

# annual report 2022-2023



## Acknowledgement of Country

**Dietitians Australia acknowledges all traditional custodians of the lands, waters and seas that we work and live on across Australia. We pay our respect to Elders past, present and future and thank them for their continuing custodianship.**



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# Section 1 – Dietitians Australia







# Dietitians Australia essentials

## Our purpose

**Dietitians Australia is the peak industry body for dietetic and nutrition professionals, representing more than 8500 members in Australia and overseas.**

## Our vision

To be the leading voice in nutrition and dietetics.

## Our mission

To champion the professional nutrition and dietetic workforce to empower people and communities.

## Our foundation roles and responsibilities

- Promoting and supporting our members and the work they do
- Protecting the regulatory functions for nutrition and dietetic professionals
- Assuring organisational and financial viability and sustainability

## Our values

Integrity | Courage | Transparency | Equity

# 2022-23 highlights



**7002**

Accredited Practising Dietitians (APDs) credentialed

**160**

Advanced APDs credentialed

**586**

Provisional APDs credentialed



**99**

resumption of practice assessments



**20**

accredited programs maintained



**74**

Skilled Migration Assessments



**324**

APDs audited



**312,422**

visitors to our website

**516,442**

page views on our website



**2325**

mentions of Dietitians Australia in media

**1850**

mentions of 'Accredited Practising Dietitians' in media



**19**

complaints investigated

**7**

complaints panel meetings



**1,255**

monthly active users on Share Plate



**89,160**

followers on social media



**1,757,740**

page views on our member portal

**4** major dietetic program accreditation reviews completed

**3** major dietetic program accreditation reviews underway

**17** dietetic program accreditation annual reports reviewed



**63**

Dietetic Skills Recognition (DSR) eligibility assessments conducted





**8651**  
members,  
an increase of 2.9%



**100+**  
queries per week received  
by the membership team



**34**  
National Office staff  
(full-time equivalent  
of 30)



**992**  
registrations to Centre for Advanced Learning  
Evergreen courses

**1200+**  
registrations for the 'Introduction to Disability and  
Inclusion for Dietitians' Evergreen course



**57**  
DSR multiple-choice question  
exams conducted

**24**  
DSR oral exams conducted



**44**  
submissions  
on priority  
advocacy  
issues



**5**  
Mutual  
Recognition  
Assessments



**2**  
new Evergreen courses



**60** Dietitians Australia events  
**4875** registrations to Dietitians Australia events  
**17** Branch networking events  
**18** Interest Group and Branch CPD events



**20**  
Dietitians Australia  
awards, 3 grants, and  
43 Branch continuing  
professional development  
(CPD) grants awarded



**64**  
meetings with Senators,  
Members of Parliament  
or their offices



**38**  
Interest  
Groups  
**8**  
state and  
territory  
Branches

# President's report



Tara Diversi  
President

**This financial year (2022–23) has been a year of achievements, continued growth and change for Dietitians Australia. On behalf of myself, Vice-President Jemma O’Hanlon and fellow Directors on the Board, I am pleased to welcome you to our 2023 Annual Report.**

With over 8,500 members, our organisation’s collective impact and influence has continued to flourish in 2022–23, working towards our vision of being the leading voice in nutrition and dietetics. While this report focuses on achievements, progress and reporting of the organisation’s performance, it is important to acknowledge the true heart of Dietitians Australia. As a membership organisation we exist because of the successes, impact and influence that Accredited Practising Dietitians have within their diverse roles, communities and workplaces. It is a privilege to lead an organisation with a member base like ours.

The end of the financial year saw the completion of Robert Hunt’s contract with Dietitians Australia. On behalf of the Board, I would like to thank him for his dedication to our organisation and profession. He is a charismatic and empowering leader, and we wish him all the best in his future endeavours. I was pleased to award Rob with Honorary Membership of the association in recognition of his achievements.

This year saw great outcomes on the back of our advocacy agenda. A landmark moment was the launch of the Parliamentary Friends of Nutrition group at Australian Parliament House in March. This was made possible with the bipartisan sponsorship of co-chairs Senator Helen Polley and Bridget Archer MP. The launch event was well-attended by members of parliament, political staff, stakeholders, Dietitians Australia members, and invited guests. I opened the function and, for those of you who attended the Sports Dietitians Australia 10-year anniversary and heard Kieren Perkins speak through a fire alarm, my speaking skills were equally challenged by the division bells ringing during my speech! It helped me acknowledge

what a legend Kieren is, in and out of the pool! We are grateful for our guest speakers: Assistant Minister for Health and Aged Care the Hon Ged Kearney MP, Senator the Hon Anne Ruston, and one of our most esteemed members, Laureate Professor Clare Collins AO. A special shout-out to Clare, who was recently made an Officer of the Order of Australia – an honour given to only 93 people in 2023. The 2023 Federal Budget included a significant win for nutrition in older Australians living in residential aged care facilities, following the hard work of our members, the Policy and Advocacy team, and the whole organisation. This win would have not been possible without the amazing work that our members do in the aged care sector, from research through to consultancy, corporate nutrition and client-facing care.

Connecting with our colleagues and friends in-person at the 2022 National Conference in Adelaide was a real treat after 2 years of being separated by distance and screens. Hearing about the research, inspirational practice, and empowering education that our members achieved throughout the pandemic was a highlight for me. Many of you know that I had been unwell and taken leave, with Katrina Campbell acting in the President role in my absence. Returning to the conference and seeing friends, colleagues and catching up on professional and personal lives was a privilege I certainly do not take for granted anymore. Thank you, Katrina, and the whole Board for stepping up during this time.

The AGM last year saw the approval of a change to the Constitution to modify the Director composition to move from 2 to up to 4 Appointed Director positions. This will help the organisation move towards a skills-based board. The Board Committees have also been

revamped and include a mix of experts from the membership and externally to provide the Board with high-level advice to enhance the decision-making capabilities of the Board.

In addition to our win for aged care in the Federal Budget, this year has seen expanded focus on stakeholder engagement and member engagement. There have been a number of complimentary continuing professional development (CPD) and networking opportunities offered to members this year – specifically, around our strategic areas of First Nations engagement and health, aged care, mental health and disability. Thank you to the team, Branch and Interest Group volunteers and the experts who regularly share their wisdom with others to help build the competency and confidence of our workforce.

I believe we do have some way to go until our profession and organisation has the recognition and respect that matches the positive impact that our members have on the lives of Australians. The positive work of the Board, staff and our members is setting foundations for the future, and I am encouraged by the positive actions we have taken, built on our 4 strategic pillars of trust, growth, recognition and opportunity.

I would like to close my message with a sincere thanks to all members and our stakeholders who have actively engaged in supporting Dietitians Australia through this reporting period. A special thanks must go to my colleagues on the Board and to our outgoing CEO, Robert Hunt, and the Dietitians Australia team, who are passionate about the work they do to help our members do the work they do.



# Finance report

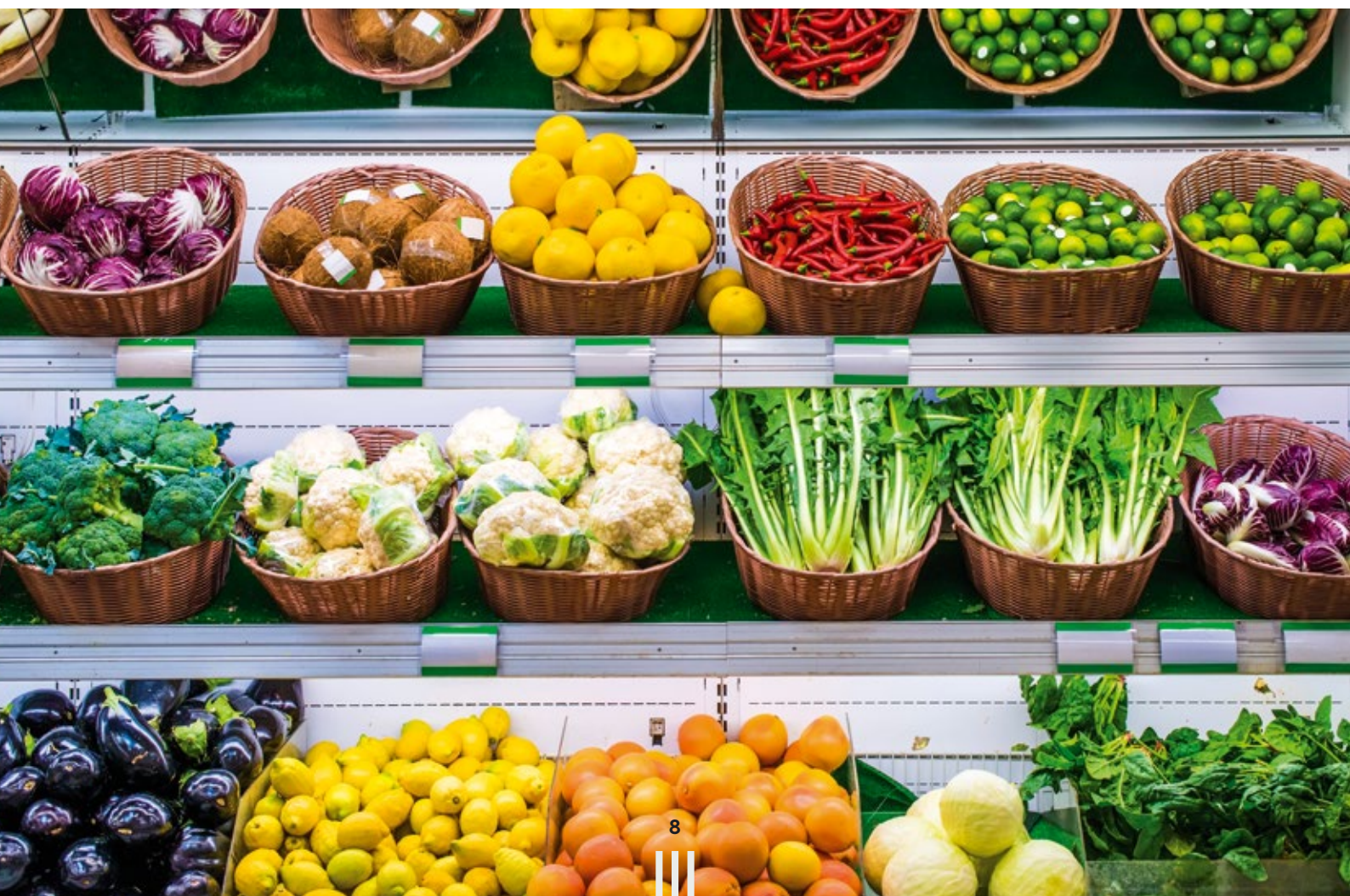


**Margot Richardson**  
Director responsible  
for finance

**Included in this annual report are the Audited Financial Statements for Dietitians Australia for the 12-month period from 1 July 2022 to 30 June 2023.**

The financial reports and procedures have been audited by Dietitians Australia's external registered auditor Bandle McAneney & Co., and their report is included in the financial reports. The auditor has found the organisation's procedures and reporting meet all compliance requirements and provide members with a comprehensive and accurate view of its financial performance and position. The auditor has given a detailed brief to both the Finance Risk and Audit Committee and the Board.

In summary, total income for Dietitians Australia was \$6,250,426, total expenses were \$6,365,405 which resulted in a deficit of \$114,978.





## Income

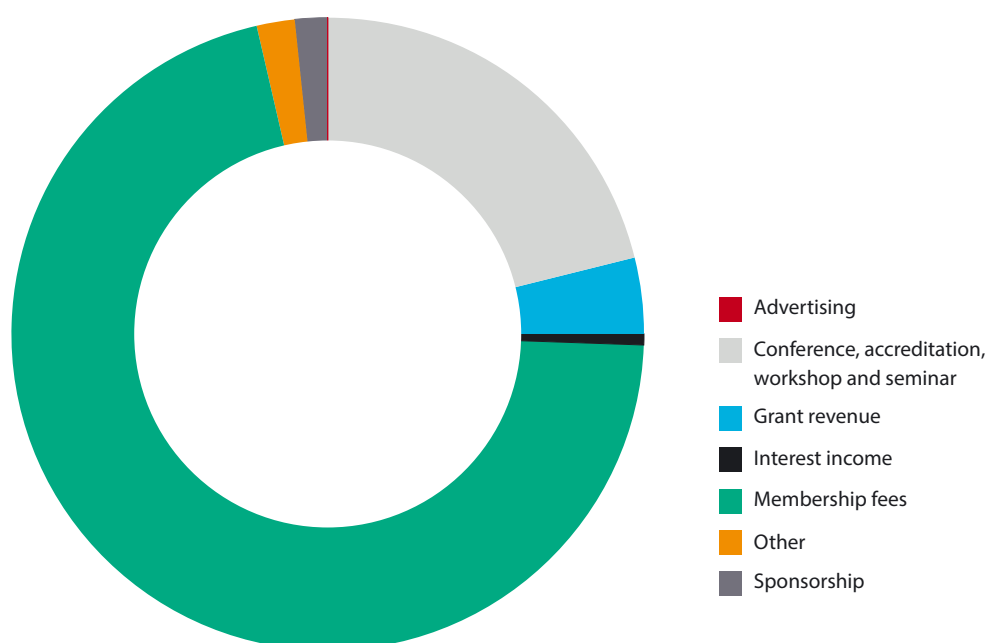
A comparison of income for the previous 2 financial years is presented below. The main changes are in the membership income, grant revenue and conference income categories. This is due to an increase in the number of paying members and the increase in attendance of the first conference back since covid restrictions eased and significant progress on the Grant project. The decrease in Other reflects the gain on sale of \$232,025 in 2021-22 which did not occur again in 2022-23.

**Table 1 – Income Comparison for the previous 2 financial years**

Income	Y/E 30 June 2023	Y/E 30 June 2022	\$ Change	% Change	% of Total
Advertising	10,747	5,966	\$4,781	80%	0%
Conference, accreditation, workshop, and seminar	1,315,762	992,002	\$323,760	33%	21%
Grant revenue	239,354	80,552	\$158,802	197%	4%
Interest income	42,285	1,876	\$40,409	2154%	1%
Membership fees	4,418,321	4,078,211	\$340,110	8%	71%
Other (incl. Asset gain in 2021-22)	124,194	331,946	(\$207,751)	(63%)	2%
Sponsorship	99,763	107,396	(\$7,633)	(7%)	2%
<b>Total</b>	<b>6,250,427</b>	<b>5,597,949</b>	<b>\$652,478</b>	<b>12%</b>	

A graph of the 2022-23 income figures is presented below.

### 2022-23 Income by type



## Expenditure

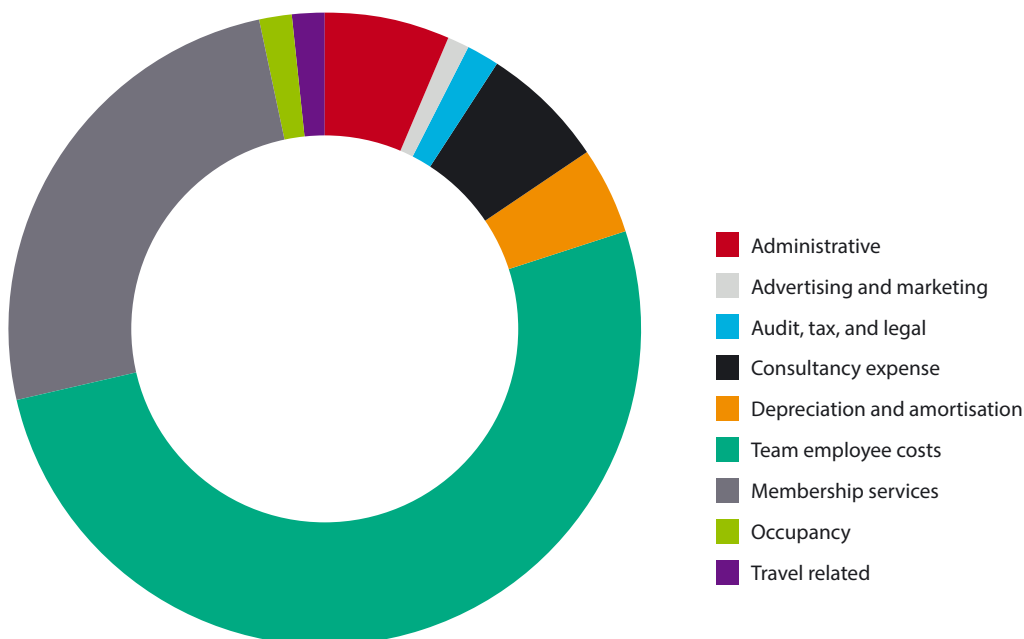
A comparison of expenditure for the previous 2 financial years is presented below. The main changes relate to membership services with the larger Conference in July 2023, team employment, Consultancy and occupancy costs. The organisation also increased staffing numbers to support the continued growth in membership, resulting in employment costs increasing over the year. The occupancy costs were reduced due to the completion of the new office fit out. The increase in Consultancy costs is all related to the Consultants engaged for Grant project.

**Table 2 – Expenditure comparison for the previous 2 financial years**

	Y/E 30 June 2023	Y/E 30 June 2022	\$ Change	% Change	% of Total
Administrative	423,276	274,398	\$148,878	54%	7%
Advertising and marketing	68,878	86,845	(\$17,966)	(21%)	1%
Audit, tax, and legal	105,399	113,955	(\$8,556)	(8%)	2%
Consultancy expense	400,296	268,842	\$131,453	49%	6%
Depreciation and amortisation	285,952	157,460	\$128,492	82%	4%
Team employee costs	3,263,158	3,050,246	\$212,912	7%	51%
Membership services	1,611,820	1,356,485	\$255,335	19%	25%
Occupancy	105,283	235,278	(\$129,995)	(55%)	2%
Travel related	100,343	70,446	\$30,897	44%	2%
<b>Total</b>	<b>6,365,405</b>	<b>5,613,955</b>	<b>\$751,450</b>	<b>13%</b>	

The Finance Risk and Audit Committee has continued their work in monitoring the operational results and compliance activities and has plans to undertake work in other areas for the 2023–24 financial year, with a focus on income generation and diversification strategies.

### 2022–23 Expenditure by type



**Margot Richardson**  
 FCPA, GAICD, FGIA  
 Chair  
 Finance, Risk and  
 Audit Committee

# Message from the CEO



**Robert Hunt**  
CEO

## Welcome to the 2023 annual report to members of Dietitians Australia. In this document, you will find a summary of the activities and achievements of Dietitians Australia, its members and secretariat team, and volunteers.

This year we embedded further the hard work of previous years and worked towards maximising our impact for our members and the community. This focus was equally spread across all our key strategic objectives.

### Strengthening the impact of our voice

There can be no doubt of the success we achieved in our work to meet our vision of being the leading voice in nutrition and dietetics. The effective collaboration between the board, secretariat team and the membership were outstanding and resulted in a significant impact.

The Board's investment in our policy, advocacy, and communications area championed by our President Tara Diversi has indeed paid dividends. Working through this report I marvelled at the depth and breadth of the continuous engagement in consultation and working groups at both State, Territory and Federal levels of Government. Our work continued and strengthened in the disability space through our funded work by the NDIS in building capacity in the dietetic workforce, in our involvement in high-level working groups on mental health nutrition strategies and, notably the ongoing close engagement with the Government on Medicare reforms.

It has, however, been in aged care reform that I am very proud of the whole team's efforts. Leaning heavily on our four strategic pillars of trust, growth, recognition and opportunity, our achievements in the aged care space are worthy of special mention. Building on a strong appearance at the Royal Commission into Aged Care Quality and Safety over four years ago, our policy,

advocacy and communications team have done an outstanding job in keeping our profession at the forefront of messaging around nutrition as a priority in the aged care sector. This work was highlighted by landmark mentions of the profession in the highest-profile media outlets, including the most politically influential recognised newspaper *The Australian*.

Our relationship with the Aged Care Unit in the Department of Health and the Minister for Aged Care, the Hon Anika Wells MP strengthened considerably and because of our constant engagement, including face-to-face meetings with the Minister and senior-level bureaucrats, the profession achieved significant federal funding (\$12.9 million) for dedicated nutrition support by the profession. There will now be a dedicated Food, Nutrition, and Dining Unit established within the Aged Care Quality and Safety Commission, with roles designated for Accredited Practising Dietitians (APDs). Additionally, funding was allocated for menu and mealtime quality evaluations conducted by APDs, along with the development of dietary guidelines tailored to the needs of older Australians. This funding meant tangible work for our members, and I do not doubt that it will for years to come it will cement our profession as a leading health professional in the aged care sector.

Our Government Relations team continued their hard and relentless work to build our presence in the Federal Parliament. In this report, you will read of the numerous high-impact meetings between our profession and Government, including a highly successful series of parliamentary delegations of Board members and the launch of the Parliamentary Friends of Nutrition group in Parliament House. Our profession has been in front of numerous senior Ministers of the Federal Government including The Hon Mr Mark Butler (Health), The Hon Ms Anika Wells (Aged Care), Senator Malandirri McCarthy and The Hon Ms Linda Burney (Aboriginal and Torres Strait Affairs), The Hon Ms Ged Kearney and Assistant Minister for Health and Aged Care. This is a very impressive list of contacts, one we should all be proud of.

## **Transforming our regulation processes**

This last reporting period saw the completion of the first full year of operations for the Dietitians and Nutritionist Regulatory Council (DNRC). The work of this critical function has successfully laid the foundations for our new governance structure for the profession.

Prioritising core responsibilities and projects aligned with our strategic plan and broader health workforce trends was an essential focus for the DNRC. This focus continues to be on safeguarding the public by ensuring the effectiveness and safety of Australian dietetics professionals. This achievement was made possible through adopting a principles-based approach and the dedicated work of the Council members and Chair.

It was pleasing to see the successful completion of the annual audit process of the APD population. Reviewing the detail of this important annual task, which will undoubtedly assist with meeting our strategic pillars of trust and recognition, it was pleasing for me to note that relaxing the self-assessment process of CPD logging did not undermine in any way the quantity of quality professional development completed by the APDs across the country and beyond.

## **Building the capability, capacity and recognition of our profession**

Now in its fourth year of operations, our revamped and strengthened Education Centre, incorporating our Centre for Advanced Learning, hit some significant milestones. The number of webinars, discussion groups, presentations and subject-specific courses continued an impressive growth trajectory, with the feedback from members indicating our subject selection is hitting the intended mark.

Throughout the year we provided several opportunities for our community to provide much-needed guidance on our offering to members, and with an industry-record response rate, we are well-positioned to build further on the impressive program delivery achieved by the team.

Importantly, turning to our strategic pillar of growth and sustainability, our Education Centre's financial performance continues to build. The foundation is now in place to maximise our investment both for the sustainable future of Dietitians Australia and to meet our third strategic objective.

## **Final Goodbye**

After five years as CEO, this will be my last message in a Dietitians Australia annual report.

It indeed has been a humbling experience to be part of the nutrition and dietetic profession. To lead such a dedicated, knowledgeable and keenly focussed group in the secretariat and to support a similarly impressive group of Board members and volunteers, has been a highlight of my career. There are far too many of you to mention individually, so to you all, I express my heartfelt thanks for all you have done for our amazing profession and for the assistance and friendship you have given me over the years.

To the Dietetic profession, my sincere thanks to every one of you for honouring me with the CEO position of Dietitians Australia. It has been a fantastic part of my career and my life, and to think I will continue to be part of the organisation through the honorary membership bestowed upon me on my retirement is very special indeed. I'm proud of what we have all achieved and very excited to know Dietitians Australia is indeed the leading voice of nutrition and dietetics in Australia! Well done everyone and Goodbye!



# Board of Directors



**Tara Diversi APD**  
President



**Dr Katrina Campbell AdvAPD**  
Outgoing Vice-President  
(term concluded  
24 November 2022)  
Director



**Jemma O'Hanlon AdvAPD**  
Incoming Vice-President  
(term commenced  
25 November 2022)  
Director



**Margot Richardson**  
Director Responsible for  
Finance



**Simone Austin APD**  
Director



**Professor Lauren Ball  
AdvAPD**  
Director



**Tracy Hardy APD**  
Director



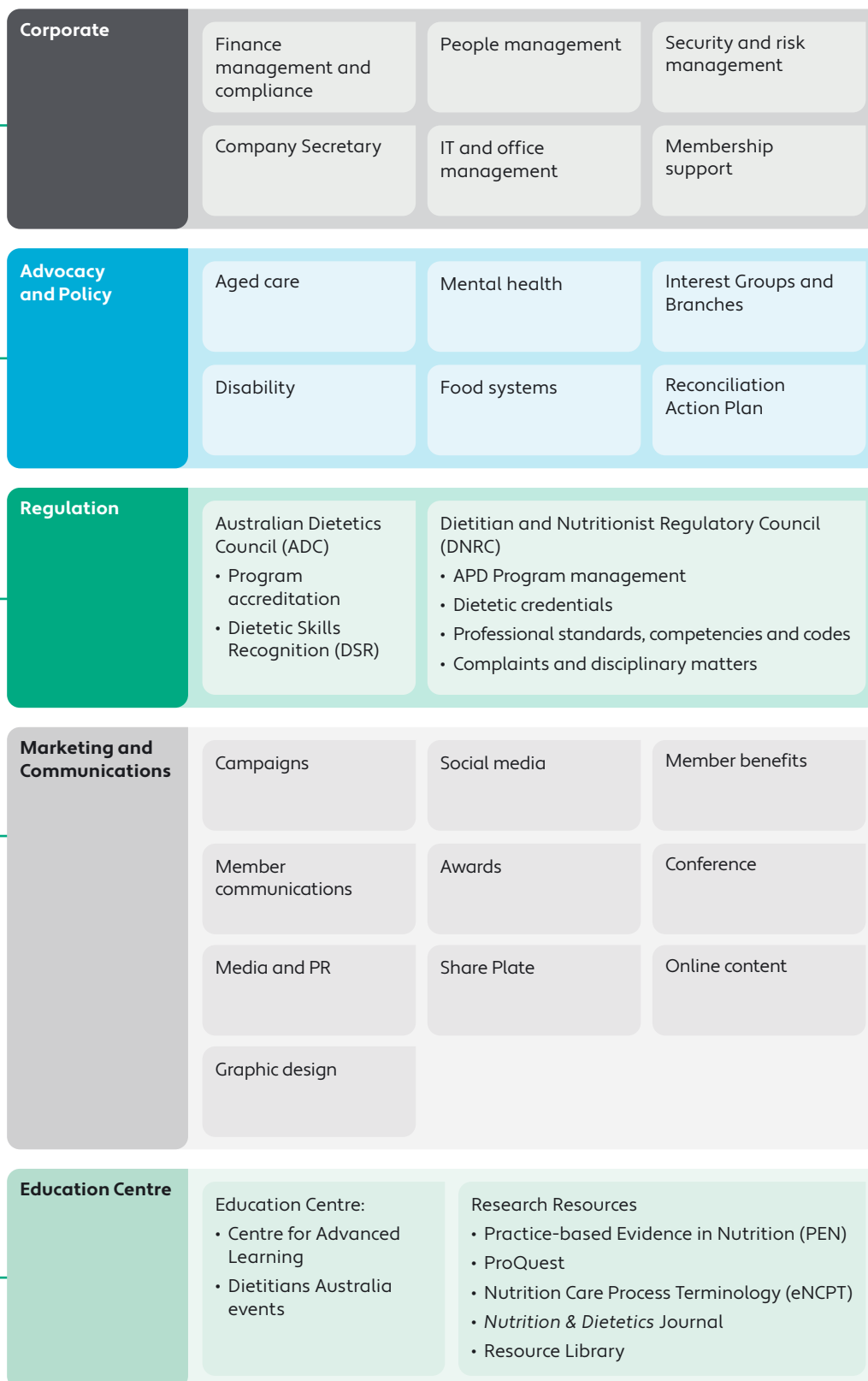
**Tracey Spicer**  
Outgoing Director  
(term concluded  
25 November 2022)



**Dr Fiona Willer AdvAPD**  
Director

# Our organisation

## Organisation chart



# Senior management team



**Robert Hunt**  
Outgoing CEO  
(to August 2023)



**Sue Bruce**  
Chief Finance Officer



**Bree Murray APD**  
Regulation General Manager



**Sally Moloney APD**  
Marketing and  
Communications  
General Manager  
(to June 2023)



**Rebecca Mete APD**  
Education Centre General  
Manager



**Nat Stapleton APD**  
Advocacy and Policy  
General Manager





## Section 2 – Corporate





The Corporate portfolio is responsible for the day-to-day operations of Dietitians Australia. It includes the areas of finance, procurement, human resources, information technology, membership administration, office management, and governance.

In addition to providing support for day-to-day operations, we provide advice, training and support to managers and the Board of Directors. We work closely with the other portfolios to provide them with information, support their work and provide an excellent service to our members.

## 2022-23 financial year highlights



Received an industry recognition award for the implementation of our membership database

Facilitated a look-and-feel refresh of Share Plate

Redesigned and streamlined processes and payments for overseas-trained dietitians submitting applications to Dietitians Australia

Transferred accreditation processes and dietetic course accreditation data from legacy IT systems to the new content management system

Moved Dietitians Australia to a new office location and set up a flexible, modern working space with hot desks, rooms, and private pods

Introduced a priority call-routing system for improved customer service for members and the public, and rolled out an IT helpdesk for staff to increase productivity for solving IT issues

Allowed students of dietetic courses with Program Qualification (PQ) accreditation status to become members, making 7 new courses eligible for membership

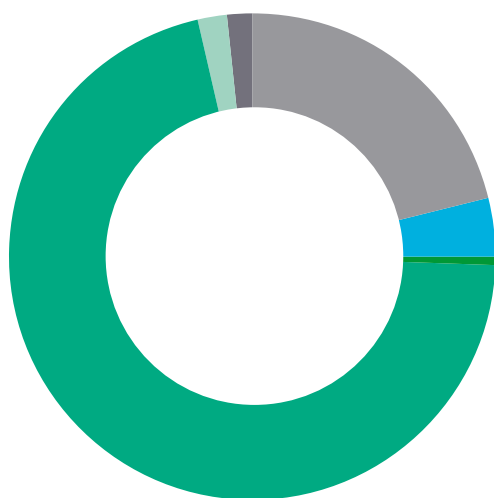
Membership increased by 244 people

# Year in review

This year we continued to build on the developments of recent years to support improved customer service to members, the public and internal staff.

We have supported portfolios across the organisation to implement technological solutions that enable workplace efficiencies and support our members. We've continued to streamline our administrative processes and implement changes to reduce operational costs.

## Income by source



- Advertising (0%)
- Conference, accreditation, workshop & seminar (21%)
- Grant revenue (4%)
- Interest income (1%)
- Membership fees (71%)
- Other (2%)
- Sponsorship (1%)

## Expenditure by service area



- Regulation (40%)
- Member Services (50%)
- Governance (10%)



# Section 3 – Advocacy and Policy



## The Advocacy and Policy team champions the vision of Dietitians Australia as the leading voice in nutrition and dietetics.

We influence key decision-makers through developing robust relationships and providing credible, transparent and independent rationale for an improved food system and healthy diet.

Our government relations plan provides the framework for political advocacy. We engage with government to build brand recognition, build long-term trusted political

influence, and achieve tangible outcomes. Involvement of the Dietitians Australia Board and members ensures our messages are clear, evidence-based and relevant to decision-makers.

We maintain a strong commitment to the areas of aged care, disability, mental health, and healthy and sustainable food systems.

# 2022-23 financial year highlights

Food and nutrition in aged care received \$12.9 million in funding in the May 2023 Federal Budget

We had the opportunity to provide input into the Australian Government's Early Years Strategy with a member roundtable

We launched the Parliamentary Friends of Nutrition group in March 2023

We joined Dr Sophie Scamps MP's roundtable on junk food advertising and supported the Broadcasting Services Amendment (Healthy Kids Advertising) Bill 2023

The draft revised Aged Care Quality Standards now include a standard dedicated to food and nutrition

We met with the Minister for Health and Aged Care and Minister for Aged Care, as well as with many other key stakeholders

We made a submission and presentation to the Inquiry into Food Security in Australia

Our President attended the Mental Health Equity and Access Forum at Parliament House, Canberra in January 2023

We launched the 'Introduction to Disability and Inclusion for Dietitians' Evergreen course, a series of In Practice workshops and a supervision program to support dietitians to work with people with disability



# Year in review

**It has been a busy and exciting year in policy and advocacy. Committed to serving our members and the broader community, we championed APDs and the people and communities they serve.**

## Government relations

Following the May 2022 federal election, we promoted Dietitians Australia as the leading voice in nutrition and dietetics, addressing key federal priorities and liaising with members of parliament and senators on all sides of politics. In the first year of the Albanese government's term, we met with the Minister for Health and Aged Care, the Minister for Aged Care, and assistant ministers in the health portfolio.



Dietitians Australia President Tara Diversi, Minister for Health and Aged Care Hon Mark Butler MP, Dietitians Australia CEO Robert Hunt



Dietitians Australia CEO Robert Hunt, Minister for Aged Care & Sport Hon Anika Wells MP, Dietitians Australia President Tara Diversi



Dietitians Australia CEO Robert Hunt, Mrs Bridget Archer MP, Senator Helen Polley, Dietitians Australia President Tara Diversi

We saw significant progress in aged care food and nutrition. The 2023 Federal Budget allocated \$12.9 million towards improving food and nutrition. This included establishing a Food, Nutrition and Dining Unit within the Aged Care Quality and Safety Commission, with many positions for APDs; funding menu and mealtime quality assessments performed by APDs; and developing dietary guidelines for older Australians. Our President, Tara Diversi, was present during the announcement alongside the Minister for Aged Care. The draft revised Aged Care Quality Standards also now include a specific standard for food and nutrition.

Dietitians Week 2023 saw the official launch of the Parliamentary Friends of Nutrition group. We are grateful for the support and leadership of the co-chairs, Senator Helen Polley and Bridget Archer MP, in the establishment of this group.

We had over 60 meetings with MPs and senators (or their staff). In November 2022 alone, our Board and staff participated in 30 meetings at Parliament House, Canberra.

We initiated state-based election campaigns for the 2022 Victorian and 2023 New South Wales elections. Collaborating with local Dietitians Australia members, we identified state priorities, communicated with politicians and candidates, devised scorecards, and engaged the media. We're eager to expand our state advocacy in line with our government relations plan.

Member capacity-building remains a high priority. We connected members to their local members of parliament, provided education and developed advocacy resources. We launched the 'Introduction to Disability and Inclusion for Dietitians' course, workshops and a pilot supervision program to support dietitians to work with people with disability.

Our advocacy priorities span aged care, mental health, disability, and healthy and sustainable food systems. Ongoing meetings with decision-makers and stakeholders, submissions (over 40) and consultations continue to drive our advocacy.

## Aged care

We have achieved outstanding results in improving access to APDs and elevating standards for food, nutrition and the dining experience in residential aged care homes. In addition to those noted above, highlights from the year include:

- strengthening key stakeholder relationships in aged care, including with the Department of Health and Aged Care, the Aged Care Quality

and Safety Commission and the new Minister for Aged Care, the Hon Anika Wells MP

- a stronger focus of the Aged Care Quality and Safety Commission on food, nutrition care and the dining experience for all older people. This can be seen in the development of new resources and increased nutrition-related communications. Our Senior Policy Officer sits on the Commission's Food, Nutrition and Dining Expert Advisory Group and helped to drive this
- changes introduced under the *Aged Care Legislation Amendment (Governance and Reporting for Approved Providers) Principles 2022* (Cth), which included reporting on availability of allied health practitioners, feedback on food quality, menu assessments conducted by APDs and performance against the National Aged Care Mandatory Quality Indicator Program Quality Indicators

## Disability

Australia's Disability Strategy 2021-2031 aims to ensure that people with disability attain the highest possible health and wellbeing outcomes throughout their lives. Essential to this is equitable access to food, nutrition and dietetic services. Dietitians Australia continues to advocate for these foundational elements, with highlights from the year including:

- advocating for National Disability Insurance Scheme (NDIS) participant plans to have sufficient hours and funding for nutrition and dietetic support
- advocating for NDIS therapy support pricing limits to be increased in line with inflation to ensure these critical supports remain accessible
- being invited to collaborate with the National Centre of Excellence in Intellectual Disability Health
- meeting with the Australian Government's Chief Allied Health Officer to advocate for Medicare Benefits Schedule items for children with disability to see an APD
- having the role of APDs recognised in the National

Guideline for Assessment and Diagnosis of Autism

- advocating for the mitigation of nutrition- and lifestyle-related risks that contribute to preventable deaths and chronic diseases among people with cognitive and swallowing disabilities

## Mental health

We continued to advocate for recognition of APDs in mental health across Australia. Highlights from the year include:

- gaining recognition of APDs in mental health through the Queensland Parliament Mental Health Select Committee's inquiry into opportunities to improve mental health outcomes for Queenslanders. The Queensland Government accepted recommendations for greater integration of dietitians in mental health teams
- engaging with the Australian Government Department of Health and Aged Care's senior officials to promote the role of APDs in mental health, pushing for federal funding for mental health training in accredited dietetic courses
- actively contributing to the evaluation of Medicare's Better Access initiative and lobbying for the program to include APDs. Our President, Tara Diversi, represented us at the Mental Health Equity and Access Forum at Parliament House, Canberra
- advocating for the role of APDs in mental health through consultations and regular meetings with government officials

## Healthy and sustainable diets

Effective food systems drive good nutrition and health, reducing diet-related illness, food insecurity, and malnutrition in all its forms. Dietitians Australia continues to lead on the implementation of evidence-based food system actions that are safe, affordable, sustainable and culturally acceptable. This results

in improved nutrition and health outcomes, with positive impacts on the food environment and economy.

Highlights from the year include:

- advocating for APDs as essential members of multidisciplinary teams who advise on nutrition across the life course, and advocating for more publicly funded positions in preventive health
- taking action to protect children from the harmful impact of junk food marketing by joining Dr Sophie Scamps MP's roundtable on junk food advertising and supporting the Broadcasting Services Amendment (Healthy Kids Advertising) Bill 2023
- advocating for stronger food regulations, including labelling and food standards, through our submissions to Food Standards Australia New Zealand (FSANZ) and representation as part of the FSANZ Consumer and Public Health Dialogue
- increasing our focus on healthy and sustainable food systems as the cornerstone of public health and the wellbeing of people and planet through our partnership with the Climate and Health Alliance, and many submissions
- advocating for legislation and enforcement of the International Code of Marketing of Breast-milk Substitutes and subsequent World Health Assembly resolutions, as part of the review of the Marketing in Australia of Infant Formulas: Manufacturing and Importers Agreement

The Food Regulatory Advocacy and Policy Working Group was disbanded this year to increase alignment and transparency of all policy and advocacy work across the organisation. We acknowledge all members of the group, both past and present, for their contribution to improving Australia's food system.

## Endorsements

In response to the \$12.9 million federal government funding to improve food, nutrition and the dining experience in aged care, some members had this to say...

**“Fantastic news! Well done Vanessa, Tara and the policy team. I feel optimistic about food in aged care for the first time in a very long time after this announcement. Very much hope to be actively involved in these initiatives. Thanks to you all for the hard work.”**

– Ngaire Hobbins

**“Well done to those who have advocated for this change. Who could have imagined this actually happening 10 years ago. Dietitians involved in menu assessments. Amazing! Congratulations those at Dietitians Australia for this.”**

– Emily Colombage

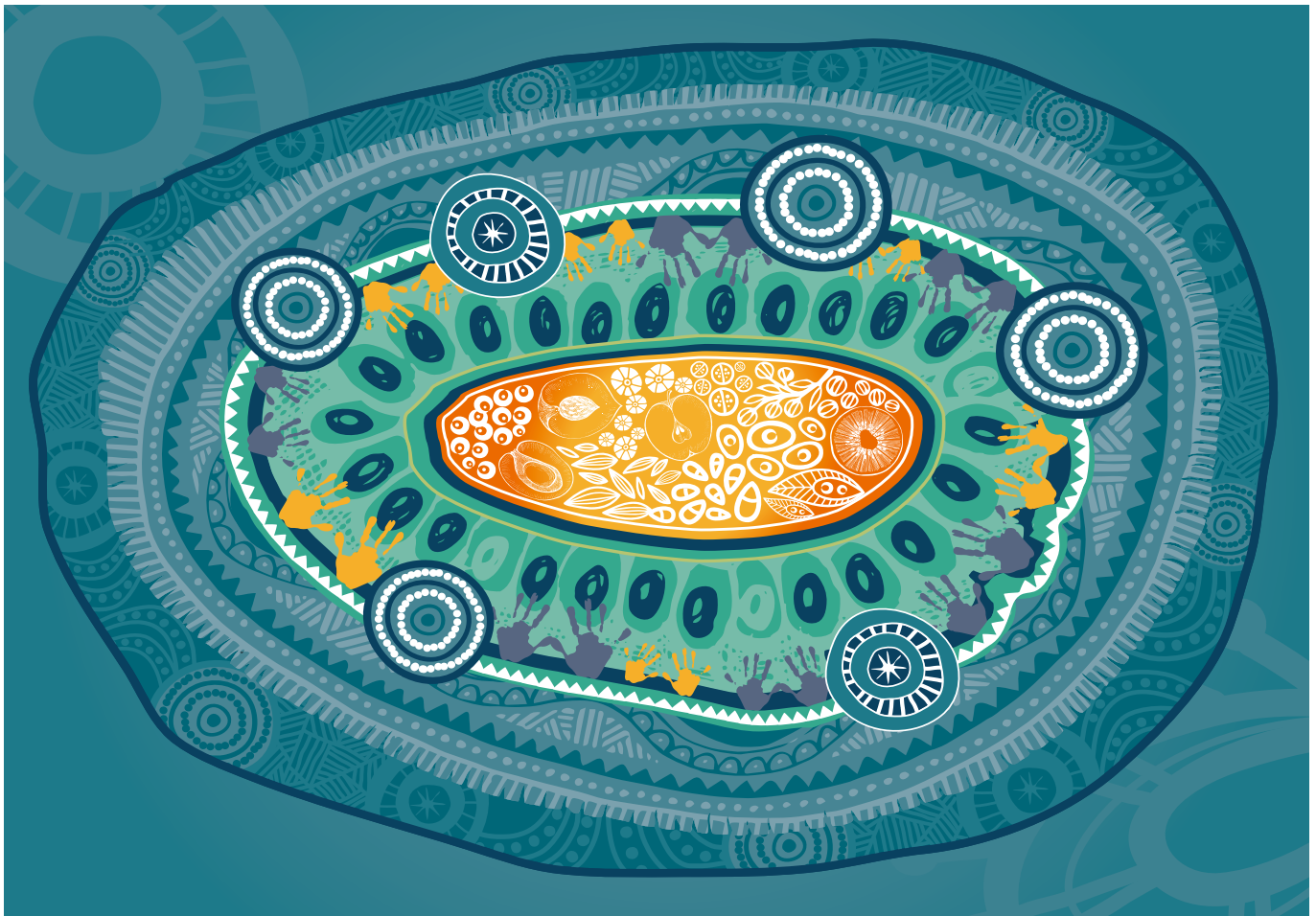








# Reconciliation Action Plan **update**



## Our ‘Innovate’ Reconciliation Action Plan (RAP)

We proudly launched our third RAP (an Innovate RAP, running from August 2022 to August 2024) at Dietitians Australia’s annual conference, held in Adelaide in August 2022. Our vision is for an inclusive and diverse dietetics workforce that is culturally rich and proud, with anti-racism, cultural safety and culturally responsive practice at the core of everything we do.

Our 10 RAP Working Group members, 3 of whom identify as Aboriginal, met quarterly to progress RAP deliverables and other key initiatives throughout the year, including:

- providing members with 5 complimentary webinars as part of NAIDOC Week celebrations in July 2022, featuring First Nations peoples’ food, nutrition and health priorities, and perspectives
- developing and implementing a communications and content plan for National Reconciliation Week 2023
- promoting opportunities to celebrate key cultural dates via social media and member communications
- increasing visibility of our RAP commitments to members at Dietitians Australia’s 2022 conference by publicly launching our third RAP, hosting a workshop on ‘Engaging with the new Aboriginal and Torres Strait Islander health competencies – exploring what this means for practitioners and educators’, adding a RAP flyer in delegate satchels, featuring our RAP design on staff polo shirts and on the Dietitians Australia stand backdrop, and having staff on the stand to talk about our new RAP
- demonstrating commitment and accountability to RAP implementation as evidenced by the RAP impact survey completion in 2022
- publishing a letter to the editor in *Nutrition & Dietetics* in January 2023 on ‘Advancing reconciliation: Signposts for dietetics educators’
- reviewing and updating the ‘Online Cultural Capability Training for Dietitians Australia members and staff’ resource – available to all members in the Reconciliation Hub
- surveying self-identified First Nations members to better understand the barriers and enablers to participating in Aboriginal and/or Torres Strait Islander activities, events and opportunities available through our professional body
- developing a briefing paper for the Dietitian and Nutritionist Regulatory Council (DNRC) in June 2023, with recommendations to strengthen cultural capability and responsiveness training requirements for members and overseas-trained dietitians



# Section 4 – Regulatory Services



**The Regulatory Services Portfolio is responsible for administering the profession's accreditation, skills recognition, credentialing and complaint functions that are delegated to the Dietitian and Nutritionist Regulatory Council (DNRC) to govern. The DNRC is responsible for protecting the public by regulating the Australian dietetics profession to ensure practitioner efficacy and safety to practice.**

The DNRC is intentionally aligned with the guiding principles of the National Law that governs the registered health workforce. The National Law's core function is protecting the Australian public by regulating the standards of health care expected of health practitioners.

The DNRC is responsible for leading the regulatory objectives of the Dietitians Australia strategic plan.

## 2022–23 financial year highlights

Achieving the DNRC's first-year operational milestone

Developing and delivering first-ever Accreditation Standards training for dietetic education programs

Operationalising the new database across all accreditation, skills recognition and credentialing functions

Progressing the profession's supervision needs

Strengthening the AdvAPD application and assessment process

Implementing new National Competency Standards and Accreditation Standards for dietetic education programs with a focus on cultural safety and responsiveness standards, student recruitment and retention strategies, and First Nations partnerships in the development and delivery of curriculum

Implementing new Accreditation Standards that foster working with other professions



# Year in review

## Dietitians and Nutritionist Regulatory Council

The first year of DNRC operations predominantly focused on establishing the foundational governance requirements to support and foster a shared understanding of the core role and function of regulation under a new governance structure.

The DNRC's core function is protecting the public by ensuring Australian dietetics professionals are effective and safe in their practice. As part of this, the DNRC has worked effectively to prioritise core business and projects in alignment with the strategic plan and broader health workforce trends. To do this, the DNRC adopted a principles-based approach that focused on:

- identifying key priorities
- assessing the likelihood and possible consequences of regulatory risks
- responding in ways that are culturally safe, proportionate, consistent with community expectations and manage risks to adequately protect the public
- making timely decisions under the approved delegation framework

During the 2022-23 financial year, the DNRC met 6 times via videoconference and once out of session to progress regulatory activities.

## Credentialing the dietetic workforce

As of 30 June 2023, a total of 7002 dietitians held the APD credential. This is an increase of 1.9% (116 APDs) compared to 2021-22. This total is made up of:

- 1127 Provisional APDs
- 5697 Full APDs
- 160 AdvAPDs

Ninety-nine applications were received and assessed for dietitians returning to the APD Program in the reporting period (a 1.2% decrease from the previous year). Of these:

- 57 dietitians entered or re-entered the APD Program through the following pathways:
  - 8 Alternate Process pathway
  - 28 Delayed Entry pathway
  - 16 Resumption of Accredited Practice (RoAP) pathway
  - 3 RoAP pathway with no recency of practice requirements
  - 2 passed Dietetic Skills Recognition (DSR) requirements
- 42 dietitians have been assessed as eligible to re-enter via the available pathways but are yet to rejoin as APDs

The DNRC conducted and implemented a review of the AdvAPD policy, and is currently conducting a review of return to practice pathways.

## Annual APD audit

Five per cent of APDs were randomly selected for the annual audit process and required to provide evidence of compliance to APD Program requirements and recency of practice hours (if not in an exemption category).

A total of 334 APDs were selected, which included 55 Provisional APDs, 269 Full APDs, and 10 previous fails (6 Full, 4 Provisional). Of the 334, 96.9% (320) met the minimum requirements (275 Full APDs, 59 Provisional APDs). Fourteen APDs did not meet minimum continuing professional development (CPD) requirements, of whom 3 did not meet the minimum recency of practice requirements. Two APDs who failed for a second time have been referred to the DNRC for further review under the subsequent financial year reporting period.

99.2% of APDs who were required to provide evidence of recency of practice met the standard.

The DNRC has reviewed and implemented a revised APD audit policy for the 2023 audit in line with principles of right-touch regulation.

## Complaints and disciplinary matters

A total of 19 complaints were received by the complaints secretariat in the reporting period, of which:

- 6 were alleged breaches of professional conduct
- 7 were alleged breaches of advertising requirements
- 4 were outside the scope of the Complaints and Disciplinary By-law (not members or APDs)
- 2 were informal complaints not pursued under the Complaints By-law

The DNRC Assessment Panel met 7 times to review and discuss material related to these complaints.

## Other key DNRC credentialing achievements:

- Fellow status removed as a regulatory function and aligned under the profession's awards and recognition program
- Understanding supervision needs of the profession prioritised by DNRC

## The Australian Dietetics Council (ADC)

The primary function of the ADC is to uphold dietetic program accreditation and skills recognition standards and processes. The ADC has 9 voting members, comprising 3 academics, 3 senior practitioners and 3 external members.

The ADC met 6 times via videoconference in 2022–23 to progress accreditation and recognition business and discuss plans for the development of the new accreditation processes.

On 11 February 2023, we farewelled 2 longstanding ADC members, Dr Susanne Owen (external accreditation expert), who had served her maximum number of Council terms, and Mr John Stubbs (external consumer representative), who had completed 2 terms with ADC. On 30 June 2023, we farewelled another longstanding ADC member, Professor Fiona Pelly, who had also served her maximum number of Council terms. Susanne, John and Fiona were valued members of the ADC and we thank them for their significant contributions to the work of the Council.

Recruitment for 2 external ADC members was undertaken in early 2023, via an application and interview process. Associate Professor Melissa Davis (accreditation expert) and Dr Ann Alder (consumer representative) were appointed to the ADC on 1 June 2023. Recruitment for 1 vacant senior academic position is currently underway.

## Accredited dietetic education programs

As of 30 June 2023, there were 20 accredited dietetic programs delivered by 16 education providers, 5 dietetics programs with Program Qualification (pre-accreditation) status, and one program engaged in the provisional accreditation process.

Eight accreditation reviews were undertaken in 2022–23:

- Australian Catholic University program application for provisional accreditation (in progress)
- University of Sydney reaccreditation (in progress)
- University of Canberra reaccreditation (in progress)
- University of New South Wales program qualification (conducted and approved)

- University of the Sunshine Coast reaccreditation (conducted and approved)
- Curtin University reaccreditation (conducted and approved)
- University of Queensland reaccreditation (conducted and approved)
- Bond University reaccreditation (conducted and approved)

The ADC also reviewed and assessed ongoing compliance with accreditation standards via 17 annual reports from 14 universities not currently engaged in other accreditation review processes.

## Dietetic Skills Recognition (DSR)

### Stage 1: Desktop assessment

Sixty-three DSR applications were received from candidates with primary qualifications in 22 different countries. Of these, 62 were assessed as eligible to proceed to examination stage (stage 2) and 1 was deemed ineligible. This is the most assessments ever received and processed in a 12-month period.

### Stage 2: Multiple-choice questions (MCQ) written examination

MCQ examinations were held on 6 September 2022 and 6 March 2023, and were undertaken by 57 candidates (41 DSR candidates, 7 RoAP candidates and 9 New Zealand Dietitian Board candidates). 47% of candidates passed the written exam.

### Stage 3: Objective Structured Clinical Examination (OSCE)

Twenty-four OSCEs were held online on 24 October 2022 and 9 and 11 May 2023 across 11 locations (in 6 Australian states and 5 overseas locations). Twenty candidates (84%) successfully completed the assessment and were deemed eligible to join Dietitians Australia and the APD Program.

### Skilled Migration and Mutual Recognition Assessments

This financial year saw 74 Skilled Migration Assessments issued, the most ever assessed

and issued in a single year. Five successful New Zealand Mutual Recognition approvals were processed.

### Other key accreditation and recognition achievements:

- Implemented new Accreditation Standards, with a focus on strengthening cultural safety and responsiveness and fostering of interprofessional practice
- Developed and delivered training on the new Accreditation Standards for the ADC, review pool members and universities
- Developed and implemented a new accreditation database and management system to monitor accreditation requirements and process timelines
- Commenced planning and scoping work to inform the review of the Accreditation Processes
- Conducted and presented research on strengthening the Structured Oral Clinical Exam component of Dietetic Skills Recognition assessment

### Strengthening trans-Tasman relations with Dietitians New Zealand Registration Board



L-R: Irene Durham, Tom Shand, Soana Muimuiheata, Laila Cooper, Bree Murray, Philippa Bascand, Julia Hunter





## Section 5 - Marketing and Communications



## The Marketing and Communications team oversees member engagement, member communications, promotions, and Dietitians Australia's media presence.

The premier campaigns include Dietitians Week, Dietitians Day and our annual conference.

The team plays a critical role in underpinning the communications strategy for the advocacy and policy work of the association.

We are responsible for managing Share Plate, Dietitians Australia's social media presence, the public website and the member portal.

As a unit, we work to ensure members have clear access to and understanding of the wealth of benefits their membership offers.

The unit is committed to growing the impact of the Dietitians Australia brand, building the reputation of our profession, and creating opportunities for Accredited Practising Dietitians (APDs) to raise their voices.

# 2022-23 financial year highlights

It has been a year of growth and increased brand recognition for both the Dietitians Australia brand and Accredited Practising Dietitian brand. The Marketing and Communications team has been the driving force behind this. A strategic shift towards focusing on more proactive external communications activities has allowed us to lead in national media, particularly on

aged care advocacy. The 2022 Dietitians Australia Conference in Adelaide was another opportunity for our influence to shine, with significant political representation as part of the event. The team are committed to ensuring our marketing and communications efforts are distributed in a way that is as impactful as possible for the association and the membership.

Executing Dietitians Australia's most impactful advocacy media campaign on record, including a front-page article in *The Australian* newspaper and a multi-platform campaign across the ABC on aged care nutrition

A 584% increase in mentions of Dietitians Australia in online and print media

Our fortnightly member newsletter hit an open rate of 62%, with a 51% average

Dietitians Week digital campaign awareness impact increased by 165%

Increased social media followings across platforms, with LinkedIn followers increasing the most, by 20%

Conducting an extensive member benefits survey to gain member insights, with 1,833 members participating across a spread of work settings representative of the membership

# Year in review

## Dietitians Week

Dietitians Week is an annual campaign to raise public awareness of dietitians and profile APDs as the go-to nutrition professionals. Dietitians Week was celebrated from 20 to 26 March 2023.

Dietitians Australia supplied dietitians with resources to promote themselves throughout the week.

The theme 'Did you know? Dietitians improve lives!' spotlighted the many ways APDs transform health and wellbeing through their nutritional expertise.

Significant Dietitians Week 2023 achievements included:

- 226% increase in link conversions on social media
- 165% increase in digital campaign awareness
- 90% increase in Dietitians Week website unique page views
- 60% increase in social media hashtag engagement
- 25% increase in consumer 'Find a dietitian searches' via Dietitians Australia's website

## 2022 Conference

The Dietitians Australia 2022 Conference in Adelaide was our opportunity to reconnect face-to-face as an industry for the first time since COVID-19. It was an event of firsts:

- First hybrid conference, offered in-person and virtually
- First conference with new program format, catering to the professional development needs of emerging and established nutrition professionals
- First Education Hub in the Trade Hall, offering education beyond the formal scientific program
- First awards ceremony as part of the conference dinner
- First ministerial representation at the conference, which was attended by the Minister for Health and Aged Care, the Hon Mark Butler MP, and Senator the Hon Anne Ruston. This highlighted our ongoing and successful commitment to our Policy and Advocacy initiatives



Dietitians Australia 2022 Conference.

With the support of the 2022 Scientific and Social Program Committee, the themes 'Be Bold', 'Nurture', 'Extend' and 'Emerge' inspired 3 days of innovative learning opportunities for approximately 630 attendees.

## 2022 Awards Ceremony

The Dietitians Australia 2022 Awards Ceremony was held as part of the conference dinner at the National Wine Centre in the stunning Adelaide Botanic Gardens. In our first formal meal together since 2019, 220 guests gathered for dinner to celebrate the commendable achievements of our profession as the leaders in dietetics and nutrition. Awards, prizes and grants were awarded to 20 members across 16 categories. We remembered a leader in the field of dietetics with a special tribute by Professor Eleanor Beck to the late Peter Williams. From the dinner tables to the dance floor, it was a memorable evening enjoyed by all.



## Dietitians Day

Dietitians Day is an annual campaign to publicly recognise Accredited Practising Dietitians for their achievements and efforts, and to foster pride in the APD credential.

Dietitians Day was celebrated on 30 September 2022. The theme was 'Proud to be an APD'.

Dietitians Australia supplied members with resources and prompts to help celebrate their impact and their wins. A social media competition encouraged dietitians to celebrate one another online.

The Dietitians Day branding, logo and campaign 'look and feel' was updated to reflect the contemporary and refreshed Dietitians Australia brand.

Dietitians Day 2022 was a success. Significant achievements included:

- 270% increase in resource toolkit downloads
- 35% increase in social media engagement
- 30% increase in campaign awareness

## Membership renewals

Thank you to our membership for your continued commitment to Dietitians Australia and making the 2023 renewals period another smooth success.

Ninety per cent of the membership renewed ahead of the deadline, a 2% increase on 2022 renewals.

The 2023 campaign strategy shifted to streamline and improve message quality and reduce message quantity.

Urgent renewal deadlines and important credentialing and membership information were more effectively communicated, as seen by a 25% increase in member email engagement throughout the campaign.

## Share Plate

In 2022-23, Share Plate continued to be a central, trusted hub for member information-sharing, communication and collaboration.

Since its inception in 2020, 7727 users have logged in to Share Plate at least once – 1311 users for the first time during 2022-23.

An engagement score of B-minus demonstrates solid activity on Share Plate with room to improve. This score reflects activities such as content created, engaged with, and seen by each active user.



**1311**  
users who logged in  
for the first time  
(7/1/22-7/1/23)



**1404**  
users who have  
signed up this year  
(7/1/22-7/1/23)

## Share Plate engagement statistics 2022-23

- First-time logins: 1311
- Agreed to terms: 1404
- Active contributors: 1661
- Member communities: 40
- Member leadership committees: 39
- Branches: 8
- Committees: 18

## Share Plate Content Competition

Dietitians Australia members were invited to participate in the Share Plate Content Competition to win 1 of 100 gift cards valued at \$70 each. The competition was open from 28 February to 29 April 2023. To be eligible to win, members needed to create an informational post in a Share Plate Interest Group or Branch community. Engagement statistics over the competition period compared to previous year were:

- Logins up 5%, from 1246 to 1306
- Users that downloaded documents up 17%, from 371 to 435
- Discussion threads created up 16%, from 184 to 214
- Group replies up 38%, from 127 to 175
- User replies to sender up 475%, from 4 to 23

The team will use these insights and gather more engagement data from the membership to inform the future strategic direction of the Share Plate platform and ensure we are offering an intuitive and user-friendly experience for our membership.



## Social media

Dietitians Australia is active on LinkedIn, Facebook, Instagram and X (previously Twitter). Across all channels, followers increased organically as follows:

- LinkedIn up 20% from 17,019 to 20,370
- Instagram up 7% from 21,102 to 22,578
- X (previously Twitter) up 7% from 13,042 to 14,019
- Facebook up 1% from 31,740 to 32,193

## Weekly member email

This financial year, member preferences drove a change in frequency of the member update email, from weekly to fortnightly.

Since November 2022, the member update has been distributed to members every second Monday. This important member email continues to attract an above-industry-average open rate of 51%, compared to 55% the previous year.

The member update email, along with Share Plate, continues to be a vital channel for members to stay current with all things related to Dietitians Australia.

## CEO Catch-up

The CEO Catch-ups were held every 2 months, offering members an opportunity to attend a Zoom meeting and ask the CEO questions. Members who were unable to watch live were able to catch up via recordings uploaded to Share Plate. In the 2022-23 financial year, live attendance ranged from 21-46 members per meeting, with over 50 views of the videos on Share Plate.

## Public website

Resources and content updates continue to be posted on the public website, ensuring health advice pages and other useful information remains current and accessible for the public.

### Public website user statistics 2022-23

- Total users: 312,422
- Sessions: 516,442
- Page views: 762,082
- Pages viewed per session: 2.44
- Average session duration: 3 minutes 3 seconds

## Member portal

The Marketing and Communications portfolio is also responsible for maintaining and updating content on the member portal. This includes adding campaigns, training opportunities, jobs, rooms for rent and new portal features.

### Member portal user statistics 2022-23

- Total users: 161,978
- Sessions: 377,100
- Page views: 1,757,740
- Pages viewed per session: 10.85
- Average session duration: 5 minutes 51 seconds

## Education Centre marketing

We provided marketing support for all Education Centre offerings and projects, including Dietitians Australia events, Centre for Advanced Learning (CAL) courses, CPD surveys and tenders for developing courses.

During September 2022, for the second year in a row, the Spring Special campaign offered members a 15% discount on the registration price of specific Evergreen courses.

The marketing team has helped the Education Centre meet and exceed registration targets both for events and CAL courses. More details on registrations can be found in the Education Centre portfolio report.

The Education newsletter update changed to a fortnightly distribution from November 2022 to align with the Monday member update fortnightly change. The newsletter had an open rate of 37% (up from 36% last financial year) which sits 15% above the industry average. It continues to deliver updates to members on the latest courses and events, as well as member benefit updates for Practice-based Evidence in Nutrition (PEN) and the *Nutrition & Dietetics* journal. It serves as another communication platform for campaigns and other education-related news outside of the Education Centre.

## Nutrition & Dietetics journal marketing

We undertook a range of activities to promote our *Nutrition & Dietetics* journal and provide opportunities for authors, including:

- promoting Early View articles via social media
- providing opportunities for authors to share their research with members via quarterly Research Bites webinars
- inviting the authors of successful conference oral presentation abstracts to submit their work to *Nutrition & Dietetics*
- coordinating the cover design for each journal issue and supplement issues
- promoting each journal issue via member channels, with high engagement – an average email open rate of 54% and 5% click rate

## Student engagement

We continue to offer students of accredited dietetics education programs complimentary membership of Dietitians Australia for the duration of their entry-level dietetic study. At the start of 2023, this was also extended to entry-level dietetic courses with Program Qualification (PQ) status.

We continued to provide targeted university presentations to students tailored to the stage of their education.

We also worked with universities to provide material for use in O-Week and had regular communication with student representatives from each university, encouraging registration to events of interest, networking opportunities, the Dietitians Australia conference and participation in Dietitians Week.

## Media management

Dietitians Australia's media operations were redirected this financial year towards focusing on delivering proactive media campaigns, underpinned by the association's policy and advocacy priorities.

Dietitians Australia received 1540 mentions in online and print media in this financial year – a significant increase from 225 mentions in the previous financial year.

Dietitians Australia was mentioned 825 times in broadcast media. 24 November 2022 was Dietitians Australia's most impactful day for media mentions in history, with President Tara Diversi featured 231 times across all ABC platforms, including in a 7.30 report on aged care nutrition.

A broader range of APDs were nurtured for media opportunities. The APD brand was mentioned 1100 times in online and print media 750 times in broadcast media in the 2022–23 financial year.



President Tara Diversi is interviewed by ABC News Australia Reporter Annie Guest (not pictured) at Australian Parliament House in Canberra. Supported by General Manager of Advocacy and Policy Natalie Stapleton.

## Partner acknowledgment

Dietitians Australia partnerships support our mission to champion the professional nutrition and dietetic workforce to empower people and communities. We would like to acknowledge and thank our partners, Guild Insurance and AIA Vitality, for their ongoing support.



**Working with Dietitians Australia to represent the dietetic profession in the media, especially in the home tube feeding sector, has been immensely fulfilling. Together, we've effectively communicated vital information to the public and raised awareness about the intricacies of home tube feeding. As an advocate, I've witnessed the influence of our collective voice in the media. I urge fellow members to engage in media advocacy to enhance public understanding of dietetics and health care. By increasing our media presence, we can continue making a significant impact on public health.**



Lina Breik, Advanced Accredited  
Practising Dietitian







# Section 6 – Awards, prizes, grants and scholarships



Our awards, prizes, grants and scholarships recognise members who are making outstanding contributions to our profession.

# Awards

## Outstanding Contribution Award



### Dr Lisa Vincze

Lisa is a dual-qualified APD and exercise physiologist. In the past 3 years she has published 15 research papers and has secured over \$275,000 of research funding. She has received a number of research awards, including the Dietitians Australia 2019 Joan Woodhill Prize for Excellence in Research.

## Young Achiever Award



### Miranda Blake

Miranda graduated as dux of the Monash University Bachelor of Nutrition and Dietetics in 2012 and was awarded the Sir John Monash Medal for outstanding achievement. She has promoted population health and nutrition through excellence in leadership in public health and research. Miranda was an active professional volunteer on the Food Regulation Advocacy and Policy Working Group since 2017 and chaired the committee from 2019.



## Lecture in Honour

### Lecture in Honour of Dr Manny Noakes

*Achieving Impact (Through Research Translation, Media and Communication)*

Presented by Julie Dundon, Advanced APD



Julie Dundon with Dr Manny Noakes

Manny Noakes is a trailblazing research dietitian, who accidentally found herself at the centre of media attention to globally promote evidence-based weight-loss research. Despite seeing herself first and foremost as a scientist she grabbed the opportunity to reach the community worldwide.

Manny is a bold dietitian who has successfully nurtured herself and those around her, extended her knowledge and emerged with new ways of thinking and working.

Manny has been recognised for her work through numerous awards, and Dietitians Australia is pleased to continue this recognition through the Lecture in Honour 2022.



## National Award of Merit



### Janeane Dart

Janeane is an Advanced APD and has extensive career experience as a practitioner, manager, educator and researcher in both Australia and the United Kingdom. She is a Senior Lecturer and PhD candidate in the Department of Nutrition, Dietetics and Food at Monash University. Janeane is recognised for her pioneering research and education initiatives to strengthen professionalism within the dietetics profession.



### Dr Merryn Netting

Merryn is an Advanced APD and a National Health and Medical Research Council Early Career Fellow. She is a true pioneer and advocate in the areas of paediatric nutrition and food allergy, both as a clinical dietitian and as a post-doctoral researcher. Merryn volunteers hours of her time to key professional groups in addition to Dietitians Australia.



### Nicole Senior

As an APD, Nicole actively aims to increase the profile of APDs in the area of environmental sustainability and sustainable food systems. Nicole has been an active member of the Food and Environment Interest Group (FEIG) since its inception in 2009 and always goes above and beyond in her work with the FEIG.



### Dr Catherine Harbury

Catherine is an Advanced APD and clinical APD with over 20 years of practical experience. The last 10 years have been dedicated to supporting individuals with obesity and specialising in surgical treatment. She received her PhD from the University of Newcastle with a thesis focused on investigating the associations of nutrition knowledge and diet quality in patients with obesity.





## Branch Award of Merit



### Karissa Deutrom (SA)

Karissa is an APD and health journalist who graduated with a Bachelor of Nutrition and Dietetics in 2004 and a Master of Journalism and Communication in 2014. She is passionate about promoting engaging and informative nutrition content, and inspiring and supporting dietitians to engage with the media.



### Dr Ellen Paynter (WA)

Ellen began her science career as a biochemist and, after earning a PhD with honourable mention in biochemistry, she completed her Masters in Dietetics in 2016. Since 2017, while working full-time as an APD in clinical and food service, Ellen has also contributed to the broader dietetic field, including as promotion officer for Mental Health and Nutrition & Dietetic Information (MHANDi), chairing the Dietitians Australia WA Branch, and continuing to publish research in food literacy.



### Suzanne Kennewell (NSW)

Suzanne has been an APD with expertise in the food service space for over 30 years. Suzanne holds many strategic positions, including co-chair of the Nutrition in Hospitals Committee within the Agency for Clinical Innovation at NSW Health. She is actively involved in the education and training of young dietitians and students.



## Barbara Chester Memorial Award



### Professor Lauren Williams

Lauren joined Dietitians Australia in 1986 with a first-class honours degree in science and graduated as a dietitian from Deakin University in 1987. In her 30 years as an academic, the last third of which she has spent in Queensland, Lauren has made an outstanding contribution through curriculum development and delivery, research, and establishing and maintaining accreditation standards.

## President's Award for Innovation



### Rowan Stewart

Rowan is the founder of Australian Dietitian and Director of Nutrition Care Professionals and the Natural Seed Company. She is an internationally recognised author and educator with a particular interest in the development of tertiary education resources for teaching medical nutrition therapy and the Nutrition Care Process Terminology.

## Quality in Primary Care Award

### Medium/Large Business Category

Family Dietetics Pty Ltd – Dr Brooke Harcourt



Brooke is a paediatric and disability APD, and founder of Family Dietetics. She started employing dietitians in March 2020 and, since then, she has built Family Dietetics into a recognised institution in child and disability care networks.

### Small Business Category

The Dietologist – Stefanie Valakas



Stefanie is an APD and recognised as a leading Certified Fertility and Pregnancy Dietitian. She is the founder of The Dietologist, a 100% telehealth dietetics practice dedicated to excellence in nutrition for reproductive health, fertility and pregnancy.



## Chester Goodsell Memorial Award



### Megan Rollo

Megan is an APD with over 14 years' experience in using technology to support various applications within the discipline of nutrition and dietetics. One of her major contributions to date has been leading the development, implementation and evaluation of the Voice-Image-Solution technology for Individual Dietary Assessment (VISIDA), a dietary assessment system specifically designed for use in low and lower-middle income countries.

## Recognition of Meritorious Service Award



### Cara Cook

Cara Cook is a student member of the profession and a valued employee of the Dietitians Australia Regulatory Services portfolio since February 2020.

Cara is a team member who consistently emulates the core values of Dietitians Australia through everything she does. She is always one of the first people to offer her support, time, skills and expertise to others, even when doing so goes beyond the remit of her usual work duties.

Cara's administrative support in establishing the profession's new regulatory council has been critical to its seamless implementation and her commitment to the work of the Regulatory Services portfolio and support of her colleagues is well-deserving of recognition.

## Honorary Membership



### Neville Chiavaroli

Neville has contributed to the regulatory functions of Dietitians Australia since 2010 through membership of and/or support to the Australian Dietetics Council, the Dietetics Credentialing Council, and the Dietetic Skills Recognition Reference Group.

## Nutrition & Dietetics Journal Awards

### Top Cited Paper for the 2022 Impact Factor Citation Window (2020-2021)

Nicole Kiss et al.  
Paper title: 'Clinical Oncology Society of Australia: Position statement on cancer-related malnutrition and sarcopenia'

Jaimon T. Kelly et al.  
Paper title: 'Dietitians Australia position statement on telehealth'

### Top Altmetric Result for the 2022 Impact Factor Citation Window (2020-2021)

Jaimon T. Kelly et al.  
Paper title: 'Dietitians Australia position statement on telehealth'

# Grants

## Leadership, Evidence and Advancing Practice Travel Grant



### Sisi Jia

Sisi is an APD, Research Associate and PhD student in the Faculty of Medicine and Health at the University of Sydney. She is focused on improving nutrition and related lifestyle behaviours in the population and is interested in how the food environment affects health outcomes. This grant supported Sisi's travel in May 2022 to Arizona, US, where she presented on a protocol to study the behaviours of online food delivery users at the 21st Annual Meeting of the International Society of Behavioural Nutrition and Physical Activity.

## Health Care Professional Program Grant



### Linda Kar

Linda is an APD working as the Coordinator of the Social Supports Program at Barwon Health, Geelong, Victoria. This grant supported Linda's travel to Brisbane in August to the National Rural Health Conference, where she gave a presentation titled 'Connecting vulnerable people in our community during COVID lockdowns in Brisbane'.



### Susannah Ayre

Susannah is an APD and PhD candidate at Queensland University of Technology. Her main area of interest is in the development of eating behaviours in early childhood and how this impacts long-term health-related outcomes. This grant supported Susannah to travel in May 2022 to Arizona, US, where she presented her research on parent feeding in early childhood at the 21st Annual Meeting of the International Society of Behavioural Nutrition and Physical Activity.





## Branch CPD Grants

### ACT

Charina Kullen  
Claire Russell  
Cindy Daradong

### NSW

Hiba Agha  
June Ooi  
Hayley Scott  
Georgia Wakefield  
Caitlin Dillon-Smith  
Nicole Senior

### NT

Jemilla Dadd  
Jenae Fattore  
Menaka Kavithasan  
Elisabeth Nichols

### Qld

Josephine Bosker  
Sophia Deeth  
Hannah O'Connor  
Kristina Ahnon  
Chloe Bauer  
Jessica Bauer  
Jessica Fry  
Kathryn Howard  
Emma Munro

### SA

Olivia Hocking  
Hannah Rohrlach  
Felicity Morrell  
Nikita Wasson

### Tas

Samantha Stanton  
Emma Wuestner  
Stephen Hodgkinson

### Vic

Lauren Atkins  
Annie Curtis  
Emma Jettner  
Samantha Thompson  
Rachel Boak  
Judith Cahill  
Michaela Gold  
Kristina Vingrys

### WA

Naomi Crosby  
Neline Goosen  
Claire Groves  
Caylah Batt  
Serena MacManus  
Ana Carolina Orozco Posada

# Prizes

## Joan Woodhill Prize for Excellence in Research (NSW) – Doctorate Prize



### Clinical Associate Professor Merran Findlay

Merran has more than 20 years' experience in nutrition support and care of people with cancer in senior clinical, research and health service administration roles. As an Advanced APD, she is a recognised leader in cancer nutrition, achieving more than \$1.2 million in competitive funding.



# Section 7 – Education Centre



The Education Centre portfolio oversees Dietitians Australia events, Centre for Advanced Learning (CAL) courses, ProQuest, Practice-based Evidence in Nutrition (PEN), Nutrition Care Process Terminology (eNCPT), the Resource Library, and the *Nutrition & Dietetics* journal.

## 2022–23 financial year highlights

### Centre for Advanced Learning (CAL)

- Two new CAL Evergreen courses were developed in alignment with the results of the membership-wide continuing professional development (CPD) survey – Biochemistry Foundations for Dietitians, and Home Enteral Nutrition for Dietitians
- 15 Evergreen courses were offered:
  - Type 1 Diabetes Management for Dietitians
  - Clinical Dietetics for Bariatric Surgery
  - Nutrition Support for Critical Care
  - Translating the Aged Care Quality Standards
  - Psychology of Eating, Weight and Body Image
  - Renal Nutrition for Dietitians
  - Gastrointestinal Nutrition for Dietitians
  - Food Service Management for Dietitians
  - Research Foundations for Dietitians
  - Mental Health Foundations for Dietitians
  - The Aged Care Sector for Dietitians
  - Managing and Measuring Growth
  - Introduction to Disability and Inclusion for Dietitians
  - Biochemistry Foundations for Dietitians
  - Home Enteral Nutrition for Dietitians
- Three Evergreen courses (Type 1 Diabetes Management for Dietitians, Clinical Dietetics for Bariatric Surgery, and Nutrition Support for Critical Care) underwent a 3-yearly peer-review process and were each updated to ensure currency of evidence-based practice
- Nine interactive and virtual ‘In Practice’ courses were offered:
  - Medical Nutrition Therapy in Food Allergy and Intolerance
  - Infant, Children’s and Maternity Nutrition in Practice
  - Paediatric Advanced Disease in Practice
  - Paediatric Eating Disorders and Weight Management in Practice
  - NDIS Basics in Practice
  - Supporting Clients with Communication Disability in Practice
  - Mealtime Management in Practice
  - A Focus on Function in Practice
  - NDIS Reporting in Practice
- Two opportunities were offered to participate in the 6-week Sports Nutrition Essentials Course in partnership with Sports Dietitians Australia

### Dietitians Australia events

- This year, Dietitians Australia events have continued to run predominantly in virtual and hybrid formats to include members nationwide and improve access to CPD regardless of geographic location. The majority of CPD events were recorded to allow members to access them when it best suited their availability and workload
- We continued to provide a large offering of complimentary CPD events as a member benefit, including Advocacy Insights, Research Bites, and the annual NAIDOC Week webinar series
- A new quarterly webinar series in collaboration with Guild Insurance was introduced and was well-received



# Year in review

## Centre for Advanced Learning

The Centre for Advanced Learning (CAL) is an education initiative of Dietitians Australia. CAL aims to provide high-quality and evidence-based CPD specifically designed to meet the education needs of Dietitians Australia members to advance their professional capacity.

- We continued to increase and diversify our CPD offerings, working towards becoming the go-to provider of high-quality CPD for dietitians
- A membership-wide CPD survey was distributed ( $n = 553$ ), highlighting new CPD topic areas that the team are currently developing with the aim of meeting the CPD needs of the membership, and asking for members' feedback on topics
- Two new Evergreen courses were launched in response to members' feedback about high-demand CPD topics
- We worked towards the implementation of a new learning management system to improve the participant experience of CAL courses



## Dietitians Australia events

Dietitians Australia events are facilitated through the Education Centre, in collaboration with Interest Groups, Branches or internally through the national office. This excludes the national conference, which is coordinated by the Marketing and Member Services portfolio.

This year, events have predominantly been facilitated in virtual and hybrid formats. This has enabled 4,875 members to attend events, as the virtual and hybrid model breaks down geographical barriers.

Complimentary CPD offerings provided were:

- 5 Advocacy Insights webinars
- 4 Research Bites webinars
- 1 How to Research webinar
- 1 pre-recorded webinar by the winner of the 2020 Fay McDonald Academic Scholarship
- 2 webinars in collaboration with Guild Insurance
- 5 Interest Group and Branch-led masterclasses, Public Health Community Nutrition Community of Practice sessions, and Food and Environment IG sessions)
- 5 NAIDOC Week webinars, which were a collaboration between the Education Centre team and the Advocacy and Policy team

## Research resources

The Education Centre portfolio also oversees other tools to support dietetic practice, including the Resource Library, PEN, ProQuest, Nutrition Care Process Terminology, and the *Nutrition & Dietetics* journal.

**“This would have to be one of the best events we have in NT. Thank you for supporting this event.”**

*- Anonymous survey response*

**“This was my first Research Bites attendance; it was great! Thank you! Such a great way to keep up with the latest research, and a fabulous way to interact with amazing dietitians – this always excites and inspires me! Thank you!!”**

*- Anonymous survey response*

**“I attended the virtual [Qld] symposium and I really appreciated being able to do so. It went very well from a technical point of view.”**

*- Anonymous survey response*



**“Excellent course with a huge amount of content/principles/tools to absorb from the webinar presentations and references. I am therefore extremely happy that I will have ongoing access to this material to assist consolidating my learning and be able to refer back to the course material as I develop skills and build my experience.”**

*- Anonymous survey response*

**“Where I need to update my practice because evidence has changed I will do this. This was an excellent refresher and perhaps something that we should all be doing every 2 years to remain up to date with gastroenterology nutritional management. I will also consider completing other CAL courses in the future.”**

*- Anonymous survey response*







# Section 8 – Communities Reports



# External representative reports

## Food Standards Australia New Zealand Food Allergen Collaboration

**Representative:** Anne Swain

The Food Standards Australia New Zealand Food Allergen Collaboration (the Allergen Collaboration) aims to strengthen engagement and collaboration among a range of key stakeholders. The Allergen Collaboration provides a way to share information and develop common approaches to enhance the effectiveness of risk management of food allergens, with the objective of supporting consumers to make safer food choices.

### Key achievements

During the 2022–23 financial year, the Allergen Collaboration:

- adopted feedback from the annual Food Standards Australia New Zealand (FSANZ) stakeholder satisfaction survey to improve its client and stakeholder engagement services
- assisted with Part 2 report of the UN Food and Agriculture Organization/World Health Organization Expert Consultation on the risk assessment of food allergens:
  - Card Page: <http://www.fao.org/documents/card/en/cc2946en>
  - PDF: <http://www.fao.org/3/cc2946en/cc2946en.pdf>
  - DOI: <https://doi.org/10.4060/cc2946en>
- finalised the communications strategy
- reported on Precautionary Allergen Labelling (PAL), including:
  - promoting key messages to clinicians
  - producing an overview paper, 'When PAL is not your friend'
  - assessing agricultural cross-contact guide
- continued to progress the draft PAL animation storyboards. These storyboards are part of the Allergen Collaboration's Focus Area 1 (developing PAL messages)
- continued to progress development of a standard audit template with training and support programs for its use
- commenced the process for review of the Food Allergen Education Resources for Food Service and Food Industry survey

## Food Safety Information Council

**Representative:** Dr Sheri Cooper

The Food Safety Information Council (FSIC) is the only national body dedicated to consumer food safety information in Australia. The FSIC has been in operation for 25 years and is instrumental in promoting Australian Food Safety Week each year.

### Key achievements

FSIC's recognition of the role of nutrition in the broader consideration of food safety continues to grow and the Council is working towards broadening its scope to connect food safety with healthy eating.

Monthly media release topics over the year have included:

- bush camping
- food safety for Easter
- World Food Safety Day Report Card
- death cap mushroom risk
- safe and healthy school lunch box
- food safety tips for Christmas and Summer entertaining

Dietitians Australia's contributions to the work of FSIC have included participation in the FSIC Scientific Committee, providing nutrition expertise and review of FSIC monthly media releases, providing nutrition expertise at monthly board meetings, and providing input to and planning for 2023 Australian Food Safety Week.



## Living Stroke Guidelines

**Representative:** Fiona Simpson

The National Stroke Foundation partnered with Cochrane Australia to develop and evaluate a model of Living Stroke Guidelines. The initiative was funded by the Australian Government over 3 years (funding ended 30 June 2021). At time of writing, the project is ongoing but in a reduced activity mode, with the National Stroke Foundation advocating for further federal funding to continue the Living Guideline project.

### Key achievements

The Living Stroke Guidelines were created and released by the National Stroke Foundation in 2021 and supersede the 2017 Clinical Guidelines. The 'Clinical Guidelines for Stroke Management' are the world's first living stroke guidelines. In the 2022-23 financial year, the guidelines became bi-national, and are now known as the Australian and New Zealand Clinical Guidelines for Stroke Management. They are available at: [Guidelines | InformMe – Stroke Foundation \(https://informme.org.au/Guidelines\)](https://informme.org.au/Guidelines).

Since June 2021, each steering committee lead has been coordinating the review of evidence collected over the previous 6-month period for consideration for incorporation into the Living Guidelines.

## Primary Health Care Cancer Framework Advisory Group

**Representative:** Megan Jackson

The advisory group provides expert guidance on the implementation of the Cancer Institute NSW's Primary Health Care Cancer Framework, developed to enhance cross-sector integration and engagement with the primary health care sector. This framework informs and promotes collaboration between the Institute, primary health networks (PHNs), the Aboriginal Health and Medical Research Council, and the broader primary health care sector, including Aboriginal Community Controlled Health Organisations, professional peak bodies, multicultural health and community agencies, and cancer services. Collaboration is envisaged across 3 different dimensions, which address:

- different stages of cancer control
- priority populations
- key focus areas

## Key achievements

The advisory group has met 4 times and provided expert guidance on the implementation of the Primary Health Care Cancer Framework in the following areas:

- Breast cancer screening, with a focus of Aboriginal and Torres Strait Islander peoples
- Shared care models of monitoring post-cancer treatment between general practitioners (GPs) and local health districts (LHDs), called GPCanShare
- Reporting for Better Cancer Outcomes (RBCO) Program Primary Care Insights report analysing gaps in the framework
- Aboriginal Primary Care Cancer Program
- Alternative Access Pathway for bowel screening, targeting low participation rates for Aboriginal and Torres Strait Islander peoples
- Lung cancer screening update
- Cervical screening program
- Urbis report from the Public Policy team, delivering insights on the level of awareness, engagement, and activity around cancer control for GPs and practice nurses
- Skin Cancer Prevention Strategy & Primary Care
- Bowel cancer screening
- [Primary Care Cancer Control Quality Improvement Toolkit | Cancer Institute NSW](#)

The Primary Care Symposium was held on 2 June 2023. Attendees included representatives from: PHNs across the state; the Daffodil Centre; the University of Wollongong; ACON; the NSW Ministry of Health; the Royal Australian College of GPs; and the Sydney Local Health District. The event featured a keynote address focusing on Australia's Primary Health Care 10-year Plan and the important role of primary care nurses. Other sessions included:

- examining the use of data for change, including presentations from PHNs focused on the use of data in cancer control
- a presentation of the new look and feel of the Primary Health Care Insights RBCO report
- exploring the Colorectal Cancer Optimal Cancer Pathway

## Direct Client Care and Support Staff Industry Reference Committee

**Representative:** Suzanne Kennewell

Industry Reference Committees (IRCs), which were disbanded in December 2022, provided a mechanism for industry engagement to inform the development of training packages in the Vocational Education and Training (VET) sector. The Direct Client Care and Support Staff IRC was responsible for national training package qualifications relevant to a range of health, aged care and disability care services, including allied health assistants.

As a representative peak professional body, Dietitians Australia had representation on this committee since 2017. The IRC provided recommendations on priority areas for review and feedback on industry employment trends. Technical Advisory Committees were brought together for review of specific qualifications and included a range of representatives with an interest in a particular workforce group. The IRC then endorsed the revised training packages.

### Key achievements

Updates to the Allied Health Assistant qualifications were published in November 2022 and are currently being rolled out by education providers across Australia. Key changes for the Allied Health Assistant (Nutrition & Dietetics) qualification include the addition of new units of competency to engage in clinical supervision and to receive delegation. Additional elective nutrition-focused units of competency were also added to the Certificate III in Individual Support and to the Certificate IV in Disability Support. Unfortunately, changes to the Certificate IV in Ageing Support, including the addition of nutrition units, were not supported by the Australian Industry and Skills Committee (AISC) due to lack of clarity in further career pathways.

The AISC has now moved to a new model of engaging industry in the development and revision of qualifications that sit under the VET sector. IRCs ceased their work in December 2022. In their place, Jobs and Skills Councils (JSCs) have been established to provide industry with a stronger voice in Australia's VET sector. HumanAbility was announced as the JSC responsible for qualifications, including health and human services (including allied health assistants), aged and disability services, sports and recreation, and children's education and care.

## National Allergy Strategy

**Representative:** Suzanne Kennewell

The National Allergy Strategy, first released in 2015, arose from a partnership between the Australian Society of Clinical Immunology and Allergy (ASCI) and Allergy & Anaphylaxis Australia (AAA). The National Allergy Strategy aims to improve quality of life for Australians with allergic diseases. The project has now received ongoing funding from the Australian Government Department of Health and Aged Care to form the National Allergy Council. It remains a partnership between ASCIA and AAA.

Dietitians Australia representation to the National Allergy Council arose from a project to develop a series of online education modules for various sectors and staff groups – including allergen management in health care and aged care. Training is targeted at the roles and responsibilities of different staff groups in these sectors, including kitchen staff and nursing/support staff.

### Key achievements

The National Allergy Council is working on several key strategic projects, including:

- childhood allergy prevention (Nip Allergies in the Bub)
- support for youth living with food allergy (Allergy 250K)
- food service projects (Allergy Aware)
- school and children's education projects (Anaphylaxis prevention and management)
- health records for allergy management (National Allergy Council Digital Health Project)
- broader community consultation to improve allergy management (Shared Care for Allergy)

The National Allergy Council continues to form strategic partnerships to improve allergy management across sectors, including the Food Standards Australia New Zealand Allergen Collaboration and the National Allergy Centre of Excellence at the Murdoch Children's Research Institute.



## National Allergy Council Shared Care Model Working Group

**Representative:** Corrina Michael

The shared care project aims to improve access to care for people with an allergy, especially for people who live in rural and remote Australia (areas outside of Australia's major cities as defined by the [Australian Institute of Health and Welfare](#)). This is a new project that started in January 2023. It has been funded by the Australian Government Department of Health and Aged Care, after a scoping project by the National Allergy Strategy in 2019. The National Allergy Council, the [Australasian Society of Clinical Immunology and Allergy, Allergy & Anaphylaxis Australia](#) and the [National Allergy Centre of Excellence](#) are working together on this project.

### Key achievements

The working group was established in February 2023, with its first online meeting held on 1 March to outline the project, the role of the working group, and activities for 2023.

Shared care engagement sessions were conducted in all states and territories, including in regional locations (wherever possible), both in-person and online to ensure access and reach of the consultation. Dietitians Australia's members were encouraged to attend these sessions to explore the current status of allergy management, including access to care and pathways of care, opportunities for virtual care, and education needs for allergy management.

Information gathered from these engagement sessions will be used to inform the outcomes of the 4-year project, including the development of shared care models for allergy, education and training for health professionals and support for people with allergies.

## The National Aged Care Alliance

**Representatives:** Vanessa Schuldt (staff), Robert Hunt (CEO)

The National Aged Care Alliance (NACA) is a representative body of peak national organisations in aged care, including consumer groups, providers, unions and health professionals, working together to determine a more positive future for aged care in Australia.

### Key achievements

We attended all four 2-day meetings (3 physically and 1 virtually), with the resumption of face-to-face meetings providing a valuable opportunity to network with fellow Alliance members.

As part of NACA's Professional Constituency, to which Dietitians Australia belongs, we contributed to a NACA Position Statement on meeting the allied health needs of older people in residential aged care.

Furthermore, we joined the Alliance's 'Workforce Strategic Priority Group' and contributed to a draft NACA paper on key propositions for career development and pathways for the aged care workforce. Important issues able to be raised in this paper included new models of training and funding for allied health students to gain practical experience in aged care, and better access for allied health professionals in aged care to career pathways and wages equal to those in competing sectors.

## Nutrition and Dining Experience Expert Advisory Group – Aged Care Quality and Safety Commission (ACQSC)

**Representative:** Vanessa Schuldt (staff)

Dietitians Australia representation on the Aged Care Quality and Safety Commission's (the Commission) Nutrition and Dining Experience Expert Advisory Group (EAG) supports the functions of the Commission to develop a campaign to improve nutrition, meals and dining experiences for consumers in residential aged care services operated by approved providers.

The EAG includes members with expertise and experience in nutrition, swallowing, oral health, dementia, nursing, and wound care, as well as consumers and consumer advocates.

### Key achievements

During the 2022-23 financial year, the EAG assisted the Commission with:

- the development of interview questions for residential aged care residents on their food and dining experiences
- the development of resources (fact sheets, infographics and posters) for providers, carers and consumers to support safe and enjoyable mealtimes for people with dysphagia and to support informed choice for people eating and drinking with acknowledged risk, among other topics
- recommendations for other resources specific to food, nutrition and the dining experience to be developed by the Commission
- proposed actions for the Commission to follow up, based on findings in the report on the Assessment of Food Complaints in Residential Aged Care Services, 2018-2020

## NSW Agency for Clinical Innovation Home Enteral Nutrition (ACI HEN) Executive Committee

**Representative:** Charity Spalding

The ACI HEN Network aims to improve equity and access to home enteral nutrition (HEN) services across New South Wales.

The purpose of the ACI HEN Executive is to bring together experts with a special interest in HEN to work collaboratively on initiatives to improve HEN services across New South Wales by:

- developing evidence-based models of care, resources, and processes for the people of New South Wales that need HEN
- advising the NSW Ministry of Health on the clinical needs and models of care required
- supporting LHDs and specialty networks to implement the models of care in ways that meet the needs of people who live in a variety of settings and circumstances across New South Wales and who need HEN
- developing and implementing evaluation tools for interventions

### Key achievements

Over the last 12 months, the ACI HEN Executive has met twice, and the General Committee has met a further 2 times.

Key achievements over 2022-23 include:

- facilitation of better representation in the network from emerging clinicians, including representation on the Executive Committee
- completion and publication of an updated nasogastric tube policy
- development of a HEN Organisational Model to assist with the provision of quality HEN services and organisational models to support this at various levels of health services

## Australian and New Zealand Hip Fracture Registry (ANZHFR) Steering Committee

**Representative:** Dr Jack Bell

The ANZHFR is a clinical quality registry that collects data on the care provided, and the outcomes of care, to older people in Australia and New Zealand admitted to hospital with a fracture of the proximal femur. Its minimum dataset is intentionally aligned with the ANZ Guideline for Hip Fracture Care in Adults (2014), developed by the ANZHFR Steering Group, and the bi-national Hip Fracture Care Clinical Care Standard. The clinical care standard is an initiative of the Australian Commission for Safety and Quality in Health Care, in partnership with the Quality and Safety Commission New Zealand. The Registry is guided by a multidisciplinary advisory group consisting of representatives from key clinical stakeholder and consumer organisations, including Dietitians Australia.

### Key achievements

Since its introduction in 2019, the ANZHFR Core Audit data has demonstrated an ongoing improvement in the number of patients that had a malnutrition assessment documented across Australian and New Zealand hospitals. Fifty-six per cent of patients in New Zealand and 72% of patients in Australia received a clinical malnutrition assessment after hip fracture. This has increased from a baseline of 44% in New Zealand and 65% in Australia in 2019.

This demonstrates improved delivery of a key performance indicator for the nutrition section of the ANZHFR guideline (section 7.1) and the National Safety and Quality Health Service Comprehensive Care Standard. Core Audit data and Nutrition Sprint Audit (sprint) data also continue to highlight variation between hospitals in nutrition care. While this is improving in both countries, ongoing work is required, given the observed proportion of patients still not assessed.

Audit and sprint data has been used to support a strong case put forward to the Australian Commission on Safety and Quality in Health Care to consider inclusion of nutrition-related indicators as part of the revised Hip Fracture Standard. The ANZHFR Dietitians Australia representative was asked to be a member of the reviewing committee. The new standard is set for release in September 2023, and it is expected that a nutrition-specific quality indicator will be included in the next iteration of this key document.

Nutrition care improvement opportunities have been leveraged through hipcasts (podcasts focused on hip fracture), the ANZHFR YouTube channel, Twitter (now called X) and an invited plenary at the bi-national HipFest in Melbourne in 2022. More details can be found on the ANZHFR website under Education Resources for Health Professionals. <https://anzhfr.org/healthprofessionals/>

The Dietitians Australia representative has been appointed as the chair of the ANZHFR Research Subcommittee and, among other work, is progressing several research activities focused on the ongoing improvements for timely, interdisciplinary and multicomponent nutrition care after hip fracture.

## SA Allied and Science Health Professional Association committee member

**Representative:** Dr Jayne Barbour

The Allied and Scientific Health Committee seeks to inform, guide and advocate for SA Health's allied and scientific health workforce. A broad range of allied health professions are represented on the committee.

### Key achievements

This committee met 4 times over the year. Issues covered since Dietitians Australia representation commenced in this committee in early 2023 include: areas of growing need where advocacy for services is needed (e.g. rural health services, mental health and aged care) and reporting on the allied health workforce in South Australia.

Discussion of the allied health workforce highlighted some common challenges – for example, professions with limited availability of placements, professions experiencing short supply or poor retention of experienced clinicians, professions experiencing workforce surplus and professions reporting challenges with scope creep. The lack of reliable and rigorous collection of workforce data remains a widespread problem.

The purpose and objectives of the committee will be refined at the next meeting to determine how it can best meet the needs of the sector.

## Food Standards Australia New Zealand Consumer and Public Health Dialogue

**Representative:** Dr Mary-Anne Land

The Food Standards Australia New Zealand (FSANZ) Consumer and Public Health Dialogue (CPHD) provides a forum for two-way engagement between FSANZ and key stakeholders on food safety, public health, and consumer issues to support development of world-leading standards. The CPHD is chaired by the Chief Executive Officer of FSANZ.

### Key achievements

Dietitians Australia leverages this opportunity for 3 actions:

1. to strengthen relationships with FSANZ, the Department of Health and Aged Care and other key members
2. to exchange information of food system regulation to inform FSANZ consultations
3. to advocate for APDs in all food systems actions and activities.

A key achievement was progress in the revised regulations for infant formula ([P1028 Infant Formula](#)). Dietitians Australia was a strategic leader in this area and our work has resulted in more-robust regulation.

## Australian Stroke Coalition

**Representative:** Julia Schindlmayr (staff)

The Australian Stroke Coalition (ASC) is a coalition of organisations, networks and associations that contribute to the field of stroke care. It is co-convened by the Stroke Society of Australasia and the National Stroke Foundation. Through cooperation and collective effort, the ASC contributes to a system that provides stroke survivors in Australia with the best possible outcomes. This group tackles agreed priorities to improve stroke care, reduces duplication among groups, and strengthens the voice for stroke care at both national and state levels.

### Key achievements

The ASC continued to meet via videoconference quarterly during 2022-23. The focus of discussion this year included quality data collection, stroke unit certification, National Stroke Standard KPI review, review of clinical care standards, service awards, and advocacy. Communications were also shared with members between meetings to help progress important initiatives.

The ASC increased its focus on advocacy this year, responding to consultations relating to in-home aged care, the NDIS independent review, and guidelines for stroke management.

Dietitians Australia continued to elevate the role of APDs in prevention, treatment and post-stroke care.

## Mental Health Australia

**Representative:** Julia Schindlmayr (staff)

Mental Health Australia (MHA) is the peak, national non-government organisation representing and promoting the interests of the Australian mental health sector. MHA members include national organisations representing consumers, carers, special needs groups, clinical service providers, professional bodies, public and private mental health service providers, researchers and state/territory community mental health peak bodies.

MHA aims to promote mentally healthy communities through:

- educating Australians on mental health issues and the human rights of people with a mental illness
- influencing mental health reform so that government policies address all contemporary mental health issues
- conducting regular consultations to represent the best interests of its members, partners and the community

MHA is committed to achieving better mental health for all Australians, including innovative approaches to the provision of mental health care and research that involve people with lived experience.

### Key achievements

The annual Parliamentary Advocacy Day and Members' Policy Forums were held again this year. The meetings were a hybrid of virtual and in-person events and provided an opportunity for members to discuss the policy priorities for the mental health sector in detail and to present those priorities to government. The AGM and Grace Groom Memorial Oration were held on 25 November 2022, with guest orator Noel Pearson speaking this year.

Members' Policy Forums included in-depth discussions on workforce and employment. MHA established a new initiative, Member Connect, to expand their event offerings. Events this year included presentations by high-profile experts, including Ellen Tilbury, Senior Solicitor, Strategic Litigation at the Public Interest Advocacy Centre, who discussed mental health discrimination in insurance.

MHA farewelled CEO Leanne Beagley and announced the appointment of her successor, Carolyn Nikoloski, who joined the team in April 2023.

Dietitians Australia strengthened ties with MHA and continued to raise awareness of the role of APDs in mental health. The policy forums enabled Dietitians Australia to secure meetings with Department of Health and Aged Care heads to advocate for the role of dietitians in mental health.



# International representation

## **Systematized Nomenclature of Medicine Clinical Terms (SNOMED-CT) Nutrition Care Process Terminology (NCPT) International Subcommittee**

**Representative:** Dr Angela Vivanti (Fellow of Dietitians Australia)

In line with the goals of the Dietitians Australia strategic plan, the incorporation of NCPT within the international SNOMED-Clinical Terms continues, enabling the use of standard dietetic terms globally. As more countries and sites use electronic health records, a common language of standard dietetic terms provides a transformational opportunity that supports dietitians' demonstration of health outcomes, empowering our profession for the benefit of our communities.

### **Key achievements**

The International 'Face-to-Face' meeting was held virtually. Given multiple time zones, shorter meetings over more days were necessary to enable attendance.

Dietitians Australia's active representation broadens perspectives during the development and refinement of the international standardised language.

Active involvement in the SNOMED-CT NCPT Project Group continues to support the restructure of nutrition-related content within SNOMED International. This is achieved through modelling and submitting additional content to the SNOMED-CT International Release. Approximately 90% of concepts are now included. Mapping and inclusion of NCPT terms promoted within SNOMED-CT enhances utilisation in e-health records.

Planning is underway for the 2023 International NCPT Implementation Survey with increasing involvement from countries internationally.

# Branch and Interest Group Leadership Committee Highlights 2022-23

Branches provided 17 networking opportunities for members to connect.

18 face-to-face, hybrid and online CPD events were delivered by Interest Groups and Branches.

4 role statements were updated, with many more in progress.

There has been a general increase in Share Plate engagement, with lots of focus across the groups on creating more communication within the online communities.

There were 2 name changes: Dietitians in Digital Health and Kidney have updated their Interest Group names.

Interest Groups and Branches contributed to many advocacy and policy activities, in particular the development of submissions.

2 Dietitians Australia Professional Services Magazine issues were published (September and December 2022), featuring content from the Interest Groups and Branches.

5 Dietitians Australia External Conference Dietetic Research Prizes were awarded.

## Branch Leadership Committee reports

### ACT Branch

These past 12 months have been successful for the Branch. An increase in Committee members resulted in more energy invested into activities. Planning and promotion saw increased attendance at Branch events, thus enhancing the networking value for members.

#### Key achievements

- ‘Comeback post COVID’ – regular face-to-face walks and coffee events
- Increased team meetings and communication with members
- The Dietitian’s Day balloon spectacular morning tea was well-received

### NSW Branch

This financial year was both a great success and a challenge. The Committee continued to grow in numbers. This saw an increase in industry diversity, expertise, experience and commitment to providing networking and professional development events. The Committee would like to thank Georgia Wakefield for her time as Convenor for the last 2 years.

#### Key achievements

- Organised Northern NSW and Central Coast networking event
- Organised 3 free masterclasses for NSW members (eating disorder, bariatric surgery and telehealth), each with over 200 registrations
- Implemented a Share Plate engagement strategy to raise awareness of events and topics
- Created a NSW Branch Leadership Committee orientation resource for new members

### NT Branch

This year saw challenges: there were workforce movements and vacancies across the Northern Territory, making member engagement difficult. A professional development event was hosted with attendees from across Australia. The Branch also hosted successful member engagement activities throughout the year.

#### Key achievements

- Hosted obesity prevention professional development event
- Hosted 2 network engagement events, in Alice Springs and Darwin
- Ran promotional activities for Dietitians Week in partnership with Miwatj Aboriginal Health Service and Outback Stores

### Qld Branch

The Branch enjoyed another successful year of connecting to local dietitians through professional development and networking events. The Committee has worked tirelessly to deliver a calendar of successful events that continue to provide value for members.

#### Key achievements

- Ran a trivia networking event, which was attended by over 30 members
- Organised the annual Queensland Symposium. This was run as a hybrid event, with over 50 dietitians attending in-person and 30 virtually
- Hosted the Queensland Awards and Networking Night, with 80 Dietitians in attendance. This event involved presenting the Barbara Chester Memorial Award winner for 2022 and the ever-popular Career Coaching session

## SA Branch

The Branch has had a busy and exciting 2022–2023 and is particularly grateful for opportunities to reconnect with members face-to-face. Leti Sasanelli, Morgan Pankhurst and Brenda Tay were farewelled from the Committee and have been thanked for their valuable input and commitment. The Committee were excited to welcome Sharayah Carter and Alice March, who both bring unique and skilled experience to the group. The Committee would also like to congratulate 2 Branch members: Leti Sasanelli, who received a Branch Award of Merit in 2023; and Hannah Rohrlach, who received the 2023 President's Award for Innovation.

### Key achievements

- Hosted 2 successful Dietitians' Walks – during the Dietitians Australia Conference in Adelaide and Dietitians Week
- Hosted an end-of-year picnic. South Australian dietitians, student dietitians and their families joined together for a sunny afternoon of nibbles, music and reflecting on the year that was
- Hosted a 'Welcome to Dietitians Australia' event for Flinders University students. Students were given a tour of the Dietitians Australia website, Share Plate and available student resources
- Ongoing organisation of upcoming face-to-face professional development event in October 2023, the Food Chemical Intolerance Workshop

## Tas Branch

The year for the Tasmania Branch Leadership Committee has been productive, with all annual goals met. The Committee is made up of committed participants, who enjoy working together. A challenge for the Branch was member turnover at the end of 2022. Since then, though, the new Committee has hit the ground running with planning for the year's professional development, advocacy work and member engagement.

### Key achievements

- The Committee hosted the professional development event 'Effective Communication for Nutrition Presentations' with Glenn Cardwell and Tim Crowe. Fifty-seven people attended this virtual event, 18 from Tasmania
- The committee hosted a Jingle and Mingle Christmas networking event for members
- Share Plate engagement activity resulted in member numbers increasing by 24%
- 'Meet a Member' profiles, which covered background, career, professional and personal interests, were shared throughout the year
- We engaged in advocacy activities by providing feedback to Primary Health Tasmania on their Allied Health Engagement Strategy
- Developed a submission to the Tasmanian Department of Health's 'Our Health Care Future: Long-Term Plan for Healthcare in Tasmania 2040' plan





## Vic Branch

Our Branch had a successful year, accomplishing all 5 goals it set in engagement, knowledge and contribution through a collaborative effort. Unfortunately, the Branch faced challenges when some experienced members left the Committee. We also identified that ongoing effort is needed to understand the needs of fellow members and improve engagement with them in the coming year.

### Key achievements

- Held a webinar with Tom Scully APD exploring 'Testosterone and Male Eating Disorders'
- Held 2 networking events in Melbourne, for students and working dietitians, with an increase in attendees
- Developed 12 digital resources which were distributed via Share Plate monthly, attracting a total of 450 views (based on the Branch Library on Share Plate, not including email views). Topics included tips on placement, food knowledge and podcasts, among others
- Contributed to the Dietitians Australia Professional Services Magazine (December 2022 issue), sharing the networking event and photos
- Completed a handover and transition to new Co-Convenors
- Organised all events within the allocated financial resources

## WA Branch

The WA Leadership Committee has worked hard this financial year to provide support, networking opportunities and professional development to WA dietitians.

### Key achievements

- The Committee published an article in the Dietitians Australia Professional Services Magazine to improve awareness of the Committee and showcase professional development and networking events
- The Edith Cowan University and Curtin University representatives presented at their universities' 2023 orientations for new Master of Dietetics students to provide an overview of Dietitians Australia and WA events
- The 'Network & Nibbles' engagement event successfully brought together APDs and dietetic students with some organised activities to promote networking
- A hybrid professional development event was held in June 2023 called 'Gut the Facts on Crohn's Disease and IBD', providing a unique professional development opportunity presented by experts in the field
- The Committee created a WA orientation package for new Committee members to help them feel connected, welcomed and supported
- The Committee aimed to forge a sense of connectedness through activities such as the Christmas dinner and regular face-to-face Committee meetings
- The 2022-23 year saw improved connection with regional colleagues through direct promotion of Dietitians Australia WA Leadership activities to approximately 70 WA Country Health Service (WACHS) dietitians via the WACHS Dietetic Network, and the inclusion of a hybrid professional development event



L-R: Tamlyn Carstens, Rhiannon Dick, Julia Middeke, Jo Oddo, Emily Calton, Fran Foulkes-Taylor (laptop), Emily Redwood, Catie Panossian.  
Absent: Gabriella Wells, Corrina Michael, Amber Rose.

## Interest Group (IG) Leadership Committee Reports

### Adverse Food Reactions Interest Group (AFRIG)

The Committee achieved its 2022–23 goals thanks to the invaluable input of its 12 Committee members. The Interest Group membership has increased to 1500 members.

#### Key achievements

- Contributions
  - Dietitians Australia Professional Services Magazine: Sept 2022, Dec 2022
  - Dietitians Australia Health Advice Page: Gluten-Free
  - Dietitians Australia website recipes
  - Submission to P1028 Infant Formula FSANZ Review
- Webinars
  - Diagnosis and Testing of Adverse Food Reactions (81 registrants)
  - ARFID and adverse food reactions (83 registrants)
- Share Plate: 110 discussion posts; monthly leadership posts; engagement prize incentive survey (completed by 49 members)
- Reviewed the AFRIG role statement
- Successful application for Dietitians Australia External Conference Dietetic Research Prize 2023

### Bariatric Surgery Interest Group (BSIG)

Growth of the Leadership Committee saw 8 active committee members representing 1100 members. Committee members retained their roles from previous years and have strengthened their working relationships.

#### Key achievements

- BSIG role statement updated and published
- Raised awareness about the association of peripheral neuropathy and pyridoxine hydrochloride (vitamin B6) intakes above Nutrient Reference Values via Share Plate, the NSW masterclass, and the Australian and New Zealand Metabolic and Obesity Surgery Society National Professional Development course
- Reviewed the Centre for Advanced Learning's Bariatric Surgery Evergreen course to identify future advanced clinical dietetic training needs
- Analysed Share Plate activity, revealing increased engagement
- Judged and awarded the Dietitians Australia External Conference Dietetic Research Prize 2023

### Cardiology Interest Group (CIG)

This year the Cardiology Interest Group has focused on increasing engagement through Share Plate, with a greater number of posts compared to the previous financial year, and more members posting to Share Plate. The IG also shared a series of posts for Heart Week in May 2023, including general information, recipes, and resources.

#### Key achievements

- 736 members
- 15 posts on Share Plate (increase from 12 posts the previous financial year)
- 5 Share Plate posts for Heart Week

### Cystic Fibrosis Interest Group (CFIG)

Our leadership team has been planning for the update of the Cystic Fibrosis Nutrition Guidelines and seeking member feedback regarding priorities for the update.

#### Key achievements

- 2 early career CFIG dietitians completed the mentoring program created by the Committee and dietitians experienced in the field
- A virtual Australasian Cystic Fibrosis Conference was held, where multiple CFIG members contributed (as part of the organising committee and presenting or chairing sessions)
- The Committee disseminated a survey to gain feedback regarding priorities for the Cystic Fibrosis Nutrition Guidelines update
- Contributed to Issue 4 (September 2022) of the Dietitians Australia Professional Services Magazine

### Diabetes Interest Group (DIABIG)

Paired with challenges throughout the year, there have also been opportunities for collaboration and liaising with other Interest Groups. Difficulty was found with Committee engagement due to low attendance and loss of members due to work and personal life.

#### Key achievements

- Collaboration with Mental Health and Nutrition & Dietetic Information (MHANDi) to develop a MHANDi Diabetes Resource
- Delivered a webinar on diabetes and low carbohydrate diets

- Finalised the joint statement of the Australian Diabetes Educators Association–Dietitians Australia joint position statement: *The role of Credentialed Diabetes Educators and Accredited Practising Dietitians in the delivery of diabetes self-management and nutrition services for people with diabetes*
- The NSW Chapter continues to hold regular and engaging professional development sessions (5 annually)

### Dietitians in Digital Health Interest Group (DDHIG)

The Dietitians in Digital Health Interest Group has recruited new members who bring expertise in implementing digital systems to optimise the workforce and improve patient access. The Committee formalised a name change to improve awareness, relevancy and advocacy for dietitians in digital health.

#### Key achievements

- Scoping, applying, implementing and advertising the name change for the IG from Nutrition Informatics
- A role statement for the Interest Group is in progress and will likely be developed in the 2023-24 financial year

### Dietitians in Management Interest Group (DIMIG)

The Committee continued to target increasing engagement, including seeking opportunities to represent dietitians in management across Dietitians Australia initiatives.

#### Key achievements

- Contributions to the podcast series and the Dietitians Australia Professional Services Magazine, with planning for further contributions before both outlets were discontinued
- Posted 8 member bios on Share Plate
- Posted one theme for discussion on leadership styles, which aligned with engagement survey responses received from Interest Group members

### Eating Disorders Interest Group (EDIG)

In the 2022-23 financial year the Committee has actively engaged with the IG and the wider member community through frequent posts on Share Plate. These posts have included consumer resources, research findings, training opportunities, and clinical expertise.

#### Key achievements

- A guest report was posted on Share Plate, acknowledging the lived experience of an adoptee and how dietitians can provide collaborative and adoption-informed treatment
- A pocket guide resource was developed and shared for the treatment of eating disorders
- An online workshop on Practical Applications of Dialectical Behaviour Therapy for Dietetic Practice was also developed

### Emerging Dietitians Interest Group (EMERGIG)

The Emerging Dietitians Interest Group experienced a successful year, welcoming 2 new committee members, who have been wonderful additions to the Leadership Committee.

#### Key achievements

- Contributed to Issue 3 (July 2022) and Issue 5 (December 2022) of the Dietitians Australia Professional Services Magazine
- Hosted a successful hybrid CPD event in April 2023 titled 'Business, Advocacy, and Leadership Skills for Emerging Dietitians', which facilitated online and face-to-face attendance via viewing hubs at Flinders University and the University of Queensland
- Continued contributions to the Emerging Dietitians CPD resource
- Hosted a networking event at the Dietitians Australia National Conference in Adelaide

### HIV/AIDS Interest Group (HIVIG)

In the 2022-23 financial year the HIV/AIDS Interest Group experienced a lull due to a change within the Leadership Committee. On reflection, recruitment and engagement would be beneficial to continue developing the Interest Group Committee.

#### Key achievements

- The Leadership Committee commenced the review of HIV/AIDS role statement

## Indigenous Nutrition Interest Group (INIG)

The Indigenous Nutrition Interest Group provided advocacy on Aboriginal and Torres Strait Islander nutrition issues and provided requested support to members working in this area. The IG is also working with Dietitians Australia and the Reconciliation Action Plan Working Group, aiming to ensure culturally safe nutrition and dietetic messaging and support is provided to Aboriginal and Torres Strait Islander people, communities, and organisations.

Members provided support to presenters in the Advanced workshop 'Engaging with the new Aboriginal and Torres Strait Islander health competencies – exploring what this means for practitioners and educators' at the 2022 Dietitians Australia Conference.

### Key achievements

- Face-to-face networking event (2022 Conference)
- Feedback to Dietitians Australia regarding Aboriginal Hostels Project Plan by Convenor
- Food and Environment Interest Group Committee collaboration to provide a joint CPD event regarding allyship

## Kidney Interest Group (KIG)

The Committee experienced an increased demand on hospital staff, reducing time for members to spend on Interest Group-related activities. However, the Committee was still able to maintain scheduled meetings and accomplish multiple achievements, as detailed below. A big challenge was increasing member engagement on Share Plate.

### Key achievements

- Changed the Interest Group name from 'Renal' to 'Kidney' to align with the new preferred Kidney Disease Improving Global Outcomes guidelines
- Increased Committee members, which widened knowledge, skill and capacity
- Drafted the Kidney role statement
- Share Plate engagement resulted in an increased IG membership on Share Plate
- Increased engagement with Kidney Health Australia through regular meetings with their dietitian team

## LGBTIQ+ Interest Group (LGBIG)

The Committee found the 2022–23 financial year to be more productive than previous ones. Although not all planned goals outlined in the Annual Plan were completed, the team also achieved other considerable goals that weren't outlined.

### Key achievements

- Provided peer review of trans and gender diverse content for Dietitians Australia's PEN system

## Mental Health Interest Group (MHIG)

The Mental Health Interest Group welcomed opportunities to contribute to engagement, communication and advocacy, such as policy submissions.

### Key achievements

- Facilitated open meetings for the Interest Group in July and November
- The MHANDi team commenced the development of a new resource (dementia) and reviewed one existing resource (diabetes)

## Nutrition Support Interest Group (NSIG)

This past year has been productive, seeing the Committee make significant progress with our research project – the Dietitians Australia Nutrition Support Practice Survey. The team has grown and clear goals for the next year have been outlined.

### Key achievements

- Responsive Share Plate engagement as desired by the Interest Group
- Enteral feeding web page update
- Addition of 3 new members to the leadership team

## Oncology Interest Group (ONCIG)

The Committee experienced a productive and collaborative year, working together to achieved set goals.

### Key achievements

- Contributed to the Dietitians Australia Professional Services Magazine
- Awarded the Dietitians Australia External Conference Dietetic Research Prize at the 2022 Clinical Oncological Society of Australia Annual Scientific Meeting to Elaina Elder-Robinson for her presentation titled 'Health behaviours of Indigenous and non-Indigenous cancer survivors living in regional and remote geographical areas of Australia'
- Commenced planning an oncology nutrition-focused webinar for September 2023



## Polycystic Ovarian Syndrome Interest Group (PCOSIG)

The team completed all activities planned. These included monthly research post updates and discussions on the Interest Group's Share Plate page.

### Key achievements

- Contributed comments to the 2023 PCOS Guidelines as a representative of Dietitians Australia
- Created and distributed monthly posts for members on the latest research and translated this into practical recommendations

## Public Health and Community Nutrition Interest Group (PHCNIG)

The Interest Group experienced a very successful year, discovering new ways to engage the large Interest Group membership. This included Share Plate engagement and a new Community of Practice. The year also saw transitions within the Committee regarding roles and new members. The Committee would like to thank Dr Penny Love for her role as Co-Convenor and her many years of service.

### Key achievements

- Held a networking event at the Dietitians Australia 2022 Conference
- Established and held the first Community of Practice meeting for our Interest Group members, which is a new engagement model for our membership
- Contributed to Dietitians Australia advocacy work, including input to Australian Government consultations on the Early Years Strategy and the Review of the Marketing in Australia of Infant Formulas, and a policy position on sugar-sweetened beverages consultations
- Continued to proactively engage with members through developing content for the Dietitians Australia Professional Services Magazine and on Share Plate
- Sought feedback and further developed the Public Health and Community Nutrition role statement

## Rural, Regional and Remote Interest Group (RRRIG)

The Committee was active in achieving its 2022-23 goals. A highlight was holding a well-attended workshop and networking session at the Dietitians Australia 2022 Conference. Ongoing challenges remain in terms of engagement with members, particularly using Share Plate.

### Key achievements

- Successfully held a professional development workshop and a networking event at the 2022 Dietitians Australia Conference
- Collaborated with Branches to identify opportunities to increase engagement for rural dietitians, opening the opportunity for a webinar planned by the Committee for the NSW Branch

# Scientific and Social Program Committee (SSPC) report

## 2022 Conference



Dr Annabelle Wilson, Chair SSPC 2022

In January 2021, the SSPC was established to drive the development of scientific and social program of the Dietitians Australia 2022 National Conference. The SSPC consisted of 7 members, 3 Dietitians Australia staff and one Dietitians Australia Board Director (until January 2022), who met monthly until the conference in August 2022. The SSPC was also joined by the Emerging Dietitians SSPC Sub-Committee (5 members) who planned the Emerging Dietitians part of the conference.

A key focus of the conference was the aim of holding it face-to-face, COVID-19 permitting, given the previous virtual conferences in 2020 and 2021.

The first task for the SSPC was identifying a theme. *Be Bold: Nurture, Extend and Emerge* was chosen, with the aim of getting dietitians to think about challenging their practice while nurturing themselves and the world around them, extending what they know, and emerging from this process with a new way of seeing the world.

Three speakers were selected for every plenary session, with a mixture of local, national and international speakers. With the release of the new Dietitians Australia competencies and Dietitians Australia's third Reconciliation Action Plan, it was identified that there has never been a better time for dietitians to be bold and extend their practice in Aboriginal and Torres Strait Islander health. This was recognised at the conference, with an Aboriginal and/or Torres Strait Islander speaker presenting in every plenary session, an SSPC-focused workshop and concurrent sessions.

The SSPC also decided a focus on rural and remote health would be important at the conference, with a dedicated symposium for rural and remote dietetics, and the ability for dietitians from diverse geographical locations, including rural and remote areas, to join the conference virtually.

Out of 257 abstract submissions, 140 were chosen for the concurrent session program and published in the *Nutrition & Dietetics* journal supplement. In addition to the 6 plenary sessions, 14 workshops, 4 symposiums and 2 seminars, this created ample opportunity for conference delegates to consider how to be bold in their practice. The SSPC is proud to have facilitated this conference and looks forward to seeing how delegates will nurture themselves and the world around them and how their practice will extend and emerge.



## Award and Recognition Advisory Committee (ARAC) Report

The roles of the ARAC are to:

- develop and maintain systems for the recognition of members' contributions to the association and profession
- develop and maintain scholarships supported by the Education and Award Fund
- advise the Board and Dietitians Australia staff on the application of the monies in the Education and Award Fund, taking into account any legal requirements related to bequests or other donations

### Key achievements

The Committee was pleased to review close to 40 nominations across the offered multiple categories and awarded 20 awards, including one honorary membership and 3 grants. No scholarships were awarded in 2022.

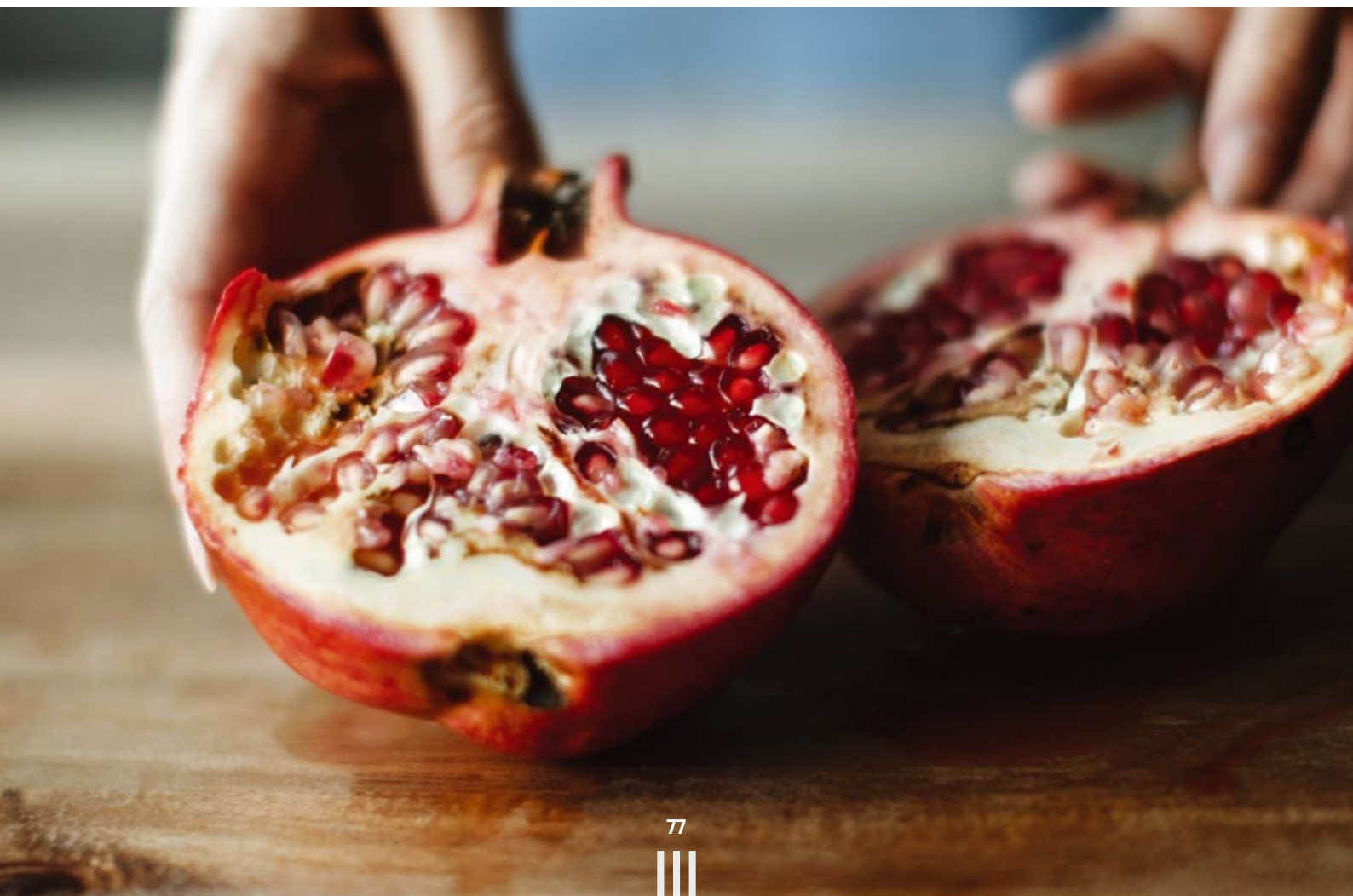
Further work is now underway looking at a refresh of the award categories and criteria, as well as a focus on building knowledge and engagement of members in this important recognition process.

## Nutrition & Dietetics Journal Committee Report

Nutrition & Dietetics is an international, peer-reviewed journal that aims to advance the science of human nutrition and the professional practice of nutrition and dietetics. It has been a year of growth again for the journal, with Editor-in-Chief, Professor Judi Porter, and Editor, A/Professor Dianne Reidlinger.

The journal continues to improve its position in scientific publishing. Its impact factor increased again and is now 3.1 (compared with 2.859 the previous year). The journal's ranking improved as well, and the number of articles published as open access has increased considerably with the new Wiley-Council of Australian University Libraries agreement.

See [Appendix B on page 82](#) for a full list of committee volunteers.





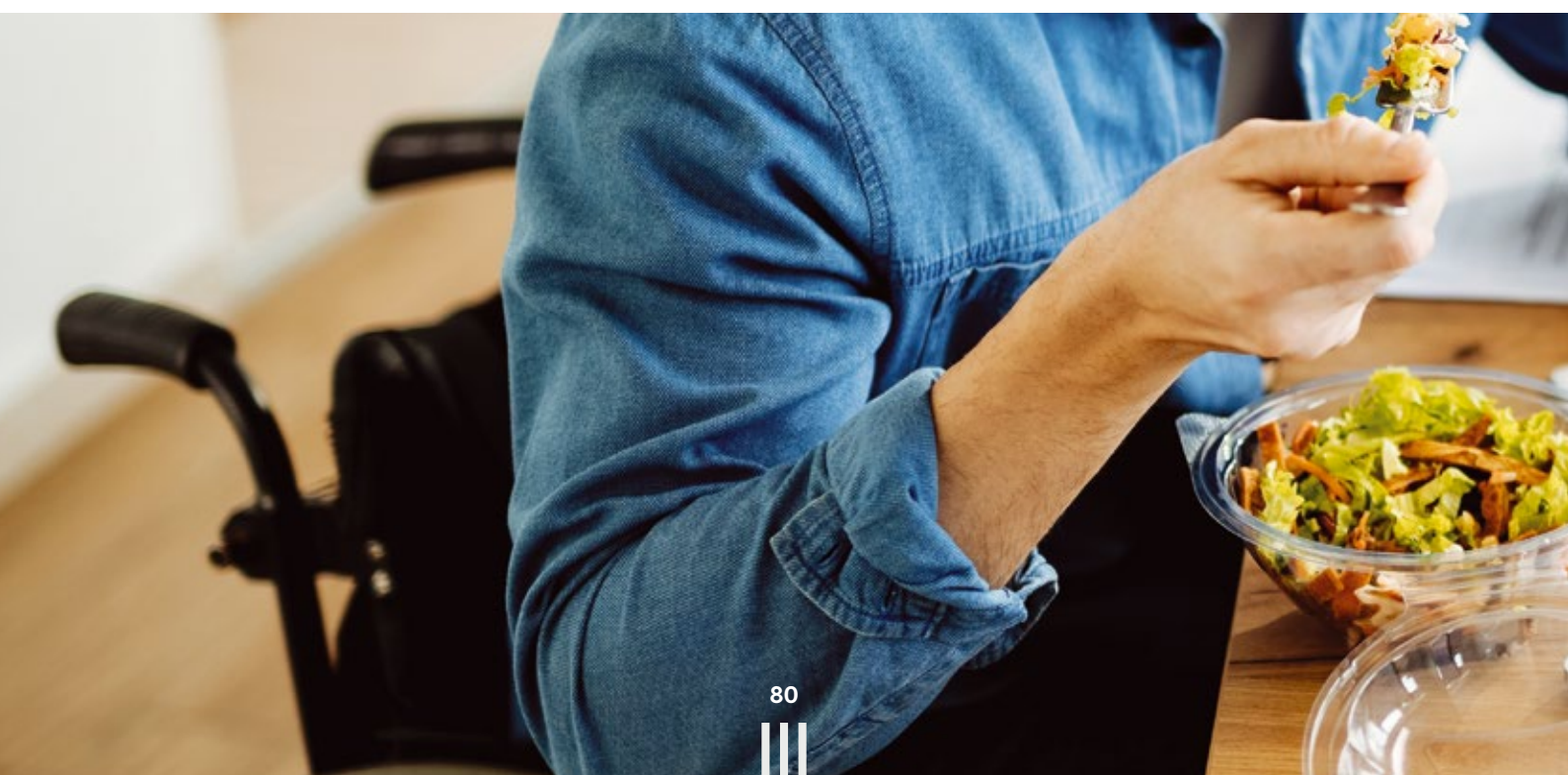


## Section 9 – Appendices



# Appendix A – Membership statistics

Category	ACT	NSW	NT	Qld	SA	Tas	Vic	WA	Overseas	Total
APD only	0	14	2	10	2	1	15	2	8	54
Affiliate member	0	1	0	1	0	0	2	1	3	8
Full-time	87	973	45	253	68	937	305	311	939	3918
Part-time	46	663	11	142	36	598	198	51	508	2253
Career break	1	18	1	3	2	18	6	18	20	87
Full-time study	2	49	0	19	0	27	7	4	48	156
Non-practising dietitian	4	22	0	4	0	26	1	7	14	78
Parental leave	5	73	2	25	2	79	19	11	67	283
Seeking work/unpaid work	8	123	2	24	2	140	35	40	116	490
Retired	5	17	1	5	1	18	7	1	12	67
Life member	1	3	0	4	0	2	3	0	1	14
Honorary member	0	1	0	0	0	0	0	1	0	2
Student	31	311	7	418	88	1	288	83	14	1241
<b>Grand total</b>	<b>190</b>	<b>2268</b>	<b>71</b>	<b>908</b>	<b>201</b>	<b>1847</b>	<b>886</b>	<b>530</b>	<b>1750</b>	<b>8651</b>





Membership numbers – last 5 years	2019	2020	2021	2022	2023
Working	5029	5301	5305	5879	6225
Currently not working	590	655	917	784	1016
Not working in a related industry	38	39	40	53	78
Overseas	433	442	447	393	N/A
Retired	50	25	52	54	67
Student dietitian	1029	949	1090	1225	1241
Honorary life and honorary members	12	11	14	14	16
Affiliate	13	6	8	6	8
<b>Total</b>	<b>7221</b>	<b>7428</b>	<b>7873</b>	<b>8408</b>	<b>8651</b>
% increase from previous year	12.1	2.9	6	6.8	2.9
Deferred	459	363	380	133	418
Resignations	33	24	43	12	19
Reinstatements	469	n/a	72	584	254
Lapsed	289	682	303	144	301
Suspended/expelled	0	0	0	4	0



# Appendix B – Councils, committees, spokespeople and working parties

## Board Committees

Position	Name
<b>Membership and Professional Development Committee</b>	
Chairperson/Director Responsible	Fiona Willer
Deputy Director Responsible	Simone Austin
Members (as of 30 June 2023)	Robert Hunt
	Rebecca Mete
	Sally Moloney
<b>Communications Board Committee</b>	
Chairperson/Director Responsible	Jemma O’Hanlon
Deputy Chairperson/Deputy Director Responsible	Simone Austin
Members (as of 30 June 2023)	Christine Taylor-Lewis
	Matthew Dwyer
	Peter Clark
	Natalie Stapleton
	Sally Moloney
<b>People, Culture and Performance Committee</b>	
Chairperson/Director Responsible	Tracy Hardy
Deputy Director Responsible	Fiona Willer
Members	Tara Diversi

## Corporate portfolio

Position	Name
<b>Governance, Audit, Risk and Finance Committee</b>	
Chairperson/Director Responsible	Margot Richardson
Members	Lauren Ball
	Tara Diversi
	Damien Angus



## Advocacy and Policy portfolio

Position	Name
<b>Food Regulation Advocacy and Policy Working Group (concluded in 2023)</b>	
Chairperson	Miranda Blake
Members	Kate Wilkinson
	Elyse Denman
	Felicity Curtain
	Louise Fisher
	Amanda Grech
	Chris Irwin
	Genevieve James-Martin
	Sisi Jia
	Fleur Lesslie
	Teri Lichtenstein
	Rajshri Roy
Meg Ryan	
Helen Tran	

Committee	Member Representative
National Allergy Strategy Food Service Working Group	Suzanne Kennewell, APD
Australian Pain Society Relationships Committee	Dr Katherine Brain, PhD APD
NSW Agency for Clinical Innovation Home Enteral Network (ACI HEN)	Charity Spalding, APD
Food Safety Information Council	Dr Sheri Cooper, PhD APD CDE
Living Stroke Guidelines Content Experts Working Group	Dr Fiona Simpson, PhD MND
Australia and New Zealand Hip Fracture Registry	Dr Jack Bell, PhD AdvAPD
Food Standards Australia New Zealand (FSANZ) Allergen Collaboration	Dr Anne Swain, PhD AdvAPD
NSW Primary Health Care Cancer Framework Advisory Group	Megan Jackson, APD
SA Allied Health Professional Associations Consortium	Dr Jayne Barbour, APD
National Allergy Council Shared Care Model Working Group	Corrina Michael, APD
Nutrition Care Process Terminology (NCPT) International Subcommittee Working Group	Dr Angela Vivanti, FDA

Committee	Staff representatives
Australian Stroke Coalition	Julia Schindlmayr, APD
Mental Health Australia	Julia Schindlmayr, APD
Department of Veterans' Affairs – Health Providers Partnership Forum	Julia Schindlmayr, APD
National Aged Care Alliance	Vanessa Schuldt, APD Robert Hunt
Aged Care Quality & Safety Commission Food, Nutrition and Dining Expert Advisory Group	Vanessa Schuldt, APD
FSANZ Consumer and Public Health Dialogue	Dr Mary-Anne Land

## Branch committee members (as of 30 June 2023)

Committee	Position	Member Name
ACT	Convenor	Alison Coenen
	Members	Simone Cannon
		Ekavi Georgousopoulou
		Sian Hopkins
		Justin Aniello
NSW	Convenor	Georgia Wakefield
	Vice-Convenor	Claire Ho
	Members	Tamara Blickisdorf
		Adela Yip
		Erika Hung
		Karly Zacharia
		Melissa Eaton
		Micaela Adendorff
		Jade Kearsey
NT	Co-Convenor	Anthea Brand
	Co-Convenor	Katelyn Paterson
	Members	Christine West
		Laura Baddeley
		Tania Whight
		Emily Catton
		Lauren Ross
		Charlotte Campbell
Grace Nell		
QLD	Convenor	Jordan McCamley
	Members	Katie Slater
		Alanah Giles
		Elyssa Hughes
		Felicity Loel
		Lana Mitchell
		Clare Perrett
		Madison Ebert
		Molly Dittmar
		Renee Dix
		Hossein Khosravi Boroujeni
		Hannah O-Connor
		Amy Buchanan
		Ann Zhang
		Andrea Love

Committee	Position	Member Name
SA	Convenor	Dimity Dutch
	Members	Celeste Schammer
		Hoi Yan (Kitty) Wong
		Jayne Barbour
		Karissa Deutrom
		Sharayah Carter
		Alice March
		Letizia Sasanelli
TAS	Convenor	Kerryn Hornby
	Vice-Convenor	Josephine Tilley
	Members	Monica Stagg
		Phoebe nelson
		Caitlin Saunders
		Stephen Hodgkinson
		Soraya Dunizzo
		Suzanne Waddingham
		Sandra Murray
VIC	Co-Convenor	Hoi Chung (Janice) Siu
	Co-Convenor	Maddison Hoskins
	Members	Ruth Walker
		Adelaid Giddens
		Amelia Belich
		Chanel Relf
		Liyuan (Charlene) Hong
		Pooja Adhyaru
WA	Convenor	Frances Foulkes-Taylor
	Vice-Convenor	Josephine-Lee Oddo
	Members	Ellen Paynter
		Emily Calton
		Catherine Panossian
		Rhiannon Dick
		Julia Middeke
		Corrina Michael
		Donna Kimpton
		Amber Marie Rose
Emily Redwood		

## Interest Group committee members (as of 30 June 2023)

Interest Group	Position	Name
<b>Adverse Food Reactions</b>	Convenor	Kirsty LeRay
	Members	Kim Faulkner-Hogg
		Wendy Stuart-Smith
		Anne Swain
		Sharon Trueman
		Neelam Pun
		Brooke Scott
		Shae Rickards
		Joanna Baker
		Annabel Clancy
		Hannah Graham
		Geraldine Van Oord
		<b>Bariatric Surgery</b>
Members	Carly Barlow	
	Breanna Elphick	
	Catherine Harbury	
	Cassandra Stuchbery	
	Charlene Wright	
	Carrie-Anne Lewis	
	Taylor Guthrie	
	Penny Weigand	
	Kee June Ooi	
<b>Culturally and Linguistically Diverse</b>	Co-Convenor	Shannon Lin
	Co-Convenor	Purva Gulyani
	Members	Amy Peng
		Hylas Madejczyk
<b>Cystic Fibrosis</b>	Convenor	Jodi Grunert
	Members	Karen Herd
		Angela Matson
		Felicity Loel
		Lauren Farquhar
		Susannah King
		Jacqueline Anderson
		Kristyn Ford
<b>Cardiology</b>	Convenor	Emily Monro



Interest Group	Position	Name
<b>Corporate Nutrition</b>	Convenor/ Co-Convenor	<i>vacant</i>
	Members	Zahra Adem
	Members	Ashleigh Robinson
		Sarah Haworth
	Monique Heller	
<b>Diabetes</b>	Acting Convenor	Sunita Date
	Qld Chapter Coordinator	Nicole Walker
	NSW Chapter Coordinators	Robyn Barnes
		Katharine Jones
	WA Chapter Co-Coordiators	Naomi Crosby
		Charlene Shoneye
	Members	Ellen Payne
		Samantha Stuk
		Joanna Aaron
		Rachel Freeman
		Steve Flint
		Hana Niyaz
		Tim McMaster
		Amber Evans
Rhianna Hornsby		
Patricia Marshall		
Natalie Nicholls		
<b>Dietetic Educators</b>	Co-Convenor	Tania Wiesmayr-Freeman
	Co-Convenor	Kelly Squires
<b>Dietitians in Digital Health</b> (formally Nutrition Informatics)	Co-Convenor	Juliana Chen
	Co-Convenor	Jordan McCamley
	Members	Karley Zacharia
Jenna Stonestreet		

Interest Group	Position	Name
<b>Dietitians in Management</b>	Co-Convenor	Andrew McAinch
	Co-Convenor	Erika Harman
	Members	Jessica Zilujko
		Sharon Youde
<b>Dietitians in the Private Sector</b>	Convenor	Ashleigh Jones
	Members	Sally Marchini
		Cathie Lowe
<b>Disability</b>	Co-Convenor	Sue Gebert
	Co-Convenor	Kathryn Toohey
	Members	Jamil Tuazon
		Sally Girvan
		Michelle Livy
		Natalie Mullins
		Kate Upton
		Chadia Bastin
<b>Eating Disorder</b>	Convenor	Mellisa Ashley
	Members	Deanne Harris
		Jodie Sheraton
		Jessica Tilbrook
		Claire Toohey
		Tessa Heinonen
		Michelle Theodosi
		Caitlin McMaster
		Tetyana Rocks
		Brielle Musgrove
		Alison Voget
		Katherine Sheedy
<b>Emerging Dietitians</b>	Co-Convenor	Dimity Dutch
	Co-Convenor	Olivia Downie
	Members	Claudia Cramer
		Serena Louie
		Hannah Rogers
		Karly Bartrim
<b>Food Composition</b>	Co-Convenor	Vivienne Guan
	Co-Convenor	Yasmin Probst
	Members	Elizabeth Neale

Interest Group	Position	Name
<b>Food and Environment</b>	Co-Convenor	Stefanie Carino
	Co-Convenor	Nicole Senior
	Members	Nathan Cook
		Kathy Faulkner
		Rachael Cox
		Liza Barbour
		Kristen Mackenzie-Shalders
		Karen Charlton
		Sara Forbes
		Alison Kempe
		Sandra Murray
		Kate Wingrove
		Ellyn Bicknell
		Jo McCormack
		Grace Zadow
Hannah Bres		
Emily Hahn		
Aimee Bowles		
<b>Food Service</b>	Co-Convenor	Sara Forbes
	Co-Convenor	<i>vacant</i>
	Members	Elizabeth Tearne
		Denise Cruickshank
		Laura Barsha
		Jane Porter
		Joanna McCormack
		Bianca Neaves
		Ellen Paynter
		Lee-Anne Mundy
Elizabeth Matthew		
Karina Graham		
<b>Gastroenterology</b>	Convenor	Elena George
	Members	Eleonora Stojanoska
		Chu Kion Yao
		Sandra Feeney
		Heidi Staudacher
Caroline Tuck		

Interest Group	Position	Name
<b>Health Behaviour and Weight Management</b>	Convenor	Lynda Ross
	Members	Sally Badorrek
		Joanna Aaron
		Hiba Jebeile
		Marijka Batterham
		Charlene Wright
		Andrea Cawte
		Robin Hay
		Jodie Prendergast
Sally Griffin		
<b>HIV/AIDS</b>	Convenor	Julianita Purnomo
	Members	Jane Marriott
		Bridget Plunkett
		Louise Houtzager
		Amanda Rider
		Lara Pasternak
		Nicola Williams
		Amy Riley
		Christine Chalmers
<b>Integrative Medicine</b>	Convenor	Antigone Kouris-Blazos
	Members	Michael Hann
		Nazgol Afsarpour
<b>Indigenous Nutrition</b>	Convenor	Noell Burgess
	Members	Amanda Webb
		Brianna Sanderson
		Alyse Jai Davies
		Trinda Kunzli-Rix
		Stephanie De Zilva
		Tara Rawson
		Amanda Cripps
		Charlotte Campbell
		Katelyn Paterson
Kerith Duncanson		
<b>Ketogenic</b>	Convenor	Neha Kaul
	Members	Katherine Barwick
		Jodie Prendergast
		Seema Thowfeek



Interest Group	Position	Name
<b>Kidney</b> (formerly Renal)	Convenor	Marguerite Conley
	Acting NSW Chapter Coordinator	Kristine Metcalfe
	NSW Chapter coordinator	Su Bahceci
	WA Chapter Coordinator	Katie Lenhoff
	SA Chapter Coordinator	Claire Trimmingham
	VIC Chapter Coordinator	Georgina Stevens
	VIC Chapter Coordinator	Bridget Agius
	Members	Louise Stanley
		Helen MacLaughlin
		Dearne Brauer
Kelly Lambert		
Stephanie Notaras		
<b>LGBTQI+</b>	Co-Convenor	Tom Scully
	Co-Convenor	Kathleen Halliday
	Member	Majella Jones
<b>Mental Health</b>	Convenor	Jacinta Sherlock
	Members	Scott Teasdale
		Janice Plain
		Alexandra Harman
		Katherine Barlow
		Caroline Lamb
		Josephine Pizzinga
		Cassie Hoole
		Bree-Anne Pagonis
		Nerissa Soh
		Claire Margerison
		Georgina Latimer
		Jessica Ward
<b>Mental Health and Nutrition &amp; Dietetic Information (MHANDi)</b>	MHANDi Coordinator	Michelle Hsu
	Members	Jane Duyker
		Sonya Stanley
		Tania Mathewson
		Jaslyn Dugmore

Interest Group	Position	Name
<b>Male Nutrition</b>	Co-Convenor	Megan Roberts
	Co-Convenor	Lane Edwards
<b>Nutrition Genomics</b>	Convenor	Natalie Colson
	Members	Melissa Adamski
<b>Nutrition Support</b>	Convenor	Brydie Cleeve
	Members	Clare Ferguson
		Kate Hamilton
		Greta Hollis
		Sarah Hart
		Caitlin Rabel
		Lina Breik
		Claire Dux
		Kate Glen
		Leanne Galea
<b>Oncology</b>	Convenor	Belinda Steer
	Members	Katie Benton
		Danielle Morton
		Teresa Brown
		Jane Freeman
		Elise Den
		Irene Deftereos
		Katherine O'Brien
		Emma Whelan
		Lee-Anne Mundy
		Caitlin Smith
		<b>Polycystic Ovarian Syndrome</b>
Members	Siew Lim	
	Kate Marsh	
	Lisa Moran	
	Juhi Bhambhaney	
	Pooja Adhyaru	

Interest Group	Position	Name
<b>Public Health and Community Nutrition</b>	Co-Convenor	Tina Gingell
	Co-Convenor	Elizabeth Meertens
	Members	Penelope Love
		Rachel Boak
		Nina Kingon
		Sophie Royce
		Sarah Marshall
		Andrea Love
		Nayerra Hudson
		Mariam Mandoh
		Ju-Lin Lee
		Carla Florio
Lucy Butcher		
<b>Paediatric and Maternal Health</b>	Co-Convenor	Catherine Knight-Agarwal
	Co-Convenor	Natassja Billich
	Breastfeeding Working Group Coordinator	Kathleen Halliday
	Breastfeeding Working Group Coordinator	Nicole Bando
	Members	Kyra Sim
		Adela Yip
		Kayla Dodd
		Anita Star
Shae Rickards		
Alison Ward		
Daniela Gerlach		
Gillian Rosic		
<b>Rehabilitation and Aged Care</b>	Convenor	Katherine Brain
	Member	Lucy Kocanda
		Stephen Hodgkinson
		Rachel Milte
		Chad Yixian Han
		Valentina Giannelli
		Leanne Baulch
		Karly Bartrim
<b>Research</b>	Convenor	Lannie O’Keefe
	Co-Convenor	Hattie Wright
	Member	Debby Andersson

Interest Group	Position	Name
<b>Rural, Regional and Remote</b>	Convenor	Louise Moodie
	Members	Leanne Brown
		Taya McLaren-Hedwards
		Anthea Brand
		Karly Zacharia
		Gina Horn
<b>Vegetarian</b>	Convenor	Sally Haden
	Members	Siew Lim
		Juhi Bhambhaney
		Jo Oddo
		Rebecca Norris
		Pamela Wong
		Pooja Adhyrau
<b>Working Overseas</b>	Co-Convenor	Bonnie Lau
	Co-Convenor	Yun Shan Wong

## Regulatory Services portfolio

Position	Name
<b>Australian Dietetics Council (as of 30 June 2023)</b>	
Chairperson	Professor Claire Palermo
Deputy Chairperson	Ms Andrea Elliott
Senior Academic	Professor Fiona Pelly
Senior Academic	Professor Judy Bauer
Senior Practitioner	Dr Andrea Bramley
Senior Practitioner	Ms Annabel Sweeney
Professional Education Representative	Dr Simone Arnott
Professional Accreditation Expert	Dr Susanne Owen (until 11/2/2023)
Health Consumer Representative	Mr John Stubbs (until 11/2/2023)
Professional Accreditation Expert	A/Professor Melissa Davies (from 1/6/2023)
Health Consumer Representative	Dr Ann Alder (from 1/6/2023)
<b>Dietitian and Nutritionist Regulatory Council (as of 30 June 2023)</b>	
Chairperson	Professor Claire Palermo
Members	Amanda Devine
	Deanne Harris
	Henry Leung
	Julie Dundon
	Julie Hulcombe
	Marilyn Baird
	Nicole Turner
	Rod Wellington

## Marketing and Communications portfolio

Position	Name
<b>Scientific and Social Program Committee</b>	
<b>2023 Conference</b>	
Chairperson	Nicole Kellow
Members	Judy Bauer
	Brenton Baguley
	Tammie Choi
	Adrienne Forsyth
	Montana Griffiths-White
	Jimmy Lee
	Katherine Lin
	June Ooi
	Helen Parker
	Evelyn Volders
	Jemma O'Hanlon
Simone Austin	
<b>2022 Conference</b>	
Chairperson	Annabelle Wilson
Vice-Chairperson	Sarah Forbes
Members	Alison Yaxley
	Hannah Rogers
	Morgan Pankhurst
	Louisa Matwiejczyk
	Kaitlin Ellis
<b>Emerging Dietitians Sub-Committee</b>	
Co-Chairperson	Hannah Rogers
Co-Chairperson	Kaitlin Ellis
Members	Clare Flower
	Bridget Arneric
	Emma Davidson
<b>Award and Recognition Advisory Committee (as of 30 June 2023)</b>	
Chairperson	Varitha Kinghorn
Members	Phil Juffs
	Andrea Begley
	Susie Ferrie
	Jane Kellett
	Jimmy Louie
	Emma Stirling
	Lisa Vincze
	Annabelle Wilson



Position	Name
<b>Media spokespeople (as of 30 June 2023)</b>	
ACT	Lisa Donaldson
NSW	Clare Collins
	Trent Watson
	Alan Barclay
	Kate Gudorf
	Nicole Dynan
	Jane Freeman
	Anika Rouf
QLD	Kate Di Prima
	Maria Packard
SA	Themis Chryssidis
	Natasha Schilling
TAS	Milly Smith
VIC	Melanie McGrice
	Lisa Renn
	Joel Feren
	Tim McMaster
	Felicity Curtain
WA	Charlene Grosse
	Margaret Hays

Dietitians Australia recognises the media achievements of our members, particularly those who have served as Dietitians Australia Spokespeople and representatives of the APDs in the Media Program.

## Education Centre portfolio

Position	Name
<b>Nutrition and Dietetics Journal Executive Committee</b>	
Chairperson	Judi Porter
Members	Robert Hunt
	Rebecca Mete

Position	Name
	Di Reidlinger
<b>Nutrition and Dietetics Journal Editors and Editorial Board Members</b>	
Editor-in-Chief	Judi Porter
Editor	Dianne Reidlinger
Statistics Editor	Marijka Batterham
Systematic Literature Review Editor	Elizabeth Neale
Clinical Trials Editor	Sharleen O'Reilly
Editorial Board Members	Lucinda Bell
	Andrea Braakhuis
	Clare Corish
	Suzie Ferrie
	Janelle Gifford
	Vasant Hirani
	Tilakavati Karupaiah
	Nicole Kiss
	Evangeline Mantzioris
	Claire Palermo
	Kirrilly Pursey
	Anna Rangan
	Lynda Ross
	Jane Scott
	Nerissa Soh
	Sze-Yen Tan
	Helen Truby
	Robin M. Tucker
	Shelley Wilkinson
	Serene Yoong
Adrienne Young	
Jo Zhou	
Sharleen O'Reilly	
Elizabeth Neale	
Marijka Batterham	

# Appendix C – Financial Statements

**DIETITIANS ASSOCIATION OF AUSTRALIA**

**FINANCIAL REPORT**

**FOR THE YEAR ENDED**

**30 JUNE 2023**



**Dietitians Association of Australia**  
ABN: 34 008 521 480  
Financial Report –Year Ended 30 June 2023

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## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2023

# Directors' Report

Your directors present their report on Dietitians Association of Australia, the Company, for the financial year ended 30 June 2023.

## Directors

The following persons were directors of Dietitians Association of Australia during the whole of the financial period and up to the date of this report, unless otherwise indicated with an end date:

Tara Diversi – Chair President (appointed May 2017)

Dr Katrina Campbell – Vice President (appointed November 2018)

Margot Richardson – Director responsible for Finance (from 7 December 2020)

Simone Austin – Director (appointed 12 November 2021)

Lauren Ball – Director (appointed 12 November 2021)

Tracy Hardy – Director (appointed November 2020)

Jemma O'Hanlon – Director (appointed November 2018)

Dr Fiona Willer - Director (appointed November 2019)

Tracey Spicer – Independent Director (from 22 March 2021 to 25 November 2022)

## Principal activities

The principal activities of the Company were to foster and develop dietetics and to advocate for better nutrition for all in Australia, to promote the value and effectiveness of dietetics, to ensure high standards for the qualification of dietitians and to support and promote the professional practice of dietetics.

## Objectives, strategies and key performance measures

The company's object is, through support of its members, to advance and promote the dietetic and nutrition profession in Australia and internationally by:

- advancing the knowledge and application of dietetics and nutrition;
- regulating the credentialing, professional conduct and professional educational standards of dietetics and nutrition;
- encouraging and promoting high-quality dietetics and nutrition science-based research to support evidence-based practice;
- encouraging and supporting cultural capacity, and responsive practice, diversity in practice areas, equality and inclusivity throughout the dietetic and nutrition profession; and
- advocating for healthy and sustainable food systems that are accessible to all Australians.

A wide range of strategies are employed against these objectives and are described in the Strategic Plan and the Annual Plans which evolved from these objectives.

The Company measures its performance by a range of both qualitative and quantitative indicators. These indicators are used by the directors to ensure the Company remains financially sustainable and meets its other objectives in line with the Strategic Plan.

## Dividends

Dietitians Association of Australia is a company limited by guarantee and as such is prohibited from paying dividends.

## Review of operations

The loss from ordinary activities after income tax amounted to \$114,979 (2022 loss \$16,006).

## Significant changes in the state of affairs

No significant change in the nature of the Company's activities occurred during the financial period.

## Matters subsequent to the end of the financial year

No matter or circumstance has arisen since the end of the financial year.

## Environmental regulation

The company is not affected by any significant environmental regulation in respect of its operations.



## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2023

# Directors' Report continued

## Information on Directors

### Tara Diversi Chair - President

#### Experience and expertise

Tara Diversi is an Accredited Practising Dietitian who has worked in almost all fields of dietetics. She has worked extensively in Nutrition and Dietetics within the private sector, as a teaching-focussed academic, policy consultancy, communications, and in her current role as CEO of Sophus Nutrition, a digital health company. Tara holds a Master of Nutrition and Dietetics along with a MBA, PGradDipPsysc, PGradCertPsysc, GradCertEducation and is a Graduate of AICD. As a member of DAA since 2003, Tara was awarded the Young Achievers Award (in memory of Joan Mary Woodhill) in 2009, and has previously served as a National DAA Media Spokesperson and as the convenor of the Dietitians in Private Sector Interest Group (DIPSIG). She is the National dietetic adviser to the Department of Veterans Affairs. Tara regularly presents workshops, webinars and lectures for DAA, the health sector and corporations and is the author of three books on communication for health professionals, and the co-author of the *The Good Enough Diet* and co-author of the text, *Totoro's Anatomy and Physiology*.

#### Qualifications

MNutr&Diet, MBA, GradDipPsysc, PostGradDipPsysc, BHSc, GradCertEdStudies(Higher Ed), APD

### Dr Katrina Campbell (Vice-President term concluded 24 November 2022) continued as Director

#### Experience and expertise

Katrina is an Advanced APD with a unique combination of expertise in research, clinical dietetics, academia, management and consultancy. She is currently the Director of Healthcare Excellence and Innovation in Metro North Hospital and Health Service, the largest health care provider in Australia. She leads pragmatic clinical trials and implementation trials measuring patient, health service and economic outcomes. She also has an international profile in renal nutrition and published more than 100 papers in this area.

Katrina is passionate about building the dietetic profession to challenge the status quo, evaluate outcomes and harness opportunities to improve the health of all Australians

#### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), PhD, AdvAPD, GradCertHealthEcon

### Margot Richardson Director Responsible for Finance and Company Secretary (1 October 2021 to 23 August 2022)

#### Experience and expertise

Margot has been a member of the Dietitians Australia Finance, Risk and Compliance Committee for the past two years and was delighted to take up the opportunity to become an Independent member of the board in December 2020. Margot is a highly qualified and extremely motivated professional whose dedication to quality outcomes allows her to use her expertise of more than 32 years business and industry experience to support and strengthen companies and organisations. Margot is the Managing Director of Business Mapping Solutions Pty Ltd.

Having gained experience in the industry as a CPA Public Accountant and Chief Financial Officer, Margot expanded her skillset into governance, directorships, and organisational leadership. She now works with businesses and organisations to support governance development, as well as providing financial management and consultation. A key aspect of her business is the provision of tailored strategic and risk advice to NFP Boards and SMEs.

Margot has built a reputation as a director and mentor that can provide expert strategic advice and sound financial guidance. Her ability to connect personally with her clientele has contributed in no small part to her success with Indigenous organisations, and she conducts herself with scrupulous governance and meticulous attention to detail in all her roles.

She is a Graduate of the Company Directors Course, facilitator of AICD courses and has completed the AICD Mastering the Boardroom program.

#### Qualifications

F CPA, GAICD, FGIA, B.Ec/Asian Studies, Grad Dip Financial Management

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2023

# Directors' Report continued

## Information on directors (continued)

### **Simone Austin** *Director*

#### Experience and expertise

Simone Austin is an Accredited Practising Dietitian, Advanced Sports Dietitian and published author of Eat Like An Athlete. She brings over 25 years of experience to the Dietitians Australia Board.

Simone was the Senior Dietetic Advisor at Dietitians Australia managing the Advocacy and Policy team and has been a Dietitians Australia media spokesperson for many years. Simone is passionate about raising the profile of the dietetic profession and used her strong leadership skills to do this during her 5 years as president of Sports Dietitians Australia.

She is currently the Chief Health Officer at healthylife, chairing the Health Advisory Board, a nutrition consultant to the food industry and a frequent media presenter. Simone is renowned for her strong verbal skills to translate science into everyday language and her ability to engage people on the journey.

Simone has a track record of success as a sports dietitian working with many of Australia's elite sporting teams in AFL, cricket and rugby league. Her work has crossed many areas of dietetics with industry, aged care, media, community health, sports, private practice and government advocacy and policy.

Simone works to establish positive relationships that create opportunities for the profession.

#### Qualifications

APD, Advanced Sports Dietitian

### **Lauren Ball** *Director*

#### Experience and expertise

Professor Lauren Ball is one of Australia's leading primary care researchers. Lauren works with community members, health professionals, education providers, and professional bodies to reach her goal of reorienting primary health care to focus on prevention, rather than cure, so that all people can reach their full potential.

Lauren has published over 175 peer-reviewed articles in highly targeted journals and has attracted over \$14 million from government bodies, non-government organisations and philanthropic foundations. She is the Director of the Centre for Community Health and Wellbeing at the University of Queensland.

Lauren is an Advanced Accredited Practising Dietitian, National Health and Medical Research Council (NHMRC) Investigator and the Global Strategy Lead at the NNEdPro Global Centre for Nutrition and Health in Cambridge, UK.

Lauren is a passionate supervisor and mentor, supervising 14 researchers to successful PhD completion, and currently supervising seven more PhD candidates. Within her team, institution and research community, Lauren is an advocate for knowledge translation and impact.

#### Qualifications

AdvAPD, BAppSc, MNutrDiet, Grad Cert Higher Ed, Grad Dip Health Economics & Health Policy, PhD

## Dietitians Association of Australia

ABN: 34 008 521 480

### Financial Report –Year Ended 30 June 2023

#### **Tracy Hardy** *Director*

##### Experience and expertise

Tracy Hardy is an Accredited Practising Dietitian who combines community-based nutrition and public speaking with creating culturally centred nutrition workshops, programs, resources and recipe development, as well as culturally informed trauma integrated training and practice workshops for community based, not-for-profit and corporate organisations and training for health professionals through her business, Wattleseed Nutrition, Health and Wellbeing. Her research experience focusses on cultural safety of community-based nutrition interventions, traditional food systems and Indigenous food sovereignty. Tracy has held leadership positions on several local and national advisory committees and served on the board of Indigenous Allied Health Australia, a national, member-based Aboriginal and Torres Strait Islander allied health organisation and now Dietitians Australia. Tracy has a great interest in the health and wellbeing of First Nations Peoples of Australia, ensuring and supporting the provision of anti-racist, trauma informed, culturally safe and responsive nutrition and dietetic care and research and strengths-based, community led and community driven nutrition interventions, as well as the Ceremony of Indigenous Facilitation Practices and the Culturally Informed Trauma Integrated Healing Approach Model of care.

##### Qualifications

Bachelor of Nutrition/Dietetics (Hons), APD

Grad Cert Indigenous Trauma and Recovery Practice Graduate Certificate (complete in October 2022)

#### **Jemma O'Hanlon** *Vice President (24 November 2022 to present)*

##### Experience and expertise

Jemma O'Hanlon is a trusted nutrition expert and Advanced Accredited Practising Dietitian with over 18 years' experience across the food production, foodservice, food manufacturing and public health sectors. A strategic thinker with a strong business acumen, Jemma has led teams of dietitians in both commercial and not-for-profit organisations. Currently the Senior Food & Nutrition Advisor at the Heart Foundation, Jemma is responsible for driving programs that impact the community and identifying strategic opportunities to raise awareness of the Heart Foundation's Heart Healthy Eating Patterns, position statements and evidence reviews. Jemma is the Director responsible for the Communications Committee and is renowned for her exemplary written and verbal communication skills, her solution and people-focused approach and strong emotional intelligence. Jemma is deeply passionate about the value dietitians can bring in the community and the role dietitians play as the leading voice in nutrition. With extensive experience across all media platforms, Jemma has a natural ability to translate complex science into simple and engaging messages that drive behaviour change. Jemma has featured on a range of national broadcast platforms, championing culinary nutrition and demonstrating how food can be both nutritious and delicious. In her spare time you'll find Jemma amongst nature, out for a run in the sunshine or whipping up delicious meals in the kitchen.

##### Qualifications

Bachelor of Health Science (Nutrition and Dietetics), AdvAPD GAICD

#### **Dr Fiona Willer** *Director*

##### Experience and expertise

Dr Fiona Willer is an Australian dietitian, academic, educator, non-executive board director and health advocate with a career straddling higher education and the non-profit and private sectors. She is a long-standing lecturer in Nutrition and Dietetics at Queensland University of Technology and is affiliated for research activities with the Healthy Primary Care team at Griffith University's Menzies Health Institute. Fiona's areas of expertise include the relationships between weight stigma, health consciousness, body appreciation and dietary quality, and the integration of inclusive weight-neutral lifestyle approaches (including Health at Every Size®) into healthcare practice and policy. Her business, *Health, Not Diets*, provides organisational consultancy and professional development resources for inclusive, weight-neutral healthcare practice and will be celebrating 10 years of advocacy in 2023. She is also proud to be the creator of the innovative Unpacking Weight Science professional development podcast. Fiona currently serves on the board of Dietitians Australia and has previously served on the boards of HAES Australia and the Association for Size Diversity and Health (ASDAH) in the USA.

##### Qualifications

B.A. (English & Anthropology), B.HlthSc (Nutrition & Dietetics)(hons), PhD, AdvAPD, FHEA, GAICD

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2023

# Directors' Report continued

## Information on directors (continued)

**Tracey Spicer** *Independent Director term concluded 25 November 2022*

### Experience and expertise

Tracey Spicer AM is a multiple Walkley Award winning author, journalist and broadcaster who has anchored national programs for ABC TV and radio, Network Ten and Sky News.

The inaugural national convenor of Women in Media, Tracey is one of the most sought-after on stage and online keynote speakers and emcees in the region. In 2019 she was named the NSW Premier's Woman of the Year, accepted the Sydney Peace Prize alongside Tarana Burke for the Me Too movement, and won the national award for Excellence in Women's Leadership through Women & Leadership Australia.

In 2018, Tracey was chosen as one of the Australian Financial Review's 100 Women of Influence, winning the Social Enterprise and Not-For-Profit category. She was also named Agenda Setter of the Year by the website Women's Agenda. For her 30 years of media and charity work, Tracey has been awarded the Order of Australia.

Highlights of her outstanding career include writing, producing and presenting documentaries on women and girls in Bangladesh, Kenya, Uganda, Papua New Guinea and India. She is an Ambassador for ActionAid, Cancer Council NSW, QUT's Learning Potential Fund, SISTER2sister and Purple Our World, and Patron of the Pancreatic Cancer Alliance. Her first book, *The Good Girl Stripped Bare*, became a bestseller within weeks of publication, while her TEDx Talk, *The Lady Stripped Bare*, has attracted more than six million views worldwide.

Tracey's essays have appeared in dozens of books including *Women of Letters*, *She's Having a Laugh*, *Father Figures*, *Unbreakable*, and *Bewitched & Bedevilled: Women Write the Gillard Years*. Recently, the ABC highlighted Tracey's #metoo work in the three part documentary series *Silent No More*, which featured the stories of hidden survivors. In between emceeing and speaking at hybrid conferences and events, Tracey is researching a book on #Albias.

### Qualifications

BBusComm, GAICD, AM

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report –Year Ended 30 June 2023

## Directors' Report continued

### Company Secretary

The following persons held the position of company secretary during the whole of the financial period and up to the date of this report unless indicated with an end date:

**Margot Richardson** (appointed 1 October 2021 to 23 August 2022)

Experience, expertise and qualifications listed in Director information.

**Robert Hunt** (appointed 24 August 2022 to 26 September 2023)

Experience and expertise Robert Hunt is a highly experienced Chief Executive Officer with significant health industry management experience with the National Heart Foundation, Australian Medical Association and most recently as National Chief Executive Officer of St John Ambulance Australia. Robert is a qualified CPA, born and bred in Canberra. Robert's strong focus throughout his career has been to advance professional conduct and he is a passionate advocate for support and encouragement of professional life. As a long-time member of his professional body CPA Australia and the Australian Institute of Company Directors, Robert is keen to protect and enhance the professional standing and recognition of Dietitians in Australia.

#### Qualifications

Certified Practising Accountant, BCom

### Meetings of Directors

The numbers of meetings of the company's board of directors and of each board committee held during the financial year ended 30 June 2023, and the numbers of meetings attended by each director were:

	Full meetings	
	A	B
Tara Diversi	8	8
Dr Katrina Campbell	8	8
Margot Richardson	6	8
Simone Austin	8	8
Lauren Ball	8	8
Jemma O'Hanlon	8	8
Dr Fiona Willer	8	8
Tracy Hardy	6	8
Tracey Spicer	0*	2

A = Number of meetings attended.

B = Number of meetings held during the time the director held office or was a member of the committee during the period.

\*Leave of absence was granted for the two meetings not attended.



## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report –Year Ended 30 June 2023

# Directors' Report continued

### Insurance of officers

During the financial period, Dietitians Association of Australia paid a premium of \$5,421 (2020 \$5,200) to insure the directors and secretaries of the company.

The liabilities insured are legal costs that may be incurred in defending civil or criminal proceedings that may be brought against the officers in their capacity as officers of entities in the company, and any other payments arising from liabilities incurred by the officers in connection with such proceedings. This does not include such liabilities that arise from conduct involving a wilful breach of duty by the officers or the improper use by the officers of their position or of information to gain advantage for themselves or someone else or to cause detriment to the company. It is not possible to apportion the premium between amounts relating to the insurance against legal costs and those relating to other liabilities.

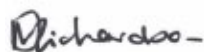
### Proceedings on behalf of the company

No person has applied to the Court under section 237 of the *Corporations Act 2001* for leave to bring proceedings on behalf of the company, or to intervene in any proceedings to which the company is a party, for the purpose of taking responsibility on behalf of the company for all or part of those proceedings.

### Auditor's independence declaration

A copy of the auditor's independence declaration as required under section 307C of the *Corporations Act 2001* is set out on page 9.

This report is made in accordance with a resolution of directors.



Margot Richardson  
Director of Finance  
Dated: 6 November 2023

DIETITIANS ASSOCIATION OF AUSTRALIA  
AUDITOR'S INDEPENDENCE DECLARATION  
UNDER SECTION 307C OF THE CORPORATIONS ACT 2001

ABN: 34 008 521 480

I declare that, to the best of my knowledge and belief during the year ended 30 June 2023 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the *Corporations Act 2001* in relation to the audit, and
- (ii) any applicable code of professional conduct in relation to the audit.

PKF Canberra



Anthony J Bandle FCA  
Partner

Place: Canberra, ACT

Date: 6 November 2023

*Liability limited by a scheme approved under Professional Standards Legislation*



**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2023

**Statement of profit or loss and other comprehensive income**  
**For the year ended 30 June 2023**

	Notes	Year Ended 30 June 2023 \$	Year Ended 30 June 2022 \$
<b>Revenue from continuing operations</b>	3	6,250,426	5,365,924
Advertising and marketing		(68,878)	(86,845)
Administrative expense		(423,276)	(274,398)
Audit, tax, finance and legal expense		(105,399)	(113,955)
Consultancy expense		(400,296)	(268,842)
Depreciation and amortisation expense		(285,952)	(157,460)
Employee benefits expense		(3,263,158)	(3,050,246)
Membership services		(1,611,820)	(1,356,485)
Occupancy expense		(105,283)	(235,278)
Travel related expense		(101,343)	(70,446)
<b>Profit (Loss) for the period</b>		<b>(114,979)</b>	<b>(248,031)</b>
<b>Other comprehensive Income</b>			
Capital Gain on Sale of Deakin Building			232,025
<b>Total comprehensive income for the period</b>			<b>232,025</b>
Total comprehensive income for the period is attributable to:			
Members of Dietitians Association of Australia		<b>(114,979)</b>	<b>(16,006)</b>

*The above statement of profit or loss and other comprehensive income should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2023

## Statement of financial position For the year ended 30 June 2023

		Year Ended 30 June 2023 \$	Year Ended 30 June 2022 \$
<b>ASSETS</b>			
<b>Current assets</b>			
Cash and cash equivalents	5	2,114,713	3,701,090
Trade and other receivables	6	49,383	33,272
Held-to-maturity financial assets		809,100	509,100
Prepayments		416,705	445,842
Inventory-at cost		2,336	2,336
<b>Total current assets</b>		<b>3,392,237</b>	<b>4,691,640</b>
<b>Non-current assets</b>			
Property, plant and equipment	7	2,538,870	1,620,800
Intangible assets	8	432,517	538,994
<b>Total non-current assets</b>		<b>2,971,387</b>	<b>2,159,794</b>
<b>Total assets</b>		<b>6,363,624</b>	<b>6,851,434</b>
<b>LIABILITIES</b>			
<b>Current liabilities</b>			
Trade and other payables	9	222,297	451,151
Deferred income	9(a)	2,436,340	2,493,382
Provisions	10	241,420	214,533
Bank Loan- Building		105,483	105,483
<b>Total current liabilities</b>		<b>3,005,540</b>	<b>3,264,549</b>
<b>Non-current liabilities</b>			
Bank Loan- Building		1,305,768	1,404,650
Provisions	10	44,453	59,394
<b>Total non-current liabilities</b>		<b>1,350,221</b>	<b>1,464,044</b>
<b>Total liabilities</b>		<b>4,355,761</b>	<b>4,728,593</b>
<b>Net assets</b>		<b>2,007,863</b>	<b>2,122,841</b>
<b>EQUITY</b>			
General/award reserve	11(a)	-	10,845
Retained earnings	11(b)	2,007,863	2,111,996
<b>Total equity</b>		<b>2,007,863</b>	<b>2,122,841</b>

*The above statement of financial position should be read in conjunction with the accompanying notes.*

**Dietitians Association of Australia**

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2023

**Statement of changes in equity**  
**For the year ended 30 June 2023**

	<b>Contributed equity</b>	<b>Reserves</b>	<b>Retained Earnings</b>	<b>Total equity</b>
	<b>\$</b>	<b>\$</b>	<b>\$</b>	<b>\$</b>
Balance at 30 June 2021	10,845	876,715	1,251,330	2,138,890
Profit/(Loss) for the year			(248,074)	(248,074)
Other comprehensive income			232,025	232,025
Transfer from Asset Revaluation Reserves		(876,715)	876,715	0
<b>Balance at 30 June 2022</b>	<b>10,845</b>	<b>0</b>	<b>2,111,996</b>	<b>2,122,841</b>
Balance at 30 June 2022	<b>10,845</b>	<b>0</b>	<b>2,111,996</b>	<b>2,122,841</b>
Profit/(Loss) for the year			(114,979)	(114,979)
Transfer from Contributed equity	(10,845)		10,845	0
<b>Balance at 30 June 2023</b>	<b>0</b>	<b>0</b>	<b>2,007,862</b>	<b>2,007,862</b>

*The above statement of changes in equity should be read in conjunction with the accompanying notes.*



**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2023

## Statement of cash flows

### For the year ended 30 June 2023

	Year Ended 30 June 2023	Year Ended 30 June 2022
Notes	\$	\$
<b>Cash flows from operating activities</b>		
Receipts from customers	5,941,746	5,361,988
Payments to suppliers and employees	(6,693,180)	(5,346,777)
Interest received/(paid)	42,285	3,894
<b>Net cash inflow (outflow) from operating activities</b>	<b>(709,149)</b>	<b>19,105</b>
<b>Cash flows from investing activities</b>		
Payments from held-to-maturity financial assets	0	350,000
Payments for held-to-maturity financial assets	300,000	(509,100)
Proceeds from property, plant and equipment and intangibles	0	1,060,000
Payments for property, plant and equipment and intangibles	7&8 (1,078,346)	(1,809,088)
<b>Net cash inflow (outflow) from investing activities</b>	<b>(778,346)</b>	<b>(908,188)</b>
<b>Cash flows from financing activities</b>		
Proceeds from bank loan	60,603	1,566,500
Repayments of bank loan	(159,485)	(56,367)
<b>Net cash inflow (outflow) from financing activities</b>	<b>(98,882)</b>	<b>1,510,133</b>
<b>Net increase (decrease) in cash and cash equivalents</b>	<b>(1,586,377)</b>	<b>621,050</b>
Cash and cash equivalents at the beginning of the financial year	3,701,090	3,080,040
<b>Cash and cash equivalents at end of period</b>	<b>5 2,114,713</b>	<b>3,701,090</b>

*The above statement of cash flows should be read in conjunction with the accompanying notes.*

## Notes to the financial statements

### 1. Summary of significant accounting policies

The principal accounting policies adopted in the preparation of these financial statements are set out below. These policies have been consistently applied to all the periods presented, unless otherwise stated. The financial statements are for the entity Dietitians Association of Australia.

#### a) Basis of preparation

These general purpose financial statements have been prepared in accordance with Australian Accounting Standards and interpretations issued by the Australian Accounting Standards Board and the *Corporations Act 2001*. Dietitians Association of Australia is a not-for-profit entity for the purpose of preparing the financial statements.

#### *Compliance with Australian Accounting Standards – Simplified Disclosures*

The financial statements of the Dietitians Association of Australia comply with Australian Accounting Standards - Simplified Disclosures as issued by the Australian Accounting Standards Board (AASB).

#### *New and amended standards adopted by the company*

During the year the company adopted all the new and revised Australian Accounting Standards and Interpretations applicable to it that became mandatory.

Certain new accounting standards and interpretations have been published that are not mandatory for reporting periods beginning on 1 July 2022, none of these have been early adopted by the company.

#### b) Revenue recognition

Revenue recognition – contracts with customers

AASB 15 requires revenue to be recognised when control of a promised good or service is passed to the customer at an amount which reflects the expected consideration.

The customer for these contracts is the fund provider.

Revenue is recognised by applying a five-step model as follows:

1. Identify the contract with the customer
2. Identify the performance obligations
3. Determine the transaction price
4. Allocate the transaction price
5. Recognise revenue

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability. This is the case for application fees for new members, which are recognised as income over the expected term of membership.

None of the revenue streams of the company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

Contract assets arise when work has been performed on a particular program and goods or services have been transferred to the customer but the invoicing milestone has not been reached and the rights to the consideration are not unconditional. If the rights to the consideration are unconditional then a receivable is recognised. No impairment losses were recognised in relation to these assets during the year (2021: \$nil).

Contract liabilities generally represent the unspent grants or other fees received on the condition that specified services are delivered or conditions are fulfilled. The services are usually provided, or the conditions usually fulfilled within 12 months of receipt of the grant / fees. Where the amount received is in respect of services to be provided over a period that exceeds 12 months after the reporting date or the conditions will only be satisfied more than 12 months after the reporting date, the liability is presented as non-current. Where the monies are received for the company to acquire or construct an item of property, plant and equipment which will be controlled by the company then the funds are recognised as a contract liability and amortised to revenue as and when the obligation is satisfied.

## Notes to the financial statements

### 1. Summary of significant accounting policies (continued)

#### *Grant income*

Assets arising from grants in the scope of AASB 1058 are recognised at their fair value when the asset is received. These assets are generally cash but maybe property which has been donated or sold to the company at significantly below its fair value.

Once the asset has been recognised, the Company recognises any related liability amounts (e.g. provisions, financial liabilities).

Once the assets and liabilities have been recognised then income is recognised for any difference between the recorded asset and liability.

#### *Membership fees*

Revenue from membership fees is recognised over the period to which the membership relates. The portion of membership fees received that relates to the following financial year is brought to account at balance sheet date as unearned revenue (current liability). The membership runs from 1 January to 31 December.

#### *Advertising and sponsorship revenue*

Advertising and sponsorship income is brought to account when it is received or, if is received for a particular purpose, when the related expenditure is brought to account. Any advertising and sponsorship income received for a particular purpose and not fully expended at year end is brought to account as unearned revenue (current liability).

#### *Conference revenue*

Major national conferences are managed by an external company. The net surplus from these events is brought to account as income in the year in which the event is held. Seeding funds paid to the management company prior to year-end, that relate to an event to be held in the following year, are recognised as prepayments (other current assets).

#### *Interest income*

Interest income is recognised when it is earned.

#### *Other revenue*

All other sources of revenue are recognised as revenue when the related goods or services have been provided and the income earned.

### c) Expenses

Administrative Expense, Travel Related Expense and Consultancy Expense primarily include costs that are significantly related to the provision of services to Members.

Member services include the National Conference, Membership journal, CPD and Network Events.

The increase in 2023 for employee benefits is due to an increase in Membership services staffing, Director salaries and committee and examiner fees being paid as salaries.

The increase in depreciation is due to the new building being occupied for the full financial year.

## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### d) Income tax

Only non-member income of the Company is assessable for tax as member income is excluded under the principle of mutuality.

Deferred tax is accounted for using the balance sheet liability method in respect of temporary differences arising between the tax bases of assets and liabilities and their carrying amounts in the financial statements. No deferred income tax will be recognised from the initial recognition of an asset or liability, excluding a business combination, where there is no effect on accounting or taxable profit or loss.

Deferred tax is calculated at the tax rates that are expected to apply to the period when the asset is realised or liability is settled. Deferred tax is credited in profit or loss except where it relates to items that may be credited directly to equity, in which case the deferred tax is adjusted directly against equity.

Deferred income tax assets are recognised to the extent that it is probable that future tax profits will be available against which deductible temporary differences can be utilised.

The amount of benefits brought to account or which may be realised in the future is based on the assumption that no adverse change will occur in income tax legislation and the anticipation that the Company will derive sufficient future assessable income to enable the benefit to be realised and comply with the conditions of deductibility imposed by the law.

#### e) Cash and cash equivalents

For the purpose of presentation in the statement of cash flows, cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value, and bank overdrafts.

#### f) Trade receivables

Trade receivables are recognised when the related goods or services have been provided and the income is earned. Trade receivables are generally due for settlement within 30 days. They are presented as current assets unless collection is not expected for more than 12 months after the reporting date.

Collectability of trade receivables is reviewed on an ongoing basis. Debts which are known to be uncollectible are written off by reducing the carrying amount directly. An allowance account (provision for impairment of trade receivables) is used when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables. Significant financial difficulties of the debtor, probability that the debtor will enter bankruptcy or financial reorganisation, and default or delinquency in payments (more than 30 days overdue) are considered indicators that the trade receivable is impaired. The amount of the impairment allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate. Cash flows relating to short-term receivables are not discounted if the effect of discounting is immaterial.

The amount of the impairment loss is recognised in profit or loss within other expenses. When a trade receivable for which an impairment allowance had been recognised becomes uncollectible in a subsequent period, it is written off against the allowance account. Subsequent recoveries of amounts previously written off are credited against other expenses in profit or loss.

#### g) Inventories

Inventories are measured at the lower of cost and net realisable value.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2023

# Notes to the financial statements (continued)

## 2. Summary of significant accounting policies (continued)

### h) Investments and other financial assets

#### **Classification**

The company classifies its financial assets as loans and receivables and held-to-maturity investments. The classification depends on the purpose for which the investments were acquired. Management determines the classification of its investments at initial recognition and, in the case of assets classified as held-to-maturity, re-evaluates this designation at the end of each reporting date.

#### (i) Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. They are included in current assets, except for those with maturities greater than 12 months after the reporting period which are classified as non-current assets. Loans and receivables are included in trade and other receivables (note 6) and receivables in the balance sheet.

#### (ii) Held-to-maturity investments

Held-to-maturity investments are non-derivative financial assets with fixed or determinable payments and fixed maturities that the company's management has the positive intention and ability to hold to maturity. If the company were to sell other than an insignificant amount of held-to-maturity financial assets, the whole category would be tainted and reclassified as available-for-sale. Held-to-maturity financial assets are included in non-current assets, except for those with maturities less than 12 months from the end of the reporting period, which are classified as current assets.

#### i) Recognition and derecognition

Regular way purchases and sales of financial assets are recognised on trade-date - the date on which the company commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the company has transferred substantially all the risks and rewards of ownership.

#### j) Measurement

At initial recognition, the company measures a financial asset at its fair value plus, in the case of a financial asset not at fair value through profit or loss, transaction costs that are directly attributable to the acquisition of the financial asset. Transaction costs of financial assets carried at fair value through profit or loss are expensed in the statement of comprehensive income.

Loans and receivables and held-to-maturity investments are subsequently carried at amortised cost using the effective interest method.

#### k) Impairment

##### **Assets carried at amortised cost**

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or group of financial assets measured at amortised cost is impaired. A financial asset or a group of financial assets is impaired and impairment losses are incurred only if there is objective evidence of impairment as a result of one or more events that occurred after the initial recognition of the asset (a loss event) and that loss event (or events) has an impact on the estimated future cash flows of the financial asset or group of financial assets that can be reliably estimated.

For loans and receivables, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows (excluding future credit losses that have not been incurred) discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced and the amount of the loss is recognised in profit or loss. If a loan or held-to-maturity investment has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract. As a practical expedient, the company may measure impairment on the basis of an instrument's fair value using an observable market price.

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or a group of financial assets is impaired.



## Notes to the financial statements (continued)

### 1. Summary of significant accounting policies (continued)

#### l) Property, plant and equipment

Land and buildings (except for investment properties) are shown at fair value, based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings. Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset. All other property, plant and equipment is stated at historical cost less depreciation. Historical cost includes expenditure that is directly attributable to the acquisition of the items. Cost may also include transfers from equity of any gains or losses on qualifying cash flow hedges of foreign currency purchases of property, plant and equipment.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the company and the cost of the item can be measured reliably. The carrying amount of any component accounted for as a separate asset is derecognised when replaced. All other repairs and maintenance are charged to profit or loss during the reporting period in which they are incurred.

Increases in the carrying amounts arising on revaluation of land and buildings are recognised, net of tax, in other comprehensive income and accumulated in reserves in equity. To the extent that the increase reverses a decrease previously recognised in profit or loss, the increase is first recognised in profit or loss. Decreases that reverse previous increases of the same asset are first recognised in other comprehensive income to the extent of the remaining surplus attributable to the asset; all other decreases are charged to profit or loss. Each year, the difference between depreciation based on the revalued carrying amount of the asset charged to profit or loss and depreciation based on the asset's original cost, net of tax, is reclassified from the property, plant and equipment revaluation surplus to retained earnings.

Land is not depreciated. Depreciation on buildings is calculated using the straight-line method to allocate their cost or revalued amounts, net of their residual values, over their estimated useful lives. Depreciation on other assets is calculated using the diminishing value method. In the case of leasehold improvements and certain leased plant and equipment, the shorter lease term as follows:

Buildings	2%
Furniture and fittings	10% - 50%

The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at the end of each reporting period. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

From 1 July 2019 all new Furniture and fittings assets have been depreciated on a straight-line basis.

#### m) Investment properties

Investment properties, principally comprising freehold office buildings, are held for long-term rental yields and are not occupied by the company. Investment properties are carried at fair value, which is based on active market prices, adjusted, if necessary, for any difference in the nature, location or condition of the specific asset. If this information is not available, the company uses alternative valuation methods such as recent prices in less active markets or discounted cash flow projections. These valuations are reviewed bi-annually by a member of the Australian Property Institute. Changes in fair values are recorded in the profit or loss as part of other income.

#### n) Intangible assets - IT development and software

Costs incurred in developing products or systems and costs incurred in acquiring software and licenses that will contribute to future period financial benefits through revenue generation and/or cost reduction are capitalised to software and systems. Costs capitalised include external direct costs of materials and service and direct payroll and payroll related costs of employees' time spent on the project. Amortisation is calculated on a straight-line basis over 3 - 5 years.

## Notes to the financial statements (continued)

### **o) Trade and other payables**

These amounts represent liabilities for goods and services provided to the company prior to the end of financial year which are unpaid. The amounts are unsecured and are usually paid within 30 days of recognition. Trade and other payables are presented as current liabilities unless payment is not due within 12 months from the reporting date. They are recognised initially at their fair value and subsequently measured at amortised cost using the effective interest method.

### **p) Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation and the amount has been reliably estimated. Provisions are not recognised for future operating losses.

### **q) Employee benefits**

#### *(i) Short-term obligations*

Liabilities for wages and salaries, including non-monetary benefits and annual leave expected to be settled within 12 months after the end of the period in which the employees render the related service are recognised in respect of employee's services up to the end of the reporting period and are measured at the amounts expected to be paid when the liabilities are settled. The liability for annual leave is recognised in the provision for employee benefits. All other short-term employee benefit obligations are presented as payables.

#### *(ii) Other long-term employee benefit obligations*

The liability for long service leave and annual leave which is not expected to be settled within 12 months after the end of the period in which the employees render the related service is recognised in the provision for employee benefits and measured as the present value of expected future payments to be made in respect of services provided by employees up to the end of the reporting period using the projected unit credit method. Consideration is given to expected future wage and salary levels, experience of employee departures and periods of service.

Expected future payments are discounted using market yields at the end of the reporting period on highly liquid corporate bonds with terms to maturity and currency that match, as closely as possible, the estimated future cash outflows.

The obligations are presented as current liabilities in the statement of financial position if the entity does not have an unconditional right to defer settlement for at least twelve months after the reporting date, regardless of when the actual settlement is expected to occur.

### **r) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of associated GST, unless the GST incurred is not recoverable from the taxation authority. In this case it is recognised as part of the cost of acquisition of the asset or as part of the expense.

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the taxation authority is included with other receivables or payables in the balance sheet.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to the taxation authority, are presented as operating cash flows.

### **s) Comparative Figures**

Where required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

## **3. Critical accounting estimates and judgements**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that may have a financial impact on the entity and that are believed to be reasonable under the circumstances.

**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2023

## Notes to the financial statements (continued)

### 3. Revenue

	Year Ended 30 June 2023 \$	Year Ended 30 June 2022 \$
From continuing operations		
<i>Sales revenue</i>		
Publication Sales	0	0
Grant revenue	239,354	80,552
	239,354	80,552
<i>Other revenue</i>		
Membership fees	4,418,321	4,078,211
Interest income	42,285	1,876
Advertising	10,747	5,966
Sponsorship	99,763	107,396
Conference, Accreditation, workshop, and seminar income	1,315,762	992,002
Other	124,194	99,921
	6,011,072	5,285,372
<b>Total Revenue</b>	6,250,426	5,365,924

### 4. Income tax expense

Income tax expenses

For a detailed explanation of the table below, refer to Note 1(d) on page 17.

	Year Ended 30 June 2023 \$	Year Ended 30 June 2022 \$
Current tax	0	0
Deferred tax	0	0
Adjustments for current tax or prior periods	0	0
	0	0

## Notes to the financial statements (continued)

### 5 Current assets - Cash and cash equivalents

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Cash at bank and in hand	2,073,624	3,665,241
Restricted cash	41,089	35,849
	2,114,713	3,701,090

The Fay McDonald bequest amount is recognised as restricted cash and any interest earned from the funds are expended for the purpose of post graduate training of dietitians.

### 6 Current assets - Trade and other receivables

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Trade receivables	49,383	33,272
	49,383	33,272



## Dietitians Association of Australia

ABN: 34 008 521 480

Financial Report – Year Ended 30 June 2023

### Notes to the financial statements (continued)

#### 7 Non-current assets - Property, plant and equipment

	Leasehold Land and buildings \$	Furniture, fittings and equipment \$	Total \$
<b>At 30 June 2022</b>			
At Cost	1,522,400	122,804	1,645,204
Additions	37,101	6,996	44,097
Accumulated depreciation	0	(68,501)	(68,501)
Net book amount	<u>1,559,501</u>	<u>61,299</u>	<u>1,620,800</u>
<b>At 30 June 2023</b>			
At Cost	1,559,501	129,800	1,689,301
Additions	958,165	36,225	994,390
Accumulated depreciation	(70,698)	(74,123)	(144,821)
Net book amount	<u>2,446,968</u>	<u>91,902</u>	<u>2,538,870</u>



**Dietitians Association of Australia**  
 ABN: 34 008 521 480  
 Financial Report – Year Ended 30 June 2023

## Notes to the financial statements (continued)

### 8 Non-current assets – Intangible assets

	Software \$	Total \$
<b>Year ended 30 June 2022</b>		
Opening net book amount	487,537	487,537
Additions	174,946	174,946
Disposals	0	0
Amortisation charge	(123,489)	(123,489)
Closing net book amount	538,994	538,994
<b>At 30 June 2022</b>		
Cost	572,628	572,628
Additions	174,946	174,946
Disposals	0	0
Accumulated amortisation	(208,580)	(208,580)
<b>Net book amount</b>	<b>538,994</b>	<b>538,994</b>
<b>Year ended 30 June 2023</b>		
Opening net book amount	538,994	538,994
Additions	83,956	83,956
Disposals	0	0
Amortisation charge	(190,433)	(190,433)
Closing net book amount	432,517	432,517
<b>At 30 June 2023</b>		
Cost	747,574	747,574
Additions	83,956	83,956
Disposals	0	0
Accumulated amortisation	(399,013)	(399,013)
<b>Net book amount</b>	<b>432,517</b>	<b>432,517</b>

**Dietitians Association of Australia**  
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 Financial Report – Year Ended 30 June 2023

## Notes to the financial statements (continued)

### 9 Current liabilities - Trade and other payables

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Trade payables	18,997	128,374
Accrued expenses	117,887	116,956
PAYG and Goods and Services Tax (GST) payable	68,537	164,141
Other	16,877	41,680
	<b>222,298</b>	<b>451,151</b>

### 9(a) Deferred Income

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Membership fees	2,258,486	2,088,121
NDIS Grant Funding	177,854	386,141
Conference income in advance	-	19,120
	<b>2,436,340</b>	<b>2,493,382</b>

### 10 Provisions

	30 June 2023			30 June 2022		
	Current	Non- Current	Total	Current	Non- current	Total
	\$	\$	\$	\$	\$	\$
Provision for annual leave	147,861	0	147,861	183,646	0	183,646
Provision for long service leave	93,559	44,453	138,012	30,887	59,394	90,281
	<b>241,420</b>	<b>44,453</b>	<b>285,873</b>	<b>214,533</b>	<b>59,394</b>	<b>273,927</b>

### 11 Other reserves and retained earnings

#### (a) Other reserves

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Revaluation surplus - property, plant and equipment	0	0
General/award reserve	0	10,845
	<b>0</b>	<b>10,845</b>

#### Movements:

##### *Revaluation surplus - property, plant and equipment*

Opening balance	0	876,715
Transfer to Retained Earnings	0	(876,715)
Balance 30 June	0	0

##### *General award reserve*

Opening balance	10,845	10,845
Transferred to retained earnings	(10,845)	0
Balance 30 June	0	10,845

## Notes to the financial statements (continued)

### 11 Other reserves and retained earnings (continued)

#### (b) Retained earnings

Movements in retained earnings were as follows:

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Balance 30 June	2,111,996	1,251,330
Net Profit/(loss) for the period	(114,979)	(248,074)
Other Comprehensive Income	0	232,025
Transfer from Asset Revaluation Reserve	0	876,715
Transfer from Contributed Equity	<b>10,845</b>	<b>0</b>
Balance 30 June	<b><u>2,007,862</u></b>	<b><u>2,111,996</u></b>

### 12 Key management personnel disclosures

#### Key management personnel compensation

	Year Ended 30 June 2023	Year Ended 30 June 2022
	\$	\$
Key management personnel payments	785,402	726,260
Number of staff during the year	6	6
Number staff at the end of the year	6	6

### 13 Contingencies

The company had no contingent assets or liabilities at 30 June 2023 (30 June 2022: nil).

### 14 Related party transactions

Transactions between related parties are on normal terms and conditions no more favorable than those available to other persons unless otherwise stated.

#### (a) Company secretary

At Balance date Margot Richardson was the Company Secretary. Her salary is included as part of the Directors remuneration per Note 14(b).

#### (b) Transactions with other related parties

The following transactions occurred with related parties:

During the year, the directors received remuneration in the form of salary and superannuation directly from the Company for management of the Company in addition to other than reimbursements of expenses incurred on behalf of the Company. The total amount of salary and superannuation was \$73,082

### 15 Liability of members

The Company is a company limited by guarantee to the extent of \$10 per member. As such the Company is not permitted to distribute dividends amongst its members. At 30 June 2022 the total of these guarantees amount to \$86,510 (2022 \$84,080). On 30 June 2023 there were 8,651 members (2022:8,408)

### 16 Events occurring after the reporting period

No matter or circumstance has arisen since the end of the financial year.

## Dietitians Association of Australia

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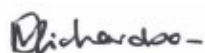
Financial Report – Year Ended 30 June 2023

### Directors' declaration

In the directors' opinion:

- (a) the financial statements and notes set out on pages 10 to 25 are in accordance with the *Corporations Act 2001*, including:
  - (i) complying with Accounting Standards – Simplified Disclosures, the *Corporations Regulations 2001* and other mandatory professional reporting requirements, and
  - (ii) giving a true and fair view of the entity's financial position as at 30 June 2023 and of its performance for the year ended 30 June 2023, and
- (b) there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of directors.



Margot Richardson  
Director of Finance

Place: Barrine, QLD

Dated: 6 November 2023

INDEPENDENT AUDITOR'S REPORT  
TO THE MEMBERS OF  
DIETITIANS ASSOCIATION OF AUSTRALIA  
ABN: 34 008 521 480

**Opinion**

We have audited the financial report of Dietitians Association of Australia ("the Company") which comprises the statement of financial position as at 30 June 2023 the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year ended 30 June 2023, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001*, including:

- a) giving a true and fair view of the Company's financial position as at 30 June 2023 and of its financial performance for the year ended 30 June 2023; and
- b) complying with Australian Accounting Standards – Simplified Disclosures and the *Corporations Regulations 2001*.

**Basis for Opinion**

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's Report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Responsibilities of the Directors for the Financial Report**

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards –Simplified Disclosures and the *Corporations Act 2001* and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the ability of the Company to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

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### **Auditor's Responsibilities for the Audit of the Financial Report**

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit.

We identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

We obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.

We evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

We conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.

We evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

**PKF Canberra**



**Anthony J Bandle FCA**  
**Partner**  
**Canberra**  
**Dated: 6 November 2023**

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Dietitians  
Australia