

Resumption of Accredited Practice (RoAP) Plan

Example of a RoAP Plan

Here is an example of a completed RoAP plan to help you (example contains 30 hours only. Yours will need to add up to your additional CPD requirements, if any and over 2 years).

Name:

DAA number:

Complete your RoAP plan below. For information on learning goals and learning activities please see the [APD Handbook](#).

Learning goals

Please list at least 2 (maximum 5) learning goals in the table below.

Goal number	Goal Description
1.	To maintain and enhance current knowledge in general nutrition issues
2.	To increase understanding of the nutritional management of food allergies and intolerances
3.	
4.	
5.	

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Provide a summary of your planned CPD activities related to the goals above.

Goal	Activity Description	Estimated Time Involved to Complete (in hours)	Estimated Completion Date
1	Read: Russell JC, Flood VM, Yeatman H, Wang JJ, Mitchell P. Food insecurity and poor diet quality are associated with reduced quality of life in older adults. Nutrition & Dietetics, 73: 50–58. doi: 10.1111/1747-0080.12263 (self-study).	0.5	Nov 2022
1	Read the January 2015 'Enteral nutrition manual for adults in health care facilities' by Suzie Ferrie and DA Nutrition Support Interest Group, available on DINER (self-study).	1	Dec 2021
1	Attend a workshop or seminar in 2022 relating to the nutritional management of Type 2 Diabetes (Seminar TBA, professional education).	6	Sept 2022
1,2	Monthly face-to-face mentor meetings (mentor activity).	12	Dec 2022
1	Complete 'From Obesity to Anorexia: The Continuum of Disordered Eating' case study questions and answers. Author: SA Branch, available on DINER (professional education).	2	Jan 2022
2	Read: Lawlis T, Bakonyi S, Williams LT. Food allergy in schools: The importance of government involvement. Nutrition & Dietetics 2015; Doi: 10.1111/1747-0080.12225 (self-study).	.05	March 2022
1	Review PEN 'Pregnancy' Knowledge Pathway (self-study).	2	May 2022
1	Review 'Diabetes and Heart Health: Emerging Research, Controversies and Technologies' presentation slides from Victoria Branch and Diabetes Interest Group Event and complete MCQs, available on DINER (professional education)	1	Nov 2022
2	Watch DA WA Branch Event webpresent 'Food Intolerances and Sensitivities' presented by Evania Marlow APD, available on DINER (professional education).	2	Oct 2022

2	Watch DA webinar from DINER 'COELIAC DISEASE: How are we currently defining 'gluten free'? Presented by Kim Faulkner-Hogg (professional education).	2	Feb 2022
2	Watch DA webinar by Dietitians Australia- Adverse Food Reactions Interest Group (previously FAIIG) (2021). Presented by Dr. Anne Swain and Sharon Trueman.	1	August 2022

(Note: Add additional rows as required)