

# Get involved: Invest in health, empower dietitians, enrich lives

**Let's collaborate for impactful change and build a health system where Accredited Practising Dietitians are appropriately recognised and working to their full scope of practice.**

Dietitians need to be fully integrated into decision-making, planning and implementation from the highest advisory levels in government through to policy development, program design, to on-the-ground implementation.

You can play a critical role in dismantling the barriers that prevents dietitians working to their full scope of practice by taking strategic action in advocacy, professional development, and public engagement.

## About Dietitians Australia

Dietitians Australia is the peak body for nutrition and dietetic professionals, representing more than 9000 members in Australia and overseas.

As the leading voice in nutrition and dietetics, our mission is to champion the professional nutrition and dietetic workforce to empower people and communities.


The leading voice in nutrition and dietetics

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## Here's how health professionals, decision-makers and nutrition allies can take action and help drive lasting change

While not every action is universal, each group plays a unique role in advancing progress. Get involved by:



actively **participating in Dietitians Australia advocacy campaigns** and **pushing for legislative reforms** such as the recommendations of the Unleashing the Potential of the Health Workforce – Scope of Practice Review (2024)



**engaging with policymakers and decision-makers** to highlight the benefits of full scope of practice and multidisciplinary care



**contributing to submissions and consultations on healthcare policy** to ensure dietitians' voices are heard



**advocating for increased patient access to government-funded services**, including Medicare and the **National Disability Insurance Scheme (NDIS)**, to improve affordability and accessibility for dietetic services



**sharing case studies and success stories** that showcase how dietitians in primary care, hospitals and community settings improve patient outcomes when operating at full scope



**pursuing advanced education, training and certification** to align with emerging healthcare needs



**supporting interdisciplinary learning** to showcase dietitians' role in holistic healthcare approaches



**building public awareness and community engagement** about dietitians' expertise beyond traditional nutrition roles



**contributing to research projects** that provide evidence for expanding the scope of practice and present findings at **industry events and conferences** to strengthen credibility and influence policy discussions



**engaging in leadership roles** or other activities within Dietitians Australia to support strategic directions and policy advocacy.

**By collectively advocating, educating and demonstrating impact, we can advance the essential reforms needed to achieve full scope of practice.**