

The Pathway to Planetary Health *in practice*



1

Acknowledgement of Country



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Today

- Discuss the Pathway to Planetary Health and all 6 Planetary Health Dimensions - including an example from practice and an application activity
- By the end of this session, your confidence to undertake positive pro-environmental change will improve.

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Why are we here?

- We are in a global environmental crisis, including climate change.
- The International Panel of Climate Change says it is our 'final warning'
- It will take the combined actions of all 8 billion people, to ensure that a child born today is not defined by a changing climate.

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What is Planetary Health?

Planetary health is the well-being of both the Earth and all the life it supports, including humans.

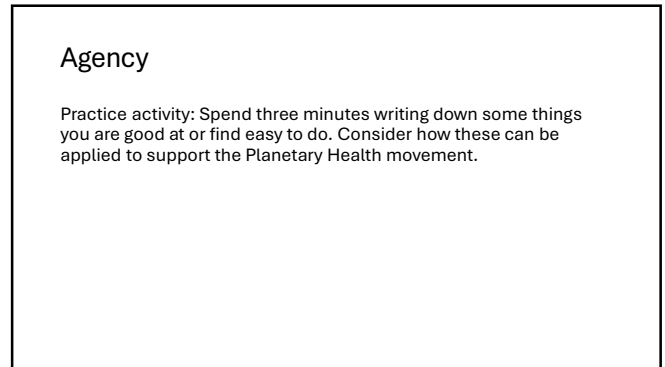
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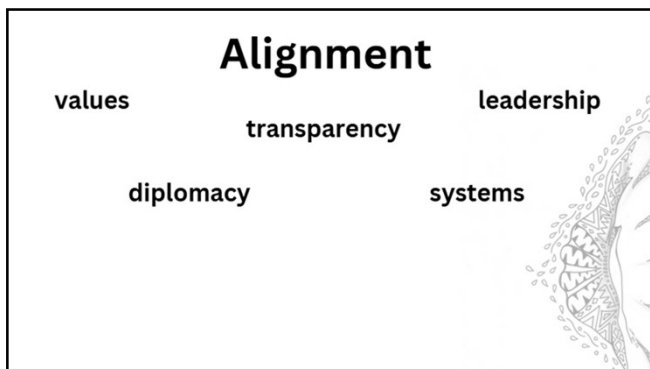
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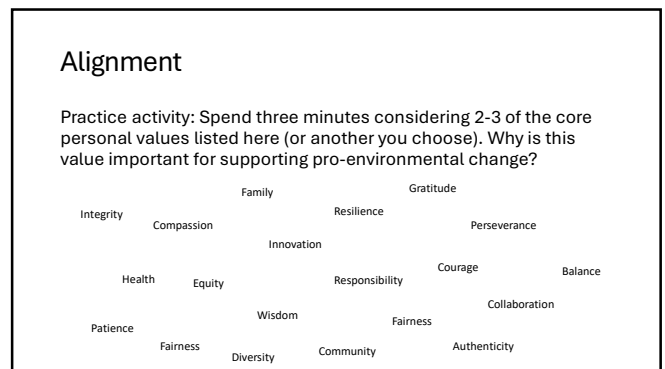
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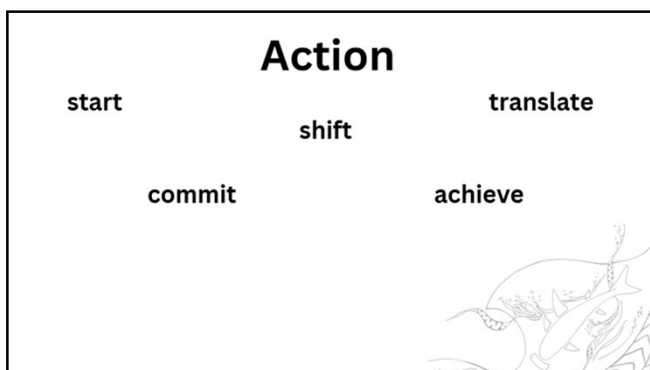
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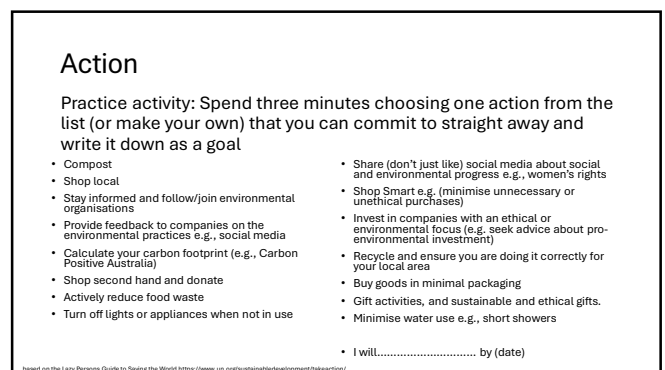
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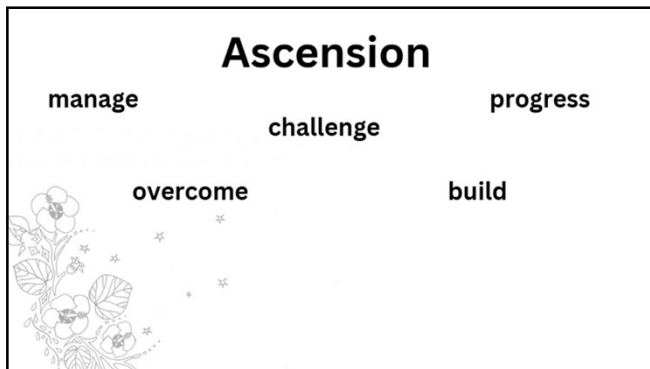
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Ascension

Practice Activity: Spend three minutes considering a problem you have overcome which seemed major at the time. Consider two essential factors or strategies that helped you overcome it.

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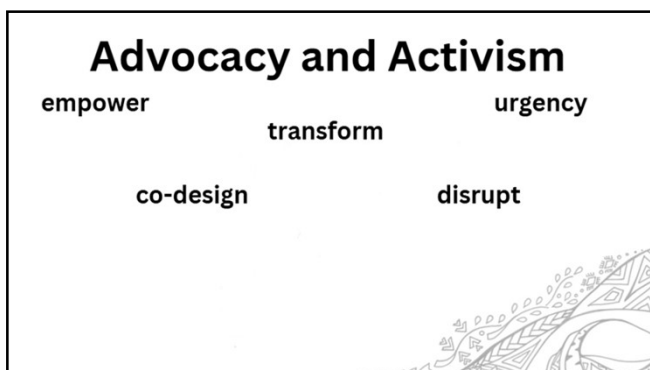


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Alliance and Allyship

Practice activity: Spend three minutes (each) telling a story to your peer on something that has impacted you relating to planetary health, environmental sustainability or climate change. It may have been something you have seen or have been told and it may be positive or negative.

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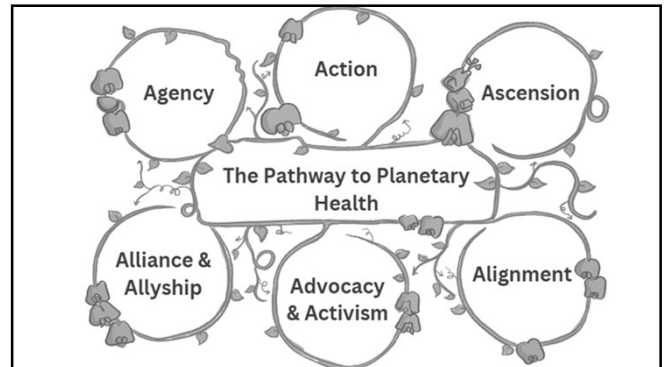
Advocacy and Activism

Practice activity: Spend three minutes writing some feedback in your phone or computer to a business about an environmental problem with their product or process.

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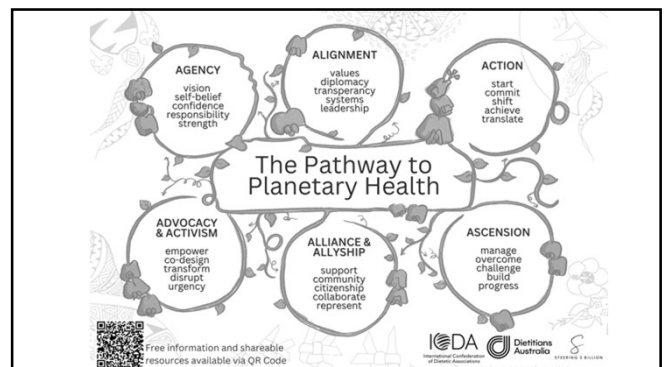
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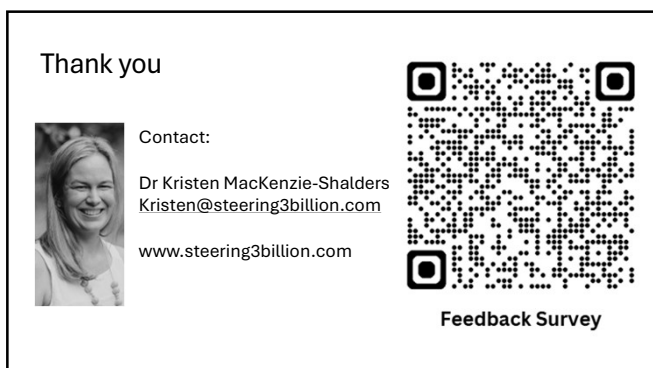
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