



# Dietitians Week

16-22 June 2025

## Your health, our mission: Talk to a dietitian

nutrition advice for every life stage  
– from prenatal to older adults

how to manage blood pressure, cholesterol, and gut conditions

energy and performance with expert sports nutrition

relief for IBS and other digestive symptoms

help with malnutrition, food allergies and intolerances

management of chronic diseases like diabetes, heart disease, and more

support for eating disorders, mental health, and weight concerns

 **find a dietitian near you**



Visit [dietitiansaustralia.org.au](https://dietitiansaustralia.org.au)

◀◀ or scan the QR code

Major sponsor: Cliniko

