the Australian Journal of Nutrition and Dietetics.

Ruth was made an Officer of the Order of Australia (AO) in 1994 in recognition of her service to public health through the development of national food and nutrition policies.

#### Awards

|      |                                                   |
|------|---------------------------------------------------|
| 1985 | Margaret Shoobridge Lecture in Honour – Presenter |
| 1992 | National Service Award                            |
| 1994 | Order of Australia Award                          |
| 2006 | Continuous membership 30 year appreciation        |

## Honorary Life Membership

### Liz Kellett



#### Liz Kellett

Honorary Life Membership

Liz Kellett has provided long and outstanding service to the profession since she graduated from the University of Sydney as a dietitian in 1975. She has been a member of Dietitians Australia since graduation and has been an active participant and then leader in the profession. That Liz is well known and respected across all areas of dietetics and in all age groups of dietitians is evidenced by the variety of members who endorsed her nomination. Rather than being a leader in one particular field, Liz has been a leader in many different areas of dietetics and has influenced several generations of dietitians. Liz has been a mentor and role model for many Dietitians Australia members and her legacy of quality leadership has been recognised by conferment of the Award of Honorary Life Member of Dietitians Australia.

Liz first began her contribution to dietetics in Australia as a Board Director for 4 years (1976 to 1980) for the Australian Association of Dietitians (AAD), which later became the Dietitians Association of Australia (DAA). She was the SA Branch Chair in 1983. She returned to the DAA Board in 2005, becoming Vice President from 2012 to 2013, then was elected for 2 consecutive terms as President from 2013 to 2017. She has chaired numerous committees and has been Dietitians Australia's representative in key areas on many occasions. Liz's contributions have previously been recognised with the Outstanding Contribution Award in 2002 and the DAA National Service Award in 2009. Liz was awarded the title of Fellow in 2016, one of the few non-Academic candidates to receive this level of recognition.

Liz been a leader of the profession both through her involvement in Dietitians Australia and in her clinical career. She was the Manager of Nutrition Education for the Children's Health Development Foundation at the Adelaide Women's and Children's Hospital for 10 years. The function of this role was to improve the health of school children in South Australia, working with a wide variety of stakeholders to provide programs, resources, and education for teachers and other school staff. This position also involved tendering for Commonwealth-funded research projects and grants. Liz was closely involved in development of the Australian Guide to Healthy Eating, a 3-year project that once again involved working closely with a wide variety of different health experts to deliver key educational resources for the Australian community. Improving school canteens is another area where Liz has had significant influence. She led the development of the school canteen manual for South Australian schools and the setting up of the South Australia School Canteen Association. She also played a key role in developing the area of food safety in schools in South Australia.

Liz became the Manager of Nutrition and Dietetics at Flinders Medical Centre in 2002. During this time, she was a member of several committees and working parties for both the hospital and Flinders University. She managed a large dietetic department and was responsible for managing the hospital's external food services provider. Liz retired from Flinders Medical Centre in 2014 to devote more time to the role of Dietitians Australia President.

## Fellows of Dietitians Australia

### Dr. Angela Vivanti



**Dr Angela Vivanti**  
Fellow of Dietitians Australia

Angela Vivanti is the Research and Development Dietitian at the Princess Alexandra Hospital, Brisbane, and has worked in many areas of dietetics during more than 30 years as a Dietitians Australia member. She strives for impacts that benefit individuals and their health care in wide-reaching and sustainable ways.

Angela has made a high-level contribution to Dietitians Australia nationally, including at board level, national and international conferences, university accreditations and informatics committees, among other volunteer activities. She represents Dietitians Australia internationally in advancing the Nutrition Care Process Terminology (NCPT).

Angela has designed electronic health records that support dietetic practice with the ability to demonstrate outcomes across the continuum of care as part of routine documentation. With over 2000 citations, her publications include original research, validated tools, systematic reviews and evidence-based practice. With Esther Myers and Rowan Stewart, she is the co-author of the book *Nutrition Care Process and Terminology: A Practical Approach*.

### Assoc. Prof. Claire Palermo



**Assoc. Prof. Claire Palermo**  
Fellow of Dietitians Australia

Claire is an associate professor at Monash University. She holds joint positions between the Department of Nutrition, Dietetics and Food, and the Monash Centre for Scholarship in Health Education – a faculty-wide centre dedicated to the advancement of health professions' education.

Claire has been awarded an Australian National Teaching citation (2016), a Teaching Excellence award (2017), and a National Office for Learning and Teaching Fellowship (2014). Claire has forged a research career in competency-based assessment and workforce development, with a particular focus on preparing the health workforce for addressing the determinants of health.

## Prof. Eleanor Beck



### Prof. Eleanor Beck

Fellow of Dietitians Australia

Professor Eleanor Beck is Discipline Leader in Nutrition and Dietetics at the University of Wollongong (UOW). Eleanor has nearly 30 years of experience in clinical practice and dietetics education, and sees her most important role as an educator of students, inspiring them to make a difference in their careers. Eleanor coordinates teaching in medical nutrition therapy at UOW and has coordinated the Bachelor and Master of Nutrition and Dietetics since 2012.

Eleanor was part of the expert working group for review of the National Competency Standards for Dietitians, as well as both the Advanced Accrediting Practising Dietitian and Fellow competency standards for DAA. Eleanor's clinical research includes close links with dietetics service delivery in hospitals, while working with local and international collaborators in grains research.

Eleanor is Deputy Chair of the Council of Deans of Nutrition and Dietetics (ANZ) and the Chair of the ANZ Need for Nutrition Education and Promotion (NNEdPro) group, which, as part of the NNEdPro global network, works on promotion of nutrition education and research in health professions. Eleanor's interests in teaching and mentoring extend to research supervision, where she supervises honours, masters and PhD students.

## Prof. Fiona Pelly



### Prof. Fiona Pelly

Fellow of Dietitians Australia

Professor Fiona Pelly is the Discipline leader of Nutrition and Dietetics at the University of the Sunshine Coast (USC). She is an academic member of the Australian Dietetic Council and has been a member of DA for 30 years. She has received an Australian Learning and Teaching Council citation for outstanding contribution to student learning for her curriculum development at USC.

Fiona is internationally recognised in the area of nutrition strategies, eating behaviours and food provision for athletes competing at major sporting competitions, and is a Fellow and inaugural member of Sports Dietitians Australia. She has reviewed the food provision for major competition events, including the Olympic Games, and has collaborated with organising committees and caterers since the Sydney 2000 Olympic Games. She is the current president of Professionals in Nutrition for Exercise and Sport (PINES).

## Dr. Mary Hannan-Jones



**Dr. Mary Hannan-Jones**  
Fellow of Dietitians Australia

Dr Mary Hannan-Jones is the Director of Academic Programs and Acting Discipline Lead for Nutrition and Dietetics in the School of Exercise and Nutrition Sciences at the Queensland University of Technology (QUT). Mary has over 27 years of professional experience in both the higher education and public sector settings in nutrition and dietetics. Mary is responsible for the design and implementation of curriculum and staffing for the nutrition and dietetics programs at QUT, which is one of the longest-running accredited programs in the country.

Mary is recognised internationally for her expertise in the management of food services. She regularly undertakes consultancies and commercial research for government and industry, including as an expert witness, and provides advice in dietetic training in this area.

Mary's PhD research was in relation to food policy in prisons, and contributed to nutrition standards in the prison and health sector and the underpinning research and service evaluation to support this. Mary's current research activities include quality and tools in hospital food services; competency-based education; inter-professional learning; vitamin B12 in women on vegan diets; and nutrition and wound healing.

Mary is active in the dietetics profession in Australia and is the current chair of the Dietetics Credentialing Council, which oversees the codes of conduct and certification of dietitians in Australia. Mary's previous roles for the association include as a National Director and Chair of the 2014 Dietitians Australia National Conference.

## Assoc. Prof. Robyn Littlewood



**Assoc. Prof. Robyn Littlewood**  
Fellow of Dietitians Australia

Associate Professor Robyn Littlewood was previously the Director of Health Services Research at Queensland Children's Hospital and Children's Health Queensland, and Co-Chair, Queensland Child and Youth Clinical Network. Most recently, she has been a member of the Queensland Clinical Networks Executive within the Clinical Excellence Division.

Robyn holds a conjoint Associate Professor position at the University of Queensland in the School of Human Movement and Nutrition Science. She has completed both a Master of Medical Science and PhD in paediatric nutrition. She also holds a Graduate Certificate of Executive Leadership and is currently completing a Master of Business Administration.

Robyn is the CEO of Health and Wellbeing Queensland and has previously been a Board Director of Dietitians Australia.

## Outstanding Contribution Award

### Penny Love



#### **Penny Love**

Outstanding Contribution Award

Dr Penny Love is a Senior Lecturer in Community and Public Health Nutrition at Deakin University. She is an Accredited Practising Dietitian with 30 years' experience in dietetics and public health nutrition and has held roles in both government and academia. She was previously Acting Director and Knowledge Broker for The CO-OPS Collaboration (Global Obesity Centre, Deakin University) and Regional Director of Public Health Nutrition, Central Region, Queensland Health (2007 to 2012). Penny has served as convener of the Dietitians Australia Public Health and Community Nutrition Interest Group since 2014, making significant contributions to advocacy.

### Teresa Brown



#### **Teresa Brown**

Outstanding Contribution Award

Teresa is an Advanced APD, clinical leader and Menzies Scholar. She is currently the lead for cancer care research in Nutrition and Dietetics at Royal Brisbane and Women's Hospital. Teresa completed her PhD in 2017 and was awarded the Dean's Award for Outstanding Higher Degree by Research Theses for her dissertation, which found early proactive feeding improved outcomes. This has now been implemented into usual care to ensure delivery of evidence-based care to this patient group.

Teresa is dedicated to continued professional development and translating research into practice, and has extensive clinical dietetic experience and a publication track record for research in cancer care and national collaborations. She is a sought-after expert in her field and contributes to high-quality training and supervision of students and emerging dietitians.

## Young Achievers Award in Memory of Dr Joan Mary Woodhill

### Jorja Collins



**Jorja Collins**  
Young Achievers Award

Dr Jorja Collins is an Advanced Accredited Practising Dietitian with experience and expertise in research, food service management, and education. Since graduating with her PhD less than 10 years ago, her achievements have been recognised through awards, prizes and grant funding (more than 15 accolades). She is a 'big picture' thinker with a vision to improve the health of the population through up-stream systems-level approaches.

Jorja has made important contributions to dietetic practice and the international literature through her research on the preparedness of dietitians to use nutritional genomics, the nutritional status and nutrition requirements of the elderly, and optimising food service systems in healthcare. She has 16 publications (8 first-author) in international peer-reviewed journals and has presented 29 research abstracts (12 as presenting author) at national and international conferences.

Jorja is an enthusiastic and respected educator in nutrition and dietetics. Her investment in curriculum development and delivery using pedagogy and best-practice examples will prepare the future generation of nutrition professions to positively influence food service and the food supply. Jorja is an ambassador for her profession as a dietitian and holds multiple voluntary leadership roles within Dietitians Australia, including as Chair of the Victorian Engagement and Development Committee.

## Award of Merit at a National Level

### Emma Osland

Emma is an advanced clinician in nutrition support with extended scope of practice in prescribing parenteral nutrition, with a special interest in home parenteral nutrition and intestinal failure. She provides support and mentoring to dietitians locally and across Queensland to enable them to develop their skills in this field. She is recognised at a national level for her expertise, with an extensive publication list and numerous invitations to present at conferences and professional development events. Emma is leading a number of projects to assist in improving consistency and coordination of dietetic care at a national level for this patient group.

### Conference Redesign Working Committee

The Conference Redesign Committee is led by Dr Varitha Kinghorn and has 8 members: A/Prof Judi Porter, Lisa Yates, Wendy Stuart-Smith, Donna Hickling, Dr Susannah King, Joyce Haddad, Marie-Claire O'Shea and Dr Kristen MacKenzie-Shalders. The Committee has been very active and has demonstrated a strong commitment to the Dietitians Australia National Level by proposing innovative strategic plans in order to revitalise and modernise future Dietitians Australia National Conferences. The dedication, devotion, valuable skills, and expertise of the committee members have made an impact and enhance the professional development opportunity to benefit Dietitians Australia members through future National Conferences.

## Award of Merit at a Branch Level

### Jane Musial (QLD)

Jane Musial has provided an outstanding contribution to the profession and Dietitians Australia through her work in supporting and developing innovative services in diabetes, including in her role as a DAFNE facilitator and assessor with the Australian DAFNE Collaborative; her development of an extended scope of practice role in Insulin Dose Advice and support and mentoring of other dietitians to be credentialed; and developing innovative models of care in the management of Type 2 diabetes with the Queensland University of Technology–Royal Brisbane and Women’s Hospital Partnership Program. She has also implemented and coordinated a novel multidisciplinary state-wide service for bariatric surgery.

### Jennifer Ellick (QLD)

In her roles as Chair of the Dietitians Australia Professional Development Advisory Committee and Continuing Professional Development Coordinator of the Dietitians Australia QLD Engagement and Development Committee, Jennifer Ellick has significantly contributed to the development of Dietitians Australia CPD events and processes at both a state-wide and national level. Her innovative ideas and progressive thought leadership have resulted in high-level member engagement and satisfaction. Additionally, while Assistant Director of Royal Brisbane and Women’s Hospital Department of Nutrition and Dietetics, she has contributed significantly to the strategic development of food services and nutrition support, with state-wide impact.

### Angela Byrnes (QLD)

Dr Angela Byrnes has contributed to the profession of dietetics through her research examining the implementation of best-practice perioperative nutrition care in older surgical patients. In addition to this, she has contributed to Dietitians Australia Queensland webinars for the Gastrointestinal Interest Group (2017) and contributes to the state-wide Allied Health Translating Research into Practice program, which aims to support clinicians, including dietitians, to put evidence into practice. She is seen as an expert in the areas of Enhanced Recovery After Surgery (ERAS) and an emerging expert in implementation science, with 9 manuscripts published in the past 4 years. Angela is regularly invited to speak at local and state-wide forums.

### Claire Blake (QLD)

Clare Blake has demonstrated excellence in dietetic practice with a substantial contribution to the profession through her continual advancements in gastrostomy management and nutrition support. She has advanced extended scope of practice in gastrostomy management and has been responsible for training 10 dietitians state-wide to enable them to complete their credentialing requirements for extended scope. She has been recognised for her teaching and training roles with a Metro North Hospital and Health Service Staff Excellence Award in 2018. In addition to this, she has had a significant role in managing state-wide enteral nutrition issues – such as NDIS implementation, and policy and procedure reviews.

### Claire Cutmore (QLD)

Clare Cutmore an experienced clinician and leader with a focus on continual improvement. She uses evidence-based practice and a systems approach to manage complex problems and broad stakeholders effectively, enabling positive outcomes for consumers and teams. Clare has made a valuable contribution to the profession of dietetics through her clinical leadership in the practice areas of eating disorder management, maternity, and diabetes. She has shown leadership in supporting models of care using delegation to Allied Health Assistants and teaching and supervision of students and emerging dietitians. In addition to this, she has been a member of the Dietitians Australia Queensland Engagement and Development Committee for the last 5 years and was the Chair of the Committee for the last 2 years.

### Hilary Powlesland (QLD)

Hilary Powlesland is an extremely active and valuable member of the dietitian profession. Her ongoing efforts for the Dietitians Australia Engagement and Development Committee (current Vice-Chair), and organising professional development, network and social opportunities have not only provided valuable personal and professional development opportunities but have also helped to advance the profession. She actively seeks learning and improvement opportunities and is committed to quality improvement. During the last few years, she has successfully implemented service improvement in both renal and maternity services and has disseminated the results of these activities at a local, state and national level. As media representative for the Royal Brisbane and Women's Hospital Department of Nutrition and Dietetics, she successfully promotes the profession and increases the profile of APDs.

### Janica Jamieson (WA)

Janica was an integral part of the WA Engagement and Development Committee between 2014 and 2017. For most of this time, she acted as Chairperson, providing essential leadership and direction for all CPD activities. She dedicated a significant amount of her free time to the dietetics profession and advocating for the needs of WA-based Dietitians Australia members.

Janica is a Lecturer and Placement Coordinator in the Master of Nutrition and Dietetics in the School of Medical and Health Sciences at Edith Cowan University. She is passionate about competency-based assessment and engaging educators in the design and implementation of these practices. Janica is currently undertaking her PhD at Monash University to extend this work.

### Kylie Matthews (QLD)

Dr Kylie Matthews has contributed to the profession of dietetics through her research examining refeeding syndrome in acute care and experience of inpatients admitted for treatment of eating disorders; her leadership as Chair of the state-wide Mental Health Nutrition Education Materials Online group; and her contribution to the dietetics community through her role on the Queensland Branch Engagement and Development Committee. She is seen as an expert in the area of refeeding syndrome and eating disorders, with 8 manuscripts published in the past 4 years. Kylie is regularly invited to speak at local and state-wide forums.

## Barbara Chester Memorial Award

### Adrienne Young



#### Adrienne Young

Barbara Chester Memorial Award

Adjunct Associate Professor Adrienne Young is an Advanced APD, clinical leader and researcher with a track record in generating knowledge and translating this into practice to improve care of older people. Her pragmatic and interdisciplinary research program has resulted in significant and sustained improvements in nutritional intake and mealtime care of older hospital inpatients, and has been implemented across Queensland. To date, Adrienne has received over \$2.4 million in competitive research funding, published 32 peer-reviewed journal articles, and supervised 2 PhD candidates to completion.

Her focus on building the research capacity of clinician-researchers is evident through her mentorship many clinician-led research and service evaluation projects across Metro North Hospital and Health Service, leadership in the development of the Allied Health Translating Research into Practice initiative, and regularly teaching knowledge-translation workshops and short courses in Queensland and South Australia. Adrienne has significantly contributed to the progression of dietetics in Queensland, nationally and internationally through her research, evidence-based practice, and supervision and mentoring research students and clinician-researchers.

## President's Award for Innovation

### The Allied Health – Translating Research into Practice (AH-TRIP) Initiative | Led by Ingrid Hickman AdvAPD

The Allied Health – Translating Research into Practice (AH-TRIP) initiative is a state-wide, multi-site initiative created by a Queensland dietetic-led team and designed to increase the quality and frequency of TRIP activity across health services. The initiative involves a variety of projects, including a showcase event, creation of targeted online professional development, and individualised TRIP project support. It is led by Ingrid Hickman AdvAPD. Team members are:

- Katrina Campbell AdvAPD
- Adrienne Young AdvAPD
- Shelley Wilkinson AdvAPD
- Rhiannon Barnes APD
- Sally Barrimore APD
- Samantha Olenski APD
- Hannah Mayr APD



# Appendix

## Councils, Committees, Spokespeople and Working Parties, 2019 to 2020 financial year

| Position                                                                        | Name              |
|---------------------------------------------------------------------------------|-------------------|
| <b>REGULATORY SERVICES BUSINESS PORTFOLIO</b>                                   |                   |
| <b>Australian Dietetic Council (ADC)</b>                                        |                   |
| Chairperson                                                                     | Claire Palermo    |
| Deputy Chairperson                                                              | Merrilyn Banks    |
| Senior Academic dietetic member                                                 | Lauren Williams   |
| Senior Academic dietetic member                                                 | Fiona Pelly       |
| Senior Practitioner dietetic member                                             | Carmel Smart      |
| Senior Practitioner dietetic member                                             | Annabel Sweeney   |
| External member – Professional Education representative                         | Jane Conway       |
| Professional with Accreditation Experience                                      | Susanne Owen      |
| Health Consumer representative                                                  | John Stubbs       |
| <b>Dietetic Credentialing Council (DCC)</b>                                     |                   |
| Chairperson                                                                     | Mary Hannan Jones |
| Vice-Chairperson                                                                | Deanne Harris     |
| Dietitian representative – APD member                                           | May Mak           |
| Dietitian representative – APD member                                           | Jane Porter       |
| Dietitian representative – APD member                                           | Tracy Burrows     |
| Dietitian representative – APD member                                           | Annabelle Stack   |
| External (non-APD) – Credentialing and Regulation representative (outgoing)     | Eithne Irving     |
| External (non-APD) – Credentialing and Regulation representative (incoming)     | Rod Wellington    |
| External (non-APD) – Health Consumer representative                             | Noel Muller       |
| External (non-APD) – Health Professional, Education and Training representative | Prue Morgan       |

| Position                                                | Name                   |
|---------------------------------------------------------|------------------------|
| <b>POLICY AND PROFESSIONAL SERVICES PORTFOLIO</b>       |                        |
| <b>Food Regulatory and Policy Committee (FRPC)</b>      |                        |
| Directors Responsible                                   | Jemma O’Hanlon         |
|                                                         | Melissa Armstrong      |
| Chairperson                                             | Miranda Blake          |
| Members                                                 | Chris Cashman          |
|                                                         | Bobbie Crothers        |
|                                                         | Louise Fisher          |
|                                                         | Chris Irwin            |
|                                                         | Genevieve James-Martin |
|                                                         | Sharon Natoli          |
|                                                         | Elizabeth Neale        |
|                                                         | Dana Thompson          |
| Trainees                                                | Lisa Yates             |
|                                                         | Jo Zhou                |
|                                                         | Kate Wilkinson         |
| NZ representative                                       | Pippy Walker           |
|                                                         | Rhodi Bulloch          |
| <b>COMMUNICATIONS AND MEMBERSHIP SERVICES PORTFOLIO</b> |                        |
| <b>Member Engagement Advisory Committee (MEAC)</b>      |                        |
| Director Responsible                                    | Fiona Willer           |
| Chairperson                                             | Donna Hickling         |
| Members                                                 | Andrea Begley          |
|                                                         | Georgina Latimer       |
|                                                         | Michelle McCracken     |
|                                                         | Gemma Jenkins          |
|                                                         | Cassandra Stuchbery    |
|                                                         | Carly Barlow           |
| <b>Scientific and Social Program Committee (SSPC)</b>   |                        |
| Director Responsible                                    | Glenn Cardwell         |
| Chairperson                                             | Zoe Davidson           |
| Members                                                 | Andrea Begley          |
|                                                         | Lisa Yates             |
|                                                         | Rachel Boak            |
|                                                         | Wendy Stuart-Smith     |
|                                                         | Marie-Claire O’Shea    |
|                                                         | Sze Yen Tan            |
|                                                         | Ju-Lin Lee             |
| Josephine Pizzinga                                      |                        |

| Position                                                  | Name                |
|-----------------------------------------------------------|---------------------|
|                                                           | Annie Lassemillante |
|                                                           | Elena George        |
|                                                           | Emily Calton        |
|                                                           | Heidi Staudacher    |
|                                                           | Varitha Kinghorn    |
|                                                           | Nathan Cook         |
| <b>Conference Management Committee (CMC)</b>              |                     |
| Director Responsible                                      | Glenn Cardwell      |
| Member                                                    | Zoe Davidson        |
| <b>Professional Development Advisory Committee (PDAC)</b> |                     |
| Director Responsible                                      | Melissa Armstrong   |
| Chairperson                                               | Jen Ellick          |
| Members                                                   | Michelle Lane       |
|                                                           | Louisa Matwiejczyk  |
|                                                           | Kim Faulkner-Hogg   |
|                                                           | Suzie Ferrie        |
|                                                           | Julie Christie      |
|                                                           | Kelly Lambert       |
|                                                           | Dominique Condo     |
|                                                           | Julie Christy       |
|                                                           | Helen McCarthy      |
|                                                           | Keanne Langston     |
| <b>Spokespeople</b>                                       |                     |
| ACT                                                       | Lisa Donaldson      |
| NSW                                                       | Alan Barclay        |
|                                                           | Clare Collins       |
|                                                           | Felicity Curtain    |
|                                                           | Nicole Dynan        |
|                                                           | Jane Freeman        |
|                                                           | Kate Gudorf         |
|                                                           | Anika Rouf          |
| Trent Watson                                              |                     |
| NT                                                        | Natasha Murray      |
| QLD                                                       | Kate Di Prima       |
|                                                           | Maria Packard       |
| SA                                                        | Themis Chryssidis   |
|                                                           | Tania Ferraretto    |
| TAS                                                       | Milly Smith         |

| Position                                                 | Name                 |
|----------------------------------------------------------|----------------------|
| VIC                                                      | Simone Austin        |
|                                                          | Joel Feren           |
|                                                          | Melanie McGrice      |
|                                                          | Tim McMaster         |
|                                                          | Lisa Renn            |
| WA                                                       | Charlene Grosse      |
|                                                          | Margaret Hays        |
| <b>CORPORATE PORTFOLIO</b>                               |                      |
| <b>Awards and Recognition Advisory Committee (ARAC)</b>  |                      |
| Director Responsible                                     | Tara Diversi         |
| Chairperson                                              | Zoe Davidson         |
| Members                                                  | Themis Chryssidis    |
|                                                          | Amanda Clark         |
|                                                          | Robyn Delbridge      |
|                                                          | Roslyn Giglia        |
|                                                          | Vy Le                |
| Immediate Past President                                 | Phillip Juffs        |
| <b>Nutrition &amp; Dietetics Journal Editorial Board</b> |                      |
| Editor-in-Chief                                          | Judi Porter          |
| Editor                                                   | Dianne Reidlinger    |
| Statistics Editor                                        | Marijka Batterham    |
| Systematic Literature Review Editor                      | Elizabeth Neale      |
| Clinical Trials Editor                                   | Sharleen O'Reilly    |
| Editorial Board Members                                  | Lucinda Bell         |
|                                                          | Andrea Braakhuis     |
|                                                          | Clare Corish         |
|                                                          | Kacie Dickinson      |
|                                                          | Suzie Ferrie         |
|                                                          | Vicki Flood          |
|                                                          | Janelle Gifford      |
|                                                          | Rebecca Golley       |
|                                                          | Kathryn Hart         |
|                                                          | Ingrid Hickman       |
|                                                          | Vasant Hirani        |
|                                                          | Tilakavati Karupaiah |
|                                                          | Nicole Kiss          |
| Evangeline Mantzioris                                    |                      |
| Claire Palermo                                           |                      |

| Position                                    | Name              |
|---------------------------------------------|-------------------|
|                                             | Kirrilly Pursey   |
|                                             | Anna Rangan       |
|                                             | Lynda Ross        |
|                                             | Jane Scott        |
|                                             | Nerissa Soh       |
|                                             | Sze-Yen Tan       |
|                                             | Helen Truby       |
|                                             | Robyn M. Tucker   |
|                                             | Carol Wham        |
|                                             | Shelley Wilkinson |
|                                             | Serene Yoong      |
|                                             | Adrienne Young    |
|                                             | Jo Zhou           |
| <b>Journal Strategic Planning Committee</b> |                   |
| Director Responsible                        | Katrina Campbell  |
| Chairperson                                 | Judi Porter       |
| Members                                     | Judy Bauer        |
|                                             | Robert Hunt       |
|                                             | Dianne Reidlinger |

## Branch Executives (as of 30 June 2020)

| Position                             | Name                  |
|--------------------------------------|-----------------------|
| <b>AUSTRALIAN CAPITAL TERRITORY</b>  |                       |
| Chairperson                          | Meg Ryan              |
| Members                              | Simone Cannon         |
|                                      | Kate Paul             |
|                                      | Michele Walton        |
|                                      | Ekavi Georgousopoulou |
|                                      | Melissa Knox          |
|                                      | Dionne Eckley         |
|                                      | Andrew Thompson       |
|                                      | Sarah Ewels           |
|                                      | Lucinda Hills         |
|                                      | Anjlika Guglani       |
| Chairperson who stepped down 2019–20 | Sarah Hall            |
| <b>NEW SOUTH WALES</b>               |                       |
| Chairperson                          | Simran Grover         |
| Members                              | Sara Lehman           |
|                                      | Adela Yip             |
|                                      | Georgia Wakefield     |
|                                      | Erika Hung            |
|                                      | Claire Ho             |

| Position                             | Name                            |
|--------------------------------------|---------------------------------|
|                                      | Billy Leventon (Student member) |
|                                      | Emma Davidson (Student member)  |
|                                      | Joseph Gregory (Student member) |
|                                      | Melissa Eaton (Student member)  |
| Chairperson who stepped down 2019–20 | Corinne Tighe                   |
| <b>NORTHERN TERRITORY</b>            |                                 |
| Chairperson                          | Amanda Hill                     |
| Members                              | Alexander Wetten                |
|                                      | Alana Robinson                  |
|                                      | Siobhan Carr                    |
|                                      | Amanda Lee                      |
|                                      | Anthea Brand                    |
|                                      | Tania Whight                    |
|                                      | Hannah Downes                   |
| <b>QUEENSLAND</b>                    |                                 |
| Chairperson                          | Hilary Powlesland               |
| Members                              | Marion Vasudevan                |
|                                      | Louise Elvin-Walsh              |
|                                      | Louise Moodie                   |
|                                      | Monique St Claire               |
|                                      | Zoe Calleja                     |
|                                      | Danielle Cave                   |
|                                      | Lana Mitchell                   |
|                                      | Kylie Matthews-Rensch           |
| Working Group members                | Maud Achard                     |
|                                      | Anthony Villani                 |
|                                      | Charlotte Battle                |
|                                      | Hannah Olfuson                  |
|                                      | Carly Barlow                    |
|                                      | Lynette De Groot                |
|                                      | Tracey Hayes                    |
|                                      | Katie Slater                    |
|                                      | Tenielle Hamlin                 |
|                                      | Ann Zhang                       |
|                                      | Katherine Phan                  |
|                                      | Jordan McCamley                 |
|                                      | Andrea Love                     |
|                                      | Elyssa Hughes                   |
|                                      | Pooja Adhyaru                   |



| Position                                                   | Name                        |
|------------------------------------------------------------|-----------------------------|
|                                                            | Amy Bunchanan               |
|                                                            | Narissa Chalmers            |
|                                                            | Carly Barlow                |
| <b>SOUTH AUSTRALIA</b>                                     |                             |
| Chairperson                                                | Letizia Sasanelli           |
| Members                                                    | Juliet Bociulis             |
|                                                            | Elsie Patterson             |
|                                                            | Karissa Woolfe              |
|                                                            | Georgia Bevan               |
|                                                            | Jude Hamilton               |
|                                                            | Dimity Dutch                |
|                                                            | Morgan Pankhurst            |
|                                                            | Rebecca Greco               |
|                                                            | Kitty Wong (Student member) |
| Chi Wan Tse (Student member)                               |                             |
| <b>TASMANIA</b>                                            |                             |
| Chairperson                                                | Varitha Kinghorn            |
| Members                                                    | Andrea Ortiz                |
|                                                            | Kerryn Hornby               |
|                                                            | Sammy Stanton               |
|                                                            | Kate Grant (nee Standfield) |
|                                                            | Josephine Tilley            |
|                                                            | Emma Wuester                |
|                                                            | Sophie Shannon              |
|                                                            | Claire Galloway             |
|                                                            | Isabelle Goodwin            |
| Working Group members<br>(2019 Weekend Workshop Committee) | Andrea Ortiz                |
|                                                            | Claire Galloway             |
|                                                            | Sophie Shannon              |
|                                                            | Phoebe Nelson               |
|                                                            | Josephine Tilley            |
|                                                            | Suzanne Waddingham          |
|                                                            | Kate Grant (nee Standfield) |
|                                                            | Caitlin Saunders            |
|                                                            | Sue Read                    |
|                                                            | Sammy Stanton               |
|                                                            | Emma Wuester                |
| Kerryn Hornby                                              |                             |

| Position                             | Name                            |
|--------------------------------------|---------------------------------|
| <b>VICTORIA</b>                      |                                 |
| Chairperson                          | Ruth Walker                     |
| Members                              | Charlene Hong                   |
|                                      | Patrick Hinton                  |
|                                      | Toni Franklin                   |
|                                      | Adelaide Giddens                |
|                                      | Chanel Relf                     |
|                                      | Annie Lassemillante             |
|                                      | Jillian Melville                |
|                                      | Sophie Adley                    |
|                                      | Emma McShane                    |
|                                      | Amelia Belich                   |
| Working Group members                | Bestin Bijou                    |
|                                      | Nicole Jones                    |
|                                      | Susan Baudinette                |
| Chairperson who stepped down 2019–20 | Jodie Nelson                    |
|                                      | Jorja Collins                   |
| <b>WESTERN AUSTRALIA</b>             |                                 |
| Chairperson                          | Ellen Paynter                   |
| Members                              | Janelle Healy                   |
|                                      | Carla Bourgy                    |
|                                      | Kathryn Malley                  |
|                                      | Emily Carlton                   |
|                                      | Amber Rose                      |
|                                      | Frances Foulkes-Taylor          |
|                                      | Melissa Dunham                  |
|                                      | Chelsea Lock                    |
| Working Group members                | Megan Nawrocki                  |
|                                      | Julia Middeke (Student member)  |
|                                      | Daniel Funston (Student member) |
| Chairperson who stepped down 2019–20 | Lucy Butcher                    |

## Dietitians Australia representatives, 2019–20 financial year

| Position                                                                          | Name              |
|-----------------------------------------------------------------------------------|-------------------|
| <b>DIETITIANS AUSTRALIA REPRESENTATIVES</b>                                       |                   |
| Mental Health Australia (previously MH Council of Australia)                      | Janice Plain      |
| National Aged Care Alliance                                                       | Sharon Lawrence   |
| Early Life Nutrition Coalition                                                    | Melanie McGrice   |
| Direct Client Care and Support Industry Reference Committee                       | Suzanne Kennewell |
| Australian Pain Society Relationships Committee                                   | Katherine Brain   |
| Australian Clinical Terminology Users Group                                       | Jordan McCamley   |
| Food Safety Information Council                                                   | Cooper Sheri      |
| FSANZ Allergen Collaboration                                                      | Anne Swain        |
| National Diabetes Services Scheme – Culturally and Linguistically Diverse Program | Tammie Choi       |
| Living Stroke Guidelines – Content Experts Working Group                          | Fiona Simpson     |
| FSANZ Consumer and Public Health Dialogue                                         | Bridget Spokes    |
| Food Regulation Standing Committee Stakeholder Roundtables                        | Lisa Yates        |
| Healthy Food Partnership Portion Size Working Group                               | Kate Wilkinson    |
| Australian and New Zealand Hip Fracture Registry                                  | Jack Bell         |
| Australia and New Zealand Academy for Eating Disorders Training Reference Group   | Susan Hart        |
| National Allergy Strategy Food Service Working Group                              | Suzanne Kennewell |
| Clinical Expert Group for the Residential Aged Care Quality Indicators Project    | Julie Dundon      |
| Victorian Disability Commissioner                                                 | Sally Girvan      |
| Victorian Disability Commissioner                                                 | Sue Gebert        |
| International Confederation of Dietetic Association's Board                       | Danielle Gallegos |
| Systematized Nomenclature of Medicine Clinical Terms                              | Angela Vivanti    |
| Nutrition Care Process Terminology International Sub-Committee                    | Angela Vivanti    |
| Nutrition Care Process Terminology International Advisory Committee Workgroup     | Varitha Kinghorn  |
| Nutrition Care Process Research and Outcomes Committee                            | Varitha Kinghorn  |

## Interest Group Leadership Team Members (as of 30 June 2020)

| Position                                | Name                          |
|-----------------------------------------|-------------------------------|
| <b>BARIATRIC SURGERY INTEREST GROUP</b> |                               |
| Convenor                                | Breanna Elphick (nee Crawley) |
| Members                                 | Louise Elvin-Walsh            |
|                                         | Daniella Di Benedetto         |
|                                         | Catherine Harbury             |
|                                         | Leanne Wagner                 |
|                                         | Penelope Taylor               |
|                                         | Bronwyn Bartholomew           |
|                                         | Jacqueline Cotugno            |
|                                         | Clare Dix                     |
|                                         | Cassandra Stuchbery           |
|                                         | Sarah Driscoll                |
|                                         | Cassandra Waite               |
| Alyce Rees                              |                               |
| Nazgol Afsarpour                        |                               |
| <b>CYSTIC FIBROSIS INTEREST GROUP</b>   |                               |
| Convenor                                | Jenna Stonestreet (Convenor)  |
| Members                                 | Angela Matson                 |
|                                         | Karen Herd                    |
|                                         | Natalie VanderHaak            |
|                                         | Lara Mathers                  |
|                                         | Jodi Grunert                  |
| Working group members                   | Susannah King                 |
|                                         | Felicity Loel                 |
|                                         | Bronwyn Bartholomew           |
|                                         | Danielle Shandley             |
|                                         | Nicole Saxby                  |
| Jordan Henderson                        |                               |
| Caitlin Miles                           |                               |

| Position                                           | Name               |
|----------------------------------------------------|--------------------|
| <b>EMERGING DIETITIANS INTEREST GROUP</b>          |                    |
| Convenor                                           | Claudia Coombes    |
| Members                                            | Annabel Comerford  |
|                                                    | Emma Moor          |
|                                                    | Pooja Adhyaru      |
|                                                    | Sheridan Hardie    |
|                                                    | Megan Boswell      |
|                                                    | Claudia Cramer     |
|                                                    | Karly Bartrim      |
|                                                    | Shian Russell      |
|                                                    | Thuy Nguyen        |
|                                                    | Dimity Dutch       |
| <b>FOOD ALLERGY AND INTOLERANCE INTEREST GROUP</b> |                    |
| Convenor                                           | Kim Faulkner-Hogg  |
| Members                                            | Anne Swain         |
|                                                    | Wendy Stuart-Smith |
|                                                    | Sharon Trueman     |
|                                                    | Kirsty Leray       |
|                                                    | Shae Rickards      |
|                                                    | Neelam Pun         |
|                                                    | Phoebe Starling    |
|                                                    | Joanna Baker       |
|                                                    | Annabel Clancy     |
|                                                    | Sabrina Mok        |
| <b>INDIGENOUS NUTRITION INTEREST GROUP</b>         |                    |
| Convenor                                           | Amanda Cole        |
| Members                                            | Tracy Hardy        |
|                                                    | Tara Rawson        |
|                                                    | Trinda Kunzli-Rix  |
|                                                    | Lucas Brennan      |
|                                                    | Stephanie de Zilva |
|                                                    | Alyse Davies       |
|                                                    | Dorothy Richmond   |
|                                                    | Danielle Graves    |
|                                                    | Brianna Sanderson  |

| Position                                           | Name                  |
|----------------------------------------------------|-----------------------|
| <b>MENTAL HEALTH INTEREST GROUP</b>                |                       |
| Convenor                                           | Elise Tripodi         |
| Members                                            | Georgina Latimer      |
|                                                    | Janice Plain          |
|                                                    | Alexandra Harman      |
|                                                    | Josephine Pizzinga    |
|                                                    | Tracy Burrows         |
|                                                    | Cassie Hoole          |
|                                                    | Lisa Mercer           |
|                                                    | Lulu Cook             |
|                                                    | Michelle Hsu          |
|                                                    | Stephanie Heard       |
|                                                    | Nerissa Soh           |
|                                                    | Scott Teasdale        |
|                                                    | Working group members |
| Tania Matthewson                                   |                       |
| Elisa Rossimel                                     |                       |
| Jaslyn Dugmore                                     |                       |
| Sonya Home                                         |                       |
| <b>DISABILITY INTEREST GROUP</b>                   |                       |
| Convenor                                           | Felicity Dick         |
| Members                                            | Sue Gebert            |
|                                                    | Jamil Tuazon          |
|                                                    | Karen Humphries       |
|                                                    | Kathryn Toohey        |
|                                                    | Michelle Livy         |
|                                                    | Archana Gulvady       |
|                                                    | Renae Reid            |
|                                                    | Sally Girvan          |
|                                                    | Rohini Maharaj        |
| <b>REHABILITATION AND AGED CARE INTEREST GROUP</b> |                       |
| Convenor                                           | Joyce Gibson          |
| Members                                            | Stephen Hodgkinson    |
|                                                    | Rachel Milte          |
|                                                    | Alex Westley          |
|                                                    | Katherine Brain       |
|                                                    | Lucy Kocanda          |
|                                                    | Chad Yixian Han       |

| Position                                             | Name                             |
|------------------------------------------------------|----------------------------------|
| <b>PAEDIATRIC AND MATERNAL HEALTH INTEREST GROUP</b> |                                  |
| Co-convenor                                          | Ellie D'Arcy                     |
| Co-convenor                                          | Lisa Vincze                      |
| Members                                              | Natassja Billich                 |
|                                                      | Kyra Sim                         |
|                                                      | Kayla Dodd                       |
|                                                      | Cathy Knight-Agarwal             |
|                                                      | Rochelle Seabury<br>(nee McCook) |
|                                                      | Alison Ward                      |
|                                                      | Shae Rickards                    |
|                                                      | Tamara Shirvington               |
|                                                      | Caitlan Golder                   |
|                                                      | Bonnie Leung                     |
| <b>CORPORATE NUTRITION INTEREST GROUP</b>            |                                  |
| Co-convenor                                          | Kate Agnew                       |
| Co-convenor                                          | Rebecca Williams                 |
| Members                                              | Felicity Curtain                 |
|                                                      | Anna Christie                    |
|                                                      | Emily Fitt                       |
|                                                      | Zahra Adem                       |
| <b>DIABETES INTEREST GROUP</b>                       |                                  |
| Convenor                                             | Rebecca Harrington               |
| Members                                              | Chantelle Fio                    |
|                                                      | Dale Cooke                       |
|                                                      | Emily Murray                     |
|                                                      | Hayley Patterson                 |
|                                                      | Judith Ingle                     |
|                                                      | Leanne Gregory                   |
|                                                      | Melissa Barnes                   |
|                                                      | Patricia Marshall                |
|                                                      | Rachel Freeman                   |
|                                                      | Robyn Barnes                     |
|                                                      | Ros Smith                        |
|                                                      | Steve Flint                      |
|                                                      | Tim McMaster                     |

| Position                                               | Name                                       |
|--------------------------------------------------------|--------------------------------------------|
| <b>DIETITIANS IN THE PRIVATE SECTOR INTEREST GROUP</b> |                                            |
| Convenor                                               | Ashleigh Jones                             |
| Members                                                | Matisse Chambers                           |
|                                                        | Cathie Lowe                                |
|                                                        | Sally Marchini                             |
|                                                        | Kai Hui Tan                                |
|                                                        | Amy Kirkegaard                             |
| <b>EATING DISORDER INTEREST GROUP</b>                  |                                            |
| Convenor                                               | Mellisa Ashley                             |
| Members                                                | Claire Toohey                              |
|                                                        | Deanne Harris                              |
|                                                        | Fumi Somehara                              |
|                                                        | Jessica Tilbrook                           |
|                                                        | Jodie Sheraton                             |
|                                                        | Kirrilly Pursey                            |
|                                                        | Kate Gough                                 |
|                                                        | Susan Hart                                 |
|                                                        | Tess Heinonen                              |
|                                                        | <b>FOOD AND ENVIRONMENT INTEREST GROUP</b> |
| Convenor                                               | Stefanie Carino                            |
| Members                                                | Nicole Senior                              |
|                                                        | Chelsea Hillenaar                          |
|                                                        | Liza Barbour                               |
|                                                        | Karen Charlton                             |
|                                                        | Nathan Cook                                |
|                                                        | Rachael Cox                                |
|                                                        | Kathy Faulkner                             |
|                                                        | Sara Forbes                                |
|                                                        | Alison Kempe                               |
|                                                        | Kristen MacKenzie-Shalders                 |
|                                                        | Jo McCormack                               |
|                                                        | Sandra Murray                              |
|                                                        | Kate Van Berkel                            |

| Position                                                     | Name                 |
|--------------------------------------------------------------|----------------------|
| <b>GASTROENTEROLOGY INTEREST GROUP</b>                       |                      |
| Convenor                                                     | Jo Beer              |
| Members                                                      | Ck Yao               |
|                                                              | Eleonora Stojanoska  |
|                                                              | Sandra Feeney        |
|                                                              | Sascha McMeekin      |
|                                                              | Tess Heinonen        |
|                                                              | Lauren Reece         |
|                                                              | Kiah Witney-Cochrane |
| <b>FOOD SERVICE INTEREST GROUP</b>                           |                      |
| Convenor                                                     | Joanna McCormack     |
| Members                                                      | Olivia Farrer        |
|                                                              | Michelle Suter       |
|                                                              | Denise Cruickshank   |
|                                                              | Celia Zhuwei         |
|                                                              | Sara Forbes          |
|                                                              | Elise Nash           |
|                                                              | Laura Barsha         |
|                                                              | Jane Porter          |
|                                                              | Elizabeth Tearne     |
|                                                              | Cassie Hoole         |
| <b>HEALTH BEHAVIOUR AND WEIGHT MANAGEMENT INTEREST GROUP</b> |                      |
| Convenor                                                     | Lynda Ross           |
| Members                                                      | Janet Franklin       |
|                                                              | Sally Badorrek       |
|                                                              | Emily Murray         |
|                                                              | Carla Johnson        |
|                                                              | Marijka Batterham    |
|                                                              | Paris Wojniak        |
|                                                              | Joanna Aaron         |
|                                                              | Charlene Wright      |
| <b>ONCOLOGY INTEREST GROUP</b>                               |                      |
| Convenor                                                     | Belinda Steer        |
| Members                                                      | Katie Benton         |
|                                                              | Teresa Brown         |
|                                                              | Irene Deftereos      |
|                                                              | Elise Den            |
|                                                              | Kat O'Brien          |
|                                                              | Fiona Graham         |
|                                                              | Emily Hazzard        |

| Position                                                    | Name                      |
|-------------------------------------------------------------|---------------------------|
| <b>NUTRITION SUPPORT INTEREST GROUP</b>                     |                           |
| Convenor                                                    | Clare Ferguson (Convenor) |
| Members                                                     | Brydie Cleeve             |
|                                                             | Kate Hamilton             |
|                                                             | Claire Dux                |
|                                                             | Leina Breik               |
|                                                             | Greta Hollis              |
|                                                             | Tess Fraser               |
|                                                             | Danielle McLaren          |
| <b>PUBLIC HEALTH AND COMMUNITY NUTRITION INTEREST GROUP</b> |                           |
| Convenor                                                    | Penny Love                |
| Members                                                     | Ju-Lin Lee                |
|                                                             | Rachel Boak               |
|                                                             | Helen Tran                |
|                                                             | Nayeera Hudson            |
|                                                             | Amy Knight                |
|                                                             | Andrea Love               |
|                                                             | Courtney Barnes           |
|                                                             | Rati Jani                 |
|                                                             | Sarah Marshall            |
| Alison Brown                                                |                           |
| <b>RENAL INTEREST GROUP</b>                                 |                           |
| Convenor                                                    | Marguerite Conley         |
| Members                                                     | Su Bahceci                |
|                                                             | Dearne Brauer             |
|                                                             | Maria Chan                |
|                                                             | Ruth Durmont              |
|                                                             | Stephanie Notaras         |
|                                                             | Kelly Lambert             |
|                                                             | Robyn Montgomery          |
|                                                             | Sally Noble               |
| Claire Trimmingham                                          |                           |

## Discussion Group Leadership Team Members (as of 30 June 2020)

| Position                                                      | Name                   |
|---------------------------------------------------------------|------------------------|
| <b>CULTURALLY AND LINGUISTICALLY DIVERSE DISCUSSION GROUP</b> |                        |
| Members                                                       | Tania Wiesmayr-Freeman |
|                                                               | Kelly Squires          |
| <b>DIETITIANS IN MANAGEMENT DISCUSSION GROUP</b>              |                        |
| Members                                                       | Lindiwe Mpala          |
|                                                               | Amy Peng               |
|                                                               | Soumya Kuthadi         |
| <b>INTEGRATIVE MEDICINE DISCUSSION GROUP</b>                  |                        |
| Members                                                       | Antigone Kouris-Blazos |
|                                                               | Michael Hann           |
|                                                               | Nazgol Afsarpour       |
| <b>NUTRITIONAL GENOMICS DISCUSSION GROUP</b>                  |                        |
| Members                                                       | Natalie Colson         |
|                                                               | Melissa Adamski        |
| <b>RESEARCH DISCUSSION GROUP</b>                              |                        |
| Members                                                       | Debby Andersson        |
|                                                               | Dana Craven            |
|                                                               | Naina Varma            |
|                                                               | Lannie O'Keefe         |
| <b>WORKING OVERSEAS DISCUSSION GROUP</b>                      |                        |
| Members                                                       | Bonnie Lau             |
|                                                               | Yun Shan Wong          |
|                                                               | Stephanie Dee          |
| <b>LGBTQI+ DISCUSSION GROUP</b>                               |                        |
| Members                                                       | Tom Scully             |
|                                                               | Kathleen Halliday      |
| <b>NUTRITION INFORMATICS DISCUSSION GROUP</b>                 |                        |
| Members                                                       | Jordan McCamley        |
|                                                               | Josh Warlow            |
|                                                               | Juliana Chen           |

| Position                                            | Name                   |
|-----------------------------------------------------|------------------------|
| <b>CARDIOLOGY DISCUSSION GROUP</b>                  |                        |
| Members                                             | Constantine Mercurio   |
| <b>DIETETIC EDUCATORS DISCUSSION GROUP</b>          |                        |
| Members                                             | Tania Wiesmayr-Freeman |
|                                                     | Kelly Squires          |
| <b>FOOD COMPOSITION DISCUSSION GROUP</b>            |                        |
| Members                                             | Vivienne Guan          |
|                                                     | Yasmin Probst          |
|                                                     | Elizabeth Neale        |
| <b>KETOGENIC DISCUSSION GROUP</b>                   |                        |
| Members                                             | Neha Kaul              |
|                                                     | Katherine Barwick      |
| <b>MALE NUTRITION DISCUSSION GROUP</b>              |                        |
| Members                                             | Nicholas Denniston     |
| <b>POLYCYSTIC OVARIAN SYNDROME DISCUSSION GROUP</b> |                        |
| Members                                             | Siew Lim               |
|                                                     | Kate Marsh             |
|                                                     | Lisa Moran             |
|                                                     | Juhi Bhambhaney        |
|                                                     | Stephanie Pirotta      |
| <b>RURAL, REGIONAL AND REMOTE DISCUSSION GROUP</b>  |                        |
| Members                                             | Leanne Brown           |
|                                                     | Louise Moodie          |
| <b>VEGETARIAN DISCUSSION GROUP</b>                  |                        |
| Members                                             | Monique Heller         |
|                                                     | Kate Marsh             |
|                                                     | Siew Lim               |
|                                                     | Juhi Bhambhaney        |
|                                                     | Jo Oddo                |
|                                                     | Rebecca Norris         |
|                                                     | Pamela Wong            |

**DIETITIANS ASSOCIATION OF AUSTRALIA**

**FINANCIAL REPORT**

**FOR THE YEAR ENDED**

**30 JUNE 2020**



**Dietitians Association of Australia**  
ABN: 34 008 521 480  
Financial Report –Year Ended 30 June 2020

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## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2020

### Directors' Report

Your directors present their report on Dietitians Association of Australia, the Company, for the financial year ended 30 June 2020.

#### Directors

The following persons were directors of Dietitians Association of Australia during the whole of the financial period and up to the date of this report:

Tara Diversi – Chair President (appointed May 2017)

Melissa Armstrong - Vice President (appointed May 2013)

Damien Angus - Director responsible for Finance (appointed July 2018)

Glenn Cardwell – Director (appointed May 2017)

Jemma O'Hanlon – Director (appointed November 2018)

Dr Katrina Campbell – Director (appointed November 2018)

Fiona Willer - Director (appointed November 2019)

Anthea Green Independent Director (appointed April 2020)

Philip Juffs – Director (President from 1 July 2019 resigned November 2019)

Nicole Saxby – Director (Director from 1 July 2019 resigned November 2019)

Sandra Capra – Director (Director from 21 November 2019 resigned 25 November 2019)

#### Principal activities

The principal activities of the Company were to foster and develop dietetics and to advocate for better nutrition for all in Australia, to promote the value and effectiveness of dietetics, to ensure high standards for the qualification of dietitians and to support and promote the professional practice of dietetics.

#### Objectives, strategies and key performance measures

The key objectives of the Company, both short and long term, are as follows:

- (a) Deliver effectively and efficiently on ongoing core services
- (b) Ensure a sustainable financial base
- (c) Support members to achieve excellence in practice
- (d) Increase opportunities for members
- (e) Influence government policy
- (f) Influence the food supply

A wide range of strategies are employed against these objectives and are described in the Strategic Plan and the Annual Plans which evolved from these objectives.

The Company measures its performance by a range of both qualitative and quantitative indicators. These indicators are used by the directors to ensure the Company is remaining financially sustainable and meeting its other objectives in line with the Strategic Plan.

#### Dividends

Dietitians Association of Australia is a company limited by guarantee and as such is prohibited from paying dividends.

#### Review of operations

The profit from ordinary activities after income tax amounted to \$289,835 as (2019 profit \$46,570)

#### Significant changes in the state of affairs

No significant change in the nature of the Company's activities occurred during the financial period.

#### Matters subsequent to the end of the financial year

No matter or circumstance has arisen since the end of the financial year with the exception and possible effect of Novel Coronavirus (COVID-19) pandemic and the related impact on the Company's future results of operations, cash flows and financial conditions which cannot be reasonably estimated at this stage .

#### Environmental regulation

The company is not affected by any significant environmental regulation in respect of its operations.

## Directors' Report continued

### Information on Directors

**Tara Diversi.** *Chair - President (from 22 November 2019)*

#### Experience and expertise

Tara Diversi is an Accredited Practising Dietitian who has worked in almost all fields of dietetics. She has worked extensively in Nutrition and Dietetics within the private sector, as a teaching-focused academic, policy consultancy, communications, and in her current role as CEO of Sophus Nutrition, a digital health company. Tara holds a Master of Nutrition and Dietetics along with a MBA, PGradDipPsysc, PGradCertPsysc, GradCertEducation and is a Graduate of AICD. As a member of DAA since 2003, Tara was awarded the Young Achievers Award (in memory of Joan Mary Woodhill) in 2009, and has previously served as a National DAA Media Spokesperson and as the convenor of the Dietitians in Private Sector Interest Group (DIPSIG). She is the National dietetic adviser to the Department of Veterans Affairs. Tara regularly presents workshops, webinars and lectures for DAA, the health sector and corporations and is the author of three books on communication for health professionals, and the co-author of the *The Good Enough Diet* and co-author of the text, *Totora's Anatomy and Physiology*.

**Melissa Armstrong.** *Vice President*

#### Experience and expertise

Melissa is an Advanced Accredited Practising Dietitian. She graduated from the University of Sydney with a Bachelor of Science and a Post Graduate Diploma in Nutrition and Dietetics in 1985. She has held Clinical Dietetic positions in a variety of hospital settings in Australia and the UK and has taught dietetic and diabetes educator students at several universities. Melissa is currently Manager of Nutrition and Dietetic Services at St Vincent's Hospital in Sydney. She has been a member of DAA since 1987, contributing to several state and national interest groups and committees for both DAA and the Australian Diabetes Educators Association including being a member of the Australian Dietetics Council Accreditation Reviewer Pool for 9 years. She is currently in her third term as a Director on the Board of DAA. She has been the Vice President of Dietitians Australia since 2017. She has been the Board representative on the Journal Strategic Planning Committee, the Food Regulatory and Policy Committee and most recently on the Professional Development Advisory Committee.

#### Qualifications

BSc, GradDipNutDiet, AdvAPD

**Damien Angus.** *Director responsible for Finance (appointed July 2018)*

#### Experience and expertise

Dr Damien Angus is a Partner at PWC, is a leader in the Melbourne healthcare advisory practice. He has 15 years of strategy consulting experience across Australia, Asia and the USA. Damien has a PhD in physiology and is passionate about improving the health and wellbeing of Australians through driving transformation and reform in the healthcare system and with a strong focus on prevention. He has led numerous growth strategy and transformation engagements for major Australian clients in the health, insurance and government sectors.

#### Qualifications

Bachelor of Science (Hons), PhD (Physiology), The University of Melbourne, MBA (Melbourne Business School)

**Glenn Cardwell.** *Director*

#### Experience and expertise

Glenn Cardwell is an Advanced APD who has written four nutrition books, including the international best seller *Gold Medal Nutrition* (5 editions, translated in two other languages), a life member of Sports Dietitians Australia (a professional body he helped establish), and a life member of Nutrition Australia for services to nutrition education. He has run his own company since 1996, consulting broadly to the food industry, locally and internationally, in particular to the mushroom, asparagus, cherry and banana farmers. His company has also been responsible for managing a total of \$2.92 million of government grants over 10 years. Currently, he is engaged in a mushroom research program at Curtin University and the National Measurement Institute. He has been on the organising committees for the past three Perth DAA conferences, the 2017 Hobart conference, the Corporate Sponsorship Committee, the Member Engagement Advisory Committee and is the Director Responsible for conferences.

#### Qualifications

GradDipAppSc, Grad Dip Diet, BSc, AdvAPD

## Directors' Report continued

### Information on directors (continued)

#### **Jemma O'Hanlon. Director**

##### Experience and expertise

Jemma O'Hanlon is a trusted nutrition expert and Accredited Practicing Dietitian with over 15 years experience across the food production, foodservice, food manufacturing and public health sectors. A strategic thinker with a strong business acumen, Jemma has led teams of dietitians in both commercial and not-for-profit organisations. Growing up on a farm, Jemma thrives on supporting Aussie growers to drive a prosperous and healthy Australia. In her role as Research & Development Manager at Hort Innovation, Jemma oversees the nutrition, health, food safety and value chain portfolios, managing over 30 projects with a value of \$30 Million. As a media spokesperson for Hort Innovation, Jemma has a natural ability to translate complex science into simple and engaging messages that drive behavior change, benefiting audiences across traditional and digital platforms. In her spare time Jemma loves to cook, enjoys running in the crisp Melbourne air and attending pump classes at her local gym.

##### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), APD

#### **Dr Katrina Campbell. Director**

##### Experience and expertise

Katrina is an Advanced APD with a unique combination of expertise in research, clinical dietetics, academia, management, and consultancy. She is currently the Director of Healthcare Excellence and Innovation in Metro North Hospital and Health Service, the largest health care provider in Australia. She leads pragmatic clinical trials and implementation trials measuring patient, health service and economic outcomes. She also has an international profile in renal nutrition and published more than 100 papers in this area. Katrina is passionate about building the dietetic profession to challenge the status quo, evaluate outcomes and harness opportunities to improve the health of all Australians

##### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), PhD, AdvAPD

#### **Fiona Willer. Director (from 21 November 2019)**

##### Experience and expertise

Fiona Willer is an Advanced Accredited Practicing Dietitian who combines academic research, university lecturing and public speaking with creating professional development resources and training for health professionals through her business, Health Not Diets. Her research areas are dietetic private practice benchmarking, inter-professional learning, health consciousness and dietary quality and the integration of weight neutral lifestyle approaches (including Health at Every Size® and the Non-Diet Approach) into the practice of health professionals, particularly dietitians. Fiona has served on the boards of international and domestic organisations including HAES Australia, the Association for Size Diversity and Health and now Dietitians Australia. Creator of the innovative Unpacking Weight Science professional development podcast, Fiona has great enthusiasm for both interrogating weight research and overusing food and eating metaphors in everyday life.

##### Qualifications

B.A. (English & Anthropology), B.HlthSc (Nutrition & Dietetics)(hons), PhD (expected 2020), AdvAPD, AIDN, MAITD

## Directors' Report continued

### Information on directors (continued)

**Anthea Green.** *Independent Director (from 7 April 2020)*

#### Experience and expertise

Anthea Green has had a career managing organisations that deliver acute and ambulatory health care services. She has also had management roles in aging and disability services. She has worked in the public, private and not-for-profit sectors in these fields in Australia and New Zealand. She has been a Chief Executive for over 30 years. As a CEO she has added value in terms of revenue/profit and quality assurance programs to the organizations she has lead. At Australian Hearing, with a turn over \$172 M as she left, she increased revenue by 57% and EBITDA grew from 6% to 12%. The organisation won recognition for its quality of services. At the Shepherd Centre Sydney she advocated successfully to get hearing impaired children early intervention funding. She has been a member of nine Boards and has had the roles of Chair, Secretary and Chair of the Risk Committee. She has been a finalist twice in the NSW Telstra Business Woman of the year Award government sector. She is currently the Founder of Women Who Stand Up a support network for women in leadership or aspiring to lead. Her specialties are actual action inside an organisation for change, advocacy for organisations about policy change and revenue growth and tackling risk management issues. Anthea is an active and involved woman with years of experience.

#### Qualifications

Bachelor of Arts from ANU

**Philip Juffs.** *Chair – President (from 1 July 2019 to 21 November 2019)*

#### Experience and expertise

Philip is an Advanced Accredited Practising Dietitian. He completed a Bachelor of Science and a Graduate Diploma in Nutrition and Dietetics from QUT in 1997. He has worked as a Clinical Dietitian in Murwillumbah, Alice Springs, Scotland and London. He worked as a dietitian at Princess Alexandra Hospital Brisbane from 2003. Since 2006 he was Medical Team Leader and Renal Dietitian at Royal Brisbane and Women's Hospital. Phil managed Patient Food Services at RBWH from 2013-2016. Phil is currently Director Nutrition & Food Services for West Moreton Health based at Ipswich Hospital, and acting as the Director of Clinical Support. Phil has chaired the DAA Queensland Branch Executive, been Renal IG Convenor and sat on PEPDAC and MAC.

#### Qualifications

BAppSc, GradDipNutrDiet, GradCertHlthMgt, AdvAPD.

**Nicole Saxby.** *Director (from 1 July 2019 to 21 November 2019)*

#### Experience and expertise

Nicole is an Advanced Accredited Practising Dietitian based in Hobart, Tasmania. Her dietetic career began in 2006 upon the completion of her Graduate Diploma in Dietetics from the University of Canberra. In addition to her dietetic qualifications, Nicole holds an undergraduate honours degree in biomedical science and a post graduate degree in chronic condition self-management. She is currently finishing up her PhD on the topic of '*chronic condition self-management in children and young people*' at Flinders University. Nicole's career has been diverse ranging from working as a Clinical Hospital Dietitian to working as an Allied Health Project Officer responsible for the redesign of medical imaging services. She also had the privilege of working as an Allied Health Director in regional Queensland overseeing the running of dietetic, podiatry, medical imaging, physiotherapy, occupational therapy, social work and dentistry services. Interdisciplinary practice, chronic condition management, and research translation are where Nicole's passions lie.

#### Qualifications

MNutr&Diet, GradDipHealth (self-management), BBioMedSci(Hon1), AdvAPD

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report –Year Ended 30 June 2020

## Directors' Report continued

### Company Secretary

The following persons held the position of company secretary during the whole of the financial period and up to the date of this report:

**Robert Hunt** (*appointed July 2018*)

#### Experience and expertise

Robert Hunt is a highly experienced Chief Executive Officer with significant health industry management experience with the National Heart Foundation, Australian Medical Association and most recently as National Chief Executive Officer of St John Ambulance Australia. Robert is a qualified CPA, born and bred in Canberra. Robert's strong focus throughout his career has been to advance professional conduct and he is a passionate advocate for support and encouragement of professional life. As a long-time member of his professional body CPA Australia and the Australian Institute of Company Directors, Robert is keen to protect and enhance the professional standing and recognition of Dietitians in Australia.

#### Qualifications

Certified Practising Accountant, BCom

### Meetings of Directors

The numbers of meetings of the company's board of directors and of each board committee held during the financial year ended 30 June 2020, and the numbers of meetings attended by each director were:

|                                            | Full meetings |    |
|--------------------------------------------|---------------|----|
|                                            | A             | B  |
| Tara Diversi (appointed May 2017)          | 11            | 11 |
| Melissa Armstrong (appointed May 2013)     | 11            | 11 |
| Damien Angus (appointed July 2018)         | 11            | 11 |
| Glenn Cardwell (appointed May 2017)        | 10            | 11 |
| Jemma O'Hanlon (appointed November 2018)   | 10            | 11 |
| Katrina Campbell (appointed November 2018) | 11            | 11 |
| Fiona Willer (appointed November 2019)     | 8             | 8  |
| Anthea Green (appointed April 2020)        | 2             | 2  |
| Nicole Saxby (resigned November 2019)      | 3             | 4  |
| Philip Juffs (resigned November 2019)      | 4             | 4  |
| Sandra Capra (resigned November 2019)      | 1             | 1  |

A = Number of meetings attended.

B = Number of meetings held during the time the director held office or was a member of the committee during the period.

### Insurance of officers

During the financial period, Dietitians Association of Australia paid a premium of \$5,200 (2019 \$5,036) to insure the directors and secretaries of the company.

The liabilities insured are legal costs that may be incurred in defending civil or criminal proceedings that may be brought against the officers in their capacity as officers of entities in the company, and any other payments arising from liabilities incurred by the officers in connection with such proceedings. This does not include such liabilities that arise from conduct involving a wilful breach of duty by the officers or the improper use by the officers of their position or of information to gain advantage for themselves or someone else or to cause detriment to the company. It is not possible to apportion the premium between amounts relating to the insurance against legal costs and those relating to other liabilities.

## Dietitians Association of Australia

ABN: 34 008 521 480

### Financial Report –Year Ended 30 June 2020

#### **Proceedings on behalf of the company**

No person has applied to the Court under section 237 of the *Corporations Act 2001* for leave to bring proceedings on behalf of the company, or to intervene in any proceedings to which the company is a party, for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

#### **Auditor's independence declaration**

A copy of the auditor's independence declaration as required under section 307C of the *Corporations Act 2001* is set out on page 8.

This report is made in accordance with a resolution of directors.



Damien Angus  
Director of Finance  
Dated

11 October, 2020



Chartered Accountants

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18 Napier Close  
DEAKIN ACT 2600  
PO Box 52, DEAKIN WEST ACT 2600  
AUSTRALIA

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DIETITIANS ASSOCIATION OF AUSTRALIA  
AUDITOR'S INDEPENDENCE DECLARATION  
UNDER SECTION 307C OF THE CORPORATIONS ACT 2001

ABN: 34 008 5221 480

I declare that, to the best of my knowledge and belief during the year ended 30 June 2020 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the *Corporations Act 2001* in relation to the audit, and
- (ii) any applicable code of professional conduct in relation to the audit.

Bandle McAneney & Co.

Anthony J Bandle FCA  
Partner

Place: Canberra, ACT

Date: 11 October 2020

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

**Statement of profit or loss and other comprehensive income  
For the year ended 30 June 2020**

|                                                               |            | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|---------------------------------------------------------------|------------|-------------------------------------|-------------------------------------|
| <b>Revenue from continuing operations</b>                     | Notes<br>3 | 5,481,518                           | 4,547,586                           |
| Advertising and marketing                                     |            | (97,685)                            | (84,376)                            |
| Administrative expense                                        | 1(c)       | (244,084)                           | (130,008)                           |
| Audit, tax and legal expense                                  |            | (48,386)                            | (50,133)                            |
| Consultancy expense                                           | 1(c)       | (340,107)                           | (168,484)                           |
| Depreciation and amortisation expense                         |            | (153,657)                           | (156,469)                           |
| Employee benefits expense                                     |            | (2,292,268)                         | (2,346,612)                         |
| Investment property expenses                                  |            | -                                   | (7,806)                             |
| Membership services                                           |            | (1,868,140)                         | (1,241,246)                         |
| Occupancy expense                                             |            | (42,496)                            | (138,250)                           |
| Travel related expense                                        | 1(c)       | (104,860)                           | (177,632)                           |
| <b>Profit (Loss) for the period</b>                           |            | <u>289,835</u>                      | <u>46,570</u>                       |
| <b>Other comprehensive Income</b>                             |            |                                     |                                     |
| Net gain on revaluation of non-current assets                 |            | -                                   | 67,277                              |
| <b>Total comprehensive income for the period</b>              |            | <u>289,835</u>                      | <u>113,847</u>                      |
| Total comprehensive income for the period is attributable to: |            |                                     |                                     |
| Members of Dietitians Association of Australia                |            | <u>289,835</u>                      | <u>113,847</u>                      |

*The above statement of profit or loss and other comprehensive income should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

**Statement of financial position**  
**For the year ended 30 June 2020**

|                                           |              | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019 |
|-------------------------------------------|--------------|-------------------------------------|-------------------------------|
|                                           | <b>Notes</b> |                                     |                               |
| <b>ASSETS</b>                             |              |                                     |                               |
| Current assets                            |              |                                     |                               |
| Cash and cash equivalents                 | 5            | 2,674,041                           | 1,234,660                     |
| Trade and other receivables               | 6            | 43,265                              | 26,367                        |
| Held-to-maturity financial assets         |              | 350,000                             | 1,580,000                     |
| Prepayments                               |              | 311,784                             | 160,742                       |
| Total current assets                      |              | <u>3,379,090</u>                    | <u>3,001,769</u>              |
| Non-current assets                        |              |                                     |                               |
| Property, plant and equipment             | 7            | 918,656                             | 741,163                       |
| Property – Previously Investment property | 8            | -                                   | 205,000                       |
| Intangible assets                         | 9            | 362,772                             | 152,966                       |
| Total non-current assets                  |              | <u>1,281,428</u>                    | <u>1,099,129</u>              |
| Total assets                              |              | <u>4,660,518</u>                    | <u>4,100,898</u>              |
| <b>LIABILITIES</b>                        |              |                                     |                               |
| Current liabilities                       |              |                                     |                               |
| Trade and other payables                  | 10           | 162,297                             | 298,801                       |
| Deferred income                           | 10(a)        | 2,223,066                           | 1,805,099                     |
| Provisions                                | 11           | 143,794                             | 152,573                       |
| Total current liabilities                 |              | <u>2,529,157</u>                    | <u>2,256,473</u>              |
| Non-current liabilities                   |              |                                     |                               |
| Provisions                                | 11           | 35,791                              | 38,690                        |
| Total non-current liabilities             |              | <u>35,791</u>                       | <u>38,690</u>                 |
| Total liabilities                         |              | <u>2,564,948</u>                    | <u>2,295,163</u>              |
| Net assets                                |              | <u>2,095,570</u>                    | <u>1,805,735</u>              |
| <b>EQUITY</b>                             |              |                                     |                               |
| General/award reserve                     | 12(a)        | 10,845                              | 10,845                        |
| Asset revaluation reserve                 | 12(a)        | 876,715                             | 876,715                       |
| Retained earnings                         | 12(b)        | 1,208,010                           | 918,175                       |
| Total equity                              |              | <u>2,095,570</u>                    | <u>1,805,735</u>              |

*The above statement of financial position should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2020

**Statement of changes in equity**  
**For the year ended 30 June 2020**

|                            | Contributed<br>equity | Reserves | Retained<br>Earnings | Total<br>equity |
|----------------------------|-----------------------|----------|----------------------|-----------------|
|                            | \$                    | \$       | \$                   | \$              |
| Balance at 30 June 2018    | 10,845                | 809,438  | 871,605              | 1,691,888       |
| Profit/(Loss) for the year |                       |          | 46,570               | 46,570          |
| Other comprehensive income |                       | 67,277   | -                    | 67,277          |
| Balance at 30 June 2019    | 10,845                | 876,715  | 918,175              | 1,805,735       |
| Balance at 30 June 2019    | 10,845                | 876,715  | 918,175              | 1,805,735       |
| Profit/(Loss) for the year |                       |          | 289,835              | 289,835         |
| Other comprehensive income |                       |          | -                    | -               |
| Balance at 30 June 2020    | 10,845                | 876,715  | 1,208,010            | 2,095,570       |

*The above statement of changes in equity should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

**Statement of cash flows**  
**For the year ended 30 June 2020**

|                                                                  | Year Ended<br>30 June<br>2020 | Year Ended<br>30 June<br>2019 |
|------------------------------------------------------------------|-------------------------------|-------------------------------|
| Notes                                                            | \$                            | \$                            |
| Cash flows from operating activities                             |                               |                               |
| Receipts from customers                                          | 5,864,984                     | 5,045,661                     |
| Payments to suppliers and employees                              | (5,332,173)                   | (5,043,925)                   |
| Interest received/(paid)                                         | 17,603                        | 40,667                        |
| Net cash inflow (outflow) from operating activities              | <u>550,414</u>                | <u>42,403</u>                 |
| Cash flows from investing activities                             |                               |                               |
| Payments from held-to-maturity financial assets                  | 1,230,000                     | 450,000                       |
| Payments to held-to-maturity financial assets                    | -                             | -                             |
| Payments for property, plant and equipment                       | 7&8 (22,807)                  | (102,046)                     |
| Payments for Software                                            | -                             | -                             |
| Payments for intangibles                                         | (318,226)                     | (4,560)                       |
| Net cash (outflow) from investing activities                     | <u>888,967</u>                | <u>343,394</u>                |
| Net cash inflow from financing activities                        | -                             | -                             |
| Net increase (decrease) in cash and cash equivalents             | <u>1,439,381</u>              | <u>385,797</u>                |
| Cash and cash equivalents at the beginning of the financial year | 1,234,660                     | 848,863                       |
| Cash and cash equivalents at end of period                       | 5 <u>2,674,041</u>            | <u>1,234,660</u>              |

*The above statement of cash flows should be read in conjunction with the accompanying notes.*

## Notes to the financial statements

### 1. Summary of significant accounting policies

The principal accounting policies adopted in the preparation of these financial statements are set out below. These policies have been consistently applied to all the periods presented, unless otherwise stated. The financial statements are for the entity Dietitians Association of Australia.

#### a) Basis of preparation

These general purpose financial statements have been prepared in accordance with Australian Accounting Standards and interpretations issued by the Australian Accounting Standards Board and the *Corporations Act 2001*. Dietitians Association of Australia is a not-for-profit entity for the purpose of preparing the financial statements.

##### *Compliance with Australian Accounting Standards - Reduced Disclosure Requirements*

The financial statements of the Dietitians Association of Australia comply with Australian Accounting Standards - Reduced Disclosure Requirements as issued by the Australian Accounting Standards Board (AASB).

##### *New and amended standards adopted by the company*

During the year the company adopted all of the new and revised Australian Accounting Standards and Interpretations applicable to it that became mandatory.

Certain new accounting standards and interpretations have been published that are not mandatory for reporting periods beginning on 1 January 2017, none of these have been early adopted by the company.

#### b) Revenue recognition

##### **Revenue recognition – contracts with customers**

AASB 15 requires revenue to be recognised when control of a promised good or service is passed to the customer at an amount which reflects the expected consideration.

The customer for these contracts is the fund provider.

Revenue is recognised by applying a five-step model as follows:

1. Identify the contract with the customer
2. Identify the performance obligations
3. Determine the transaction price
4. Allocate the transaction price
5. Recognise revenue

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability. This is the case for application fees for new members, which are recognised as income over the expected term of membership.

None of the revenue streams of the company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

Contract assets arise when work has been performed on a particular program and goods or services have been transferred to the customer but the invoicing milestone has not been reached and the rights to the consideration are not unconditional. If the rights to the consideration are unconditional then a receivable is recognised. No impairment losses were recognised in relation to these assets during the year (2018: \$nil).

Contract liabilities generally represent the unspent grants or other fees received on the condition that specified services are delivered or conditions are fulfilled. The services are usually provided, or the conditions usually fulfilled within 12 months of receipt of the grant / fees. Where the amount received is in respect of services to be provided over a period that exceeds 12 months after the reporting date or the conditions will only be satisfied more than 12 months after the reporting date, the liability is presented as non-current. Where the monies are received for the company to acquire or construct an item of property, plant and equipment which will be controlled by the company then the funds are recognised as a contract liability and amortised to revenue as and when the obligation is satisfied.

## Dietitians Association of Australia

ABN: 34 008 521 480

### Financial Report – Year Ended 30 June 2020

#### *Grant income*

Assets arising from grants in the scope of AASB 1058 are recognised at their fair value when the asset is received. These assets are generally cash but maybe property which has been donated or sold to the company at significantly below its fair value.

Once the asset has been recognised, the Company recognises any related liability amounts (e.g. provisions, financial liabilities).

Once the assets and liabilities have been recognised then income is recognised for any difference between the recorded asset and liability

#### *Membership fees*

Revenue from membership fees is recognised over the period to which the membership relates. The portion of membership fees received that relates to the following financial year is brought to account at balance sheet date as unearned revenue (current liability). The membership runs from 1 January to 31 December.

#### *Advertising and sponsorship revenue*

Advertising and sponsorship income is brought to account when it is received or, if is received for a particular purpose, when the related expenditure is brought to account. Any advertising and sponsorship income received for a particular purpose and not fully expended at year end is brought to account as unearned revenue (current liability).

#### *Conference revenue*

Major national conferences are managed by an external company. The net surplus from these events is brought to account as income in the year in which the event is held. Seeding funds paid to the management company prior to year end, that relate to an event to be held in the following year, are recognised as prepayments (other current assets).

#### *Interest income*

Interest income is recognised when it is earned.

#### *Other revenue*

All other sources of revenue are recognised as revenue when the related goods or services have been provided and the income earned.

### **c) Expenses**

Administrative Expense, Travel Related Expense and Consultancy Expense primarily include costs that are significantly related to the provision of services to Members

## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### d) Income tax

Only non-member income of the Company is assessable for tax as member income is excluded under the principle of mutuality.

Deferred tax is accounted for using the balance sheet liability method in respect of temporary differences arising between the tax bases of assets and liabilities and their carrying amounts in the financial statements. No deferred income tax will be recognised from the initial recognition of an asset or liability, excluding a business combination, where there is no effect on accounting or taxable profit or loss.

Deferred tax is calculated at the tax rates that are expected to apply to the period when the asset is realised or liability is settled. Deferred tax is credited in profit or loss except where it relates to items that may be credited directly to equity, in which case the deferred tax is adjusted directly against equity.

Deferred income tax assets are recognised to the extent that it is probable that future tax profits will be available against which deductible temporary differences can be utilised.

The amount of benefits brought to account or which may be realised in the future is based on the assumption that no adverse change will occur in income tax legislation and the anticipation that the Company will derive sufficient future assessable income to enable the benefit to be realised and comply with the conditions of deductibility imposed by the law.

#### e) Cash and cash equivalents

For the purpose of presentation in the statement of cash flows, cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value, and bank overdrafts.

#### f) Trade receivables

Trade receivables are recognised when the related goods or services have been provided and the income is earned. Trade receivables are generally due for settlement within 30 days. They are presented as current assets unless collection is not expected for more than 12 months after the reporting date.

Collectability of trade receivables is reviewed on an ongoing basis. Debts which are known to be uncollectible are written off by reducing the carrying amount directly. An allowance account (provision for impairment of trade receivables) is used when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables. Significant financial difficulties of the debtor, probability that the debtor will enter bankruptcy or financial reorganisation, and default or delinquency in payments (more than 30 days overdue) are considered indicators that the trade receivable is impaired. The amount of the impairment allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate. Cash flows relating to short-term receivables are not discounted if the effect of discounting is immaterial.

The amount of the impairment loss is recognised in profit or loss within other expenses. When a trade receivable for which an impairment allowance had been recognised becomes uncollectible in a subsequent period, it is written off against the allowance account. Subsequent recoveries of amounts previously written off are credited against other expenses in profit or loss.

#### g) Inventories

Inventories are measured at the lower of cost and net realisable value.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

# Notes to the financial statements (continued)

## 1. Summary of significant accounting policies (continued)

### h) Investments and other financial assets

#### **Classification**

The company classifies its financial assets as loans and receivables and held-to-maturity investments. The classification depends on the purpose for which the investments were acquired. Management determines the classification of its investments at initial recognition and, in the case of assets classified as held-to-maturity, re-evaluates this designation at the end of each reporting date.

#### (i) *Loans and receivables*

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. They are included in current assets, except for those with maturities greater than 12 months after the reporting period which are classified as non-current assets. Loans and receivables are included in trade and other receivables (note 6) and receivables in the balance sheet.

#### (ii) *Held-to-maturity investments*

Held-to-maturity investments are non-derivative financial assets with fixed or determinable payments and fixed maturities that the company's management has the positive intention and ability to hold to maturity. If the company were to sell other than an insignificant amount of held-to-maturity financial assets, the whole category would be tainted and reclassified as available-for-sale. Held-to-maturity financial assets are included in non-current assets, except for those with maturities less than 12 months from the end of the reporting period, which are classified as current assets.

#### i) **Recognition and derecognition**

Regular way purchases and sales of financial assets are recognised on trade-date - the date on which the company commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the company has transferred substantially all the risks and rewards of ownership.

#### j) **Measurement**

At initial recognition, the company measures a financial asset at its fair value plus, in the case of a financial asset not at fair value through profit or loss, transaction costs that are directly attributable to the acquisition of the financial asset. Transaction costs of financial assets carried at fair value through profit or loss are expensed in the statement of comprehensive income.

Loans and receivables and held-to-maturity investments are subsequently carried at amortised cost using the effective interest method.

#### k) **Impairment**

##### (i) *Assets carried at amortised cost*

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or group of financial assets measured at amortised cost is impaired. A financial asset or a group of financial assets is impaired and impairment losses are incurred only if there is objective evidence of impairment as a result of one or more events that occurred after the initial recognition of the asset (a loss event) and that loss event (or events) has an impact on the estimated future cash flows of the financial asset or group of financial assets that can be reliably estimated.

For loans and receivables, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows (excluding future credit losses that have not been incurred) discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced and the amount of the loss is recognised in profit or loss. If a loan or held-to-maturity investment has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract. As a practical expedient, the company may measure impairment on the basis of an instrument's fair value using an observable market price.

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or a group of financial assets is impaired.

## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### l) Property, plant and equipment

Land and buildings (except for investment properties - refer to note 1U)) are shown at fair value, based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings. Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset. All other property, plant and equipment is stated at historical cost less depreciation. Historical cost includes expenditure that is directly attributable to the acquisition of the items. Cost may also include transfers from equity of any gains or losses on qualifying cash flow hedges of foreign currency purchases of property, plant and equipment.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the company and the cost of the item can be measured reliably. The carrying amount of any component accounted for as a separate asset is derecognised when replaced. All other repairs and maintenance are charged to profit or loss during the reporting period in which they are incurred.

Increases in the carrying amounts arising on revaluation of land and buildings are recognised, net of tax, in other comprehensive income and accumulated in reserves in equity. To the extent that the increase reverses a decrease previously recognised in profit or loss, the increase is first recognised in profit or loss. Decreases that reverse previous increases of the same asset are first recognised in other comprehensive income to the extent of the remaining surplus attributable to the asset; all other decreases are charged to profit or loss. Each year, the difference between depreciation based on the revalued carrying amount of the asset charged to profit or loss and depreciation based on the asset's original cost, net of tax, is reclassified from the property, plant and equipment revaluation surplus to retained earnings.

Land is not depreciated. Depreciation on buildings is calculated using the straight-line method to allocate their cost or revalued amounts, net of their residual values, over their estimated useful lives. Depreciation on other assets is calculated using the diminishing value method. In the case of leasehold improvements and certain leased plant and equipment, the shorter lease term as follows:

|                        |          |
|------------------------|----------|
| Buildings              | 2.5%     |
| Furniture and fittings | 5% - 67% |
| Leased assets          | 25%      |

The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at the end of each reporting period. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

From 1 July 2019 all new assets will be depreciated on a straight-line basis.

#### m) Investment properties

Investment properties, principally comprising freehold office buildings, are held for long-term rental yields and are not occupied by the company. Investment properties are carried at fair value, which is based on active market prices, adjusted, if necessary, for any difference in the nature, location or condition of the specific asset. If this information is not available, the company uses alternative valuation methods such as recent prices in less active markets or discounted cash flow projections. These valuations are reviewed bi-annually by a member of the Australian Property Institute. Changes in fair values are recorded in the profit or loss as part of other income.

#### n) Intangible assets - IT development and software

Costs incurred in developing products or systems and costs incurred in acquiring software and licenses that will contribute to future period financial benefits through revenue generation and/or cost reduction are capitalised to software and systems. Costs capitalised include external direct costs of materials and service and direct payroll and payroll related costs of employees' time spent on the project. Amortisation is calculated on a diminishing value basis over periods generally ranging from 2 to 10 years for all assets other than in-house software development which is depreciated at the following rates:

- Year 1- Nil
- Year 2 – 30%
- Year 3 – 30%
- Year 4 – 40%
- Year 5 – 10%

From 1 July 2019 all new intangible assets will be amortised on a straight-line basis.

## Notes to the financial statements (continued)

### **o) Trade and other payables**

These amounts represent liabilities for goods and services provided to the company prior to the end of financial year which are unpaid. The amounts are unsecured and are usually paid within 30 days of recognition. Trade and other payables are presented as current liabilities unless payment is not due within 12 months from the reporting date. They are recognised initially at their fair value and subsequently measured at amortised cost using the effective interest method.

### **p) Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation and the amount has been reliably estimated. Provisions are not recognised for future operating losses.

### **q) Employee benefits**

#### *(i) Short-term obligations*

Liabilities for wages and salaries, including non-monetary benefits and annual leave expected to be settled within 12 months after the end of the period in which the employees render the related service are recognised in respect of employee's services up to the end of the reporting period and are measured at the amounts expected

to be paid when the liabilities are settled. The liability for annual leave is recognised in the provision for employee benefits. All other short-term employee benefit obligations are presented as payables.

#### *(ii) Other long-term employee benefit obligations*

The liability for long service leave and annual leave which is not expected to be settled within 12 months after the end of the period in which the employees render the related service is recognised in the provision for employee benefits and measured as the present value of expected future payments to be made in respect of services provided by employees up to the end of the reporting period using the projected unit credit method. Consideration is given to expected future wage and salary levels, experience of employee departures and periods of service.

Expected future payments are discounted using market yields at the end of the reporting period on highly liquid corporate bonds with terms to maturity and currency that match, as closely as possible, the estimated future cash outflows.

The obligations are presented as current liabilities in the statement of financial position if the entity does not have an unconditional right to defer settlement for at least twelve months after the reporting date, regardless of when the actual settlement is expected to occur.

### **r) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of associated GST, unless the GST incurred is not recoverable from the taxation authority. In this case it is recognised as part of the cost of acquisition of the asset or as part of the expense.

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the taxation authority is included with other receivables or payables in the balance sheet.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to the taxation authority, are presented as operating cash flows.

### **s) Comparative Figures**

Where required by accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

## **2. Critical accounting estimates and judgements**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that may have a financial impact on the entity and that are believed to be reasonable under the circumstances.

**Dietitians Association of Australia**  
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 Financial Report – Year Ended 30 June 2020

## Notes to the financial statements (continued)

### 3. Revenue

|                                                         | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|---------------------------------------------------------|-------------------------------------|-------------------------------------|
| From continuing operations                              |                                     |                                     |
| <i>Sales revenue</i>                                    |                                     |                                     |
| Publication Sales                                       | 5,010                               | 10,319                              |
| Grant revenue                                           | 13,920                              | -                                   |
|                                                         | 18,930                              | 10,319                              |
| <br><i>Other revenue</i>                                |                                     |                                     |
| Membership fees                                         | 3,574,257                           | 3,433,515                           |
| Interest income                                         | 17,603                              | 40,667                              |
| Investment Property                                     | -                                   | 7,870                               |
| Advertising                                             | 43,536                              | 10,307                              |
| Sponsorship                                             | 116,974                             | 216,107                             |
| Conference, Accreditation, workshop, and seminar income | 1,552,257                           | 751,152                             |
| Australian Government Cash Flow Boost                   | 100,000                             | -                                   |
| Other                                                   | 57,961                              | 77,649                              |
|                                                         | 5,462,588                           | 4,537,267                           |
| <br><b>Total Revenue</b>                                | 5,481,518                           | 4,547,586                           |

### 4. Income tax expense

|                                              | Year ended<br>30 June<br>2020<br>\$ | Period<br>30 June<br>2019<br>\$ |
|----------------------------------------------|-------------------------------------|---------------------------------|
| Income tax expense                           |                                     |                                 |
| Current tax                                  | -                                   | -                               |
| Deferred tax                                 | -                                   | -                               |
| Adjustments for current tax or prior periods | -                                   | -                               |
|                                              | -                                   | -                               |

## Notes to the financial statements (continued)

### 5 Current assets - Cash and cash equivalents

|                          | Year Ended      |                 |
|--------------------------|-----------------|-----------------|
|                          | 30 June<br>2020 | 30 June<br>2019 |
|                          | \$              | \$              |
| Cash at bank and in hand | 2,638,199       | 1,198,985       |
| Restricted cash          | 35,842          | 35,675          |
|                          | 2,674,041       | 1,234,660       |

The Fay McDonald bequest amount is recognised as restricted cash and any interest earned from the funds are expended for the purpose of post graduate training of dietitians.

### 6 Current assets - Trade and other receivables

|                            | Year Ended      |                 |
|----------------------------|-----------------|-----------------|
|                            | 30 June<br>2020 | 30 June<br>2019 |
|                            | \$              | \$              |
| Trade receivables          | 43,265          | 14,682          |
| Accrued income             | -               | 8,138           |
| Cash restricted or pledged | -               | 3,547           |
|                            | 43,265          | 26,367          |

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

**Notes to the financial statements (continued)**

**7 Non-current assets - Property, plant and equipment**

|                          | <b>Freehold<br/>buildings</b> | <b>Furniture,<br/>fittings and<br/>equipment</b> | <b>Leasehold<br/>improvements</b> | <b>Total</b>   |
|--------------------------|-------------------------------|--------------------------------------------------|-----------------------------------|----------------|
|                          | <b>\$</b>                     | <b>\$</b>                                        | <b>\$</b>                         | <b>\$</b>      |
| <b>At 30 June 2019</b>   |                               |                                                  |                                   |                |
| Cost                     | 540,000                       | 186,610                                          |                                   | 726,610        |
| Additions                | 43,996                        | 58,050                                           |                                   | 102,046        |
| Gain on Revaluation      | 66,504                        | -                                                |                                   | 66,504         |
| Accumulated depreciation | -                             | (153,997)                                        |                                   | (153,997)      |
| Net book amount          | <u>650,500</u>                | <u>90,663</u>                                    |                                   | <u>741,163</u> |
| <b>At 30 June 2020</b>   |                               |                                                  |                                   |                |
| Cost                     | 855,500                       | 117,875                                          |                                   | 973,375        |
| Additions                | 14,800                        | 8,008                                            |                                   | 22,808         |
| Accumulated depreciation | (21,757)                      | (55,770)                                         |                                   | (77,527)       |
| Net book amount          | <u>848,543</u>                | <u>70,113</u>                                    |                                   | <u>918,656</u> |

## Dietitians Association of Australia

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Financial Report – Year Ended 30 June 2020

### Notes to the financial statements (continued)

#### 8 Non-current assets – Previously Investment property

|                      | Year ended<br>30 June<br>2020<br>\$ | Year ended<br>30 June<br>2019<br>\$ |
|----------------------|-------------------------------------|-------------------------------------|
| <b>At fair value</b> |                                     |                                     |
| Opening balance      | -                                   | 204,227                             |
| Additions            | -                                   | -                                   |
| Gain on Revaluation  | -                                   | 773                                 |
| Depreciation charge  | -                                   | -                                   |
| Closing balance      | -                                   | 205,000                             |

The above property was converted to office space during the 2019 financial year having previously being an investment property.

##### (a) Valuation basis

The company obtains independent valuations for its investment properties at least every two to three years. At the end of each reporting period, the directors update their assessment of the fair value of each property, taking into account the most recent independent valuations. An independent valuation was obtained in April 2019.

#### 9 Non-current assets - Intangible assets

|                                | Software<br>\$ | Total<br>\$ |
|--------------------------------|----------------|-------------|
| <b>Year ended 30 June 2019</b> |                |             |
| Opening net book amount        | 267,790        | 267,790     |
| Additions                      | 4,560          | 4,560       |
| Amortisation charge            | (119,384)      | (119,384)   |
| Closing net book amount        | 152,966        | 152,966     |
| <b>At 30 June 2019</b>         |                |             |
| Cost                           | 785,100        | 785,100     |
| Additions                      | 4,560          | 4,560       |
| Accumulated amortization       | (636,694)      | (636,694)   |
| Net book amount                | 152,966        | 152,966     |
| <b>Year ended 30 June 2020</b> |                |             |
| Opening net book amount        | 152,966        | 152,966     |
| Additions                      | 318,226        | 318,226     |
| Amortisation charge            | (108,420)      | (108,420)   |
| Closing net book amount        | 362,772        | 362,772     |
| <b>At 30 June 2020</b>         |                |             |
| Cost                           | 789,660        | 789,660     |
| Additions                      | 318,226        | 318,226     |
| Accumulated amortization       | (745,114)      | (745,114)   |
| Net book amount                | 362,772        | 362,772     |

**Dietitians Association of Australia**

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Financial Report – Year Ended 30 June 2020

## Notes to the financial statements (continued)

### 10 Current liabilities - Trade and other payables

|                                               | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|-----------------------------------------------|-------------------------------------|-------------------------------------|
| Trade payables                                | 36,217                              | 101,932                             |
| Accrued expenses                              | 97,931                              | 222,961                             |
| PAYG and Goods and Services Tax (GST) payable | 19,296                              | (26,092)                            |
| Other                                         | 8,853                               | -                                   |
|                                               | <u>162,297</u>                      | <u>298,801</u>                      |

### 10(a) Deferred Income

|                                            | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|--------------------------------------------|-------------------------------------|-------------------------------------|
| Membership fees                            | 1,872,693                           | 1,628,090                           |
| Advertising                                | -                                   | 6,466                               |
| NDIS Grant Funding                         | 350,373                             | -                                   |
| Accreditation, workshop and seminar income | -                                   | 126,461                             |
| Sponsorship                                | -                                   | 7,521                               |
| Other                                      | -                                   | 36,561                              |
|                                            | <u>2,223,066</u>                    | <u>1,805,099</u>                    |

### 11 Provisions

|                                  | 30 June 2020   |                       |                | 30 June 2019   |                       |                |
|----------------------------------|----------------|-----------------------|----------------|----------------|-----------------------|----------------|
|                                  | Current<br>\$  | Non-<br>Current<br>\$ | Total<br>\$    | Current<br>\$  | Non-<br>current<br>\$ | Total<br>\$    |
| Provision for annual leave       | 127,075        | -                     | 127,075        | 110,730        | -                     | 110,730        |
| Provision for long service leave | 16,719         | 35,791                | 52,510         | 41,843         | 38,691                | 80,534         |
|                                  | <u>143,794</u> | <u>35,791</u>         | <u>179,585</u> | <u>152,573</u> | <u>38,691</u>         | <u>191,264</u> |

### 12 Other reserves and retained earnings

#### (a) Other reserves

|                                                     | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|-----------------------------------------------------|-------------------------------------|-------------------------------------|
| Revaluation surplus - property, plant and equipment | 876,715                             | 876,715                             |
| General/award reserve                               | 10,845                              | 10,845                              |
|                                                     | <u>887,560</u>                      | <u>887,560</u>                      |

Movements:

#### *Revaluation surplus - property, plant and equipment*

|                              |                |                |
|------------------------------|----------------|----------------|
| Opening balance              | 876,715        | 809,438        |
| Revaluation - net            | -              | 67,277         |
| Balance 30 June              | <u>876,715</u> | <u>876,715</u> |
| <i>General award reserve</i> |                |                |
| Opening balance              | 10,845         | 10,845         |
| Balance 30 June              | <u>10,845</u>  | <u>10,845</u>  |

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2020

### Notes to the financial statements (continued)

#### 12 Other reserves and retained earnings (continued)

##### (b) Retained earnings

Movements in retained earnings were as follows:

|                                  | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|----------------------------------|-------------------------------------|-------------------------------------|
| Balance 1 January                | 918,175                             | 871,605                             |
| Net Profit/(loss) for the period | 289,835                             | 46,570                              |
| Balance 31 December              | <u>1,208,010</u>                    | <u>918,175</u>                      |

#### 13 Key management personnel disclosures

##### (a) Key management personnel compensation

The following total amount was paid to the executive team (3 staff) as compensation for their services. During the year ended 30 June 2020, one senior manager left the association with separation payments associated with redundancy, annual leave and long service leave payout totaling \$109,993. No other amounts were recognised during the reporting period from other transactions with key management personnel.

|                                     | Year Ended<br>30 June<br>2020<br>\$ | Year Ended<br>30 June<br>2019<br>\$ |
|-------------------------------------|-------------------------------------|-------------------------------------|
| Key management personnel payments   | 544,349                             | 713,308                             |
| Number of staff during the year     | 3                                   | 6                                   |
| Number staff at the end of the year | 2                                   | 3                                   |

#### 14 Contingencies

The company had no contingent assets or liabilities at 30 June 2020 (30 June 2019: nil).

#### 15 Related party transactions

Transactions between related parties are on normal terms and conditions no more favorable than those available to other persons unless otherwise stated.

##### (a) Company secretary

At Balance date Robert Hunt was Company Secretary. His salary is included as part of key management personnel compensation per note 13.

##### (b) Transactions with other related parties

The following transactions occurred with related parties:

During the year, the directors did not receive any remuneration directly or indirectly from the Company or any related body corporate for management of the Company other than reimbursements of expenses incurred on behalf of the Company.

#### 16 Liability of members

The Company is a company limited by guarantee to the extent of \$10 per member. As such the Company is not permitted to distribute dividends amongst its members. At 30 June 2020 the total of these guarantees amount to \$74,680 (2019 \$72,210). On 30 June 2020 there were 7,468 members (2019:7,221).

#### 17 Events occurring after the reporting period

No matter or circumstance has arisen since the end of the financial year with the exception and possible effect of Novel Coronavirus (COVID-19) pandemic and the related impact on the Company's future results of operations, cash flows and financial conditions which cannot be reasonably estimated at this stage.

**Dietitians Association of Australia**  
ABN: 34 008 521 480  
Financial Report – Year Ended 30 June 2020

## **Directors' declaration**

In the directors' opinion:

- (a) the financial statements and notes set out on pages 9 to 24 are in accordance with the *Corporations Act 2001*, including:
  - (i) complying with Accounting Standards - Reduced Disclosure Requirements, the *Corporations Regulations 2001* and other mandatory professional reporting requirements, and
  - (ii) giving a true and fair view of the entity's financial position as at 30 June 2020 and of its performance for the year ended 30 June 2020, and
- (b) there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of directors.



Damien Angus  
Director of Finance

Place: Canberra, ACT

Dated: 11 October, 2020



Chartered Accountants

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INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBERS OF  
DIETITIANS ASSOCIATION OF AUSTRALIA  
ABN: 34 008 521 480

**Opinion**

We have audited the financial report of Dietitians Association of Australia ("the Company") which comprises the statement of financial position as at 30 June 2020 the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year ended 30 June 2020, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001*, including:

- a) giving a true and fair view of the Company's financial position as at 30 June 2020 and of its financial performance for the year ended 30 June 2020; and
- b) complying with Australian Accounting Standards – Reduced Disclosure Requirements and the *Corporations Regulations 2001*.

**Basis for Opinion**

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's Report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Responsibilities of the Directors for the Financial Report**

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Reduced Disclosure Requirements and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the ability of the Company to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

*Liability limited by a scheme approved under Professional Standards Legislation*

### **Auditor's Responsibilities for the Audit of the Financial Report**

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit.

We identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

We obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.

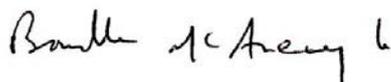
We evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

We conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.

We evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards



**Bandle McAneney & Co**



**Anthony J Bandle FCA**  
**Partner**  
**Canberra:**  
**Dated: 11 October 2020**



Dietitians  
Australia