

# annual report 2021-2022



## Acknowledgement of Country

**Dietitians Australia  
acknowledges all traditional  
custodians of the lands,  
waters and seas that we work  
and live on across Australia.  
We pay our respect to Elders  
past, present and future  
and thank them for their  
continuing custodianship.**



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# Section 1 – Dietitians Australia





# Dietitians Australia essentials

## Our purpose

**Dietitians Australia is the peak industry body for dietetic and nutrition professionals, representing more than 8500 members in Australia and overseas.**

## Our vision

The leading voice in nutrition and dietetics.

## Our mission

To champion the professional nutrition and dietetic workforce to empower people and communities.

## Our foundation roles and responsibilities

- Promoting and supporting our members and the work they do
- Protecting the regulatory functions for nutrition and dietetic professionals
- Assuring organisational and financial viability and sustainability

## Our values

Integrity | Courage | Transparency | Equity

# 2021-22 highlights



**6886**

Accredited Practising Dietitians (APDs) credentialed



**111**

alternate pathway applications assessed



**20**

dietetic education programs accredited

**180**

Advanced APDs (AdvAPDs) credentialed



**13**

skilled migration assessments conducted



**323**

APDs audited

**617**

Provisional APDs credentialed



**368,363**

visitors to our public website

**1,033,866**

public website page views



**621**

mentions of Dietitians Australia in media

**1530**

mentions of 'Accredited Practising Dietitians' in media



**21**

complaints assessed



**7550+**

monthly active users on Share Plate



**83,000+**

followers on social media



**1,926,913**

page views on our member portal



**8404**  
members,  
an increase of 6%



**70+**  
queries per day  
received from  
members and public



**34**  
national office staff  
(full-time equivalent  
of 30)



**98%**  
of staff completed  
identified training



**250+**  
advocacy  
letters



**14**  
submissions  
on priority  
advocacy  
issues



**5**  
position  
statements



**80+**  
meetings with key  
decision-makers and  
stakeholders



**4**  
new Evergreen  
courses



**6696**  
registrations to  
Dietitians Australia,  
Interest Group and  
Branch events



**880**  
registrations to  
Centre for Advanced  
Learning courses



**83**  
Dietitians Australia  
events



**38**  
Interest  
Groups

**8**  
state and  
territory  
Branches



**338**  
Interest Group and  
Branch leadership  
committee members



**40**  
CPD Grants awarded  
(totalling \$13,715.75)  
across 8 state and  
territory Branches

# President report



**Tara Diversi**  
President

## On behalf of my fellow Directors on the Board of Directors, I am pleased to welcome you to Dietitians Australia's 2022 annual report.

Dietitians Australia continues to flourish with membership numbers and engagement trending very positively. Our membership is now well in excess of 8000 and the future looks very promising for our profession, for our organisation and for the people and communities we serve.

The past year has been, for the Board and I, one of reflection, planning and change within Dietitians Australia. We saw the official launch of our 2022–2025 strategic plan, which is the culmination of a considerable piece of work by the Board, staff and the membership. Our strategic plan gives us an aspirational vision and mission whilst ensuring our objectives are clear, reportable and achievable. The development of this called on contributions from a wide cross section of our organisation including in-depth work by the Board and Secretariat team. An important driver in this work was the contribution from a cross section of our membership including the leadership teams from our state and territory Branches and critical categories of the membership including our Fellows, emerging dietitians and our growing student groups across the country.

Our new strategic plan is deliberately broken into several parts, but all are carefully linked together. Our Vision, Mission and Values are at the forefront of the plan. The overwhelming feedback was that these should remain substantially unchanged as it was felt these guiding statements were still completely relevant to our organisation.

New to the plan was the specific reference to what the Board felt are the Foundation Roles and Responsibilities of the organisation

and Strategic Pillars that help guide the plan's objectives and decisions around our operations and priorities.

The response from our stakeholders has been positive that the three objectives of strengthening the impact of our voice, transforming our regulatory function and building capacity, capability and recognition of the profession, are bold directive statements. I am very pleased with the plan and the progress towards achieving it so far.

An important example of this was the Board's support of management to have a strong voice in the lead up to the recent Federal Election and to be more involved in advocacy. This concerted effort by the organisation saw us, for the first time in recent history, have a strong presence and engagement in a Federal Election campaign. A combination of enhanced government relations and media support paid dividends in terms of direct engagement with all major parties in our election scorecard. This work continues now through a detailed and targeted government relations plan that was developed by management and fully endorsed by the Board. Moving forward this important work will be funded through the normal operations and now forms part of the annual 2022–2023 operational plan that our CEO and his team will deliver upon. This is an exciting development but will be a slow burn.

Readers of this report will notice the absence of reports from any Board standing committees (except for the Finance Risk and Audit Committee). As I reported last year, the Board's committee structure remained suspended during the past year however supplemented by the increased number of Board meetings. The Board took this opportunity to further refine its committee needs and I'm pleased to report we now have a suite of new standing committees with refreshed terms of reference. These committees will recommence their support of the Board in the final quarter of 2022.

I am also extremely proud of the work Dietitians Australia has been focusing on in the development of its latest Innovate Reconciliation Action Plan (RAP) led by the RAP Working Group. This plan is the third of our RAPs and will provide, when launched in the second half of 2022, a clear and strong roadmap along this important journey. The Board identify that it is the responsibility of the organisation and all of our members and stakeholders to progress First Nations engagement and empowerment through our activities as an organisation and profession.

Our continuing quality improvement program focus has been ever present this year especially in the area of board capabilities and governance practices. The Board has undertaken various in-house training sessions on governance practices with a focus on risk management. There has also been a review of our governing documents including a detailed review of all by-laws and constitution which will be considered by the members at the 2022 annual general meeting.

Whilst this report focusses on achievements, progress and reporting of the organisation's performance, it is important to acknowledge that Dietitians Australia is a membership organisation that only exists because of the successes, impact and influence that Accredited Practising Dietitians have within their diverse roles, communities and workplaces. It is a privilege to lead an organisation with a member-base like ours.

I close with a sincere thanks to all those members and stakeholders who have actively engaged in supporting Dietitians Australia through this reporting period. A special thanks must go to my colleagues on the Board and to our CEO and his team of highly skilled and incredibly dedicated people who so ably run the operations of Dietitians Australia.

# Finance report



**Margot Richardson**  
Director responsible  
for finance

## Included in this annual report are the audited financial statements for Dietitians Australia for the 12-month period from 1 July 2021 to 30 June 2022.

The financial reports and procedures have been audited by Dietitians Australia's external registered auditor Bandle McAneney & Co., and their report is included in the financial reports. The auditor has found the organisation's procedures and reporting meet all compliance requirements and provide members with a comprehensive and accurate view of its financial performance and position. The auditor has given a detailed brief to both the Finance Risk and Audit Committee and the Board. He has commended Dietitians Australia on their systems and the standards set by the Chief Finance Officer, Chief Executive Officer and their teams.

In summary, total income for Dietitians Australia was \$5,597,949.05, total expenses were \$5,613,955.66 which resulted in a deficit of \$16,006.61. This was a pleasing result, given the continued challenging circumstances.

## Income

A comparison of income for the previous 2 financial years is presented in Table 1 on the following page (page 8). The main changes are in the membership income and conference income categories. This is due to the increased number of members – a significant and great result – and the virtual conference held in July 2021.

## Expenditure

A comparison of expenditure for the previous 2 financial years is presented in Table 2 on page 9. The main changes relate to membership services, team employment and occupancy costs. These are primarily a result of the virtual conference being held in July 2021 and the federal election strategy work undertaken. The organisation also increased staffing numbers to support the continued growth in membership and increase in advocacy activities and commenced paying director payments which resulted in an increase in the Team employment costs.

The Finance Risk and Audit Committee has continued their work in monitoring the operational results and compliance activities and has plans to undertake work in other areas for the 2022-23 financial year, with a focus on reviewing the organisation's income diversification strategies.

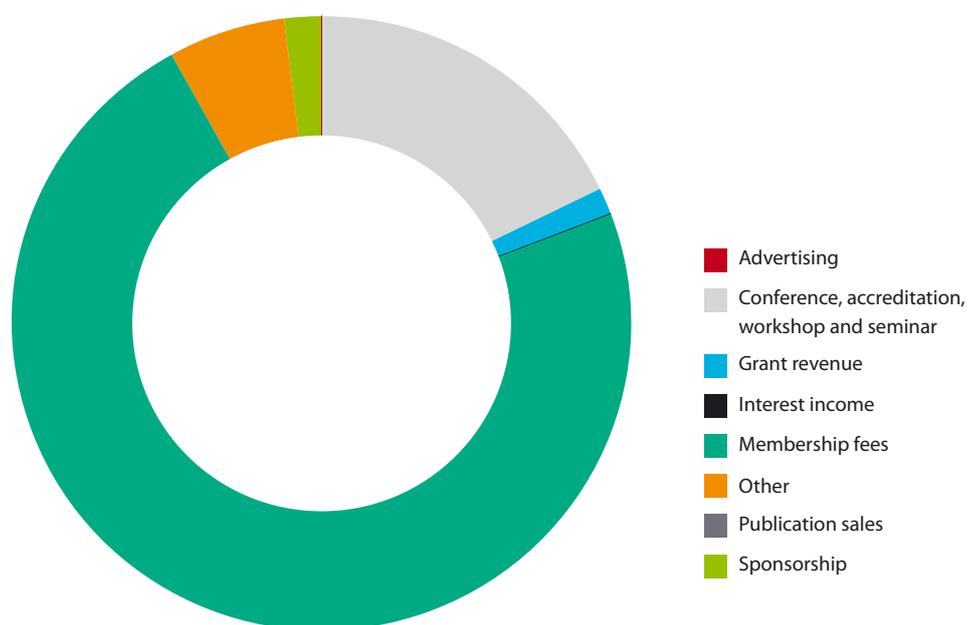
**Margot Richardson FCPA, GAICD, FGIA**  
Chair  
Finance, Risk and Audit Committee

**Table 1 – Income comparison for the previous 2 financial years**

Income	Y/E 30 June 2022	Y/E 30 June 2021	\$ Change	% Change	% of Total
Advertising	5,966.42	4,663.42	\$1,303.00	28%	0%
Conference, accreditation, workshop and seminar	992,001.88	708,534.76	\$283,467.12	40%	18%
Grant revenue	80,552.14	66,505.92	\$14,046.22	21%	1%
Interest income	1,876.05	6,990.87	(5,114.82)	(73%)	0%
Membership fees	4,078,210.93	3,828,238.17	\$249,972.76	7%	73%
Other	331,945.64	104,460.63	\$227,485.01	218%	6%
Publication sales	–	812.72	(812.72)	(100%)	0%
Sponsorship	107,395.99	118,177.42	(10,781.43)	(9%)	2%
<b>Total</b>	<b>5,597,949.05</b>	<b>4,838,383.91</b>	<b>\$759,565.14</b>	<b>16%</b>	

A graph of the 2021–22 income figures is presented below.

**2021-22 Income by type**

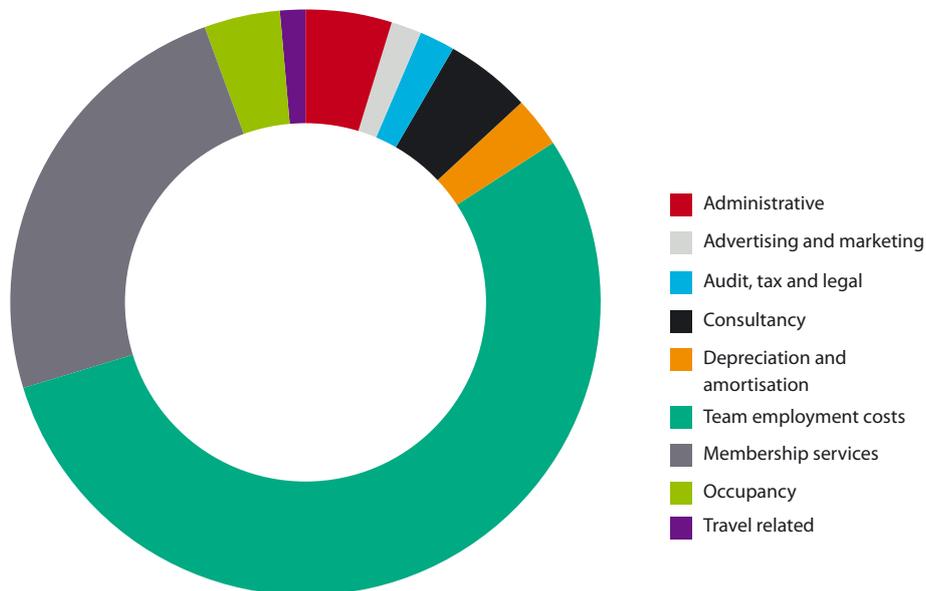


**Table 2 – Expenditure comparison for the previous 2 financial years**

Expenditure	Y/E 30 June 2022	Y/E 30 June 2021	\$ Change	% Change	% of Total
Administrative	274,397.86	290,831.96	(16,434.10)	(6%)	5%
Advertising and marketing	86,844.63	76,364.70	\$10,479.93	14%	2%
Audit, tax and legal	113,955.46	154,713.32	(40,757.86)	(26%)	2%
Consultancy expense	268,842.34	266,633.02	\$2,209.32	1%	5%
Depreciation and amortisation	157,460.21	141,774.76	\$15,685.45	11%	3%
Team employment costs	3,050,245.83	2,696,901.02	\$353,344.81	13%	54%
Membership services	1,356,484.98	1,102,570.77	\$253,914.21	23%	24%
Occupancy	235,277.94	36,132.48	\$199,145.46	551%	4%
Travel related	70,446.41	29,140.73	\$41,305.68	142%	1%
<b>Total</b>	<b>5,613,955.66</b>	<b>4,795,062.76</b>	<b>\$818,892.90</b>	<b>17%</b>	

A graph of the 2021-22 expenditure figures is presented below

### 2021-22 Expenditure by type





# Message from the CEO



**Robert Hunt**  
CEO

## Welcome to our 2021-22 annual report which has once again been a period of significant progress in several key areas.

After many decades of being based in Deakin, due to operational requirements, the opportunities presented by the Canberra commercial office market and the Board's focus on constantly evaluating the best return on the member funds, the decision was taken to purchase new premises for the Secretariat. Taking advice from Commercial Property Experts Jones Lang Lasalle and the Finance Risk and Audit Committee, the Board approved the purchase of Level 3, 1 Bowes Place Phillip ACT which was funded by the sale of the existing premises in Deakin and borrowings. These new premises are substantially larger with enhanced meeting rooms, a member lounge area, flexible quiet work pods and is prominently located in the heart of the Woden Town Centre of Canberra almost next door to the Department of Health and Aged Care offices. This timely acquisition has significantly enhanced the future growth of Dietitians Australia's balance sheet and the operational capacity of the Secretariat.

As the President flagged in her report, there was a deliberate and substantial investment in our policy, advocacy, and media functions during this reporting period. This investment was driven by opportunities that were identified in the lead up to the March 2022 Federal Election Campaign. Throughout this annual report members will read of the invaluable relationships with new stakeholders that this investment has achieved along with important

growth in our team capacity and experience in media and government relations. It was especially pleasing to see many of our members engaging in these advocacy efforts through our various messaging requests and direct support at targeted meetings with members of parliament and the senate. Our strong focus on media engagement also paid dividends with a huge increase in media mentions both for Dietitians Australia and the membership. This investment continues to positively contribute to our vision of being the leading voice in nutrition and dietetics.

Throughout the year the membership, which grew to just over 8400, actively engaged with Dietitians Australia through registering for Branch and Interest Group events (6696 for the year!) and enrolments through our Centre for Advanced Learning (800+). The feedback from these activities has been overwhelmingly positive. The team is buoyed by this positive engagement and plans are well underway for further enhancements to our professional development offerings.

Work also continued on our ongoing improvement processes with our database and internal management procedures. The investment over the past two years in the world leading membership software iMIS, and subsequent enhancements, has been well received by the membership with the 2022 renewal period achieving a substantial reduction in support requests. In addition, the investment in our IT infrastructure has achieved an almost zero downtime of the system allowing easy and constant access by members to their CPD diary, member profile and events registration. The reporting period also saw investments in new online event management software EventsAIR,

significantly enhanced cyber security measures and online governance software for secure management of the Board and Committee papers, meetings and online secure collaboration. This infrastructure investment will over the next few years provide plenty of scope for the business to redirect resources to growth opportunities in line with the Board's new strategic plan.

Dietitians Australia also achieved a significant milestone during this reporting period with the creation of a new regulatory structure for the profession. The formation of the new Dietitian and Nutritionists Regulatory Council is a critical juncture in the strategic objective of transforming our regulatory functions. Seen by many of the allied health professional groups as a leader in the self-regulatory area, Dietitians Australia has laid the foundations for a modern, agile yet robust regulatory environment for dietetics and nutrition.

This past year has seen many firsts and much progress against our strategic objectives and I am enormously grateful for the hard work and dedication of the team at Dietitians Australia that enables the business to deliver value and support for the membership, profession and the community. I also wish to take this opportunity to thank all the wonderful members who give their time freely to this work, without which we would not move at the pace and impact that we are.

Enjoy this report – it is a great read and documents work that we should all be very proud of!

# Board of Directors



**Tara Diversi APD**  
President



**Dr Katrina Campbell AdvAPD**  
Vice-President



**Margot Richardson**  
Director Responsible for Finance



**Simone Austin APD**  
Director



**Professor Lauren Ball AdvAPD**  
Director



**Tracy Hardy APD**  
Director



**Jemma O'Hanlon APD**  
Director



**Tracey Spicer**  
Director



**Dr Fiona Willer AdvAPD**  
Director



# Our organisation

## Organisation chart



# Senior management team



**Robert Hunt**  
CEO



**Sue Bruce**  
Chief Finance Officer



**Bree Murray APD**  
Regulation General Manager



**Sally Moloney APD**  
Marketing and  
Communications  
General Manager



**Rebecca Mete APD**  
Education Centre  
General Manager



**Nat Stapleton APD**  
Advocacy and Policy  
General Manager



# Section 2 – Corporate



The Corporate portfolio is responsible for the day-to-day operations of Dietitians Australia. It includes the areas of finance, procurement, human resources, information technology, membership administration, office management, and governance. In addition to providing support for day-to-day operations, we provide advice, training and support to managers and Board Directors. We work closely with the other portfolios to provide them with information and to support their work and provide an excellent service to our members.

## 2021-22 financial year highlights

Updated Directors Handbook, writing of Board Charter and expansion of Board governance IT system

Transferred 'Find a dietitian' and 'Find a locum' features from legacy IT system to the new Content Management System

Improved online processes for members, including membership and APD deferral processes and job vacancy submissions, resulting in a decrease in queries

All staff completed annual performance reviews

Membership numbers increased during the year by 502, with 345 APDs, with a significant decrease in the number of members who lapsed due to the instalment payment program

Purchase of new premises and sale of old premises

98% of staff completed all training needs identified in May 2021 and the remaining 2% completed most of their identified training

Continued improvement of the renewal process, which resulted in a significant drop in the number of members needing assistance to complete their renewal and/or APD declaration

# Year in review

The past year has been challenging, particularly with the changes required to enable staff to work from home while still providing a great service for our members.

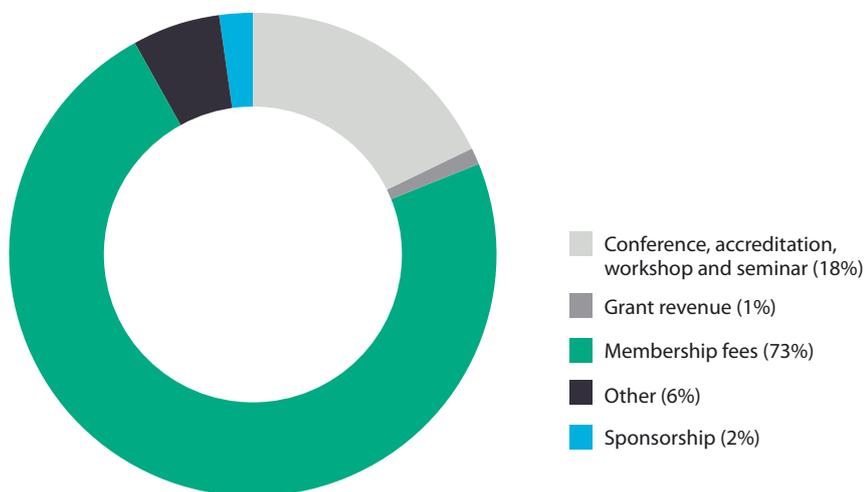
In conjunction with all other sections and the Board, we completed a significant amount of work in completing the new Strategic Plan.

We have continued to work on streamlining our administrative processes and implementing changes to reduce operational costs.

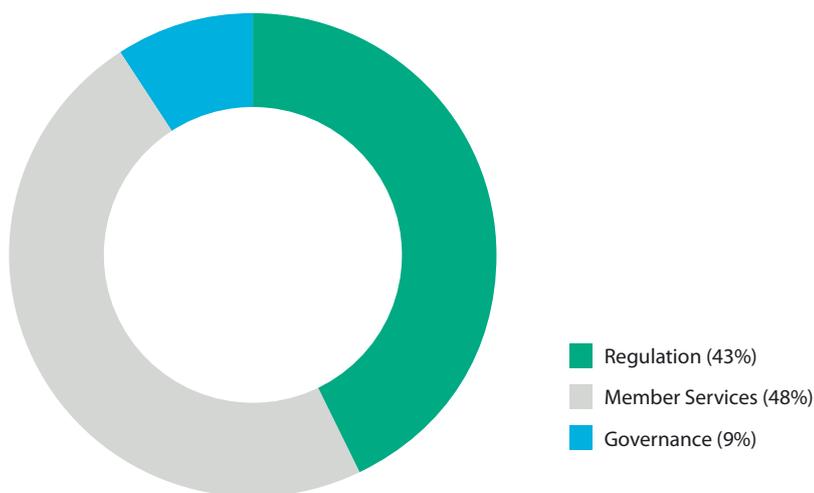
The overall financial result for the year ending 30 June 2021 was a deficit of \$16,006.

The graphs below show Dietitians Australia's income by source and expenditure by service area.

## Income by source



## Expenditure by service area





## Section 3 – Advocacy and Policy



## The Advocacy and Policy team champions the vision of Dietitians Australia as the leading voice in nutrition and dietetics.

We influence key decision-makers through developing robust relationships and providing credible, transparent and independent rationale for an improved food system and healthy diet.

Our government relations plan provides the framework for political advocacy. We engage with ministers, shadow ministers and government departments to build our brand

recognition, build long-term trusted political influence and achieve tangible outcomes. Greater involvement of the Dietitians Australia Board and members ensures our messages are clear, evidence-based and relevant to decision-makers.

We maintain a strong commitment to the areas of aged care, disability, mental health and healthy and sustainable diets.

# 2021-22 financial year highlights

Implemented the 2022 Federal Election Strategy, including engaging with members of parliament and staff across government, to advocate for our key election priorities related to aged care, disability, mental health and nutrition policy

Launched the Menu and Mealtime Quality Assessment for Residential Aged Care (a members-only resource) and advocated for annual assessments conducted by APDs

Provided guidance to the Australian Government Department of Health and Aged Care on the reporting requirements for the Basic Daily Fee Supplement in residential aged care

Published 2 scoping reviews on the effectiveness and cost effectiveness of dietary interventions in mental health in the Nutrition & Dietetics journal

Developed CPD and course materials, which covered priority topics such as mental health

Developed an online course to upskill dietitians to respond to the needs of people with disability, funded by the Australian Government Department of Social Services

Worked with the Primary Care Enhancement program to raise the profile of nutrition and dietetics in relation to intellectual disability

Published a position paper on healthy and sustainable diets in the Nutrition & Dietetics journal

# Year in review

Amid the global COVID-19 pandemic, the Advocacy and Policy team maintained its commitment to serving Dietitians Australia members and the broader community.

Australians' wellbeing took centre stage as we advocated for the importance of nutrition and the vital role of APDs to support every person's overall health.

We took a different approach to the 2022 federal election, with a new federal election strategy. We met with members of parliament and senators from across the government to promote our brand as the leading voice in nutrition and to advocate for our key advocacy priorities. Our engagements, combined with a strong communications strategy, resulted in raised awareness of the dietetic profession and what we can offer. We had strong media interest and our advocacy was rewarded with a government funding commitment for a National Nutrition Policy.

We also saw the government finally commit to permanent Medicare telehealth items, including for dietetics, in December 2021. Our position statement on telehealth played a significant role in our own advocacy for permanent telehealth.

With growing recognition, we advocated for policy change across our priority areas of aged care, mental health, disability, and healthy and sustainable diets. Meetings, submissions, letters, and consultation with members continue to drive our advocacy work forward.

It has been a busy year of internal advocacy and skill-building too. We presented a series of advocacy insights webinars covering topics across our priority areas, which were free for members. We developed education courses in disability and mental health. We also supported research and published articles on mental health and healthy and sustainable diets.

## Federal election strategy

Political advocacy and government relations is a new area of focus for Dietitians Australia. In 2022 we implemented the federal election strategy as part of a broader plan to embed government relations into the scope and operations of Dietitians Australia's advocacy work.

## Meetings with members of parliament

In the lead-up to the 2022 federal election, we extended meeting invitations to all 151 members of the House of Representatives (members) and all 76 senators, to advocate for our key election priorities related to aged care, disability, mental health and nutrition policy.

From January 2022 to 17 June 2022 there were 41 meetings with members and senators (or their staff). During meetings we put forward our advocacy requests and provided a briefing paper.



CEO Robert Hunt (on screen), Board Director Jemma O'Hanlon (far right), APD Rachelle Opie (centre) met with Katie Allen, Member for Higgins (far left).

## Election scorecard

We sent letters to the Liberal Party of Australia and the National Party of Australia (the coalition), the Australian Labor Party and the Australian Greens, asking each party to formally respond to our election requests. The response formed the basis for a scorecard, rating the extent to which each political party agreed to support our requests.

After the election, we continued to promote Dietitians Australia as the leading voice in nutrition and advocate for our priorities with the new Labor government, to ensure relevant federal budget commitments were retained and further commitments made.

We sent letters to all members of parliament, including both new and re-elected members and senators, to introduce who we are (for those newly elected) and to request a meeting.

Immediately following the prime minister's announcement of his ministry, we sent detailed letters outlining our policy requests to key ministers.

The day after the new ministers were sworn in, CEO Robert Hunt hand-delivered the letters with fruit hampers to the Hon Dr Jim Chalmers MP (Treasurer), the Hon Anika Wells MP (Minister for Aged Care), the Hon Mark Butler MP (Minister for Health and Aged Care) and Senator the Hon Katy Gallagher (Minister for Finance).



CEO Robert Hunt delivering fruit hampers at Parliament House

## Government relations strategy

A government relations strategy was approved by the Board in early 2022. It defines how we will continue to engage with each level of government in line with election cycles.

### Aged care

Dietitians Australia is committed to advocating for improved access to APDs and better nutrition care for older Australians receiving aged care services.

Due to our growing recognition and influence, our key messages for aged care were shared with many stakeholders through media, letters, submissions and meetings with federal members of parliament. Highlights from the year include:

- up to the 2022 federal election, standing meetings were held every 2 months with Senator Richard Colbeck, the Minister for Senior Australians and Aged Care, and the Department of Health, to provide guidance on new reforms aimed at improving food and nutrition in residential aged care
- our organisation assisted the Aged Care Quality and Safety Commission, through representation on the Nutrition and Dining Experience Expert Advisory Group, to develop a campaign to improve nutrition, meals and the dining experience for consumers in residential aged care homes
- we promoted our 8 position statements on various aged care topics, which continued to assist our advocacy work and highlight our key messages to stakeholders
- we developed complimentary resources and webinars for our members, to assist APDs to assess the menu and dining experience in residential aged care homes, as well as help them interpret and apply the Aged Care Quality Standards.

## Mental health

We continued to promote the role of dietitians and nutrition in mental health.

We advocated strongly for the inclusion of dietitians in mental health care teams and for people living with mental illness to be able to access dietitians as part of their care.

We have actively lobbied government through meetings with politicians and their advisors as part of our pre-election and post-election campaigns. And we have raised awareness across the profession.

Our advocacy for mental health has also progressed by:

- responding to key consultations and other opportunities to improve access and referral pathways to dietetic services, including application to the Department of Health for the creation of Medicare Benefits Schedule items for medical nutrition therapy for depression
- supporting research to establish a strong position to underpin our advocacy efforts
- publishing 2 scoping reviews on the effectiveness and cost effectiveness of dietary interventions in mental health in the Nutrition & Dietetics journal
- developing CPD and course materials to upskill dietitians to work with people with mental health conditions.

As a result of a submission to the Queensland Mental Health Select Committee inquiry into opportunities to improve the mental health outcomes of Queenslanders, the Mental Health Select Committee made recommendations to integrate dietitians into the mental health workforce.

We also secured a position within the Stakeholder Engagement Group for the evaluation of Medicare's Better Access Initiative. This will ensure that our voice is heard during the evaluation process as we advocate for the inclusion of dietitians in the program.

**“Just wish to congratulate... Dietitians Australia for all the advocacy work, especially in mental health. It is really exciting to hear of the work being done at both national and state level to profile nutrition and dietitians’ role and more so of the outcomes. Love the fruit hamper initiative!**

**The work being done in education and professional development is fabulous and critical for building skills and confidence in the dietetic workforce in mental health as it evolves and expands.”**



Member feedback





## Disability

Disability remains an important advocacy priority for Dietitians Australia.

In 2022 we advocated for better access to food, fluids and nutrition care for people with disability by lobbying the government and collaborating with people with disability and key stakeholders to progress our priorities.

Highlights from the year include:

- joining the allied health sector to lobby the government for changes to improve access to nutrition and dietetic supports and services for people with disability, through the National Disability Insurance Scheme (NDIS)
- advocating for better pricing arrangements for dietetic services through the NDIS by making a submission to the NDIS Annual Pricing Review and by supporting Dietitians Australia representatives to participate in the associated consultations. Our advocacy resulted in retention of current pricing, despite pressure to reduce therapy costs
- collaborating with people with disability to develop an online course, workshops and a supervision program to build the knowledge, skills and confidence of dietitians to respond to the needs of people with disability
- partnering with the University of Technology Sydney to develop training to support people with swallowing disability to enjoy safe mealtimes. We also co-authored a publication on training of the disability workforce to support people with swallowing disability
- raising awareness about how dietitians can support people with intellectual disability. This led to changes in the Western Victorian Primary Care Enhancement program. Nutrition is now included in the activities to upskill health professionals about disability.

## Healthy and sustainable diets

Unhealthy and unsustainably produced food poses a risk to the Australian population and to the planet. We continue to collaborate with key stakeholders to accelerate action on developing, implementing and evaluating robust food policies. This is to ensure a nutritious, affordable and sustainable food supply.

At the national level, we advocated for:

- a robust Food Standards Australia New Zealand (FSANZ) under the review of the FSANZ Act. We want to ensure that reforms will enable the food regulatory system to play its fundamental role in shaping our food supply, supporting healthy diets and preventing diet-related diseases
- alignment of the Medical Research Future Fund with the targets of the National Preventive Health Strategy, ensuring research funding for advancing prevention of chronic diseases through robust diet-related policies and programs
- a National Nutrition Policy as the framework for a sustainable, affordable and nutritious food supply
- transparency in decision-making, and decision-making that is free from commercial interests, through our representation on the FSANZ Consumer and Public Health Dialogue
- the development of the National Preventive Health Strategy and the National Obesity Strategy, and continued to call for resources to successfully implement both strategies
- restrictions on marketing to children, and the regulation of harmful data practices including the exploitation of personal information in the digital environment.

At the state level, we:

- presented to the New South Wales parliamentary inquiry into food production and supply.

# External representative reports

## Australian Stroke Coalition

### Representative name: Julia Schindlmayr (staff)

The Australian Stroke Coalition (ASC) is a coalition of organisations, networks and associations that contribute to the field of stroke care. It is co-convened by the Stroke Society of Australasia and the National Stroke Foundation. Through cooperation and collective effort, the ASC contributes to a system that provides stroke survivors in Australia with the best possible outcomes. This group tackles agreed priorities to improve stroke care, reduces duplication among groups and strengthens the voice for stroke care at both national and state levels.

### Key achievements

Despite ongoing COVID-19 restrictions, the ASC kept up its momentum through virtual communications. The group met quarterly via Zoom during the 2021–22 financial year, reporting on issues and work related to data collection, stroke service awards, service audits, projects and advocacy. Communications were also shared with members between meetings to help progress important initiatives. Quality data collection was again a strong focus for the ASC throughout the year.

Projects included:

- The Stroke Unit Certification Taskforce worked on the establishment of a three-stage roadmap for the development and implementation of a voluntary system for certification of stroke units in Australian hospitals.
- An acute services audit report was undertaken with participation from 115 sites, and approximately 3800 clinical cases were audited (over 10% of annual stroke admissions). This was published in November 2021, with substantial improvements in stroke care reported.
- STOPstroke and PERsonalised Knowledge to reduce the risk of Stroke (PERKS) trial research programs commenced, funded by the National Health and Medical Research Council (NHMRC) with 3 components – better identification of those who will suffer stroke, improved management of people at risk of stroke, and real-world modelling and effectiveness of stroke prevention.

## Australian & New Zealand Hip Fracture Registry (ANZHFR) Steering Committee

### Representative name: Jack Bell

ANZHFR is a clinical quality registry that collects data on the care provided to, and the outcomes of care for, older people in Australia and New Zealand admitted to hospital with a fracture of the proximal femur. Its minimum dataset is intentionally aligned with the ANZ Guideline for Hip Fracture Care in Adults (2014), developed by the ANZHFR Steering Group, and the bi-national Hip Fracture Care Clinical Care Standard, an initiative of the Australian Commission for Safety and Quality in Health Care (ACSQHC), in partnership with the Quality and Safety Commission New Zealand. The Registry is guided by a multidisciplinary advisory group, consisting of representatives from key clinical stakeholder and consumer organisations, including Dietitians Australia.

### Key achievements

Audit data provides insight into variation between hospitals in nutrition care and delivers a key performance indicator for the nutrition section of the ANZHFR guideline (section 7.1) and the National Safety and

Quality Health Service Comprehensive Care Standard. The highlight for the year was to see that the 'malnutrition' variable, introduced in the core patient-level audit dataset in 2019, demonstrated a substantial improvement in the number of patients that had a malnutrition assessment documented for 2020. However, although this is improving in both countries, there is still a large proportion of patients not assessed.

This data has also been used to support a strong case put forward to the ACSQHC to consider inclusion of a nutrition-specific standard. While this is still being developed, we are hopeful that a nutrition-specific standard will be included in the next iteration of this key document.

Despite the challenges of COVID-19, nutrition care improvement opportunities have been leveraged through hipcasts (podcasts focused on hip fracture) on the ANZHFR YouTube channel, Twitter, and the HipFest event.

A lot of work was put in to finalise the very first ANZHFR sprint audit, which was focused on nutrition care. This was undertaken in the second half of 2021 across 36 hospitals in Australia and New Zealand.

## Australian Clinical Terminology Users Group

### Representative name: Jordan McCamley

The Australia Clinical Terminology Users Group provides a forum for discussion on clinical terminology in Australia and ensure clinicians have a say in its future direction.

### Key achievements

This group met twice during the 2021–22 financial year, with a range of presentations and updates being provided to members. The Australian Digital Health Agency has done a significant amount of work on updating Systemised Nomenclature of Medicine (SNOMED) Terminology to support the continued COVID-19 pandemic response. I continue to advocate for dietetics to be involved in these discussions where possible.

## Crohn's and Colitis Australia Inflammatory Bowel Disease Paediatric Quality of Care Project

### Representative name: Deirdre Burgess

Crohn's and Colitis Australia has been funded to conduct an inflammatory bowel disease (IBD) paediatric audit and patient experience survey in alignment with recommended actions contained in the IBD National Action Plan. This project was created to audit paediatric IBD medical services regarding the quality of care for IBD patients in Australia. The intended outcomes of the grant are to:

- assess the patient experience of the quality of care for young people with IBD
- compare the differences in the quality of care received with the 2016 IBD Audit results
- provide recommendations on improving the quality and equity of care for young people with IBD.

The audit includes surveying private and public gastroenterology medical services, surveying IBD patients aged 16 and 17 years old, and interviewing family and parents/carers.

### Key achievements

The Project Advisory Committee has met monthly since the project's inception to:

- develop and distribute 2 patient questionnaires
- develop a family interview guide
- review an audit form for private/public gastroenterology services.

Dietetic representation proved crucial in the development of the surveys to ensure specific growth and dietetic data was properly captured. By 31 May 2022, 50 adolescent and 200 adult survey responses had been captured. Family interviews and gastroenterology services audits will be conducted over the 2022-23 financial year.

## Don't Rush to Crush Fourth Edition Editorial Committee

### Representative name: Emma Osland

This editorial group was assembled to oversee the review of the fourth edition of Don't Rush to Crush (DRTC), a manual developed by the Society of Hospital Pharmacists Australia to assist safe medication provision for patients requiring texture modification or tube feeding.

The group's aims were to:

- oversee the review process of Don't Rush to Crush
- advise on the scope of the edition
- review feedback and incidents arising as requested by the editor
- provide recommendations to editors for any changes required
- co-opt other pharmacists with specific expertise as required.

### Key achievements

Work on the DRTC fourth edition began in November 2020 and was completed in December 2021.

During the project, the introduction was reviewed and rewritten, and the resource's presentation was updated. Updates from a nutrition perspective considered new practical aspects on the adoption of ENFit enteral feeding devices and the implications for medication delivery.

The fourth edition is now available on the Society of Hospital Pharmacists of Australia's website.

## Food Safety Information Council

### Representative name: Sheri Cooper

The Food Safety Information Council (FSIC) is the only national body dedicated to consumer food safety information in Australia. A key health-promotion activity conducted each year by FSIC is Australian Food Safety Week. FSIC has been in operation for over 20 years.

### Key achievements

FSIC's recognition of the role of nutrition in the broader consideration of food safety continues to grow. The Council is working towards broadening its scope to connect food safety with healthy eating.

Recruitment of young people (home leavers) is a current project through social media engagement, in partnership with Uniting Church in Queensland. Messaging includes food safety, food waste and nutrition to help improve knowledge and skills of home leavers in these areas.

Contributions to the work of FSIC have included joining the FSIC Scientific Committee, providing nutrition expertise and review of FSIC monthly media releases, providing nutrition expertise at monthly board meetings, and disseminating current food safety information to Dietitians Australia members.

## Food Standards Australia New Zealand Consumer and Public Health Dialogue

### Representative name: Elizabeth World (staff)

The Food Standards Australia New Zealand (FSANZ) Consumer and Public Health Dialogue provides a means by which FSANZ can engage in deeper and more meaningful consultation with peak consumer and public health bodies and academics. Dietitians Australia engages in the group to improve FSANZ's awareness and understanding of community food and health issues and public priorities and, through this communication, offer a more effective food regulatory response.

### Key achievements

Through participation in this group, Dietitians Australia receives important information related to food regulation and policy, such as food labelling rules, reformulation targets, composition requirements and food marketing. Dietitians Australia uses the information gained through this forum to advocate for dietitians and healthier communities through submissions and government lobbying. The group's previous activities can be viewed on the FSANZ website.

# Food Standards Australia New Zealand Food Allergen Collaboration

## Representative name: Anne Swain

The Australia New Zealand Food Allergen Collaboration (the Allergen Collaboration) aims to strengthen engagement and collaboration among a range of key stakeholders. The collaboration provides a way to share information and develop common approaches to enhance the effectiveness of risk management of food allergens, with the objective of supporting consumers to make safer food choices.

## Key achievements

Like many other groups, the Allergen Collaboration has been impacted by COVID-19 restrictions. The usual 2 annual meetings, plus ad hoc project meetings, were condensed into just 2 virtual meetings during the 2021–22 financial year – the Allergen Collaboration 10th Anniversary meeting in September 2021, and the follow-up meeting in March 2022.

These meetings were held to promote a coordinated approach to sharing information, key messages and resources on food allergen management, drawing on the collective knowledge and strength of the Allergen Collaboration members.

The key messages of the group are:

- Food allergies can be life-threatening for some people. We all have a role to play to manage the risk of food allergens in our community.
- The Allergen Collaboration is an excellent example of government, industry and consumer bodies working together to raise awareness of allergen-related issues in the community.

- The Allergen Collaboration promotes trusted, evidence-based, best-practice information to help promote a consistent approach to food allergen management.
- The Food Allergen Portal is a one-stop shop for information and resources about best-practice food allergen management and education, providing key messages and resources for different sectors of the community.

The new focus areas for the Allergen Collaboration, updated in the 2021–22 financial year to reflect Steering Committee comments, include the following areas.

### Precautionary Allergen Labelling (PAL)

- Developing a package of education materials on PAL for different audiences, including clinicians, small/medium enterprises, and consumers (via Allergy and Anaphylaxis Australia/Allergy NZ)
- Promotion of key messages to the food industry on PAL, Voluntary Incidental Trace Allergen Labelling (VITAL) and Food Industry Guide to Allergen Management and Labelling (FIGAML)

Allergen information provided for local and imported food sold online

- Promoting best practice for online allergen information

### Food allergen management audit tools

- Developing a standard audit template, with training and support programs for its use

Food allergen management for culturally diverse groups

- Engaging with cultural groups

# Living Stroke Guidelines

## Representative name: Fiona Simpson

The National Stroke Foundation partnered with Cochrane Australia to develop and evaluate a model of Living Stroke Guidelines. The initiative was funded by the Australian Government over 3 years (funding ended 30 June 2021). Currently the project is ongoing but in a reduced activity mode, with the National Stroke Foundation advocating for further federal funding to continue the project.

## Key achievements

The Living Stroke Guidelines were created and released by the National Stroke Foundation in 2021 and supersede the 2017 Clinical Guidelines. The Clinical Guidelines for Stroke Management are the world's first living stroke guidelines.

Since June 2021, each steering committee lead has coordinated the review of evidence collected over the previous 6-month period for consideration for inclusion in the Living Guidelines.

## Medical Education and Scientific Advisory Council, Diabetes Australia

### Representative name: Shannon Lin

The Medical Education and Scientific Advisory Council (MESAC) is an independent advisory group reporting to Diabetes Australia. It reviews the medical, educational and scientific content of education materials that are available through the National Diabetes Support Scheme (NDSS). These materials generally include fact sheets, DVDs and booklets. They may also include reviews of books, national development programs or medical products that are to be considered for subsidised listing through the NDSS. The MESAC contracts Shannon as required for reviews and advice related to nutrition, culturally and linguistically diverse communities, health literacy and health education.

### Key achievements

This financial year, the MESAC has reviewed 36 NDSS resources. These included fact sheets and programs encompassing a range of diabetes healthcare topics and practices to assist people who are at risk of or living with diabetes. Shannon reviewed these resources for accuracy and readability. She also ensured that they reliably reflect evidence-based best practice.

All resources go through a final approval process through NDSS and Diabetes Australia. Once released, they are made available via the NDSS website or NDSS programs.

## Mental Health Australia

### Representative name: Julia Schindlmayr (staff)

Mental Health Australia (MHA) is the peak national non-government organisation representing and promoting the interests of the Australian mental health sector. MHA members include national organisations representing consumers, carers, special needs groups, clinical service providers, professional bodies, public and private mental health service providers, researchers and state/territory community mental health peak bodies.

MHA aims to promote mentally healthy communities by:

- educating Australians about mental health issues and the human rights of people with a mental illness
- influencing mental health reform so that government policies address all contemporary mental health issues
- conducting regular consultations to represent the best interests of its members, partners and the community.

MHA is committed to achieving better mental health for all Australians, including innovative approaches to the provision of mental health care and research that involve people with lived experience.

### Key achievements

The annual Parliamentary Advocacy Day and Members' Policy Forums were resumed this financial year after a hiatus the previous year due to COVID-19 restrictions. The meetings

were a hybrid of virtual and in-person events and gave an opportunity for members to discuss the policy priorities for the organisation in detail. Speakers included the Hon. Greg Hunt MP, then Minister for Health and Aged Care, and the Hon. Emma McBride MP, then Shadow Assistant Minister for Mental Health. The annual general meeting and Grace Groom Memorial Oration were held on 8 December 2021, again both in-person and virtually.

MHA also held a series of webinars throughout the year, with presentations and discussions with high-profile decision-makers and politicians, including Mr Mark Roddam, First Assistant Secretary of Mental Health, Department of Health, and his team, Dr Ruth Vine, Deputy Chief Medical Officer, and the Hon. Mark Butler MP, then Shadow Minister for Health and Ageing.

MHA developed mental health profiles for each federal electorate as part of its 'Vote with mental health in mind' election campaign. These resources were made available to MHA members to use as part of their own campaigning efforts in the lead-up to the May 2022 federal election. They were combined with Issues Papers outlining the mental health implications of a range of election issues, and support for people with lived experience to write to local candidates.

MHA also welcomed a new Chair of the Board, Matt Berriman, on 8 December 2021 who joined the team with extensive sector experience and his own lived experience.

## National Aged Care Alliance

### Representative names:

**Vanessa Schuldt (staff), Julie Dundon, Robert Hunt (staff)**

The National Aged Care Alliance (the Alliance) is a representative body of peak national organisations in aged care, including consumer groups, providers, unions, and health professionals, working together to determine a more positive future for aged care in Australia.

### Key achievements

Julie Dundon stepped down as a representative of the Alliance in April 2022 and was replaced by Robert Hunt. Both Robert and Vanessa Schuldt currently represent Dietitians Australia in the Alliance.

Ongoing disruptions caused by COVID-19 meant that most meetings were held virtually. Vanessa and Julie attended 3 virtual meetings.

Robert Hunt physically attended the May 2022 meeting in Melbourne, which provided a valuable opportunity to network with fellow Alliance members.

The Alliance has become increasingly important as the go-to place for the Australian Government, given the range of members and the fact that the Alliance works through issues collectively. Dietitians Australia has been able to raise food, nutrition and dietetic staffing issues with the Alliance and contribute to its advocacy work.

In the Alliance Position Statement on 'Meeting the Allied Health needs of older people in residential aged care' (March 2022), our organisation contributed to the paper and the call for government to commit to a funding model that ensures access to allied health services according to assessed need for older Australians in residential aged care.

## NSW Agency for Clinical Innovation Home Enteral Nutrition Executive Committee

### Representative name: Charity Spalding

The NSW Agency for Clinical Innovation (ACI) Home Enteral Nutrition (HEN) Network aims to improve equity and access to HEN services across New South Wales.

The purpose of the ACI HEN Executive Committee is to bring together those with a special interest in HEN to work collaboratively on initiatives to improve HEN services across New South Wales by:

- developing evidence-based models of care, resources, and processes for the people of New South Wales who need HEN
- advising the NSW Ministry of Health on the clinical needs and models of care required
- supporting local health districts and specialty networks to implement the models of care in ways that meet the needs of people who live in a variety of settings and circumstances across New South Wales, and who need HEN
- developing and implementing evaluation tools for interventions.

### Key achievements

This is a new Dietitians Australia representative role, which started in early 2021. It continues to be an exciting opportunity for Dietitians Australia to work together with the NSW ACI HEN network. Through the appointment of a representative not currently working within NSW Health, it provides an opportunity to advocate for those clinicians working in HEN outside of the hospital system.

The group's work has been disrupted over the last 2 years due to the COVID-19 pandemic. Despite this, the group has held 2 executive meetings and 1 general meeting in the last year. The committee has successfully increased member engagement, including with emerging clinicians, and drafting of a HEN organisational model.

## NSW Primary Health Care Cancer Advisory Group Terms of Reference

### Representative name: Megan Jackson

The NSW Cancer Plan identifies primary health care as a focus area in recognition of its significant role in patient care across the various stages of the cancer continuum.

A primary care advisory group was established to support the development and implementation of the NSW Primary Care Strategy for the bowel, breast and cervical cancer screening programs released in 2016. This was the first Cancer Institute NSW strategy driving collaboration with the primary care sector and included targeted activities directly addressing the capacity and capability of the sector.

To further support the important role of the primary health care sector in cancer control, a Primary Health Care Cancer Framework was

developed. The Framework provides direction, structure and resources to the primary, secondary and tertiary healthcare sectors to strengthen collaboration to improve cancer control outcomes and experiences for the people of New South Wales.

The advisory group that informed the development of the Framework has now been revised and enhanced to include a team of key partners and stakeholders who can advise and champion the growing scope of work.

### Key achievements

The activity of the group over the past year was limited by staff secondments into other areas of disease control related to the COVID-19 pandemic. The group launched Cancer Screening and Primary care: A Quality Improvement Toolkit at a recent meeting.

## Nutrition and Dining Experience Expert Advisory Group – Aged Care Quality and Safety Commission

### Representative name: Vanessa Schuldt (staff)

Our Senior Policy Officer, Vanessa Schuldt, approached the Aged Care Quality and Safety Commission (the Commission) about joining the Nutrition and Dining Experience Expert Advisory Group (EAG) as a representative of Dietitians Australia. In March 2021, Vanessa was invited to join the EAG to support the Commission to develop a campaign to improve nutrition, meals and the dining experience for consumers in residential aged care homes.

The EAG includes members with expertise and experience in nutrition, swallowing, oral health, dementia, nursing and wound care, as well as consumers and consumer advocates.

### Key achievements

During the 2021–22 financial year, the EAG assisted the Commission with:

- the development of interview questions for residential aged care residents on their food and dining experiences
- the development of resources (fact sheets, infographics and posters) for providers, carers and consumers to support safe and enjoyable mealtimes for people with dysphagia and support informed choice for people eating/drinking with acknowledged risk, among other topics
- recommendations for other resources specific to food, nutrition and the dining experience to be developed by the Commission
- proposed actions for the Commission to follow up, based on findings in the report on the Assessment of Food Complaints in Residential Aged Care Services, 2018–2020.

## World Breastfeeding Trends Initiative Australia Reference Group

### Representative name: Kathleen Halliday

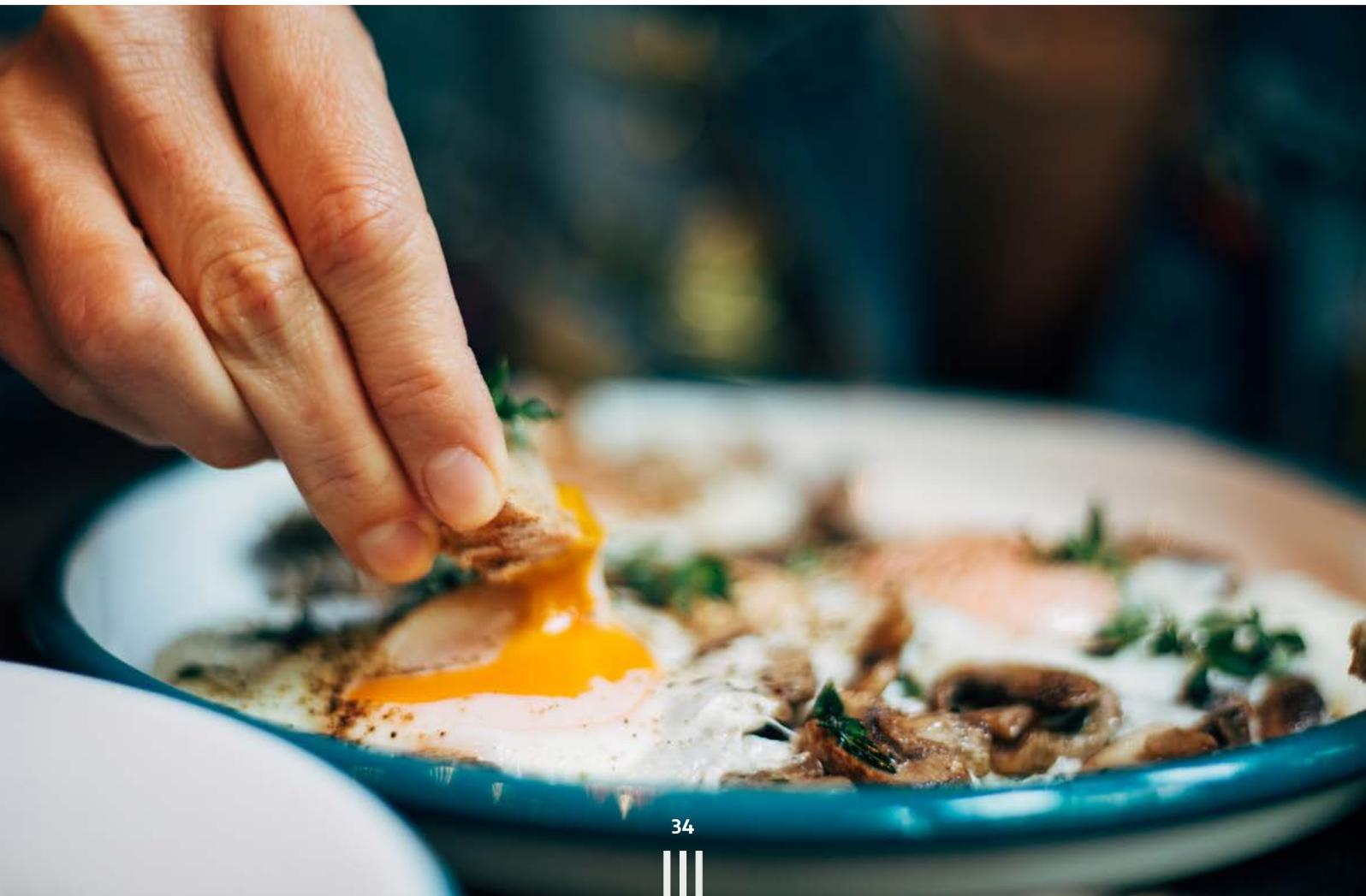
The World Breastfeeding Trends Initiative (WBTi) helps countries to assess the status and benchmark the progress in implementation of the Global Strategy for Infant and Young Child Feeding (Global Strategy) in a standard way. It is based on the World Health Organization's tool for national assessment of policy and programs on infant and young child feeding. The WBTi helps countries measure strengths and weaknesses on the 10 parameters of policy and programs that protect, promote and support optimal infant and young child feeding practices.

In Australia, a core team was formed in September 2017. This team conducted Australia's first WBTi Assessment and published a report outlining the results of this assessment in May 2018. The second WBTi Assessment is now underway.

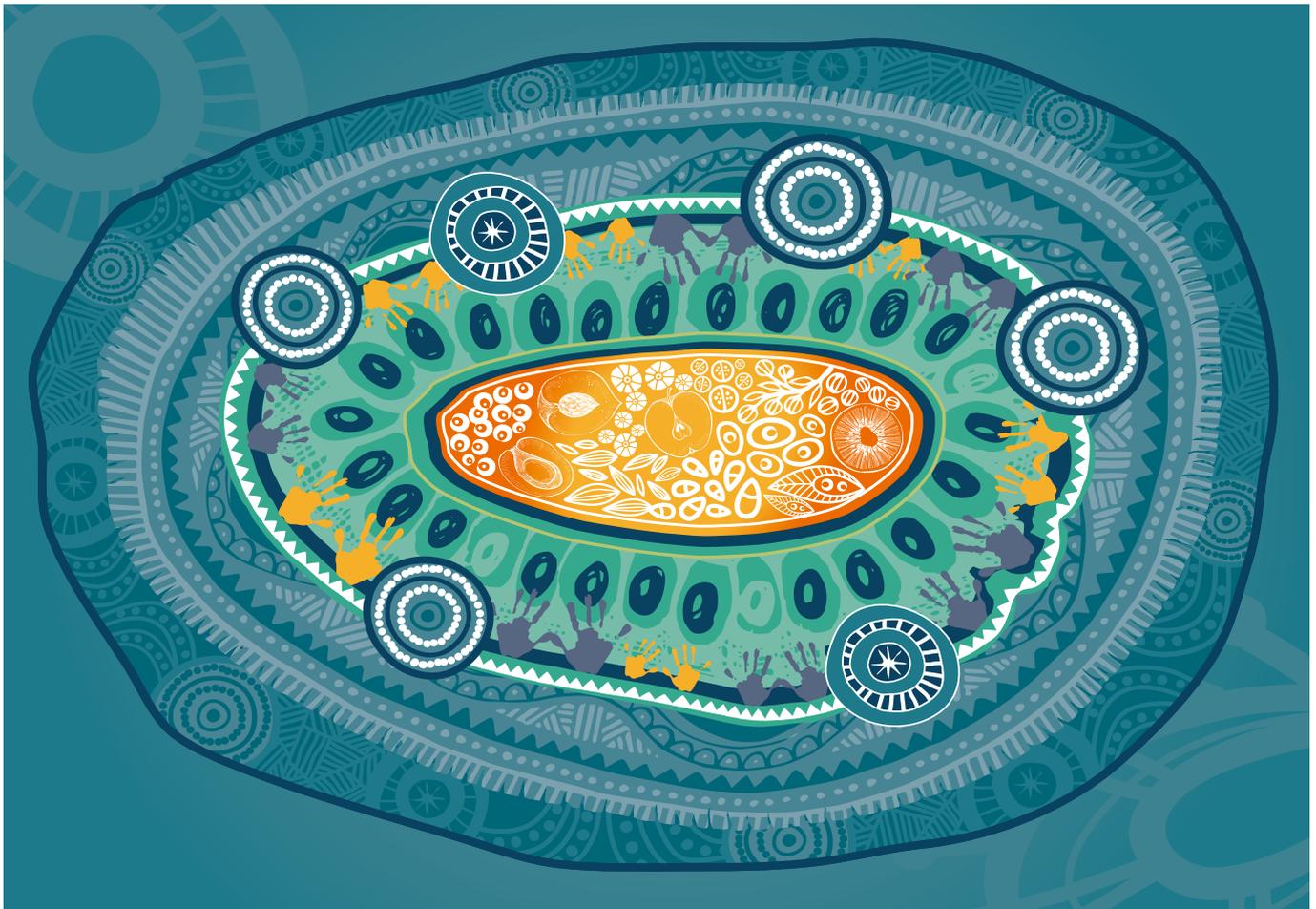
### Key achievements

This is a new representative role for Dietitians Australia, starting in March 2022. The WBTi Australia Reference Group gives feedback to the core team in drafting and finalising Australia's report under the Global Strategy.

Review of the draft 2022 report and feedback has been given in the development of Australia's second WBTi Assessment of policies and programs supporting breastfeeding.



# Reconciliation Action Plan **update**



## Our ‘Innovate’ Reconciliation Action Plan (RAP)

We welcomed 5 new members to our Reconciliation Action Plan Working Group (RAPWG) in May 2022. Our 9 RAPWG members, 3 of whom identify as Aboriginal, met quarterly to start developing our third RAP, Innovate 2022–2024. The Innovate RAP runs for 2 years and outlines Dietitians Australia’s strategies for achieving its reconciliation vision.

The RAPWG also met to progress other key initiatives throughout the year. These included:

- NAIDOC Week celebrations in July 2021 – provided members with 5 complimentary webinars, featuring Aboriginal and/or Torres Strait Islander peoples’ food, nutrition and health priorities and perspectives
- increasing the visibility of Aboriginal and/or Torres Strait Islander cultures by celebrating important cultural dates and sharing new reconciliation resources in member communications and social media posts
- reviewing the draft Dietitians Australia Strategic Plan (2022–2025) – the RAPWG provided guidance and gave support for commitments to develop cultural capabilities and culturally responsive practice, with a First Nations Peoples and Communities focus

- advising on the updated Code of Conduct for Dietitians and Nutritionists, to strengthen cultural responsiveness and cultural safety elements to strengthen cultural responsiveness and cultural safety elements
- formalising a relationship with the new Dietitian and Nutritionist Regulatory Council (DNRC) to ensure nutritionist and dietetic graduates are equipped to practice in a culturally competent and responsive way
- meeting with the chair of the Social and Scientific Program Committee (SSPC) to ensure Aboriginal and/or Torres Strait Islander voices and content are embedded in all Dietitians Australia conferences
- adding new resources in the ‘Reconciliation’ hub on the member portal
- participating in Reconciliation Australia’s RAP Impact Measurement Questionnaire in 2021.

With the support of our CEO, Board and staff, our RAPWG looks forward to the next stage of our reconciliation journey, when our third RAP is launched in the second half of 2022.



# Section 4 – Regulatory Services



The Regulatory Services portfolio is responsible for upholding the profession's accreditation, skills recognition and credentialing functions. It works to protect the public by ensuring all APDs are safe and effective in their practice.

## 2021-22 financial year highlights

Delivered a comprehensive review of the Accreditation Standards for Dietetic Education Programs and the Evidence Guide for Accreditation of Dietetics Education Programs

Implemented new National Competency Standards in dietetic program accreditation

Revised and implemented new accreditation annual reporting format

Delivered a comprehensive review of the Complaints and Disciplinary By-law

Delivered a comprehensive review of the profession's code of conduct and was implemented during the 2022 renewals period

Transitioned the Dietetic Skills Recognition (DSR) Oral exam online and implemented a new assessment format to enhance validity and reliability

Developed and implemented the new DSR database and enhanced the online application process

# Year in review

## Dietitian and Nutritionist Regulatory Council (DNRC)

The 2021–22 financial year saw a restructure of the governance of regulatory functions, with the implementation of the independent, overarching Dietitian and Nutritionist Regulatory Council taking on the role of the former Dietetic Credentialing Council (DCC) and the strategic functions of the Australian Dietetics Council (ADC).

The DNRC aims to strengthen Dietitians Australia’s strong regulatory foundations while enhancing independence, transparency and operational efficiencies.

Professor Claire Palermo was formally appointed as DNRC Chair by the Dietitians Australia Board in November 2021 to support the transition of existing regulatory business to the new council structure.

The remaining DNRC members were appointed in March 2022, which also marked the formal dissolution of the DCC. On behalf of the profession, we acknowledge the significant contribution of the DCC in governing the safety and quality of the APD credential and recognise the work of DCC members:

- Dr Mary Hannan-Jones, DCC Chair
- Deanne Harris, DCC Deputy Chair
- Annabelle Stack, APD member
- Jane Porter, APD member
- Tracy Burrows, APD member
- May Mak, APD member
- Rod Wellington, external member
- Prue Morgan, external member.

### DNRC membership

The following members were appointed to the DNRC. They attended induction training virtually in April 2022 and had a face-to-face meeting in June 2022.

- Professor Claire Palermo, Chair, APD member
- Julie Dundon, APD member
- Henry Leung, APD member
- Julie Hulcombe, APD member
- Deanne Harris, APD member
- Professor Amanda Devine, Accredited Nutritionist member
- Rod Wellington, external member
- Emeritus Professor Marilyn Baird, external member



At the inaugural DNRC meeting (L to R):  
Marilyn Baird, Julie Dundon, Amanda Devine,  
Claire Palermo, Rod Wellington, Deanne Harris,  
Julie Hulcombe, Henry Leung

## Credentialing the dietetic workforce

As of 30 June 2022, a total of 6886 dietitians held the APD credential. This is an increase of 8.4% (504 APDs) compared to 2020–21.

This total is made up of:

- 617 Provisional APDs
- 5448 Full APDs
- 145 AdvAPDs
- 25 Fellows.

111 applications were received and assessed for dietitians returning to the APD Program in the reporting period (a 26% increase from the previous financial year). Of these:

- 63 dietitians re-entered the APD Program by:
  - 14 Alternate Process pathway
  - 39 Delayed Entry pathway
  - 8 Resumption of Accredited Practice (RoAP) pathway
  - 2 RoAP pathway with no recency of practice requirements
- 48 dietitians have been assessed as eligible to re-enter via the available pathways but are yet to rejoin as APDs.

The DNRC is currently reviewing the return to practice entry pathways.

## Annual APD audit

Five per cent of APDs were randomly selected for the annual audit process and were required to provide evidence of compliance with APD Program requirements and recency of practice hours (if not in an exemption category).

A total of 323 APDs were selected, which included 43 Provisional APDs, 271 Full APDs, 7 AdvAPDs and 2 Fellows. Five APDs who had previously failed were also audited.

96.9% APDs passed the audit, and 3.1% did not meet minimum continuing professional development (CPD) requirements. 99.4% of APDs who were required to provide evidence of recency of practice met the standard.

## Complaints and disciplinary matters

Twenty-one complaints were received by the complaints secretariat in the reporting period, of which:

- 3 were alleged breaches of professional conduct
- 5 were alleged breaches of advertising requirements
- 8 were outside the scope of the Complaints and Disciplinary By-law (not members or APDs)
- 5 were informal complaints not pursued under the Complaints and Disciplinary By-law.

## Other key credentialing achievements

- Delivered a comprehensive review of the profession's code of conduct, which was implemented as part of the 2022 renewals period
- Delivered a comprehensive review of the Complaints and Disciplinary By-law
- Delivered a review of the profession's scope of practice documents
- Transitioned a body of credentialing work to the DNRC and developed a work plan

## The Australian Dietetics Council (ADC)

The primary function of the ADC is to uphold dietetic program accreditation and skills recognition standards and processes. The ADC has 9 voting members, comprising 3 academics, 3 senior practitioners and 3 external members:

- Professor Claire Palermo, Chair, senior academic APD member
- Andrea Elliott, Deputy Chair, senior practitioner APD member
- Professor Fiona Pelly, senior academic APD member
- Professor Judy Bauer, senior academic APD member
- Annabel Sweeney, senior practitioner APD member
- Dr Andrea Bramley, senior practitioner APD member
- Dr Susanne Owen, external member, accreditation expert
- Dr Simone Arnott, external member, education expert
- John Stubbs, external member, consumer representative.

The ADC met 8 times via videoconference in 2021–22 to progress accreditation and recognition business, and to workshop the development of the new accreditation standards.

On 31 August 2021, we farewelled 2 longstanding ADC members, Dr Merrilyn Banks and Professor Jane Conway, who had served their maximum number of Council terms, and Dr Carmel Smart, who had completed her first term. Merrilyn, Jane and Carmel were valued members of the ADC and we thank them for their significant contributions to the work of the Council.

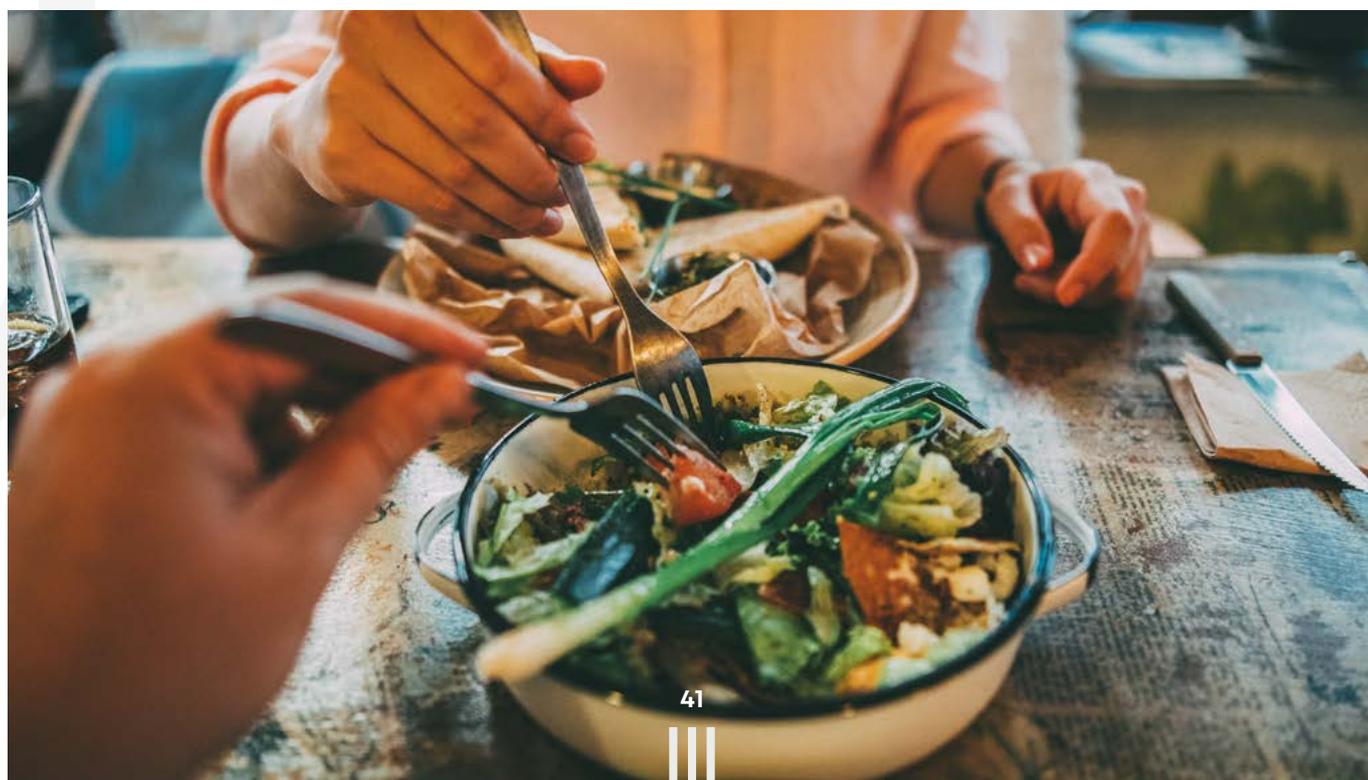
### Accredited dietetic education programs

As of 30 June 2022, there were 20 accredited dietetic programs delivered by 16 universities, 4 dietetics programs with Program Qualification (PQ, pre-accreditation) status, and 1 additional university engaged in the Program Qualification process.

Eight accreditation review teams were appointed from members of the Accreditation Reviewer Pool to conduct the following activities:

- Swinburne University of Technology program transfer from provisional to full accreditation (conducted and provisional extended with conditions)
- University of Newcastle program reaccreditation (conducted and approved)
- University of Wollongong program reaccreditation (conducted and approved)
- University of the Sunshine Coast program reaccreditation (conducted and approved)
- Curtin University program reaccreditation (in progress)
- University of Queensland program reaccreditation (in progress)
- University of New South Wales PQ (in progress)
- Charles Darwin University PQ (in progress).

The ADC also reviewed and assessed ongoing compliance to accreditation standards via 13 annual reports from 11 universities not currently engaged in other accreditation review processes.



## Dietetic Skills Recognition (DSR)

### Stage 1: Desktop assessment

20 DSR applications were received from candidates with primary qualifications in 10 different countries. All 20 were assessed as eligible to proceed to the examination stage (stage 2).

### Stage 2: Multiple-choice questions (MCQ) written examination

MCQ examinations were held on 1 September 2021 and 2 March 2022 and were undertaken by 42 candidates (35 DSR candidates, 3 RoAP candidates and 4 New Zealand Dietitians Board-registered candidates). 83% of candidates successfully passed the written exam.

### Stage 3: Oral exam

22 oral exams were held online on either 28 October 2021 and 11 May 2022 across 5 locations (4 Australian cities and 4 overseas locations). Nineteen candidates (86%) successfully completed the assessment and were deemed eligible to join Dietitians Australia and the APD Program.

### Skilled migration and mutual recognition assessments

The 2021–22 financial year saw 13 Skilled Migration Assessments issued and 5 successful New Zealand Mutual Recognition approvals. This is lower than previous years due to the impacts of border restrictions and COVID-19.

### Other key accreditation and recognition achievements

- Developed and implemented new accreditation conflict of interest policy
- Transitioned DSR oral examinations online, implemented new assessment format and conducted training of assessors and case study actors
- Developed and implemented new DSR database and enhanced online application process
- Revised and implemented new accreditation annual reporting format
- Delivered a comprehensive review of the Accreditation Standards for Dietetic Education Programs and the Evidence Guide for Accreditation of Dietetics Education Programs
- Implemented new National Competency Standards in dietetic program accreditation

## Section 5 - Marketing and Communications



The Marketing and Communications team manages member engagement, member communications and promotion, and media presence. Activities include Dietitians Week, Dietitians Day, our annual conference, Share Plate, social media, our public website, the member portal, promoting member benefits, and media relations. We also assist other portfolios across the organisation with their communications and marketing activities. By supporting members, as well as promoting APDs and Dietitians Australia, we are growing our presence, building the reputation of our profession, and creating opportunities for members.

## 2021–22 financial year highlights

Launched our new public website, which meets best-practice standards for usability, accessibility, and readability

Over 93% of members have now logged in to Share Plate

Passed 80,000 social media followers

Launched Share Plate mobile app and new Share Plate website

Hits to 'Find a dietitian' search tool almost doubled during Dietitians Week. Since the campaign, more people are using the tool on an ongoing basis

# Year in review

The Marketing and Communications team have had another huge year. It began with the need to pivot to a fully virtual event 6 weeks before the 2021 Conference. We delivered a revamped contemporary public website, a new app and improved user interface for Share Plate, and our most comprehensive media campaign ahead of the 2022 federal election. We again hosted our much-loved campaign Dietitians Week, let members know how to get the most from their member benefits, celebrated their achievements and built our presence on social media. Member engagement, support and promotion is at the heart of everything we do, and we are proud of the results achieved.

## Dietitians Week

Dietitians Week is an annual campaign to raise public awareness of dietitians and profile APDs as the go-to nutrition professionals. Dietitians Week was celebrated from 21 to 27 March 2022.

Dietitians Australia supplied members with resources to promote themselves throughout the week, including an animation describing the unique value of APDs. The theme 'Dietitians improve lives' showcased the myriad ways APDs transform health and wellbeing through their nutritional expertise.

Dietitians Week 2022 was a great success. We adjusted our campaign approach slightly and saw significant growth in the following areas:

- 500% increase in broadcast media mentions
- 305% increase in Dietitians Week website page views
- 200% increase in engagement and reach on all social media
- 170% increase in downloads of consumer Dietitians Week digital toolkit
- 114% increase in Dietitians Week total hashtag mentions.

In 2022, Australia's Dietitians Day was moved from March to September to be separate from Dietitians Week, so it was not hosted in the 2021-22 financial year.

## Virtual Dietitians Australia 2021 Conference

The evolving impacts of the COVID-19 pandemic made a face-to-face event impossible. Despite these challenges, Dietitians Australia, with support of the 2021 Scientific and Social Program Committee, transformed the entire planned hybrid conference to 100% virtual.

The themes – Transform, Reinvent, Diversify – inspired 3 days of exciting learning opportunities presented in innovative formats, including presentations, panel discussions and open forums, workshops, seminars and symposia. A motivational plenary session and networking opportunity for emerging dietitians and a Board and Member Forum further complimented the program, which was built around the theme 'What's Possible?'

The conference was well received, with approximately 600 registrations, predominantly from members.

## Virtual awards ceremony 2021

For the second year in a row, we celebrated our award recipients in a virtual ceremony, held on 21 July 2021 via Zoom. Ninety-five people attended live.

## Membership renewals

Dietitians Australia's membership renewals period ran from early November 2021 until early February 2022.

All members received a hard-copy renewal pack explaining the benefits of membership and guiding them through the renewal process. All members received regular electronic communications throughout the renewal period highlighting these same points.

The campaign was well received, as indicated by a 6% increase in the number of members who had renewed by the end of the 2022 renewal period.

## Share Plate

Our vision to be the leading voice of nutrition is reinforced by Share Plate's thriving community of dietitians, which has seen rapid growth throughout 2021-22. With the goal of making the user experience as simple and intuitive as possible, the Share Plate Optimisation Project brought about the launch of Share Plate's mobile app and a new website with an upgraded user interface. With this came new widgets, quick links, refined navigation, and more.

The results include more than 7550 monthly active users and a significant increase in engagement figures due to members posting more messages, sharing more resources and joining more groups. We are thrilled with how big our dietitian community has become as we embark on the next chapter of Share Plate.

## Social media

Dietitians Australia is active on Facebook, Instagram, LinkedIn and Twitter. Across all channels, we received more than 2.44 million impressions and tens of thousands of engagements, up 21.4% year-on-year, with follower numbers increasing organically as follows:

- Facebook up 11.2% from 28,546 to 31,740
- Instagram up 2.9% from 20,512 to 21,102
- LinkedIn up 20.6% from 14,112 to 17,019
- Twitter up 5.1% from 13,042 to 13,701.

## Weekly member email

The weekly member update is distributed to members on Mondays. This email currently has an above-industry-average open rate of 55%, compared to 33% the previous year. Along with Share Plate, the Monday weekly email continues to be a vital channel for members to stay up-to-date with all things Dietitians Australia.

## CEO Catch-up

To be more inclusive of different time zones, 'Lunchtimes with Robert' was rebranded to 'CEO Catch-up'. These catch-ups offer members an opportunity to attend a Zoom meeting and ask the CEO questions. Board members regularly joined as co-hosts. After each meeting, the video was uploaded to Share Plate for members to view at their leisure.

In the 2021-22 financial year, live attendance ranged from 23-40 members, with over 70 views of the videos on Share Plate.

## Public website

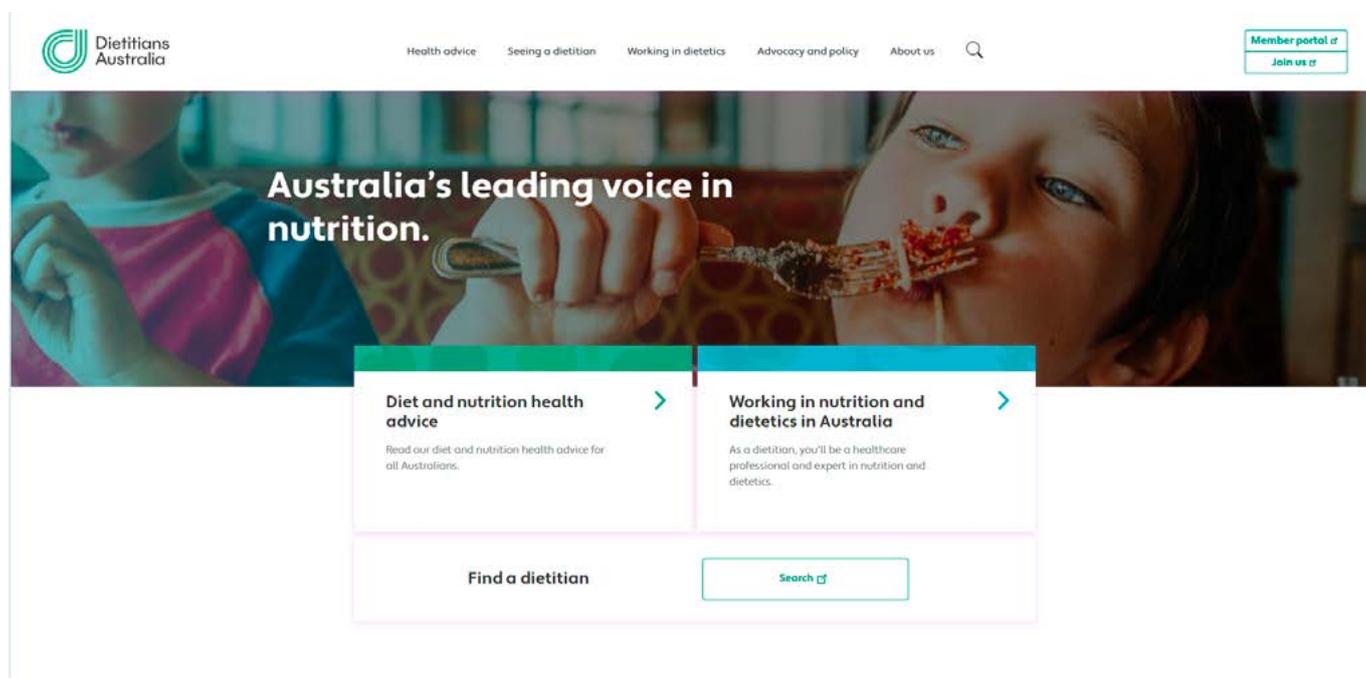
The new public website for Dietitians Australia was launched in March 2022. This followed an extensive discovery phase to understand who our website users are, what they want from us, and how we can deliver an ideal user experience.

These insights informed the new information architecture and the design of the user interface.

Almost 400 pages were rewritten and republished on the new content management system. This included new health advice pages on topics ranging from diverticular disease to fibre and fats. These were created with the assistance of our Interest Groups and other subject matter experts.

The website provides improved search functionality, including topic, format and subject filtering. It has also been built to meet international web content accessibility guidelines (WCAG 2.0) and best-practice standards for readability and usability.

Public website user statistics	2021-22
Total users	374,021
Sessions	553,745
Page views	1,033,886
Pages/session	1.87
Avg. session duration	1 min 30 sec



## Member portal content

The portfolio is also responsible for maintaining and updating content on the member portal. This includes adding content about campaigns, training opportunities and new portal features.

Member portal user statistics	2021-22
Total users	148,892
Sessions	343,158
Page views	1,926,913
Pages/session	5.62
Avg. session duration	5 min 27 sec

## Education Centre marketing

Marketing support was provided for all Education Centre offerings, including Dietitians Australia events and Centre for Advanced Learning courses (both Evergreen and In Practice) and the complimentary CPD outlined in the Education Centre portfolio report. During September 2021, a Spring Special campaign offered members a discount on the registration price of certain Evergreen courses. The marketing team has helped the Education Centre meet and exceed registration targets. More details on registrations can be found in the Education Centre portfolio report.

The weekly member education update is distributed on a Thursday. This email has an open rate of 36%, which is 15% above the industry average. It delivers updates to members on the latest courses and events, as well as member benefit updates for PEN, the Nutrition & Dietetics journal and ProQuest.

## Nutrition & Dietetics marketing

We undertook a range of activities to promote our Nutrition & Dietetics journal and provide opportunities for authors, including:

- early-view articles promoted via social media
- opportunities for authors to share their research with members via Research Bites webinars
- successful conference oral presentation abstract authors invited to submit their work to Nutrition & Dietetics
- coordinating the cover design for each issue
- promoting each journal issue via member channels.

## Student engagement

We continue to offer students of accredited dietetics education programs complimentary membership of Dietitians Australia for the duration of their entry-level dietetic study. Our main activity in the 2021-22 financial year was to continue targeted presentations to students, tailored to the stage of their education. We also sponsored 2 university balls, provided a flyer for use in orientation week on the dietetic stands, and had regular communication with student representatives from each university encouraging registration to events of interest and the Dietitians Australia conference, and participation in Dietitians Week.

## Partner acknowledgment

Dietitians Australia partnerships support our mission to champion the professional nutrition and dietetic workforce to empower people and communities. We would like to acknowledge and thank our partners, Guild Insurance and AIA Vitality, for their ongoing support.



## Federal election media

Ahead of the 2022 federal election, Dietitians Australia invested in a comprehensive advocacy and media strategy. This was more involved than any undertaken previously, with incredible results.

Twenty-two media releases were issued throughout the campaign, highlighting our requests in relation to a new national nutrition policy, aged care and mental health.

These resulted in 39 pieces of media coverage, with a majority being radio (23 items), as well as print (9) and television (7). Topics of media coverage included aged care (17 stories), national nutrition policy (21 stories) and mental health (1 story).

During our federal election advocacy campaign, we achieved earned media in outlets that have an average audience reach greater than 2 million including news.com.au and its associated News Corp publications. These stories have been syndicated nationally and shared across radio, print, online and television. They covered the following topics:

- Budget announcement of \$700,000 towards the National Nutrition Policy
- Increase in complaints against aged care operators
- The report from Australian Institute of Health and Welfare which confirms that unhealthy eating is the new smoking
- The increase in significant unplanned weight loss among people in aged care
- Member Julie Dundon's appointment to the Aged Care Quality and Safety Advisory Council
- The impact of the consumer price index (CPI) increase, which saw a lettuce cost more than 10 chicken nuggets.

In particular, the CPI increase media release generated the following results:

- National syndication via news.com.au and Australian Community Media networks, both online and print
- Television interviews with Channels 7 (Melbourne and Sydney) and 9 (Adelaide), syndicated nationally
- Front page story in The Canberra Times
- National syndication via radio, including major metros such as 6PR, 3AW, 2GB and ABC.

## Media liaison and public relations

In the 2021-22 financial year, Dietitians Australia was mentioned 225 times in print and online media with a total average reach of 17,247. 'Accredited Practising Dietitian' was mentioned 396 times in print and online media. Items with the largest reach appeared in ABC News, with topics including sports supplements, intermittent fasting, hyperactivity in kids, fruit and vegetable intake and COVID-19 cravings, as well as in the Sydney Morning Herald discussing animal vs plant protein.

Dietitians Australia was mentioned 522 times in broadcast media (including syndications) with an average audience reach of 11,414. 'Accredited Practising Dietitian' was mentioned 342 times in broadcast media. 3AW and 2GB radio provided a large reach, with segments supporting our advocacy areas calling for a new national nutrition policy and increased dietetic support in aged care.



CEO Robert Hunt doing a television interview as part of federal election media outreach



# Section 6 – Awards, prizes, grants and scholarships



# Life Membership

## Honorary Associate Professor Beverley Wood



Honorary Associate Professor Beverley Wood entered the profession of dietetics for the same reason that many other women scientists of her era did – it was a setting of social life and customs with a scientific basis. She completed her postgraduate training in dietetics at Royal Newcastle Hospital under Eneid Davies and Joan Woodhill.

The model of practice at the hospital supported Beverley throughout her professional life – food service management, clinical dietetic practice, nutrition education and research. The setting of community health came later but every opportunity was taken in the media and the public domain to practice public health nutrition. This experience was enhanced by international work at Hammersmith Hospital in London and Kansas University Medical Centre in the United States.

St Vincent's Hospital Melbourne was fertile ground to put her models and learnings into practice with her dietetic colleagues over 28 years. Dietary and nutritional assessment became the cornerstone of her work and of dietary and nutritional intervention and support. The health of individuals using and abusing alcohol was a focus of medical attention at the hospital.

Beverley was fortunate to undertake studies of thiamin status and to complete a Master of Science (1976) and Doctor of Philosophy (1985) at the University of Melbourne. She was only the second Australian dietitian to gain a PhD in Australia.

As a member of the NHMRC Standing Nutrition Committee for 7 years, Beverley participated in the emerging public health nutrition issues of Australia. This included the first dietary guidelines, the first Australian recommended nutrient intakes, the first call for nutrient claims on packaged foods, and the first and last National Nutrition Policy (1992).

Her research on thiamin status in alcohol-related brain damage made a significant contribution to the government's mandatory decision to enrich bread-making flour with thiamin (1991). This has improved the thiamin status of the population and prevented many cases of thiamin-related alcoholic brain damage.

Beverley has been an active member of the dietetic profession. She has known or worked with most of the early dietitians and their supporters in food- and medical-related fields and has been informed and inspired by many colleagues over her professional life.

She was President of the Victorian Dietetic Association (1976), a founding member of the Australian Association of Dietitians (1976), founding Editor of the Australian Journal of Nutrition and Dietetics (1986–1989) (Journal of the Dietetic Association of Australia), and recipient of the Joan Mary Woodhill Award (1999) for her outstanding contribution to the profession.

As a self-appointed historian of dietetics she is currently preparing 'A history of the profession of dietetics in Australia to 1950,' which will be published next year.

## Professor Margaret Allman-Farinelli



Professor Margaret Allman-Farinelli is a proud Fellow of Dietitians Australia.

Margaret holds a Bachelor of Science, a Postgraduate Diploma of Nutrition and Dietetics, a Master of Philosophy in Public Health, and a PhD. She completed all her qualifications at the University of Sydney. Her Masters thesis focused on the development of a healthy eating index for Australians and its association with chronic disease, while her PhD looked at nutrition in those with renal failure. Her career has included working as a clinical dietitian at the Royal Prince Alfred Hospital in a variety of areas, and then as a lecturer and senior lecturer at the Human Nutrition Unit at the University of Sydney teaching dietitians and other health professionals.

In 2008, after a 10-year break from academia, she became Associate Professor in Nutrition and Dietetics at the University of Sydney. Here she established the teaching team and redesigned the curriculum and master's degree.

In 2015 she was promoted to professor, the first Professor of Dietetics at the University of Sydney. She is proud that her efforts to continually improve teaching and research at her university have been rewarded with 2 teaching awards from the Vice Chancellor for 'Outstanding Educational Engagement and Innovation' in 2018 and 'Outstanding Teaching and Research' in 2020.

Since 2010 she has supervised 18 PhD students and was delighted to receive the Sydney University Postgraduate Representative Association's 'Supervisor of the Year' Award in 2020.

Since she joined Dietitians Australia in 1983, Margaret has been an active participant. This includes time on the NSW Dietitians Australia Committee, Editor (and Associate Editor twice) of the Nutrition & Dietetics journal, Board member and Vice-President of Dietitians Australia, member of the Dietitians Credentialing Council, member of the reviewers' pool of the Australian Dietetic Council and involvement in the development of competencies for entry-level dietitians.

Margaret managed the abstract submissions for the International Congress of Dietetics held in Sydney in 2012 and was the Scientific Chair for the Dietitians Australia national conference in 2018. She was also a member of the NSW Institute of Dietitians, which was a pseudo-registration board for NSW Health. Margaret is currently the Deputy Chair of the Council of Deans of Nutrition and Dietetics.

Margaret has also held positions on other societies such as the national secretary of the Australian Society for Parenteral and Enteral Nutrition. She has also been a guest speaker at conferences of the International Public Health Association and Health Services Research Australia and New Zealand. In 2020 she was made a Fellow of the Nutrition Society of Australia.

Margaret has a keen interest in all areas of dietetic practice but currently her research has a focus on prevention of chronic disease. She is a director of the Physical Activity, Nutrition and Obesity Research Group, leading a research program for NSW Health, and has published more than 270 research papers and book chapters to date.

## Professor Jane Scott



Professor Jane Scott graduated as a dietitian from the Western Australian Institute of Technology (now Curtin University) in 1979. She has been a loyal and continuous member of Dietitians Australia since 1980, including the 11 years that she worked in Scotland from 1996 to 2007.

She has served Dietitians Australia in a range of roles from early in her career, beginning with membership of the Western Australia Branch Executive from 1984–1986 and serving as Branch Chairperson in 1987. She was a Board Director (1985–1987) for the then Australian Association of Dietitians. She championed the coverage of dietetic services by health insurers at both the state and national level and prepared a submission on behalf of Dietitians Australia for the Medicare Benefits Review. She also represented Dietitians Australia before the Review Committee in the late 1980s.

Jane served as an Associate Editor of *Nutrition & Dietetics* (1994–1998, 2000–2001), returning to this role in 2019, and as a member of the organising committees of 3 national conferences held in Perth (1987, 1996 and 2015). She was a foundation member of the Australian Dietetics Council (2009–2015) and has been a member of numerous subcommittees and working groups. Her service to Dietitians Australia has been recognised with a National Service Award in 1993 and an Outstanding Contribution Award in 2011. In 2013 she was made a Fellow of Dietitians Australia.

After a relatively short time working as a clinical dietitian, Jane has worked as a university academic since 1983 at several universities, including Curtin University, the University of Glasgow and Flinders University.

She is an internationally recognised researcher in the areas of early childhood feeding practices and public health nutrition. She has over 150 peer-reviewed research papers, chief investigator status on significant research grants, and authorship of the 2012 NHMRC Infant Feeding Guidelines. Her research is widely cited and has influenced national and international policy and practice, and her publications have been cited as supporting evidence in a variety of strategy and policy documents.

Jane gives her time willingly to advance a cause, an individual, or a community. Her Curtin Student Guild Excellence in Teaching Award for research supervision, the number of research students she has supervised, her voluntary contribution to high-level committees, and continued mentorship of previous students and colleagues are proof of her ongoing commitment to the profession.

# Outstanding Contribution Award

Dr Sze-Yen Tan



Dr Sze-Yen Tan is an Advanced Accredited Practising Dietitian and a Senior Lecturer in Nutrition Science at Deakin University. He has 17 years' experience as a dietitian and he contributes to the profession through his novel and translational nutrition research, and in training future nutritionists and dietitians.

During his career, he contributed to the development of the National Medical Nutrition Therapy Guidelines for hyperlipidaemia and hypertension and the translation of the Food Phosphate Guide for kidney patients. He has been an editorial board member of Nutrition & Dietetics since 2013.

In recent years he has demonstrated leadership in dietetics by contributing key evidence to the Royal Commission into Aged Care Quality and Safety, and by providing several public presentations on nutrition during COVID-19.

# Young Achiever Award in memory of Dr Joan Mary Woodhill

Dr Elena George



Dr Elena George is an early career researcher and lecturer in nutrition and dietetics at Deakin University. Elena completed her PhD in 2018 and leads research in Mediterranean diet and metabolic diseases, especially non-alcoholic fatty liver disease. Her research aims to enhance evidence-based practice and the application of dietary modification and lifestyle to prevent and manage chronic conditions.

Elena is passionate about developing dietary interventions that translate to the clinical setting. She also has experience as a private practice dietitian, running her own successful business for over 9 years.





# Lecture in Honour

## ‘What’s possible?’ Presented by Karen Inge

Karen’s lecture honoured the professional legacy of 12 past and present dietitians who have shown what is possible in nutrition and dietetics.

- Dr Beverley Wood
- Dr Rosemary Stanton OAM
- Noel Roberts
- Christine Roberts
- Emma Stirling
- Dr Maree Ferguson

Sports Dietitians Australia founders

- Professor Louise Burke OAM
- Professor Deb Kerr
- Dr Liz Broad
- Holly Frail
- Lorna Garden
- Glenn Cardwell

# Award of Merit at a National Level

**Stephen Hodgkinson**



Stephen Hodgkinson volunteers a significant amount of time using his skills as an aged care dietitian and chef to advocate for APDs in aged care and develop recommendations and solutions to improve nutrition, food and eating in this sector.

He is on the Rehabilitation and Aged Care Interest Group (RACIG) leadership team, has contributed to Dietitians Australia's submission to the Royal Commission into Aged Care Quality and Safety and is now part of the Aged Care Quality and Safety Commission Expert Advisory Group into Nutrition and the Dining Experience. Stephen is looking forward to continuing to advance the role of APDs in aged care to create better outcomes for all.

**Julie Dundon**



Julie Dundon is widely recognised and respected for her expertise in the area of aged care in dietetics. Julie represented Dietitians Australia at the Department of Health's National Congress on Food, Nutrition and the Dining Experience in Aged Care. Her expertise was evident in her role on the expert panel, in meetings with the Minister for Aged Care, and in webinars to Dietitians Australia members.

Her knowledge and expertise were instrumental in the development of position statements and other critical documents in her advocacy work through her role as an Aged Care Subject Matter Lead. We look forward to seeing Julie's work make positive change to older Australians.



## Associate Professor Judi Porter



Associate Professor Judi Porter is widely recognised and respected for her expertise in aged care in dietetics. Her knowledge and expertise were instrumental in the advocacy work through her role as an Aged Care Subject Matter Lead. Judi's extraordinary research skills ensured she contributed enormously to the development of critical briefing papers, position statements and submissions, particularly for the Department of Health's National Congress on Food, Nutrition and the Dining Experience in Aged Care.

## Jenelle Loeliger



Jenelle Loeliger is an Advanced APD with over 18 years of experience in clinical, health service management and project roles in nutrition and cancer.

For the past 11 years she has been the Head of the Nutrition and Speech Pathology Department at Peter MacCallum Cancer Centre. She has also provided leadership to the Victorian Cancer Malnutrition Collaborative Program, which has contributed to a significant improvement in Victorian cancer malnutrition rates.

Jenelle is dedicated to fostering a team-based work environment, innovative implementation of clinical research and using a strategic approach to improve outcomes for cancer patients and their carers.

## Dr Susan de Jersey



Dr Susan de Jersey is an Advanced APD and Senior Research Fellow in Brisbane's Metro North Hospital and Health Service. Under her clinical leadership, access to dietetic antenatal care has grown sixfold within Australia's largest health service.

Susan leads research to generate new knowledge, implement and evaluate significant changes to routine antenatal care to support women to have a healthy pregnancy and optimise offspring outcomes.

Her work has influenced health policy and clinical practice at a local, state and national level. She has a passion for developing emerging clinicians and researchers through supervision and mentoring. Susan is recognised nationally for her expertise in nutrition and weight during pregnancy and is a current Board Director on the Australasian Diabetes in Pregnancy Society.



# Award of Merit at a Branch Level

**Georgia Rosetto  
(TAS)**



Georgia Rosetto has been a member of the Tasmanian Branch since 2015. She has held the roles of Chairperson (2016–2018) and Member Engagement Coordinator.

Georgia is a natural leader who strives to improve the Tasmanian Branch and strengthen the networking of dietitians in Tasmania.

Georgia's passion for dietetics and innovation for member engagement has allowed her to be a very valuable branch member. She has also proved to be a successful chairperson and a reliable dietetic contact.

**Kerryn Hornby  
(TAS)**



Kerryn Hornby has been a member of the Victorian (2017) and Tasmanian (2018–ongoing) branches. She has held the roles of Rural Engagement Officer, Member Engagement Coordinator, Treasurer and CPD coordinator.

Kerryn has always been a positive and professional team member who offers innovative ways to improve the Tasmania Branch and continuously offers her assistance and opinion for tasks. Kerryn is always known for expanding her availability outside her assigned role to provide assistance and support to other branch members.

**Caitlin Saunders  
(TAS)**



Caitlin Saunders is an APD working in the public health community setting. She became an active member of Dietitians Australia in 2009 and joined the Tasmania Branch in 2010. Caitlin has held various roles with the branch, including Vice-Chairperson and Chairperson.

As a community dietitian, Caitlin has a strong commitment to supporting the health and wellbeing of Tasmanians. Caitlin's contributions to both the local and dietetics community are significant.

## Kirsten Langendorf (TAS)



Kirsten was a member of the Tasmania Branch from 2015–2019, contributing in the role of Sponsorship Coordinator. Kirsten was a part of the weekend workshop and one-day workshop organising committees from 2015–2019. These provided professional development and networking opportunities for Tasmanian dietitians.

Kirsten has always been a team member who happily shares her knowledge and experiences with other branch members. Kirsten also has great networking abilities which has helped advocacy efforts for Tasmanian dietetics.

Kirsten's consistent commitment to the branch and CPD for Tasmanian dietitians over the years is unrelenting and admirable. Kirsten has maintained her relationship with Dietitians Australia and the branch during periods of maternity leave.

## Associate Professor Andrea Begley (WA)



Associate Professor Andrea Begley has been a Dietitians Australia member for over 30 years and was awarded Advanced APD in 2014. Andrea is a Senior Lecturer at Curtin University, with teaching and research responsibilities in dietetics and public health.

She has authored many journal articles and completed her Doctor of Public Health in 2013. Andrea served on Dietitians Australia's Member Engagement Advisory Committee. She has extensive experience in mentoring students, emerging dietitians and other dietitians wanting to achieve Advanced APD status.

## Dr Susan Hart (NSW)



Dr Susan Hart is an experienced nutrition specialist with a focus on the higher education industry. As a healthcare services professional and a Doctor of Philosophy, she is focused on the nutrition management of people with eating disorders.

Susan has strong relationship-building skills that allow individuals and groups across hospital and community settings to be stakeholders and contributors to the management of patients with eating disorders. This has highlighted the expertise and skills of the dietetic profession for improved patient outcomes.



# Barbara Chester Memorial Award

## Professor Marina Reeves



Professor Marina Reeves is an Advanced APD and international leading researcher in telephone-delivered weight-loss interventions, particularly for women surviving breast cancer.

Over the last 20 years, Marina has demonstrated research leadership in nutrition and dietetics and a commitment to training and mentoring high-quality research graduates. Her research has significantly improved the nutrition care provided to women following breast cancer treatment in Queensland.

Marina's research has been translated nationally, leading to demonstrable research impact and significant improvements in health outcomes for a range of population groups.

# President's Award for Innovation

## Kara Landau



Kara Landau is an APD and founder at Uplift Food. Kara has led the development of a US patent-pending formula for a prebiotic and probiotic functional cookie that has been proven to support gut health.

With the support of a clinical research trial, Gut Happy Cookies® contain a unique blend of prebiotics that promote the growth of good gut lactobacillus bacteria, and stimulate butyrate production, a beneficial short chain fatty acid.

Kara has manufactured and released this functional snacking line, and it is available in stores across New York City and beyond.

Her work shows the value of dietitians as innovators, and how by formulating food products with nutrition at their core, dietitians can impact the food supply and health of consumers.

With gut health at the centre of many of today's diseased states, it has never been more important to focus on how supporting good gut health through dietary choices, and using prebiotics as a preventative measure, can positively impact consumers.

# Quality in Primary Care Award

## Medium to Large Business Category



Established by APD Jodie Sheraton in 2007, Optimum Intake Dietitians has grown to become the largest team of dietitians in the Newcastle, Central Coast, Lake Macquarie and Hunter regions.

With a current team of 19 dietitians and 6 client care coordinators, Optimum Intake Dietitians delivers a range of dietetic services over 4 core service settings: Clinical Care, Disability Care, Residential Aged Care and Community Aged Care.

A positive and supportive Health at Every Size and non-diet aligned

workplace, which values evidence-based practice and collaborating with consumers to ensure client-centred care, allows the team to deliver exceptional service to the varied needs of its clients.

The team's strong commitment to CPD has enabled each team member to develop a specific focus area, with knowledge shared within the team during regular supervision.

It is this commitment that allows Optimum Intake Dietitians to build a sustainable, supportive and high-quality private practice that delivers information to inspire its clients towards improved health and wellbeing through the enjoyment, satisfaction, and simplicity of food.

## Small Business Category



Just Eat Nutrition is a team of 4 APDs working independently and collaboratively at 12 well-established multidisciplinary medical centres servicing the south-eastern suburbs of Melbourne and the Mornington Peninsula.

The organisation highly values the importance of cultural diversity, believing

this allows the team to communicate, understand, and treat patients with the best care possible.

Just Eat Nutrition is committed to patient-centred care and ongoing professional growth and development. The team is passionate about what they do and provide an excellent environment in which to learn, grow and succeed.

# Recognition of Meritorious Service Award

## Fiona McKendry



Fiona is a long-standing, valued employee of Dietitians Australia, who consistently performs to an exceptionally high level. She has demonstrated her outstanding commitment to the profession through the tireless hours she has spent supporting the implementation of the new Dietetic Skills Recognition (DSR) oral examinations.

Fiona has an unwavering ability to remain calm and measured in high-pressure, high-stake situations and consistently demonstrates an outstanding commitment to upholding the professional standards of the Australian dietetics profession.

# Small Grants Program

## Rhiannon Crane

**View of nutrition in patients with scleroderma and their treating physicians: the VENUS study**



Rhiannon Crane is an APD who graduated from a Bachelor of Nutrition and Dietetics from Flinders University in 2010. She has worked across subacute rehabilitation areas and acute areas in South Australia, mainly with older adults. Her special interest areas are malnutrition and gastroenterology, and she has worked closely with consumers in these areas throughout her 11-year career. For the past 5 years, she has been working in the management space of nutrition and dietetics and more recently as the Senior Manager of Nutrition and Dietetics for the Central Adelaide Local Health Network.

Rhiannon is passionate about consumer engagement and strongly believes this should not only underpin individual care but also be embedded in service design so that the nutritional care is targeted and meaningful and meets the consumer's needs and expectations. The scleroderma study will enable Rhiannon to engage consumers of the service in a meaningful way to inform future service planning.

## Tennealle Direen

**Nutritional rehabilitation in patients with rectal cancer: improving nutritional status and attenuating sarcopenia**



Tennealle Direen is an APD who graduated from a Bachelor of Nutrition and Dietetics (Honours) from Flinders University in 2016. Since graduating, she has worked as both a research assistant and a clinical dietitian. She has 4 years' experience working as a clinical dietitian in acute tertiary hospitals, with a special interest in gastrointestinal surgery, oncology, and perioperative nutrition. Tennealle was fortunate to assist with running the dietetics service at the Northern Adelaide Cancer Centre in 2019, which provided her with specialised knowledge in chemotherapy and radiotherapy nutrition.

Tennealle's research interests are in nutrition support across the perioperative period for patients undergoing gastrointestinal surgery, and she is currently leading the implementation of Enhanced Recovery After Surgery for colorectal cancer patients. She has special interests in both research and nutrition in colorectal cancer. She has experience in research project design, data collection and data analysis developed through her Honours research and having worked as an allied health research assistant.

# Branch CPD Grants

## ACT

Sian Hopkins  
Michelle Saunders  
Kristen Kizer

## NSW

Katie Eisenhauer  
Leanne Venkat  
Kirsty Law

## NT

Siobhan Carr  
Grace Dwyer  
Hannah Downes

## QLD

Grace Chalmers  
Georgina Horn  
Lucy-Mae Martin  
Nicole Brown Shepherd  
Luisa Cook  
Sally Griffin

## SA

Shenae Breeding  
Holly Ranson  
Hannah Rohrlach  
Georgia Middleton  
Jayne Barbour  
Brenda Tay  
Anna Roesler  
Alexandra Manson

## TAS

Gaye Rutherford  
Sharon King  
Josephine Tilley  
Georgia Rossetto

## VIC

Rhiannan Wing Shan Cheng  
Lauren Atkinson  
Kathleen Halliday  
Sarah Smith  
Emma Armstrong

## WA

Hollie Waters  
Maddie Todd  
Alana Dooley  
Sarah Chesher  
Emma Kwok  
Claire Gasper  
Rebecca Newton



## Section 7 – Education and Professional Services



The Education and Professional Services portfolio oversees Dietitians Australia events, the Centre for Advanced Learning (CAL), Interest Groups (IGs), state and territory Branches, ProQuest, Practice-based Evidence in Nutrition (PEN), Nutrition Care Process Terminology, the Resource Library, Practice Support, and the Nutrition & Dietetics journal.

## 2021–22 financial year highlights

Delivered the new 'How to Research' webinar series as part of the Complimentary Collaborations Campaign

Implemented a new events management system

Delivered 4 new CAL Evergreen courses, with 2 of these focusing on Dietitians Australia advocacy priority areas – aged care and mental health

Finalised a new IG and Branch Leadership Committee Manual and volunteer induction resources

Released the first 3 issues of the Dietitians Australia Professional Services Magazine

# Education Centre: Centre for Advanced Learning

The Centre for Advanced Learning is an education initiative of Dietitians Australia. It aims to provide high-quality and evidence-based continuing professional development (CPD) specifically designed to meet the education needs of Dietitians Australia members to advance their professional capacity.

CAL continued to increase offerings in the 2021–22 financial year, to work towards becoming the go-to CPD provider for dietitians. Responding to member feedback, CAL delivered 4 new Evergreen courses, 2 of which focus on current Dietitians Australia advocacy priority areas – aged care and mental health.

In addition, a membership wide CPD survey was distributed, highlighting new CPD topic areas that the team are currently working on developing.



## Key activities for the 2021–22 financial year

- Implemented a new events management system, aiming to improve member communications, engage in high-quality branding, and streamline internal processes.
- We developed 4 new Evergreen courses – Research Foundations for Dietitians, Mental Health Foundations for Dietitians, The Aged Care Sector for Dietitians, Managing and Measuring Growth. New course offerings are also under development.
- CAL currently offers 12 Evergreen courses:
  - Type 1 Diabetes Management for Dietitians
  - Clinical Dietetics for Bariatric Surgery
  - Translating the Aged Care Quality Standards
  - Nutrition Support for Critical Care
  - Psychology of Eating, Weight, and Body Image
  - Renal Nutrition for Dietitians
  - Gastrointestinal Nutrition for Dietitians
  - Food Service Management for Dietitians
  - Research Foundations for Dietitians
  - Mental Health Foundations for Dietitians
  - The Aged Care Sector for Dietitians
  - Managing and Measuring Growth
- We offered 3 highly interactive and fully online ‘In Practice’ courses:
  - Maternity, Infant and Children’s Nutrition and Immunological Disease
  - Paediatric Advanced
  - Paediatric Disordered Eating
- We offered 2 opportunities to participate in the 6-week Sports Nutrition Essentials Course in partnership with Sports Dietitians Australia.

# Education Centre: Dietitians Australia events

Dietitians Australia events are facilitated through the Education Centre, in collaboration with Interest Groups, Branches or the National Office. This excludes the national conference, which is coordinated by the Marketing and Member Services portfolio.



**Dietitians Australia  
Education Centre**

## Key activities for the 2021–22 financial year

This year, events have predominantly been facilitated virtually and via a hybrid model. This has enabled a record number of members to attend events, as the virtual and hybrid model breaks down geographical barriers.

In addition to continuing the current complimentary Collaborations Campaign – featuring the I'm a Dietitian podcast, the Advocacy Insights webinar series, and the Research Bites webinar series – a brand-new webinar stream was launched, the How to Research webinar series.

The Events team, in collaboration with the Advocacy and Policy team, also successfully delivered complimentary NAIDOC Week events.

## Professional Services

**Professional Services is responsible for supporting Dietitians Australia member communities, which includes both Interest Groups and Branches. The Professional Services team also oversees other tools to support dietetic practice, including the Resource Library, PEN, ProQuest, Nutrition Care Process Terminology, and the Nutrition & Dietetics journal.**

In the 2021–22 financial year, our 38 Interest Group and 8 Branch Leadership Committees completed 175 goals including:

- 61 engagement goals
- 44 knowledge goals
- 54 contribution goals
- 16 advocacy goals.

## Branch updates

### Australian Capital Territory Branch

Convenor: Currently recruiting/Vacant

During the 2021–22 financial year, many ACT Branch members had to resign or take leave. The ACT Branch is currently recruiting for a Convenor or Co-Convenors. The committee has been small however, efforts are being undertaken to regroup and move forward. The Branch is making ongoing efforts to engage with the community and reach out to APDs to stay connected.

Key achievements:

- Successful lake walk networking event held on 10 November 2021
- One CPD event planned for August (cancelled due to low registration numbers). One networking event planned for Christmas (cancelled due to bad weather conditions)
- Awarded 3 CPD Grants to ACT Branch members – Sian Hopkins, Michelle Saunders and Kristen Kizer

## New South Wales Branch



Georgia Wakefield, Convenor

While challenging, the 2021-22 financial year was productive, with the ongoing success of the virtual Masterclass series, online trivia and our first face-to-face event in 2 years.

It was also a year of change, farewelling Sara Lehmann, Billy Levenston and Simran Grover. We thank them for their valuable input, support and leadership. We also welcomed Georgia Wakefield, Claire Ho and Adela Yip as Convenor, Vice-convenor and Treasurer respectively. The committee is excited to deliver more interesting engagement and development opportunities.

Key achievements:

- Facilitated 3 Masterclass webinars, including:
  - Weight Management – presented by Janet Franklin
  - Motivating Clients for Successful Behaviour Change in Private Practice – presented by Michelle Theodosi
  - The Key Skills of Behaviour Change and What You Might Be Missing – presented by Shivaun Conn and Sharon Curtain
- Networking opportunities, including online trivia, in-person Engaging Eats Christmas event and the Awards and Networking Evening
- Contributed articles to the Dietitians Australia Professional Services Magazine
- Congratulated Merran Findlay on the Joan Woodhill Prize for Excellence in Research
- Congratulated Suzanne Kennewell on the Award of Merit
- Awarded 3 CPD grants to Katie Eisenhauer, Kirsty Law and Leanne Venkat

## Northern Territory Branch



Katelyn Paterson and Anthea Brand, Co-convenors

The 2021-22 financial year was a challenging year for the Northern Territory Branch. Many dietitians in the Northern Territory were redeployed to COVID-19 related activities and there were a number of dietitians, including members of the Branch, who left the Northern Territory to pursue new roles. As a result, many of our small team and extended membership base were unavailable. Our 2020-21 CPD event was delayed to early 2021 and, unfortunately, we have been unable to gain momentum to facilitate a CPD event in this financial year. However, we are planning an event for late 2022. Despite these challenges, we ran a number of successful engagement events. Our most successful activity is our CPD grants, which attract applications from a wide range of dietitians across the Northern Territory and are recognised as a key support for CPD. These activities are of particular importance when our members are under workplace stress and facing periods of uncertainty.

Key achievements:

- Facilitated 7 virtual or face-to-face networking engagement events
- Awarded 3 CPD grants to Northern Territory Branch members – Siobhan Carr, Grace Dwyer and Hannah Downes

## Queensland Branch



Jordan McCamley, Convenor

It was another challenging year, although the Queensland Branch leadership was still able to successfully deliver our 2 major events in and around lockdowns. The team has been amazing throughout the year and was incredibly flexible to ensure we were able to continue to support the professional development of Queensland dietitians.

### Key achievements:

- Held the annual Dietitians Australia Queensland Symposium with 50 in-person delegates and over 40 virtual registrations
- Organised a New Year Networking event in early 2022, with over 90 members turning out to support the event – the night consisted of an awards presentation, networking, career coaching and a panel Q&A session
- Awarded 6 CPD grants to Queensland Branch members – Grace Chalmers, Georgina Horn, Lucy-Mae Martin, Nicole Brown Shepherd, Luisa Cook and Sally Griffin

## South Australia Branch



Letizia Sasanelli, Convenor

It was a challenging yet exciting year for many of our dietitians. COVID-19 restrictions were eased and many of our dietitians were eager to meet face-to-face and network again. The committee is looking forward to the upcoming year, as Adelaide is hosting the Dietitians Australia annual conference.

### Key achievements:

- The committee organised 4 networking walks during the year all over Adelaide – we had a great turnout for all the walks
- The leadership committee hosted their first face-to-face CPD event following the pandemic, entitled An Intro to NDIS and the Role of the Dietitian – 15 dietitians from different areas of work attended
- Student virtual networking events A Day in the Life of a Dietitian were held on 3 May and 6 October 2021
- South Australia Member End of Year Drinks on 19 November 2021
- Awarded 8 CPD grants to South Australia Branch members – Shenae Breeding, Holly Ranson, Hannah Rohrlach, Georgia Middleton, Jayne Barbour, Brenda Tay, Anna Roesler and Alexandra Manson



## Tasmania Branch



Varitha Kinghorn, Convenor

This financial year the Tasmania Branch farewelled a few longstanding committee members. We would like to thank them for their time and significant contributions to the Branch. Despite continuing challenges with the pandemic, the committee is committed to providing support to engage our members and advocate for our beloved profession.

### Key achievements:

- Held 2 webinars on the topics of Hypos to Hypers: Navigating the Spectrum of Glycaemia and Food Intolerance Management for Dietitians. Both events were very well accepted and had great attendance
- Held 2 member engagement networking events across all regions of Tasmania, including after-work drinks networking and the annual Jingle and Mingle pre-Christmas social
- Advocated on behalf of Tasmanian dietitians on several state-wide committees, including the Allied Health Network Advisory Committee, the Equally Well Working Group for Tasmanians living with mental health, and the Primary Health Tasmania Aged Care Working Group
- Successfully nominated 5 outstanding Tasmanian dietitians for awards to celebrate their contribution to the local Tasmania Branch and National level. Award recipients included Stephen Hodgkinson, Georgia Rossetto, Caitlin Saunders, Kerryn Hornby and Kirsten Langendorf
- Awarded 4 CPD grants to Tasmania Branch members – Gaye Rutherford, Sharon King, Josephine Tilley and Georgia Rossetto

## Victoria Branch



Ruth Walker and Sophie Adley, Co-convenors

The Victoria Branch enjoyed a productive year, most of it being out of lockdown. We overcame the challenges faced in 2020 and part of 2021 and were able to plan and run events to meet our goals for the year.

### Key achievements:

- Contributed an article to the Dietitians Australia Professional Services Magazine
- Monthly Share Plate posts
- Facilitated a CPD webinar event, Pregnancy and Weight Loss Surgery
- Hosted a networking event that included 45 dietitians from around Victoria (this event was held in June 2022, after our initial planned event in March 2022 was cancelled due to ongoing COVID-19 restrictions)
- Hosted an APD and student social night on 10 July 2021
- Awarded 5 CPD grants to Victoria Branch members – Rhiannan Wing Shan Cheng, Lauren Atkinson, Kathleen Halliday, Sarah Smith and Emma Armstrong

## Western Australia Branch



Frances Foulkes-Taylor, Convenor

The 2021-22 financial year has been highly successful for the Western Australia Branch leadership committee, which has evolved to be a more cohesive and collaborative group during this time. Since July 2021 the committee has organised 3 well-attended CPD and engagement events, including a face-to-face half-day symposium in Perth on 5 November 2022.

### Key achievements:

- Held a half-day face-to-face symposium in Perth, with guest speakers, workshops and presentations of abstracts. The event was attended by 95 Western Australian dietitians, including presenters
- Organised 2 engagement quiz night events in Perth, attended by 10 and 26 dietitians respectively
- Enhanced Western Australia Branch leadership committee engagement through setting the 2022 committee goals, allocating specific roles, and creating member profiles to be uploaded onto Share Plate
- Awarded 8 CPD grants to Western Australia Branch members – Hollie Waters, Maddie Todd, Alana Dooley, Sarah Chesher, Emma Kwok, Claire Gasper, Hollie Waters and Rebecca Newton



WA Branch Leadership Committee

## Interest Group (IG) updates

### Adverse Food Reactions Interest Group

The Interest Group achieved all its planned goals, plus some additional ones, thanks to the invaluable input from its 11 leadership members. The leadership committee had good retention, with the addition of a new member, and an effective transition to a new Convenor and Secretary.

Key achievements:

- Held or collaborated on 4 successful webinars, with high engagement:
  - Introduction to the Diagnosis and Management of Adverse Food Reactions in Infants and Children (112 registrants)
  - The Role of Adverse Food Reactions in Skin Conditions (61 registrants)
  - The Role of Dietary Management in Faecal Microbial Transplants (65 registrants)
  - Food Intolerance Management for Dietitians (162 registrants)
- Leadership committee members contributed to:
  - Dietitians Australia Health advice pages – Cow’s milk (dairy) allergy and Plant-based milk
  - 2022 Dietitians Week social media campaign
  - The Dietitians Australia Professional Service Magazine
  - FSANZ infant formula standards – 10-year review
- Engaged the Share Plate community (1439 members) with 136 discussion posts on a range of topics, enhancing engagement with monthly leadership posts

### Bariatric Surgery Interest Group

From a 1000 strong membership, 6 members actively participated in the leadership committee, with a focus on professional development topics of high interest – weight regain, disordered eating patterns, and body image.

Key achievements:

- Delivered a journal club series (JCS) via zoom that attracted 30 live attendees, and 55 recorded views. Sessions concluded with a case study

- Developed resources to assist with running the JCS (Excel article log, 3 PowerPoint presentations, 3 critical appraisal quizzes). The critical appraisal quiz facilitated participant engagement
- Developed and administered a short 13-item survey to monitor changes in ProQuest use, Bariatric Surgery Interest Group Share Plate and critical appraisal skills associated with JCS participation
- A working party reviewed the PEN bariatric surgery practice questions and identified 24 questions needing updates. Dietetic students (Masters students from the University of Queensland) assisted in 4 literature reviews, with one used to update a PEN knowledge pathway, and identified current publications answering 14 questions
- Commenced updating the Bariatric role statement
- Received a Dietitians Australia External Conference Dietetic Research Prize
- Recruited a Vice-Convenor and 3 new committee members
- Contributed to the FSANZ review of Very Low Energy Diet products
- Contributed to the 2022 Dietitians Week social media campaign

### Corporate Nutrition Interest Group

The Corporate Nutrition IG leadership committee grew in the 2021-22 financial year, with 3 new members joining. Our focus this year remained on upskilling and inspiring our members, and we successfully delivered 2 webinars with diverse subjects and speakers. We look forward to another productive year advocating for those working in corporate nutrition.

Key achievements:

- Delivered 2 webinars:
  - Career Possibilities in Corporate Nutrition: A Showcase highlighted the career paths of three dietitians working in diverse areas of corporate nutrition
  - Communicating with Confidence – Sharon Natoli presented on how to develop confidence to speak up in the presence of power, grow your influence and ‘unmute’ yourself in meetings
- Contributed to the Dietitians Australia’s position paper on a health levy on sugary drinks

## Cystic Fibrosis Interest Group

Over the second year of the pandemic, the Cystic Fibrosis Interest Group (CFIG) has still managed many key achievements and supported each other with pivots in clinical care, professional development and research.

Key achievements:

- Hosted a national virtual CFIG meeting in August 2021 – 33 cystic fibrosis dietitians attended
- Contributed to issues 1 and 3 of the Dietitians Australia Professional Services Magazine
- Contributed to the Dietitians Australia 2022 Dietitians Week social media campaign
- The CFIG leadership committee disseminated a survey to the CFIG to get feedback from the group regarding the Cystic Fibrosis Nutrition Guideline update due in 2022
- 1 leadership member presented at the Cystic Fibrosis Nutrition 101 session in August 2021
- 1 leadership member was appointed to the organising committee for the 14th Australasian Cystic Fibrosis Conference

## Diabetes Interest Group

It has been a productive year for the Diabetes Interest Group. The committee acquired 4 new members, lost 2 members and is currently recruiting for a Convenor.

Key achievements:

- Leadership committee members contributed to:
  - the Dietitians Australia 2022 Dietitians Week social media campaign
  - the Dietitians Australia Professional Services Magazine
  - Dietitians Australia Health advice
  - Diabetes and Low-carb diets for people with type 1 and type 2 diabetes
  - Dietitians Australia comments on the Australian Diabetes Education Association (ADEA) National Diabetes Nursing Education Framework
  - Dietitians Australia comments on the new guidelines on Diabetes Feet
  - ADEA resources for people with diabetes and intellectual disabilities
- Completed the PEN Knowledge pathway review on Insulin Pump Therapy
- Delivered 2 webinars:
  - Eating Disorders in Type 1 Diabetes, in October 2021
  - Binge Eating Disorder in Type 2 Diabetes, in March 2022

- Published multiple posts and monitored Share Plate activity
- Received a Dietitians Australia External Conference Dietetic Research Prize, to be awarded at the Australasian Diabetes Congress in August 2022

Diabetes Interest Group Chapters key achievements:

- Victoria Chapter facilitated the Diabetes Update Day in February 2022
- Western Australia Chapter:
  - Facilitated a workshop on diabetes and carbohydrates in November 2022
  - Held 5 meetings with professional development components for members – attendance was 8 to 15 people
- New South Wales Chapter held 3 meetings with professional development components for members
- Queensland Chapter held their first meeting in July 2021

## Dietitians in Management Interest Group

The focus of this year's activities for the Dietitians in Management Interest Group was to re-engage with members.

Key achievements:

- Undertook a survey of members to understand their views on how best to engage with them – we received 40 responses, with useful views
- Increased engagement on Share Plate
  - Posted 7 member biographies to highlight the diversity and strengths of dietitians in management
  - Posted tips from 2 leading dietitians on 'Important skills to have as a leader in the field'
- Contributed to the Dietitians Australia podcast episode 'Dietitians in Management'

## Eating Disorder Interest Group

The Eating Disorder Interest Group (EDIG) has experienced another rewarding year, due to collaborative efforts of the leadership committee and the IG community, which comprises over 1700 members.

Key achievements:

- Enhanced engagement with the community, with regular Share Plate posts. Posts included information on resources, research training opportunities, case studies and clinical expertise. The lived experience of an individual with an eating disorder was acknowledged, with a publication of their narrative as well as a guest article by an occupational therapist

- Delivered 2 webinars:
  - Nutritional Rehabilitation with Anorexia Nervosa and the Role of the Gut Microbiome
  - Eating Disorders in Private Practice: Advantages and Challenges
- Received a Dietitians Australia External Conference Dietetic Research Prize, to be awarded at the Australian & New Zealand Academy of Eating Disorders (ANZAED) Conference
- Commenced updating the Eating Disorder role statement
- Contributed to issue 2 of the Dietitians Australia Professional Services Magazine
- EDIG Leadership Committee represented Dietitians Australia at the ANZAED Credentialing Governing Council
- Developed a series of 21 professional and consumer education resources for dietitians who work in or have an interest in the area of eating disorders
- Ran a workshop, Improving Our Food System One Bite at a Time: Inspiring Tales From Dietitians at the 2021 Dietitians Australia Conference
- Contributed feedback to the 2022–2025 Strategic Plan
- Received International Confederation of Dietetics Associations funding to revamp the Eco-Friendly Food Challenge
- Ongoing work towards a toolkit resource for dietitians to upskill in healthy and sustainable diets
- Contributed to 2 publications
  - Dietitians Australia position statement on healthy and sustainable diets
  - A Rapid Review of the Environmental Impacts Associated with Food Consumption in Australia and New Zealand
- Received a Dietitians Australia External Conference Dietetic Research Prize, awarded to 2 members at the Public Health Association Australia Conference
- Contributed to the Dietitians Australia Australian Dietary Guidelines working group
- Engaged with members via Share Plate
- Contributed to the Dietitians Australia Professional Services Magazine
- Contributed to the Dietitians Australia 2022 Dietitians Week social media campaign

### Emerging Dietitians Interest Group

Despite the difficulties of COVID-19, the Emerging Dietitians Interest Group (EMERGIG) continued to bring enthusiasm and new ideas to each leadership meeting during the 2021–22 financial year. We have had 2 exciting new additions to the leadership committee – Olivia Downie as Co-convenor and Brenda Tay as Secretary, who have both been invaluable since their commencement. The EMERGIG is looking forward to the 2022–23 financial year as an opportunity to recommence face-to-face events.

Key achievements:

- Started developing a CPD resource targeted at emerging dietitians, which highlights conferences, courses, webinars and other useful tools and resources for various specialty areas. This resource will be finalised and published in the 2022–23 financial year
- Contributed to issue 3 of the Dietitians Australia Professional Services Magazine

### Food and Environment Interest Group

This year has been an excellent year for the Interest Group. We have generated important outputs that have enhanced Dietitians Australia policy and added to dietitians' knowledge base on the critical issue of healthy and sustainable diets.

Key achievements:

- Delivered 2 webinars:
  - Dr Brad Ridoutt from CSIRO shared his work into healthy and sustainable diets in Australia
  - Action, Advocacy, Allyship and Activism for Healthy and Sustainable Food Systems

### Food Service Interest Group

The Food Service Interest Group has grown in numbers over this past year, and it is great to see more interest in this area. The past year has presented our IG leadership team with challenges in relation to the capacity to contribute and take on all the goals that we have set.

Olivia Farrer stepped down from her role as a Co-convenor at the end of 2021 and Libby Tearne took over in the Co-convenor role. We wish to thank Olivia for her leadership and time and welcome Libby.

Key achievements:

- Developed and submitted a report-writing workshop for the 2022 Dietitians Australia Conference
- Held 2 Sharing Solutions Zooms: one on benefits of a room service implementation for hospital food service and one on aggregate food wastage audit methods for food services
- Contributed to the Dietitians Australia Professional Services Magazine

## Health Behaviour and Weight Management Interest Group

It has been another challenging year, but the committee has continued to meet virtually on a regular basis.

Key achievements:

- Facilitated a webinar, Medications for Weight Management, with 3 speakers who demonstrated the need for interdisciplinary care and collaboration to support patient care in this area of practice
- Contributed to the Dietitians Australia 2022 Dietitians Week social media campaign
- Submitted a seminar proposal to the Dietitians Australia 2022 Conference entitled: 'Very Low Calorie/Very Low Energy Diets (VLCDs/VLEDs) in different contexts: Overview and panel discussion'. The seminar will be presented at the 2022 Dietitians Australia Conference
- Surveyed members on their use and needs for the Share Plate platform and the online resource library, with follow-up discussions at the 2021 Dietitians Australia Conference. In response to our members, regular content is being posted to Share Plate, including upcoming conference and training events and recent research. A list of relevant resources is also being collated in the resource library and we will contribute to a resource library being developed by the Emerging Dietitians IG in the coming year

## Indigenous Nutrition Interest Group

The Indigenous Nutrition Interest Group has provided advocacy on Aboriginal and Torres Strait Islander nutrition issues and provided support to other Dietitians Australia members working in this area. The leadership team has worked with Dietitians Australia and the Reconciliation Action Plan Working Group (RAPWG) with the aim of ensuring culturally safe nutrition and dietetic services are provided to Aboriginal and Torres Strait Islander people and communities.

This leadership group, with its limited capacity, has been committed to progressing this work while managing the challenges of working in remote regions and has committed to continuing to support others working with First Nations people.

Key achievements:

- Held a networking meeting on 10 September 2021. Twenty-three people registered and the focus was on getting to understand needs of members and how the IG can provide support
- Contributed to the launch of 'A guide to strengths-based Aboriginal and Torres Strait Islander communications'
- Worked with the RAPWG to provide support and feedback where needed

## Mental Health Interest Group

The Mental Health Interest Group (MHIG) had a productive year supporting and advocating for the mental health dietetic workforce. The committee supported each other to work through the challenges posed by the pandemic.

Key achievements:

- Facilitated 1 joint webinar with the Eating Disorders Interest Group
- Contributed to the:
  - Dietitians Australia Professional Services Magazine
  - Dietitians Australia 'I'm a Dietitian' podcast
  - Dietitians Australia Health advice page on mental health
- Produced monthly research updates on the MHIG Share Plate page
- Updated the Dietitians Australia Mental Health role statement
- Contributed to the development of the Mental Health Centre for Advanced Learning Course
- Continued development of a standardised student lecture on nutrition and mental health
- Provided feedback on the National Mental Health Workforce Strategy and on the Terms of Reference for the Select Committee Inquiry into the Opportunities to Improve Mental Health Outcomes for Queenslanders
- The Mental Health and Nutrition & Dietetic Information (MHANDi) Committee has continued to develop and review resources to support dietitians working in mental health

## Nutrition Support Interest Group

We consist of a small group of dedicated nutrition support dietitians who are passionate about ensuring our colleagues have access to up-to-date evidence-based practice resources. Despite ongoing challenges due to COVID-19, the IG had a successful year.

Key achievements:

- Developed the Dietitians Australia Nutrition Support survey to be distributed in the next financial year with the aim of informing future revisions of the Enteral and Parenteral manuals
- Received low-risk ethics approval for distribution of the above survey
- Received a Dietitians Australia External Conference Dietetic Research Prize, awarded at the 2021 Australian Society of Parenteral and Enteral Nutrition (AuSPEN) Conference
- Contributed to the Dietitians Australia 2022 Dietitians Week social media campaign
- Contributed to the Dietitians Australia Professional Services Magazine

## Oncology Interest Group

The Oncology Interest Group had a productive 12 months and managed to achieve the goals it set for the year. A small group of dedicated oncology dietitians continued to work to raise the profile of oncology nutrition and ensure evidence-based information is available both to fellow dietitians and the public.

Key achievements:

- Contributed 2 articles to the Dietitians Australia Professionals Services Magazine:
  - A member profile – Meet an oncology dietitian
  - A new position statement article – the Clinical Oncology Society of Australia (COSA) position statement on cancer-related malnutrition and sarcopenia
- Contributed to reviewing the Dietitians Australia Health advice page, 'Can your diet prevent and treat cancer?'
- Received a Dietitians Australia External Conference Dietetic Research Prize, awarded at the 2021 COSA Annual Scientific Meeting to Jenelle Loeliger, AdvAPD, for her abstract titled 'How do we improve nutrition care and information for cancer patients? Exploration of patient, carer and health professional access, perceptions and practices: A mixed-methods study'

## Paediatrics and Maternal Health Interest Group

The Paediatrics and Maternal Health Interest Group had a successful year, meeting annual goals, engaging with members and recruiting new leadership committee members.

Key achievements:

- Recruitment of a new Secretary and 3 new Co-convenors (one has now stepped down)
- Contributed to:
  - the Dietitians Australia 2022 Dietitians Week social media campaign
  - the Dietitians Australia Professional Services Magazine on the role of a dietitian/lactation consultant
  - the Dietitians Australia Health advice page on pregnancy and breastfeeding
- Posted regularly and engaged fortnightly with members on Share Plate
- Continued the Breastfeeding and Nutrition Working Group (BNWG), which currently has close to 40 members
- The BNWG hosted a successful breastfeeding webinar, with 129 registrations
- Support of a conference prize for the Australasian in Diabetes in Pregnancy Society Conference

## Polycystic Ovarian Syndrome Interest Group

A quiet year of supporting Polycystic Ovarian Syndrome (PCOS) Interest Group members through online postings of recent research and answering dietitian queries through online discussion.

Key achievements:

- Provided online support for dietitians requiring assistance with PCOS dietetic management
- Highlighted recent PCOS research papers and how this may have clinical relevance
- Contributed to the Dietitians Australia Health advice page on PCOS

## Public Health and Community Nutrition Interest Group

We have successfully completed majority of our goals, despite having a number of challenges due to COVID-19 and weather impacts. A main goal was to engage IG members through Share Plate. We have had some leadership team members resign, however, we have successfully recruited and retained our leadership members.

## Key achievements:

- 43 posts to IG's Share Plate, which were mainly information-sharing posts
- Contributed 2 advocacy and 2 member profile articles to the Dietitians Australia Professional Services Magazine
- Conducted a survey of IG members for member needs assessment, with 60 responses
- Conducted a symposium at the 2021 Dietitians Australia National Conference, 'Driving change through public health nutrition – a Victoria case study' with invited guests from the Department of Health Victoria and the Victorian Healthy Eating Advisory Service
- Facilitated a virtual networking event at the 2021 Dietitians Australia National Conference
- Commenced updating the Public Health and Community Nutrition role statement, to be finalised in the 2022–23 financial year

## Rehabilitation and Aged Care Interest Group

The Rehabilitation and Aged Care Interest Group (RACIG) welcomed new members to the leadership team, which expanded the experience and expertise of the group. COVID-19 and the associated lockdowns at the end of 2021 made it difficult to progress with our planned activities. However, the RACIG has developed a strong annual plan for the 2022–23 financial year and is excited to continue our work.

### Key achievements:

- Published the Older People and Aged Care role statement
- Contributed to:
  - the Dietitians Australia 'I'm a Dietitian' podcast
  - 2 Dietitians Australia Health advice pages on malnutrition and protein
  - the Dietitians Australia 2022 Dietitians Week social media campaign

## Rural, Regional and Remote Interest Group

It has been an exciting year for the Rural, Regional and Remote Interest Group, but it has also been difficult to increase engagement with members since transitioning from a discussion group to an IG.

### Key achievements:

- The implementation of our first annual plan and establishment of our leadership committee
- Regular posts on Share Plate
- Contributed to the Dietitians Australia 2022 Dietitians Week social media campaign
- Contributed to the Dietitians Australia Professional Services Magazine
- The leadership committee successfully coordinated a seminar abstract for the 2022 Dietitians Australia National Conference. Planning for the conference seminar is underway with committee members working with dietitians across multiple states to develop a program to engage with rural dietitians at the conference



Public Health and Community Nutrition Interest Group Symposium at the 2021 Dietitians Australia Conference

# Section 8 – Appendices



# Appendix A – Membership statistics

Category	ACT	NSW	NT	QLD	SA	TAS	VIC	WA	Overseas	Total
APD only	1	14	2	12	3	1	14	4	7	<b>58</b>
Affiliate member	0	1	0	1	0	0	2	1	1	<b>6</b>
Full time	96	926	44	889	241	68	913	302	354	<b>3833</b>
Part time	41	636	7	495	129	32	521	173	29	<b>2063</b>
Career break	1	20	0	14	2	2	15	6	14	<b>74</b>
Full time study	2	56	0	48	17	0	32	7	4	<b>166</b>
Non-practising dietitian	2	17	1	12	2	0	14	0	5	<b>53</b>
Parental leave	7	73	4	74	20	3	81	21	11	<b>294</b>
Seeking work/unpaid work	12	143	4	112	39	7	157	32	38	<b>544</b>
Retired	6	16	1	6	4	1	15	5	0	<b>54</b>
Life member	1	3	0	1	4	0	2	3	0	<b>14</b>
Honorary member	0	1	0	0	0	0	0	1	0	<b>2</b>
Student	33	306	2	406	101	2	282	91	24	<b>1247</b>
<b>Grand total</b>	<b>202</b>	<b>2212</b>	<b>65</b>	<b>2070</b>	<b>562</b>	<b>116</b>	<b>2048</b>	<b>646</b>	<b>487</b>	<b>8408</b>



Membership numbers – last 5 years	2017	2018-2019	2020	2021	2022
Working	4824	5029	5301	5305	5879
Currently not working	643	590	655	917	784
Not working in a related industry	48	38	39	40	53
Overseas	396	433	442	447	393
Retired	54	50	25	52	54
Student dietitian	462	1029	949	1090	1225
Honorary life and honorary members	13	12	11	14	14
Affiliate	11	13	6	8	6
<b>Total</b>	<b>6440</b>	<b>7221</b>	<b>7428</b>	<b>7873</b>	<b>8408</b>
% increase from previous year	2.7	12.1	2.9	6	6.8
Deferred	373*	459	363	380	133
Resignations	22	33	24	43	12
Reinstatements	465	469	n/a	72	584
Lapsed	361	289	682	303	144
Suspended/expelled	0	0	0	0	4

\* 320 deferred for all of 2017; 53 deferred for part of 2017



# Appendix B – Councils, committees, spokespeople and working parties

## Regulatory Services portfolio

Position	Name
<b>Australian Dietetics Council (as of 30 June 2022)</b>	
Chairperson	Claire Palermo
Deputy Chairperson	Andrea Elliot
Members	Judy Bauer
	Andrea Bramley
	Fiona Pelly
	Annabel Sweeney
External members	Simone Arnott
	Susanne Owen
	John Stubbs
<b>Dietitian and Nutritionist Regulatory Council (as of 30 June 2022)</b>	
Chairperson	Claire Palermo
Members	Julie Dundon
	Deanne Harris
	Julie Hulcombe
	Henry Leung
Nutritionist	Amanda Devine
External members	Marilyn Baird
	Rod Wellington

## Advocacy and Policy portfolio

Position	Name
<b>Food Regulatory and Policy committee</b>	
Chairperson	Miranda Blake
Members (as of 30 June 2022)	Bobbie Crothers
	Elyse Denman
	Felicity Curtain
	Louise Fisher
	Amanda Grech
	Chris Irwin
	Genevieve James-Martin
	Sisi Jia
	Fleur Lesslie
	Teri Lichtenstein
	Rajshri Roy
	Meg Ryan
	Helen Tran
	Kate Wilkinson
<b>Representatives</b>	
Australian Stroke Coalition	Julia Schindlmayr
Australian & New Zealand Hip Fracture Registry Steering Committee	Jack Bell
Australian Clinical Terminology Users Group	Jordan McCamley
Crohn's and Colitis Association Inflammatory Bowel Disease Paediatric Quality of Care Project	Deirdre Burgess
Don't Rush to Crush Fourth Edition Editorial Committee	Emma Osland
Food Safety Information Council	Sheri Cooper
Food Standards Australia New Zealand Consumer and Public Health Dialogue	Elizabeth World
Food Standards Australia New Zealand Food Allergen Collaboration	Anne Swain
Living Stroke Guidelines	Fiona Simpson
Medical Education and Scientific Advisory Council, Diabetes Australia	Shannon Lin
Mental Health Australia	Julia Schindlmayr
National Aged Care Alliance	Vanessa Schuldt
	Julie Dundon
	Robert Hunt
NSW Agency for Clinical Innovation (ACI) Home Enteral Nutrition (HEN) Executive Committee	Charity Spalding
NSW Primary Health Care Cancer Advisory Group Terms of Reference	Megan Jackson
Nutrition and Dining Experience Expert Advisory Group – Aged Care Quality and Safety Commission	Vanessa Schuldt
World Breastfeeding Trends Initiative Australia Reference Group	Kathleen Halliday

## Marketing and Communications portfolio

Position	Name
<b>Scientific and Social Program Committee (SSPC, 2022 conference)</b>	
Director responsible	Glenn Cardwell (until November 2021)
Chairperson	Annabelle Wilson
Vice-Chairperson	Sarah Forbes
Members	Alison Yaxley
	Hannah Rogers
	Morgan Pankhurst
	Louisa Matwiejczyk
	Kaitlin Ellis
<b>Emerging Dietitians Subcommittee (as of 30 June 2022)</b>	
Co-chairperson	Hannah Rogers
Co-chairperson	Kaitlin Ellis
Members	Clare Flower
	Bridget Arneric
	Emma Davidson
<b>Media spokespeople (as of 30 June 2022)</b>	
ACT	Lisa Donaldson
NSW	Clare Collins
	Trent Watson
	Alan Barclay
	Kate Gudorf
	Nicole Dynan
	Jane Freeman
	Anika Rouf
QLD	Kate Di Prima
	Maria Packard
SA	Themis Chryssidis
	Natasha Schilling
TAS	Milly Smith
VIC	Melanie McGrice
	Lisa Renn
	Joel Feren
	Tim McMaster
	Felicity Curtain
WA	Charlene Grosse
	Margaret Hays

## Corporate portfolio

Position	Name
<b>Finance, Risk and Audit Committee (FRAC)</b>	
Director responsible and Chairperson	Margot Richardson
Members (as of 30 June 2022)	Damien Angus
	Tracy Hardy
	Lauren Ball

## Education and Professional Services portfolio

Position	Name
<b>Nutrition &amp; Dietetics Journal Executive Committee</b>	
Chair	Judi Porter
Members	Robert Hunt
	Rebecca Mete
	Dianne Reidlinger
<b>Nutrition &amp; Dietetics Journal Editors and Editorial Board Members</b>	
Editor in Chief	Judi Porter
Editor	Dianne Reidlinger
Statistics Editor	Marijka Batterham
Systematic Literature Review Editor	Elizabeth Neale
Clinical Trials Editor	Sharleen O'Reilly
Editorial Board Members	Lucinda Bell
	Andrea Braakhuis
	Clare Corish
	Suzie Ferie
	Vicki Flood
	Janelle Gifford
	Kathryn Hart
	Ingrid Hickman
	Vasant Hirani
	Tilakavati Karupaiah
	Nicole Kiss
	Evangeline Mantzioris
	Claire Palermo
	Kirrilly Pursey
	Anna Rangan
Lynda Ross	
Jane Scott	

Position	Name
Editorial Board Members (continued)	Narissa Soh
	Sze-Yen Tan
	Helen Truby
	Robin M. Tucker
	Shelley Wilkinson
	Serene Yoong
	Adrienne Young
	Jo Zhou

## Branch committee members (as of 30 June 2022)

Committee	Position	First name
ACT	Members	Baan Al Kinani
		Ekavi Georgousopoulou
		Sian Hopkins
NSW	Convenor	Georgia Wakefield
	Members	Claire Ho
		Tamara Blickisdorf
		Joseph Gregory
		Adela Yip
		Erika Hung
		Karly Zacharia
		Melissa Eaton
		Micaela Adendorff
NT	Co-convenor	Anthea Brand
	Co-convenor	Katelyn Paterson
	Members	Tania Whight
		Emily Catton
		Jenae Fattore
		Lauren Ross
		Charlotte Campbell
		Grace Nell
Laura Baddeley		

Committee	Position	First name
QLD	Convenor	Jordan McCamley
	Members	Katie Slater
		Alanah Giles
		Danielle Cave
		Elyssa Hughes
		Felicity Loel
		Lana Mitchell
		Clare Perrett
		Madison Ebert
		Molly Dittmar
		Renee Dix
		Hannah Olufson
		Hossein Khosravi Boroujeni
		Hannah O'Connor
Amy Buchanan		
Andrea Love		
SA	Convenor	Letizia Sasanelli
	Members	Celeste Schammer
		Dimity Dutch
		Hoi Yan (Kitty) Wong
		Jayne Barbour
		Karissa Deutrom
		Brenda Tay
		Morgan Pankhurst

Committee	Position	First name
<b>TAS</b>	Convenor	Varitha Kinghorn
	Members	Josephine Tilley
		Monica Stagg
		Andrea Ortiz
		Claire Galloway
		Kerryn Hornby
		Phoebe Nelson
		Soraya Dunizzo
		Roger Hughes
		Carole MacGregor
<b>VIC</b>	Co-convenor	Ruth Walker
	Co-convenor	Sophie Adley
	Members	Adelaide Giddens
		Amelia Belich
		Chanel Relf
		Liyuan (Charlene) Hong
		Hoi Chung (Janice) Siu
Pooja Adhyaru		
<b>WA</b>	Convenor	Frances Foulkes-Taylor
	Members	Ellen Paynter
		Emily Calton
		Catherine Panossian
		Rhiannon Dick
		Clare Keating
		Julia Middeke
		Kimberley Dutkowski
		Amber Marie Rose

## Interest Group committee members (as of 30 June 2022)

Interest Group	Position	Name
Adverse Food Reactions	Convenor	Kirsty LeRay
	Members	Kim Faulkner-Hogg
		Wendy Stuart-Smith
		Anne Swain
		Sharon Trueman
		Neelam Pun
		Brooke Scott
		Shae Rickards
		Joanna Baker
		Annabel Clancy
Geraldine Van Oord		
Bariatric Surgery	Convenor	Louise Elvin-Walsh
	Members	Carly Barlow
		Breanna Elphick
		Catherine Harbury
		Cassandra Stuchbery
		Charlene Wright
		Alyce Rees
		Isabella Maimone



Interest Group	Position	Name
<b>Culturally and Linguistically Diverse</b>	Convenor	Soumya Kuthadi
	Members	Lindiwe Mpala
		Amy Peng
<b>Cystic Fibrosis</b>	Convenor	Jodi Grunert
	Members	Karen Herd
		Angela Matson
		Felicity Loel
		Lauren Farquhar
		Susannah King
		Jacqui Anderson
		Kristyn Ford
<b>Cardiology</b>	Convenor	Emily Monro
<b>Corporate Nutrition</b>	Co-convenor	Felicity Curtain
	Co-convenor	Rachael Adams
	Members	Zahra Adem
		Ashleigh Robinson
		Sarah Haworth
Monique Heller		
<b>Dietetic Educators</b>	Co-convenor	Tania Wiesmayr-Freeman
	Co-convenor	Kelly Squires
<b>Diabetes</b>	Acting Convenor	Sunita Date
	QLD Chapter Coordinator	Nicole Walker
	NSW Chapter Coordinator	Robyn Barnes
	WA Chapter Co-coordinator	Naomi Crosby
	WA Chapter Co-coordinator	Charlene Shoneye
	Members	Ellen Payne
		Hana Niyaz
		Samantha Stuk
Rachel Freeman		
Steve Flint		
Tim McMaster		

Interest Group	Position	Name
<b>Disability</b>	Co-convenor	Sue Gebert
	Co-convenor	Kathryn Toohey
	Members	Jamil Tuazon
		Sally Girvan
		Michelle Livy
		Natalie Mullins
		Kate Upton
Chadia Bastin		
<b>Dietitians in Management</b>	Co-convenor	Erika Harman
	Co-convenor	Andrew McAinch
	Members	Jessica Zilujko
Sharon Youde		
<b>Dietitians in the Private Sector</b>	Convenor	Ashleigh Jones
	Members	Sally Marchini
		Cathie Lowe
<b>Eating Disorder</b>	Convenor	Mellisa Ashley
	Members	Deanne Harris
		Jodie Sheraton
		Fumi Somehara
		Claire Toohey
		Tessa Heinonen
		Michelle Theodosi
		Caitlin McMaster
		Jessica Tilbrook
		Tetyana Rocks
<b>Emerging Dietitians</b>	Co-convenor	Olivia Downie
	Co-convenor	Dimity Dutch
	Members	Brenda Tay
		Claudia Coombes
		Claudia Cramer
<b>Food Composition</b>	Co-convenor	Karly Bartrim
	Co-convenor	Vivienne Guan
	Members	Yasmin Probst
		Elizabeth Neale

Interest Group	Position	Name
<b>Food and Environment</b>	Co-convenor	Stefanie Carino
	Co-convenor	Nicole Senior
	Members	Nathan Cook
		Kathy Faulkner
		Rachael Cox
		Liza Barbour
		Kristen Mackenzie-Shalders
		Karen Charlton
		Sara Forbes
		Alison Kempe
		Sandra Murray
		Kate Wingrove
		Ellyn Bicknell
Jo McCormack		
Emily Kay		
<b>Food Service</b>	Co-convenor	Sara Forbes
	Co-convenor	Elizabeth Tearne
	Members	Denise Cruickshank
		Laura Barsha
		Jane Porter
		Joanna McCormack
		Bianca Neaves
		Ellen Paynter
		Lee-Anne Mundy
		Elizabeth Matthew
Karina Graham		
<b>Gastroenterology</b>	Convenor	Elena George
	Members	Eleonora Stojanoska
		Chu Kion Yao
		Jo Beer
		Sandra Feeney
		Heidi Staudacher
		Caroline Tuck

Interest Group	Position	Name
<b>Health Behaviour and Weight Management</b>	Convenor	Lynda Ross
	Members	Sally Badorrek
		Joanna Aaron
		Hiba Jebeile
		Marijka Batterham
		Charlene Wright
		Andrea Cawte
		Robin Hay
		Jodie Prendergast
		Sally Griffin
Rhiannon Dick		
<b>HIV/AIDS</b>	Convenor	Julianita (Lia) Purnomo
	Members	Jane Marriott
		Bridget Plunkett
		Louise Houtzager
		Amanda Rider
		Lara Pasternak
		Nicola Williams
		Amy Riley
		Christine Chalmers
<b>Integrative Medicine</b>	Convenor	Antigone Kouris-Blazos
	Members	Michael Hann
		Nazgol Afsarpour
<b>Indigenous Nutrition</b>	Convenor	Noell Burgess
	Members	Amanda Webb
		Brianna Sanderson
		Alyse Jai Davies
		Trinda Kunzli-Rix
		Stephanie De Zilva
		Tara Rawson
Amanda Cripps		
<b>Ketogenic</b>	Convenor	Neha Kaul
	Members	Katherine Barwick
		Jodie Prendergast
		Seema Thowfeek
<b>LGBTQI+</b>	Co-convenor	Tom Scully
	Co-convenor	Kathleen Halliday
	Member	Majella Jones

Interest Group	Position	Name
<b>Mental Health</b>	Convenor	Elise Tripodi
	Members	Scott Teasdale
		Janice Plain
		Alexandra Harman
		Katherine Barlow
		Caroline Lamb
		Lisa Mercer
		Josephine Pizzinga
		Cassie Hoole
		Bree-Anne Pagonis
		Nerissa Soh
		Claire Margerison
		Shelley Dagger
Georgia Latimer		
Jessica Ward		
<b>Mental Health and Nutrition &amp; Dietetic information (MHANDi)</b>	MHANDi Coordinator	Michelle Hsu
	MHANDi Acting Coordinator	Lisa Mercer
	Members	Jane Duyker
		Sonya Stanley
Tania Mathewson		
Jaslyn Dugmore		
<b>Male Nutrition Issues</b>	Co-convenor	Megan Roberts
	Co-convenor	Lane Edwards
<b>Nutrition Genomics</b>	Convenor	Natalie Colson
	Members	Melissa Adamski
<b>Dietitians in Digital Health (formally Nutrition Informatics)</b>	Co-convenor	Jordan McCamley
	Co-convenor	Juliana Chen
	Members	Karly Zacharia
<b>Nutrition Support</b>	Convenor	Brydie Cleeve
	Acting Convenor	Clare Ferguson
	Members	Kate Hamilton
		Greta Hollis
		Lina Breik
		Claire Dux
		Leanne Galea



Interest Group	Position	Name
<b>Oncology</b>	Convenor	Belinda Steer
	Members	Katie Benton
		Danielle Morton
		Teresa Brown
		Jane Freeman
		Elise Den
		Irene Deftereos
		Katherine O'Brien
		Emma Whelan
		Lee-Anne Mundy
Caitlin Smith		
<b>Polycystic Ovarian Syndrome (PCOS)</b>	Convenor	Stephanie Pirotta
	Members	Siew Lim
		Kate Marsh
		Lisa Moran
		Juhi Bhambhaney
<b>Public Health and Community Nutrition</b>	Co-convenor	Penelope (Penny) Love
	Co-convenor	Tina Gingell
	Members	Rachel Boak
		Nina Kingon
		Sophie Royce
		Sarah Marshall
		Andrea Love
		Nayerra Hudson
		Courtney Barnes
		Alison Brown
		Ju-Lin Lee
		Carla Florio
Elizabeth Meertens		

Interest Group	Position	Name
<b>Paediatric and Maternal Health</b>	Co-convenor	Catherine Knight-Agarwal
	Co-convenor	Natassja Billich
	Breastfeeding Working Group Coordinator	Kathleen Halliday
	Breastfeeding Working Group Coordinator	Nicole Bando
	Members	Kyra Sim
		Adela Yip
		Kayla Dodd
		Anita Star
		Shae Rickards
		Alison Ward
Daniela Gerlach		
<b>Rehabilitation and Aged Care</b>	Convenor	Katherine Brain
	Members	Stephen Hodgkinson
		Rachel Milte
		Lucy Kocanda
		Chad Yixian Han
		Valentina Giannelli
		Leanne Baulch
		Karly Bartrim
<b>Research</b>	Convenor	Lannie O'Keefe
	Member	Debby Andersson

Interest Group	Position	Name
<b>Renal</b>	Convenor	Marguerite (Margie) Conley
	Acting NSW Chapter Coordinator	Kirstine Metcalfe
	NSW Chapter coordinator	Su Bahceci
	WA Chapter Coordinator	Katie Lenhoff
	SA Chapter Coordinator	Claire Trimmingham
	Members	Louise Stanley
		Helen MacLaughlin
		Dearne Brauer
		Kelly Lambert
		Stephanie Notaras
		Maria Chan
Georgina Stevens		
Bridget Agius		
<b>Rural, Regional and Remote</b>	Convenor	Louise Moodie
	Members	Leanne Brown
		Taya McLaren-Hedwards
<b>Vegetarian</b>	Convenor	Sally Haden
	Members	Siew Lim
		Juhi Bhambhaney
		Jo Oddo
		Rebecca Norris
		Pamela Wong
		Pooja Adhyaru
<b>Working Overseas</b>	Co-convenor	Bonnie Lau
	Co-convenor	Yun Shan (Cathy) Wong

# Appendix C – Financial Statements

**DIETITIANS ASSOCIATION OF AUSTRALIA**

**FINANCIAL REPORT**

**FOR THE YEAR ENDED**

**30 JUNE 2022**



**Dietitians Association of Australia**  
ABN: 34 008 521 480  
Financial Report –Year Ended 30 June 2022

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## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2022

### Directors' Report

Your directors present their report on Dietitians Association of Australia, the Company, for the financial year ended 30 June 2022.

#### Directors

The following persons were directors of Dietitians Association of Australia during the whole of the financial period and up to the date of this report, unless otherwise indicated with an end date:

Tara Diversi – Chair President (appointed May 2017)  
Dr Katrina Campbell – Vice President (appointed November 2018)  
Margot Richardson – Director responsible for Finance (from 7 December 2020)  
Simone Austin – Director (appointed 12 November 2021)  
Lauren Ball – Director (appointed 12 November 2021)  
Tracy Hardy – Director (appointed November 2020)  
Jemma O'Hanlon – Director (appointed November 2018)  
Dr Fiona Willer - Director (appointed November 2019)  
Tracey Spicer – Independent Director (from 22 March 2021)  
Melissa Armstrong - Vice President (appointed May 2013 to 12 November 2021)  
Glenn Cardwell – Director (appointed May 2017 to 12 November 2021)

#### Principal activities

The principal activities of the Company were to foster and develop dietetics and to advocate for better nutrition for all in Australia, to promote the value and effectiveness of dietetics, to ensure high standards for the qualification of dietitians and to support and promote the professional practice of dietetics.

#### Objectives, strategies and key performance measures

The key objectives of the Company, both short and long term, are as follows:

- (a) Deliver effectively and efficiently on ongoing core services
- (b) Ensure a sustainable financial base
- (c) Support members to achieve excellence in practice
- (d) Increase opportunities for members
- (e) Influence government policy
- (f) Influence the food supply

A wide range of strategies are employed against these objectives and are described in the Strategic Plan and the Annual Plans which evolved from these objectives.

The Company measures its performance by a range of both qualitative and quantitative indicators. These indicators are used by the directors to ensure the Company is remaining financially sustainable and meeting its other objectives in line with the Strategic Plan.

#### Dividends

Dietitians Association of Australia is a company limited by guarantee and as such is prohibited from paying dividends.

#### Review of operations

The loss from ordinary activities after income tax amounted to \$248,031 (2021 profit \$43,320). The total comprehensive result including the capital gain amounted to a deficit of \$16,006

#### Significant changes in the state of affairs

No significant change in the nature of the Company's activities occurred during the financial period.

#### Matters subsequent to the end of the financial year

No matter or circumstance has arisen since the end of the financial year with the exception and possible effect of Novel Coronavirus (COVID-19) pandemic and the related impact on the Company's future results of operations, cash flows and financial conditions which cannot be reasonably estimated at this stage.

#### Environmental regulation

The company is not affected by any significant environmental regulation in respect of its operations.

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2022

# Directors' Report continued

## Information on Directors

### **Tara Diversi** Chair - President

#### Experience and expertise

Tara Diversi is an Accredited Practising Dietitian who has worked in almost all fields of dietetics. She has worked extensively in Nutrition and Dietetics within the private sector, as a teaching-focussed academic, policy consultancy, communications, and in her current role as CEO of Sophus Nutrition, a digital health company. Tara holds a Master of Nutrition and Dietetics along with a MBA, PGradDipPsysc, PGradCertPsysc, GradCertEducation and is a Graduate of AICD. As a member of DAA since 2003, Tara was awarded the Young Achievers Award (in memory of Joan Mary Woodhill) in 2009, and has previously served as a National DAA Media Spokesperson and as the convenor of the Dietitians in Private Sector Interest Group (DIPSIG). She is the National dietetic adviser to the Department of Veterans Affairs. Tara regularly presents workshops, webinars and lectures for DAA, the health sector and corporations and is the author of three books on communication for health professionals, and the co-author of the *The Good Enough Diet* and co-author of the text, *Totoro's Anatomy and Physiology*.

#### Qualifications

MNutr&Diet, MBA, GradDipPsysc, PostGradDipPsysc, BHSc, GradCertEdStudies(Higher Ed), APD

### **Dr Katrina Campbell** Vice-President

#### Experience and expertise

Katrina is an Advanced APD with a unique combination of expertise in research, clinical dietetics, academia, management and consultancy. She is currently the Director of Healthcare Excellence and Innovation in Metro North Hospital and Health Service, the largest health care provider in Australia. She leads pragmatic clinical trials and implementation trials measuring patient, health service and economic outcomes. She also has an international profile in renal nutrition and published more than 100 papers in this area.

Katrina is passionate about building the dietetic profession to challenge the status quo, evaluate outcomes and harness opportunities to improve the health of all Australians

#### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), PhD, AdvAPD, GradCertHealthEcon

### **Margot Richardson** Director Responsible for Finance and Company Secretary

#### Experience and expertise

Margot has been a member of the Dietitians Australia Finance, Risk and Compliance Committee for the past two years and was delighted to take up the opportunity to become an Independent member of the board in December 2020. Margot is a highly qualified and extremely motivated professional whose dedication to quality outcomes allows her to use her expertise of more than 32 years business and industry experience to support and strengthen companies and organisations. Margot is the Managing Director of Business Mapping Solutions Pty Ltd.

Having gained experience in the industry as a CPA Public Accountant and Chief Financial Officer, Margot expanded her skillset into governance, directorships, and organisational leadership. She now works with businesses and organisations to support governance development, as well as providing financial management and consultation. A key aspect of her business is the provision of tailored strategic and risk advice to NFP Boards and SMEs.

Margot has built a reputation as a director and mentor that can provide expert strategic advice and sound financial guidance. Her ability to connect personally with her clientele has contributed in no small part to her success with Indigenous organisations, and she conducts herself with scrupulous governance and meticulous attention to detail in all her roles.

She is a Graduate of the Company Directors Course, facilitator of AICD courses and has completed the AICD Mastering the Boardroom program.

#### Qualifications

FCPA, GAICD, FGIA, B.Ec/Asian Studies, Grad Dip Financial Management

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2022

# Directors' Report continued

### Information on directors (continued)

**Simone Austin** Director (from 12 November 2021)

#### Experience and expertise

Simone Austin is an Accredited Practising Dietitian, Advanced Sports Dietitian and published author of Eat Like An Athlete. She brings over 25 years of experience to the Dietitians Australia Board.

Simone was the Senior Dietetic Advisor at Dietitians Australia managing the Advocacy and Policy team and has been a Dietitians Australia media spokesperson for many years. Simone is passionate about raising the profile of the dietetic profession and used her strong leadership skills to do this during her 5 years as president of Sports Dietitians Australia.

She is currently the Chief Health Officer at healthylife, chairing the Health Advisory Board, a nutrition consultant to the food industry and a frequent media presenter. Simone is renowned for her strong verbal skills to translate science into everyday language and her ability to engage people on the journey.

Simone has a track record of success as a sports dietitian working with many of Australia's elite sporting teams in AFL, cricket and rugby league. Her work has crossed many areas of dietetics with industry, aged care, media, community health, sports, private practice and government advocacy and policy.

Simone works to establish positive relationships that create opportunities for the profession.

#### Qualifications

APD, Advanced Sports Dietitian

**Lauren Ball** Director (from 12 November 2021)

#### Experience and expertise

Associate Professor Lauren Ball is one of Australia's leading primary care researchers. Lauren works with community members, health professionals, education providers, and professional bodies to reach her goal of reorienting primary health care to focus on prevention, rather than cure, so that all people can reach their full potential.

Lauren has published over 150 peer-reviewed articles in highly targeted journals and has attracted over \$14 million from government bodies, non-government organisations and philanthropic foundations. She is Lead of the Healthy Primary Care research team at Griffith University, as well as a member of the research committee for the School of Health Sciences and Social Work. She is also Co-Lead of the Healthy Lifestyles Group at Menzies Health Institute Queensland.

Lauren is an Advanced Accredited Practising Dietitian, National Health and Medical Research Council (NHMRC) Investigator and the Global Strategy Lead at the NNEdPro Global Centre for Nutrition and Health in Cambridge, UK. She sits on the Griffith University Council, as well as on the Strategic Advisory Committee for the Australian Journal of General Practice. She is also an Associate Editor for Family Practice and the Journal of Human Nutrition & Dietetics.

Lauren is a passionate supervisor and mentor, supervising 11 researchers to successful PhD completion, and currently supervising seven more PhD candidates. Within her team, institution and research community, Lauren is an advocate for knowledge translation and impact.

#### Qualifications

AdvAPD, BAppSc, MNutrDiet, Grad Cert Higher Ed, Grad Dip Health Economics & Health Policy, PhD

## Dietitians Association of Australia

ABN: 34 008 521 480

### Financial Report –Year Ended 30 June 2022

#### **Tracy Hardy** *Director*

##### Experience and expertise

Tracy Hardy is an Accredited Practising Dietitian who combines community-based nutrition and public speaking with creating culturally centred nutrition workshops, programs, resources and recipe development, as well as culturally informed trauma integrated training and practice workshops for community based, not-for-profit and corporate organisations and training for health professionals through her business, Wattleseed Nutrition, Health and Wellbeing. Her research experience focusses on cultural safety of community-based nutrition interventions, traditional food systems and Indigenous food sovereignty. Tracy has held leadership positions on several local and national advisory committees and served on the board of Indigenous Allied Health Australia, a national, member-based Aboriginal and Torres Strait Islander allied health organisation and now Dietitians Australia. Tracy has a great interest in the health and wellbeing of First Nations Peoples of Australia, ensuring and supporting the provision of anti-racist, trauma informed, culturally safe and responsive nutrition and dietetic care and research and strengths-based, community led and community driven nutrition interventions, as well as the Ceremony of Indigenous Facilitation Practices and the Culturally Informed Trauma Integrated Healing Approach Model of care.

##### Qualifications

Bachelor of Nutrition/Dietetics (Hons), APD

Grad Cert Indigenous Trauma and Recovery Practice Graduate Certificate (complete in October 2022)

#### **Jemma O'Hanlon** *Director*

##### Experience and expertise

Jemma O'Hanlon is a trusted nutrition expert and Accredited Practising Dietitian with over 17 years' experience across the food production, foodservice, food manufacturing and public health sectors. A strategic thinker with a strong business acumen, Jemma has led teams of dietitians in both commercial and not-for-profit organisations. Currently the Senior Food & Nutrition Advisor at the Heart Foundation, Jemma is responsible for driving programs that impact the community and identifying strategic opportunities to raise awareness of the Heart Foundation's Heart Healthy Eating Patterns, position statements and evidence reviews. Jemma is the Director responsible for the Marketing, Media and Communications Committee and is renowned for her exemplary written and verbal communication skills, her solution and people-focused approach and strong emotional intelligence. Jemma is deeply passionate about the value dietitians can bring in the community and the role dietitians play as the leading voice in nutrition. With extensive experience across all media platforms, Jemma has a natural ability to translate complex science into simple and engaging messages that drive behaviour change. Jemma has featured on a range of national broadcast platforms, championing culinary nutrition and demonstrating how food can be both nutritious and delicious. In her spare time you'll find Jemma amongst nature, out for a run in the sunshine or whipping up delicious meals in the kitchen.

##### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), APD

#### **Dr Fiona Willer** *Director*

##### Experience and expertise

Dr Fiona Willer is an Australian dietitian, academic, educator, non-executive board director and health advocate with a career straddling higher education and the non-profit and private sectors. She is a long-standing lecturer in Nutrition and Dietetics at Queensland University of Technology and is affiliated for research activities with the Healthy Primary Care team at Griffith University's Menzies Health Institute. Fiona's areas of expertise include the relationships between weight stigma, health consciousness, body appreciation and dietary quality, and the integration of inclusive weight-neutral lifestyle approaches (including Health at Every Size®) into healthcare practice and policy. Her business, *Health, Not Diets*, provides organisational consultancy and professional development resources for inclusive, weight-neutral healthcare practice and will be celebrating 10 years of advocacy in 2023. She is also proud to be the creator of the innovative Unpacking Weight Science professional development podcast. Fiona currently serves on the board of Dietitians Australia and has previously served on the boards of HAES Australia and the Association for Size Diversity and Health (ASDAH) in the USA.

##### Qualifications

B.A. (English & Anthropology), B.HlthSc (Nutrition & Dietetics)(hons), PhD, AdvAPD, FHEA, GAICD

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2022

# Directors' Report continued

## Information on directors (continued)

**Tracey Spicer** Independent Director

### Experience and expertise

Tracey Spicer AM is a multiple Walkley Award winning author, journalist and broadcaster who has anchored national programs for ABC TV and radio, Network Ten and Sky News.

The inaugural national convenor of Women in Media, Tracey is one of the most sought-after on stage and online keynote speakers and emcees in the region. In 2019 she was named the NSW Premier's Woman of the Year, accepted the Sydney Peace Prize alongside Tarana Burke for the Me Too movement, and won the national award for Excellence in Women's Leadership through Women & Leadership Australia.

In 2018, Tracey was chosen as one of the Australian Financial Review's 100 Women of Influence, winning the Social Enterprise and Not-For-Profit category. She was also named Agenda Setter of the Year by the website Women's Agenda. For her 30 years of media and charity work, Tracey has been awarded the Order of Australia.

Highlights of her outstanding career include writing, producing and presenting documentaries on women and girls in Bangladesh, Kenya, Uganda, Papua New Guinea and India. She is an Ambassador for ActionAid, Cancer Council NSW, QUT's Learning Potential Fund, SISTER2sister and Purple Our World, and Patron of the Pancreatic Cancer Alliance. Her first book, *The Good Girl Stripped Bare*, became a bestseller within weeks of publication, while her TEDx Talk, *The Lady Stripped Bare*, has attracted more than six million views worldwide.

Tracey's essays have appeared in dozens of books including *Women of Letters*, *She's Having a Laugh*, *Father Figures*, *Unbreakable*, and *Bewitched & Bedevilled: Women Write the Gillard Years*. Recently, the ABC highlighted Tracey's #metoo work in the three part documentary series *Silent No More*, which featured the stories of hidden survivors. In between emceeing and speaking at hybrid conferences and events, Tracey is researching a book on #Albias.

### Qualifications

BBusComm, GAICD, AM

**Melissa Armstrong** Vice President (1 July 2021 to 12 November 2021)

### Experience and expertise

Melissa is an Advanced Accredited Practising Dietitian. She graduated from the University of Sydney with a Bachelor of Science and a Post Graduate Diploma in Nutrition and Dietetics in 1985. She has held clinical dietetic positions in a variety of hospital settings in Australia and the UK and has taught dietetic and diabetes educator students at several universities. Melissa is currently Manager of Nutrition and Dietetic Services at St Vincent's Hospital in Sydney. She has been a member of DA since 1987, contributing to several state and national interest groups and committees for both DAA and the Australian Diabetes Educators Association including being a member of the Australian Dietetics Council Accreditation Reviewer Pool for 9 years. She has concluded her fourth term as a Director on the Board of DA and was the Vice President of Dietitians Australia since 2017 until November 2021. She was the Board representative on the Journal Strategic Planning Committee, the Food Regulatory and Policy Committee and the Professional Development Advisory Committee. She represented the Board on the Finance and Risk Committee and the Advocacy and Policy Advisory Committee.

### Qualifications

BSc, GradDipNutDiet, AdvAPD

## Dietitians Association of Australia

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Financial Report –Year Ended 30 June 2022

### Directors' Report continued

#### Information on directors (continued)

**Glenn Cardwell** *Director* (1 July 2021 to 12 November 2021)

##### Experience and expertise

Glenn Cardwell is an Advanced APD who has written four nutrition books, including the international best seller Gold Medal Nutrition (5 editions, translated in two other languages), a life member of Sports Dietitians Australia (a professional body he helped establish), and a life member of Nutrition Australia for services to nutrition education. He has run his own company since 1996, consulting broadly to the food industry, locally and internationally, in particular to the mushroom, asparagus, cherry and banana farmers. His company has also been responsible for managing a total of \$2.92 million of government grants over 10 years. Currently, he is engaged in a mushroom research program at Curtin University and the National Measurement Institute. He has been on the organising committees for seven DAA/DA conferences, the Corporate Sponsorship Committee, the Member Engagement Advisory Committee and is the Director Responsible for conferences.

##### Qualifications

GradDipAppSc, Grad Dip Diet, BSc, AdvAPD

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report –Year Ended 30 June 2022

## Directors' Report continued

### Company Secretary

The following persons held the position of company secretary during the whole of the financial period and up to the date of this report unless indicated with an end date:

**Margot Richardson** (appointed 1 October 2021)

Experience, expertise and qualifications listed in Director information.

**Susan Bruce** (24 September 2020 to 30 September 2021)

#### Experience and expertise

Susan is a highly qualified and experienced Chief Financial Officer with significant not-for-profit experience with CARE Australia, the Australian Nursing and Midwifery Council, Canberra Christian Radio Ltd and most recently as Chief Financial Officer of the Australian Institute of Building. She also has over 28 years' experience in Senior Management roles in Accounting, Finance and Management in the Federal Government. Susan is a qualified FCPA and has a passion for training and mentoring future accountants, which she done in her 13 years' as an Accounting and Business teacher. Susan has been a member of her professional body CPA Australia for over 20 years and has qualifications and experience in governance and the role of Company Secretary.

#### Qualifications:

FCPA, MMgt (Australian National University), BBus (Accounting), GradCertTertiaryEd

### Meetings of Directors

The numbers of meetings of the company's board of directors and of each board committee held during the financial year ended 30 June 2022, and the numbers of meetings attended by each director were:

	Full meetings	
	A	B
Tara Diversi (appointed May 2017)	11	12
Dr Katrina Campbell (appointed November 2018)	12	12
Margot Richardson (from 7 December 2020)	12	12
Simone Austin (appointed 12 November 2021)	10	10
Lauren Ball (appointed 12 November 2021)	10	10
Jemma O'Hanlon (appointed November 2018)	12	12
Dr Fiona Willer (appointed November 2019)	12	12
Tracy Hardy (appointed November 2020)	10	12
Tracey Spicer (from 22 March 2021)	7	12
Melissa Armstrong (appointed May 2013)	4	4
Glenn Cardwell (appointed May 2017)	4	4

A = Number of meetings attended.

B = Number of meetings held during the time the director held office or was a member of the committee during the period.

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2022

**Directors' Report continued****Insurance of officers**

During the financial period, Dietitians Association of Australia paid a premium of \$5,421 (2020 \$5,200) to insure the directors and secretaries of the company.

The liabilities insured are legal costs that may be incurred in defending civil or criminal proceedings that may be brought against the officers in their capacity as officers of entities in the company, and any other payments arising from liabilities incurred by the officers in connection with such proceedings. This does not include such liabilities that arise from conduct involving a wilful breach of duty by the officers or the improper use by the officers of their position or of information to gain advantage for themselves or someone else or to cause detriment to the company. It is not possible to apportion the premium between amounts relating to the insurance against legal costs and those relating to other liabilities.

**Proceedings on behalf of the company**

No person has applied to the Court under section 237 of the *Corporations Act 2001* for leave to bring proceedings on behalf of the company, or to intervene in any proceedings to which the company is a party, for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

**Auditor's independence declaration**

A copy of the auditor's independence declaration as required under section 307C of the *Corporations Act 2001* is set out on page 9.

This report is made in accordance with a resolution of directors.



Margot Richardson  
Director of Finance  
Dated 27 September 2022



Chartered Accountants

Suite 2d, 1st Floor  
18 Napier Close  
DEAKIN ACT 2600  
PO Box 52, DEAKIN WEST ACT 2600  
AUSTRALIA

Ph: (02) 6282 3341  
Fax: (02) 6282 3342  
Email: banmca@interline.com.au  
ABN: 87 955 412 345

DIETITIANS ASSOCIATION OF AUSTRALIA  
AUDITOR'S INDEPENDENCE DECLARATION  
UNDER SECTION 307C OF THE CORPORATIONS ACT 2001

ABN: 34 008 521 480

I declare that, to the best of my knowledge and belief during the year ended 30 June 2022 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the *Corporations Act 2001* in relation to the audit, and
- (ii) any applicable code of professional conduct in relation to the audit.

Bandle McAneney & Co.

Anthony J Bandle FCA  
Partner

Place: Canberra, ACT

Date: 27 September 2022

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2022

**Statement of profit or loss and other comprehensive income**  
**For the year ended 30 June 2022**

	Notes	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
<b>Revenue from continuing operations</b>	3	5,365,924	4,838,384
Advertising and marketing		(86,845)	(76,366)
Administrative expense	1(c)	(274,398)	(290,832)
Audit, tax and legal expense		(113,955)	(154,713)
Consultancy expense	1(c)	(268,842)	(266,633)
Depreciation and amortisation expense		(157,460)	(141,775)
Employee benefits expense		(3,050,246)	(2,696,901)
Membership services	1(c)	(1,356,485)	(1,102,571)
Occupancy expense	1(c)	(235,278)	(36,132)
Travel related expense	1(c)	(70,446)	(29,141)
<b>Profit (Loss) for the period</b>		<b>(248,031)</b>	<b>43,320</b>
<b>Other comprehensive Income</b>			
Capital Gain on Sale of Deakin Building		232,025	0
<b>Total comprehensive income for the period</b>		<b>232,025</b>	<b>43,320</b>
Total comprehensive income for the period is attributable to:			
Members of Dietitians Association of Australia		<b>(16,006)</b>	<b>43,320</b>

*The above statement of profit or loss and other comprehensive income should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2022

## Statement of financial position For the year ended 30 June 2022

		Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
<b>ASSETS</b>			
<b>Current assets</b>			
Cash and cash equivalents	5	3,701,090	3,080,040
Trade and other receivables	6	33,272	31,665
Held-to-maturity financial assets		509,100	350,000
Prepayments		445,842	212,338
Inventory-at cost		2,336	0
<b>Total current assets</b>		<b>4,691,640</b>	<b>3,674,043</b>
<b>Non-current assets</b>			
Property, plant and equipment	7	1,620,800	914,804
Intangible assets	8	538,994	487,537
<b>Total non-current assets</b>		<b>2,159,794</b>	<b>1,402,341</b>
<b>Total assets</b>		<b>6,851,434</b>	<b>5,076,384</b>
<b>LIABILITIES</b>			
<b>Current liabilities</b>			
Trade and other payables	9	451,151	364,161
Deferred income	9(a)	2,493,382	2,359,539
Provisions	10	214,533	178,518
Bank Loan- Building		105,483	0
<b>Total current liabilities</b>		<b>3,264,549</b>	<b>2,902,218</b>
<b>Non-current liabilities</b>			
Bank Loan- Building		1,404,650	0
Provisions	10	59,394	35,276
<b>Total non-current liabilities</b>		<b>1,464,044</b>	<b>35,276</b>
<b>Total liabilities</b>		<b>4,728,593</b>	<b>2,937,494</b>
<b>Net assets</b>		<b>2,122,841</b>	<b>2,138,890</b>
<b>EQUITY</b>			
General/award reserve	11(a)	10,845	10,845
Asset revaluation reserve	11(a)	-	876,715
Retained earnings	11(b)	2,111,996	1,251,330
<b>Total equity</b>		<b>2,122,841</b>	<b>2,138,890</b>

*The above statement of financial position should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2022

**Statement of changes in equity**  
**For the year ended 30 June 2022**

	Contributed equity	Reserves	Retained Earnings	Total equity
	\$	\$	\$	\$
Balance at 30 June 2020	10,845	876,715	1,208,010	2,095,570
Profit/(Loss) for the year			43,320	43,320
Other comprehensive income			0	0
<b>Balance at 30 June 2021</b>	<b>10,845</b>	<b>876,715</b>	<b>1,251,330</b>	<b>2,138,890</b>
Balance at 30 June 2021	10,845	876,715	1,251,330	2,138,890
Profit/(Loss) for the year			(248,074)	(248,074)
Other comprehensive income			232,025	232,025
Transfer from Asset Revaluation Reserves		(876,715)	876,715	0
<b>Balance at 30 June 2022</b>	<b>10,845</b>	<b>0</b>	<b>2,111,996</b>	<b>2,122,841</b>

*The above statement of changes in equity should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2022

**Statement of cash flows**  
**For the year ended 30 June 2022**

	Year Ended 30 June 2022	Year Ended 30 June 2021
Notes	\$	\$
<b>Cash flows from operating activities</b>		
Receipts from customers	5,361,988	4,828,584
Payments to suppliers and employees	(5,346,777)	(4,141,074)
Interest received/(paid)	3,894	8,713
<b>Net cash inflow (outflow) from operating activities</b>	<b>19,105</b>	<b>696,223</b>
<b>Cash flows from investing activities</b>		
Payments from held-to-maturity financial assets	350,000	0
Payments for held-to-maturity financial assets	(509,100)	
Proceeds from property, plant and equipment and intangibles	1,060,000	0
Payments for property, plant and equipment and intangibles	(1,809,088)	(290,224)
<b>Net cash inflow (outflow) from investing activities</b>	<b>(908,188)</b>	<b>(290,224)</b>
<b>Cash flows from financing activities</b>		
Proceeds from bank loan	1,566,500	0
Repayments of bank loan	(56,367)	
<b>Net cash inflow (outflow) from financing activities</b>	<b>1,510,133</b>	<b>0</b>
<b>Net increase (decrease) in cash and cash equivalents</b>	<b>621,050</b>	<b>405,999</b>
Cash and cash equivalents at the beginning of the financial year	3,080,040	2,674,041
<b>Cash and cash equivalents at end of period</b>	<b>3,701,090</b>	<b>3,080,040</b>

*The above statement of cash flows should be read in conjunction with the accompanying notes.*

## Notes to the financial statements

### 1. Summary of significant accounting policies

The principal accounting policies adopted in the preparation of these financial statements are set out below. These policies have been consistently applied to all the periods presented, unless otherwise stated. The financial statements are for the entity Dietitians Association of Australia.

#### a) Basis of preparation

These general purpose financial statements have been prepared in accordance with Australian Accounting Standards and interpretations issued by the Australian Accounting Standards Board and the *Corporations Act 2001*. Dietitians Association of Australia is a not-for-profit entity for the purpose of preparing the financial statements.

##### *Compliance with Australian Accounting Standards – Simplified Disclosures*

The financial statements of the Dietitians Association of Australia comply with Australian Accounting Standards - Simplified Disclosures as issued by the Australian Accounting Standards Board (AASB).

##### *New and amended standards adopted by the company*

During the year the company adopted all the new and revised Australian Accounting Standards and Interpretations applicable to it that became mandatory.

Certain new accounting standards and interpretations have been published that are not mandatory for reporting periods beginning on 1 July 2022, none of these have been early adopted by the company.

#### b) Revenue recognition

##### **Revenue recognition – contracts with customers**

AASB 15 requires revenue to be recognised when control of a promised good or service is passed to the customer at an amount which reflects the expected consideration.

The customer for these contracts is the fund provider.

Revenue is recognised by applying a five-step model as follows:

1. Identify the contract with the customer
2. Identify the performance obligations
3. Determine the transaction price
4. Allocate the transaction price
5. Recognise revenue

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability. This is the case for application fees for new members, which are recognised as income over the expected term of membership.

None of the revenue streams of the company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

Contract assets arise when work has been performed on a particular program and goods or services have been transferred to the customer but the invoicing milestone has not been reached and the rights to the consideration are not unconditional. If the rights to the consideration are unconditional then a receivable is recognised. No impairment losses were recognised in relation to these assets during the year (2021: \$nil).

Contract liabilities generally represent the unspent grants or other fees received on the condition that specified services are delivered or conditions are fulfilled. The services are usually provided, or the conditions usually fulfilled within 12 months of receipt of the grant / fees. Where the amount received is in respect of services to be provided over a period that exceeds 12 months after the reporting date or the conditions will only be satisfied more than 12 months after the reporting date, the liability is presented as non-current. Where the monies are received for the company to acquire or construct an item of property, plant and equipment which will be controlled by the company then the funds are recognised as a contract liability and amortised to revenue as and when the obligation is satisfied.

## Notes to the financial statements

### 1. Summary of significant accounting policies (continued)

#### *Grant income*

Assets arising from grants in the scope of AASB 1058 are recognised at their fair value when the asset is received. These assets are generally cash but maybe property which has been donated or sold to the company at significantly below its fair value.

Once the asset has been recognised, the Company recognises any related liability amounts (e.g. provisions, financial liabilities).

Once the assets and liabilities have been recognised then income is recognised for any difference between the recorded asset and liability.

#### *Membership fees*

Revenue from membership fees is recognised over the period to which the membership relates. The portion of membership fees received that relates to the following financial year is brought to account at balance sheet date as unearned revenue (current liability). The membership runs from 1 January to 31 December.

#### *Advertising and sponsorship revenue*

Advertising and sponsorship income is brought to account when it is received or, if is received for a particular purpose, when the related expenditure is brought to account. Any advertising and sponsorship income received for a particular purpose and not fully expended at year end is brought to account as unearned revenue (current liability).

#### *Conference revenue*

Major national conferences are managed by an external company. The net surplus from these events is brought to account as income in the year in which the event is held. Seeding funds paid to the management company prior to year-end, that relate to an event to be held in the following year, are recognised as prepayments (other current assets).

#### *Interest income*

Interest income is recognised when it is earned.

#### *Other revenue*

All other sources of revenue are recognised as revenue when the related goods or services have been provided and the income earned.

### c) Expenses

Administrative Expense, Travel Related Expense and Consultancy Expense primarily include costs that are significantly related to the provision of services to Members.

Member services include the National Conference, Membership journal, CPD and Network Events and advocacy initiatives conducted as part of the 2022 Federal election strategy.

The increase in 2022 for employee benefits is due to an increase in Membership services staffing, Director salaries and an increase in staff leave balances due to COVID related travel restrictions.

Occupancy expenses increased in 2022 due to the one-off costs associated with the move to the new premises including fitout and building costs and the increase in Body Corporate and Rates for the new premises.

## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### d) Income tax

Only non-member income of the Company is assessable for tax as member income is excluded under the principle of mutuality.

Deferred tax is accounted for using the balance sheet liability method in respect of temporary differences arising between the tax bases of assets and liabilities and their carrying amounts in the financial statements. No deferred income tax will be recognised from the initial recognition of an asset or liability, excluding a business combination, where there is no effect on accounting or taxable profit or loss.

Deferred tax is calculated at the tax rates that are expected to apply to the period when the asset is realised or liability is settled. Deferred tax is credited in profit or loss except where it relates to items that may be credited directly to equity, in which case the deferred tax is adjusted directly against equity.

Deferred income tax assets are recognised to the extent that it is probable that future tax profits will be available against which deductible temporary differences can be utilised.

The amount of benefits brought to account or which may be realised in the future is based on the assumption that no adverse change will occur in income tax legislation and the anticipation that the Company will derive sufficient future assessable income to enable the benefit to be realised and comply with the conditions of deductibility imposed by the law.

#### e) Cash and cash equivalents

For the purpose of presentation in the statement of cash flows, cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value, and bank overdrafts.

#### f) Trade receivables

Trade receivables are recognised when the related goods or services have been provided and the income is earned. Trade receivables are generally due for settlement within 30 days. They are presented as current assets unless collection is not expected for more than 12 months after the reporting date.

Collectability of trade receivables is reviewed on an ongoing basis. Debts which are known to be uncollectible are written off by reducing the carrying amount directly. An allowance account (provision for impairment of trade receivables) is used when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables. Significant financial difficulties of the debtor, probability that the debtor will enter bankruptcy or financial reorganisation, and default or delinquency in payments (more than 30 days overdue) are considered indicators that the trade receivable is impaired. The amount of the impairment allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate. Cash flows relating to short-term receivables are not discounted if the effect of discounting is immaterial.

The amount of the impairment loss is recognised in profit or loss within other expenses. When a trade receivable for which an impairment allowance had been recognised becomes uncollectible in a subsequent period, it is written off against the allowance account. Subsequent recoveries of amounts previously written off are credited against other expenses in profit or loss.

#### g) Inventories

Inventories are measured at the lower of cost and net realisable value.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2022

# Notes to the financial statements (continued)

## 2. Summary of significant accounting policies (continued)

### h) Investments and other financial assets

#### **Classification**

The company classifies its financial assets as loans and receivables and held-to-maturity investments. The classification depends on the purpose for which the investments were acquired. Management determines the classification of its investments at initial recognition and, in the case of assets classified as held-to-maturity, re-evaluates this designation at the end of each reporting date.

#### **(i) Loans and receivables**

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. They are included in current assets, except for those with maturities greater than 12 months after the reporting period which are classified as non-current assets. Loans and receivables are included in trade and other receivables (note 6) and receivables in the balance sheet.

#### **(ii) Held-to-maturity investments**

Held-to-maturity investments are non-derivative financial assets with fixed or determinable payments and fixed maturities that the company's management has the positive intention and ability to hold to maturity. If the company were to sell other than an insignificant amount of held-to-maturity financial assets, the whole category would be tainted and reclassified as available-for-sale. Held-to-maturity financial assets are included in non-current assets, except for those with maturities less than 12 months from the end of the reporting period, which are classified as current assets.

#### **i) Recognition and derecognition**

Regular way purchases and sales of financial assets are recognised on trade-date - the date on which the company commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the company has transferred substantially all the risks and rewards of ownership.

#### **j) Measurement**

At initial recognition, the company measures a financial asset at its fair value plus, in the case of a financial asset not at fair value through profit or loss, transaction costs that are directly attributable to the acquisition of the financial asset. Transaction costs of financial assets carried at fair value through profit or loss are expensed in the statement of comprehensive income.

Loans and receivables and held-to-maturity investments are subsequently carried at amortised cost using the effective interest method.

#### **k) Impairment**

##### **Assets carried at amortised cost**

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or group of financial assets measured at amortised cost is impaired. A financial asset or a group of financial assets is impaired and impairment losses are incurred only if there is objective evidence of impairment as a result of one or more events that occurred after the initial recognition of the asset (a loss event) and that loss event (or events) has an impact on the estimated future cash flows of the financial asset or group of financial assets that can be reliably estimated.

For loans and receivables, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows (excluding future credit losses that have not been incurred) discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced and the amount of the loss is recognised in profit or loss. If a loan or held-to-maturity investment has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract. As a practical expedient, the company may measure impairment on the basis of an instrument's fair value using an observable market price.

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or a group of financial assets is impaired.

## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### l) Property, plant and equipment

Land and buildings (except for investment properties) are shown at fair value, based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings. Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset. All other property, plant and equipment is stated at historical cost less depreciation. Historical cost includes expenditure that is directly attributable to the acquisition of the items. Cost may also include transfers from equity of any gains or losses on qualifying cash flow hedges of foreign currency purchases of property, plant and equipment.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the company and the cost of the item can be measured reliably. The carrying amount of any component accounted for as a separate asset is derecognised when replaced. All other repairs and maintenance are charged to profit or loss during the reporting period in which they are incurred.

Increases in the carrying amounts arising on revaluation of land and buildings are recognised, net of tax, in other comprehensive income and accumulated in reserves in equity. To the extent that the increase reverses a decrease previously recognised in profit or loss, the increase is first recognised in profit or loss. Decreases that reverse previous increases of the same asset are first recognised in other comprehensive income to the extent of the remaining surplus attributable to the asset; all other decreases are charged to profit or loss. Each year, the difference between depreciation based on the revalued carrying amount of the asset charged to profit or loss and depreciation based on the asset's original cost, net of tax, is reclassified from the property, plant and equipment revaluation surplus to retained earnings.

Land is not depreciated. Depreciation on buildings is calculated using the straight-line method to allocate their cost or revalued amounts, net of their residual values, over their estimated useful lives. Depreciation on other assets is calculated using the diminishing value method. In the case of leasehold improvements and certain leased plant and equipment, the shorter lease term as follows:

Buildings	2%
Furniture and fittings	10% - 50%

The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at the end of each reporting period. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

From 1 July 2019 all new Furniture and fittings assets have been depreciated on a straight-line basis.

#### m) Investment properties

Investment properties, principally comprising freehold office buildings, are held for long-term rental yields and are not occupied by the company. Investment properties are carried at fair value, which is based on active market prices, adjusted, if necessary, for any difference in the nature, location or condition of the specific asset. If this information is not available, the company uses alternative valuation methods such as recent prices in less active markets or discounted cash flow projections. These valuations are reviewed bi-annually by a member of the Australian Property Institute. Changes in fair values are recorded in the profit or loss as part of other income.

#### n) Intangible assets - IT development and software

Costs incurred in developing products or systems and costs incurred in acquiring software and licenses that will contribute to future period financial benefits through revenue generation and/or cost reduction are capitalised to software and systems. Costs capitalised include external direct costs of materials and service and direct payroll and payroll related costs of employees' time spent on the project. Amortisation is calculated on a straight-line basis over 3 - 5 years.

## Notes to the financial statements (continued)

### **o) Trade and other payables**

These amounts represent liabilities for goods and services provided to the company prior to the end of financial year which are unpaid. The amounts are unsecured and are usually paid within 30 days of recognition. Trade and other payables are presented as current liabilities unless payment is not due within 12 months from the reporting date. They are recognised initially at their fair value and subsequently measured at amortised cost using the effective interest method.

### **p) Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation and the amount has been reliably estimated. Provisions are not recognised for future operating losses.

### **q) Employee benefits**

#### *(i) Short-term obligations*

Liabilities for wages and salaries, including non-monetary benefits and annual leave expected to be settled within 12 months after the end of the period in which the employees render the related service are recognised in respect of employee's services up to the end of the reporting period and are measured at the amounts expected to be paid when the liabilities are settled. The liability for annual leave is recognised in the provision for employee benefits. All other short-term employee benefit obligations are presented as payables.

#### *(ii) Other long-term employee benefit obligations*

The liability for long service leave and annual leave which is not expected to be settled within 12 months after the end of the period in which the employees render the related service is recognised in the provision for employee benefits and measured as the present value of expected future payments to be made in respect of services provided by employees up to the end of the reporting period using the projected unit credit method. Consideration is given to expected future wage and salary levels, experience of employee departures and periods of service.

Expected future payments are discounted using market yields at the end of the reporting period on highly liquid corporate bonds with terms to maturity and currency that match, as closely as possible, the estimated future cash outflows.

The obligations are presented as current liabilities in the statement of financial position if the entity does not have an unconditional right to defer settlement for at least twelve months after the reporting date, regardless of when the actual settlement is expected to occur.

### **r) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of associated GST, unless the GST incurred is not recoverable from the taxation authority. In this case it is recognised as part of the cost of acquisition of the asset or as part of the expense.

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the taxation authority is included with other receivables or payables in the balance sheet.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to the taxation authority, are presented as operating cash flows.

### **s) Comparative Figures**

Where required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

## **3. Critical accounting estimates and judgements**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that may have a financial impact on the entity and that are believed to be reasonable under the circumstances.

**Dietitians Association of Australia**  
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 Financial Report – Year Ended 30 June 2022

## Notes to the financial statements (continued)

### 3. Revenue

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
From continuing operations		
<i>Sales revenue</i>		
Publication Sales	0	813
Grant revenue	80,552	66,506
	80,552	67,319
<i>Other revenue</i>		
Membership fees	4,078,211	3,828,238
Interest income	1,876	6,991
Advertising	5,966	4,663
Sponsorship	107,396	118,177
Conference, Accreditation, workshop, and seminar income	992,002	708,535
Other	99,921	104,461
	5,285,372	4,771,065
<b>Total Revenue</b>	5,365,924	4,838,384

### 4. Income tax expense

Income tax expenses

For a detailed explanation of the table below, refer to Note 1(d) on page 17.

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
Current tax	0	0
Deferred tax	0	0
Adjustments for current tax or prior periods	0	0
	0	0

## Notes to the financial statements (continued)

### 5 Current assets - Cash and cash equivalents

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
Cash at bank and in hand	3,665,241	3,044,195
Restricted cash	35,849	35,845
	3,701,090	3,080,040

The Fay McDonald bequest amount is recognised as restricted cash and any interest earned from the funds are expended for the purpose of post graduate training of dietitians.

### 6 Current assets - Trade and other receivables

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
Trade receivables	33,272	31,665
	33,272	31,665

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Financial Report – Year Ended 30 June 2022

**Notes to the financial statements (continued)****7 Non-current assets - Property, plant and equipment**

	<b>Leasehold Land and buildings</b>	<b>Furniture, fittings and equipment</b>	<b>Total</b>
	<b>\$</b>	<b>\$</b>	<b>\$</b>
<b>At 30 June 2021</b>			
Independent valuation	870,300	104,788	975,088
Additions	19,249	16,571	35,820
Accumulated depreciation	(42,941)	(53,163)	(96,104)
Net book amount	<u>846,608</u>	<u>68,196</u>	<u>914,804</u>
<b>At 30 June 2022</b>			
At Cost	1,522,400	122,804	1,645,204
Additions	37,101	6,996	44,097
Accumulated depreciation	-	(68,501)	(68,501)
Net book amount	<u>1,559,501</u>	<u>61,299</u>	<u>1,620,800</u>

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Financial Report – Year Ended 30 June 2022

**Notes to the financial statements (continued)****8 Non-current assets – Intangible assets**

	Software	Total
	\$	\$
<b>Year ended 30 June 2021</b>		
Opening net book amount	362,772	362,772
Additions	256,303	256,303
Disposals	(47,426)	(47,426)
Amortisation charge	(84,112)	(84,112)
Closing net book amount	487,537	487,537
<b>At 30 June 2021</b>		
Cost	363,753	363,753
Additions	256,303	256,303
Disposals	(47,426)	(47,426)
Accumulated amortisation	(85,093)	(85,093)
<b>Net book amount</b>	<b>487,537</b>	<b>487,537</b>
<b>Year ended 30 June 2022</b>		
Opening net book amount	487,537	487,537
Additions	174,946	174,946
Disposals	0	0
Amortisation charge	(123,489)	(123,489)
Closing net book amount	538,994	539,994
<b>At 30 June 2022</b>		
Cost	572,628	572,628
Additions	174,946	174,946
Disposals	0	0
Accumulated amortisation	(208,580)	(208,580)
<b>Net book amount</b>	<b>538,994</b>	<b>538,994</b>

**Dietitians Association of Australia**  
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## Notes to the financial statements (continued)

### 9 Current liabilities - Trade and other payables

	Year Ended 30 June 2022	Year Ended 30 June 2021
	\$	\$
Trade payables	128,374	138,873
Accrued expenses	116,956	109,837
PAYG and Goods and Services Tax (GST) payable	164,141	81,732
Other	41,680	33,719
	<b>451,151</b>	<b>364,161</b>

### 9(a) Deferred Income

	Year Ended 30 June 2022	Year Ended 30 June 2021
	\$	\$
Membership fees	2,088,121	1,957,145
NDIS Grant Funding	386,141	383,274
Conference income in advance	19,120	19,120
	<b>2,493,382</b>	<b>2,359,539</b>

### 10 Provisions

	30 June 2022			30 June 2021		
	Current	Non- Current	Total	Current	Non- current	Total
	\$	\$	\$	\$	\$	\$
Provision for annual leave	183,646	0	183,646	150,162	0	150,162
Provision for long service leave	30,887	59,394	90,281	28,356	35,276	63,632
	<b>214,533</b>	<b>59,394</b>	<b>273,927</b>	<b>178,518</b>	<b>35,276</b>	<b>213,794</b>

### 11 Other reserves and retained earnings

#### (a) Other reserves

	Year Ended 30 June 2022	Year Ended 30 June 2021
	\$	\$
Revaluation surplus - property, plant and equipment	0	876,715
General/award reserve	10,845	10,845
	<b>10,845</b>	<b>887,560</b>
<b>Movements:</b>		
<i>Revaluation surplus - property, plant and equipment</i>		
Opening balance	876,715	876,715
Transfer to Retained Earnings	(876,715)	0
Balance 30 June	0	876,715
<i>General award reserve</i>		
Opening balance	10,845	10,845
Balance 30 June	<b>10,845</b>	<b>10,845</b>

## Notes to the financial statements (continued)

### 11 Other reserves and retained earnings (continued)

#### (b) Retained earnings

Movements in retained earnings were as follows:

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
Balance 30 June	1,251,330	1,208,010
Net Profit/(loss) for the period	(248,074)	43,320
Other Comprehensive Income	232,025	0
Transfer from Asset Revaluation Reserve	876,715	0
Balance 30 June	<u>2,111,996</u>	<u>1,251,330</u>

### 12 Key management personnel disclosures

#### Key management personnel compensation

	Year Ended 30 June 2022 \$	Year Ended 30 June 2021 \$
Key management personnel payments	726,260	484,573
Number of staff during the year	6	3
Number staff at the end of the year	6	3

### 13 Contingencies

The company had no contingent assets or liabilities at 30 June 2022 (30 June 2021: nil).

### 14 Related party transactions

Transactions between related parties are on normal terms and conditions no more favorable than those available to other persons unless otherwise stated.

#### (a) Company secretary

At Balance date Margot Richardson was the Company Secretary. Her salary is included as part of the Directors remuneration per Note 14(b).

#### (b) Transactions with other related parties

The following transactions occurred with related parties:

During the year, the directors received remuneration in the form of salary and superannuation directly from the Company for management of the Company in addition to other than reimbursements of expenses incurred on behalf of the Company. The total amount of salary and superannuation was \$60,999.92

### 15 Liability of members

The Company is a company limited by guarantee to the extent of \$10 per member. As such the Company is not permitted to distribute dividends amongst its members. At 30 June 2022 the total of these guarantees amount to \$84,080 (2021 \$79,060). On 30 June 2022 there were 8,408 members (2021:7,906).

### 16 Events occurring after the reporting period

No matter or circumstance has arisen since the end of the financial year.

**Dietitians Association of Australia**  
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Financial Report – Year Ended 30 June 2022

## Directors' declaration

In the directors' opinion:

- (a) the financial statements and notes set out on pages 11 to 26 are in accordance with the *Corporations Act 2001*, including:
  - (i) complying with Accounting Standards – Simplified Disclosures, the *Corporations Regulations 2001* and other mandatory professional reporting requirements, and
  - (ii) giving a true and fair view of the entity's financial position as at 30 June 2022 and of its performance for the year ended 30 June 2022, and
- (b) there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of directors.



Margot Richardson  
Director of Finance

Place: Canberra, ACT

Dated: 27 September 2022



Chartered Accountants

Suite 2d, 1st Floor  
18 Napier Close  
DEAKIN ACT 2600  
PO Box 52, DEAKIN WEST ACT 2600  
AUSTRALIA

Ph: (02) 6282 3341  
Fax: (02) 6282 3342  
Email: banmca@interline.com.au  
ABN: 87 955 412 345

INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBERS OF  
DIETITIANS ASSOCIATION OF AUSTRALIA  
ABN: 34 008 521 480

**Opinion**

We have audited the financial report of Dietitians Association of Australia ("the Company") which comprises the statement of financial position as at 30 June 2022 the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year ended 30 June 2022, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001*, including:

- a) giving a true and fair view of the Company's financial position as at 30 June 2022 and of its financial performance for the year ended 30 June 2022; and
- b) complying with Australian Accounting Standards – Simplified Disclosures and the *Corporations Regulations 2001*.

**Basis for Opinion**

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's Report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Responsibilities of the Directors for the Financial Report**

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards –Simplified Disclosures and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the ability of the Company to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

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### **Auditor’s Responsibilities for the Audit of the Financial Report**

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor’s report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit.

We identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

We obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company’s internal control.

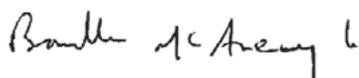
We evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

We conclude on the appropriateness of the directors’ use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company’s ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor’s report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor’s report. However, future events or conditions may cause the Company to cease to continue as a going concern.

We evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.



**Bandle McAneney & Co**



**Anthony J Bandle FCA**  
**Partner**  
**Canberra**

**Dated: 27 September 2022**

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Dietitians  
Australia