

## Annual Report 2024–2025



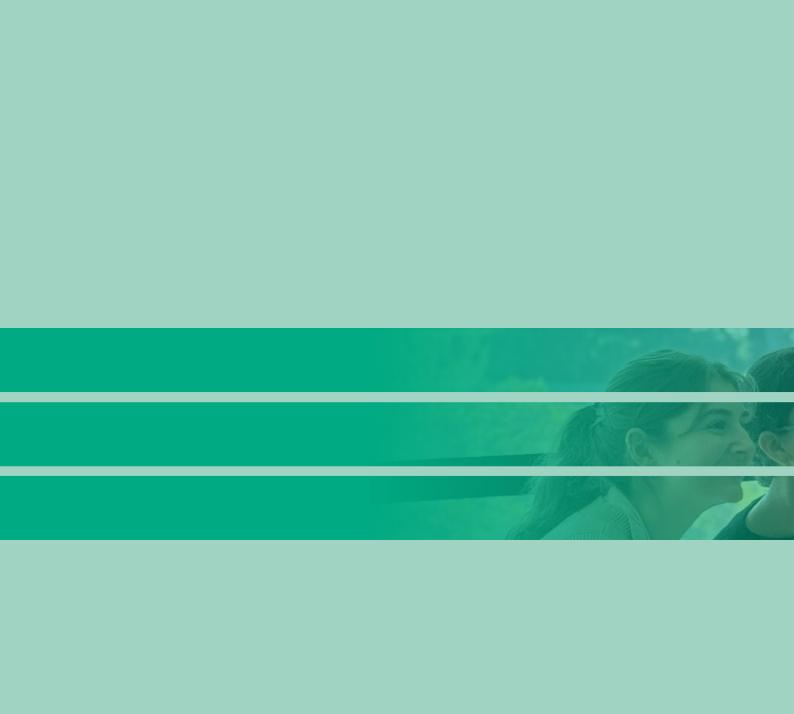
**Acknowledgement of Country** 

Dietitians Australia acknowledges all traditional custodians of the lands, waters and seas that we work and live on across Australia. We pay our respect to Elders past, present and future and thank them for their continuing custodianship.

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## Section 1 -Dietitians Australia





# Dietitians Australia essentials

#### Our purpose

Dietitians Australia is the peak industry body for dietetic and nutrition professionals, representing more than 9000 members in Australia and overseas.

#### **Our vision**

To be the leading voice in nutrition and dietetics.

#### **Our mission**

To champion the professional nutrition and dietetic workforce to empower people and communities.

## Our foundational roles and responsibilities

- Promoting and supporting our members and the work they do
- Protecting the regulatory functions for nutrition and dietetic professionals
- Assuring organisational and financial viability and sustainability

#### **Our values**

In 2024–25 we embarked on a journey to refresh our values, ensuring they reflect who we are, what we stand for and where we're headed. Through deep consultation, we've defined a set of values that guide every decision, campaign and connection.

#### **Our 5 values**

#### Lead with purpose

We passionately support our profession to be seen as leaders in nutrition, dietetics and health. We advocate for our members to be recognised as experts.

#### Be bold

We have the courage to embrace opportunities. We show resilience and adaptability in a changing environment. We explore innovative ideas with creativity, curiosity and positive energy.

#### Commitment to excellence

We strive for excellence in everything that we do and how we do it. We adopt a growth mindset, continuously learning and improving.

#### Act with integrity

We are authentic and act consistently to gain the confidence and trust of everyone.

#### Collaborate for impact

We harness a collaborative spirit to embrace and respect diverse perspectives as we create a community of impact.

## 2024-25 highlights



#### Membership

**9183** members – an increase of 3.2%

**120** enquiries per week received by the Member Care team



#### Centre for Advanced Learning (CAL) and Education Centre

2 one-day summits

16 available courses

**1036** course registrations



#### **Events**

49 Dietitians Australia events

**3952** event registrations

**17** Branch networking events

**6** Interest Group and Branch continuing professional development (CPD) events

21 free CPD events

13 Friends of Nutrition events



#### **Advocacy and Policy**

**20** submissions on priority advocacy issues

**72** meetings with Members of Parliament, ministers and senators

**39** meetings with non-government stakeholders



#### **Regulatory Services**

Total Accredited Practising Dietitians (APDs) credentialed: **7474** 

Total Advanced Accredited Practising Dietitians (AdvAPDs) credentialed: **180** 

Audited APDs: 376

Alternate pathway assessments: 120

Total complaints investigated: 19

Complaint panel meetings: 3

Accredited programs maintained: 21

Major accreditation reviews completed: 4

Major accreditation reviews underway: 2

Accreditation annual reports reviewed: 13

Dietetic Skills Recognition (DSR) eligibility assessments conducted: **89** 

DSR multiple-choice questions exams conducted: **120** 

conducted: 120

DSR oral exams conducted: 64

Skills migration assessments completed: **54** 

Mutual recognition assessments completed: **14** 





#### **Communities**

8 state and territory branches38 Interest Groups



#### Marketing

23,963 LinkedIn followers

23,246 Instagram followers

31,799 Facebook followers

239 Bluesky followers

**13,618** X followers (account no longer actively maintained)



## Public website user statistics 2024–25

**521,584** visitors **1,048,805** page views



## Member portal user statistics 2024–25

**193,076** total users

**422,125** sessions

**1,704,936** page views

**8.83** average page views per session

2 minutes and 48 seconds average session duration



#### **Awards**

20 Fellow honours
13 awards



#### Media

**2900** mentions of Dietitians Australia in online and print media (up 188%)

**347** mentions of Dietitians Australia in broadcast media (up 19%)

**798** mentions of 'Accredited Practising Dietitian' in online and print media (up 163%)

**289** mentions of 'Accredited Practising Dietitian' in broadcast media (down 56%)

**8560** total mentions of 'dietitians'\* (all spellings) in online and print media (up 251%)

\* Data based on Australian media monitoring only.



## President's report



Dr Fiona Willer AdvAPD President

This year has marked my first as President of Dietitians Australia, and it has been both a privilege and a deeply personal milestone.

Taking on this role has meant building on the strong foundations laid by my predecessor, Tara Diversi, whose leadership until November ensured that our organisation entered 2024 with confidence and momentum. Stepping into the presidency, I have been struck by the passion, expertise and vision that define our profession. Representing such a dedicated community is humbling and has reinforced my commitment to advancing modern dietetics, ensuring that dietitians are recognised as essential leaders in health and wellbeing across Australia.

The past 12 months have been a time of significant achievement for Dietitians Australia, reflecting our capacity to shape policy and practice at the highest levels. Through sustained advocacy, we have secured long-awaited wins for the profession and, most importantly, for the communities we serve. Our success in embedding Accredited Practising Dietitians into the new Aged Care Quality Standards is transformative, ensuring that nutrition becomes a cornerstone of aged care reform. New requirements for providers to engage dietitians in menu design and mealtime assessments will directly improve the lives of older Australians, delivering on our long-held vision of nutrition as central to dignity in care.

Equally, the expansion of Medicare items demonstrates strong recognition of our role in multidisciplinary care. This reform broadens access to dietetic services, enabling more Australians to benefit from evidence-based nutrition care while strengthening the role of dietitians within primary care and chronic disease management. Our advocacy has also been pivotal in shaping broader regulatory reform. The Australian Competition and Consumer Commission's decision to deny reauthorisation of the infant formula marketing agreement, to which we strongly contributed, opens the door to a more robust national approach that safeguards the rights of families and promotes informed, ethical practice. These outcomes reflect the increasing impact of Dietitians Australia as the trusted voice of our profession.

This year has also been defined by our influence in national health reform conversations. We have taken an active role in landmark consultations that will shape the future of Australia's health system, ensuring that dietitians are visible, valued and heard. From strengthening our advocacy for title protection and full-scope recognition of Accredited Practising Dietitians, to contributing to

the development of a National Allied Health Workforce Strategy, our voice has been integral to discussions about access, quality and sustainability. We have also pressed for improved dietetic care in diabetes management, championed the nutrition rights of people with disability, and highlighted gaps in early childhood education and care. Our advocacy for dietitian-led oversight of weight management medications has underscored our responsibility to protect public health in an evolving care landscape. Together, these initiatives have positioned dietitians not just as contributors, but as leaders, in system-wide reforms.

None of this work would be possible without the dedication of our staff, members and community. I want to thank the Board for their energy and stewardship over the past year, with particular gratitude to Tara for her leadership. I warmly welcome the incoming Board for 2025, whose fresh perspectives are guiding us into our next chapter. I also acknowledge Dr Nadine White, in the role of Chair, strengthening our governance and providing invaluable support to our collective mission. Most importantly, I extend my sincere thanks to every member of Dietitians Australia. Your contributions in research, practice, advocacy and education are what make our profession strong and ensure that our voice carries substance in national conversations.

Looking forward, I am energised by the opportunities before us. Later this year we will launch our new Strategic Plan, which will set a bold direction for the years ahead. At its heart is a vision to enable dietitians in their work, empower the profession as a collective, and elevate dietetics within health systems and society at large. By embedding nutrition in the structures that shape health, whether in aged care, disability services, education, or chronic disease management, we will continue to expand the influence and impact of our profession. My vision for Dietitians Australia is one where dietitians are indispensable in every conversation about health and wellbeing, and where nutrition is understood not as optional, but as fundamental to human dignity and flourishing.

## Finance report



Scott Dorries
Board Director and
Chair of Finance, Risk
and Audit Committee

# Included in this annual report are the audited financial statements for Dietitians Australia for the 12-month period from 1 July 2024 to 30 June 2025.

The financial reports and procedures have been audited by Dietitians Australia's external registered auditor PKF Canberra, Chartered Accountants, and their report is included in the financial reports. The auditor has found the organisation's procedures and reporting met all compliance requirements and provides members with a comprehensive and accurate view of its financial performance and position. The auditor has given a detailed brief to both the Finance, Risk and Audit Committee and the Board.

In summary, total income for Dietitians Australia was \$6,959,405 total expenses were \$6,727,352 which resulted in a surplus of \$232,053.

#### **Income**

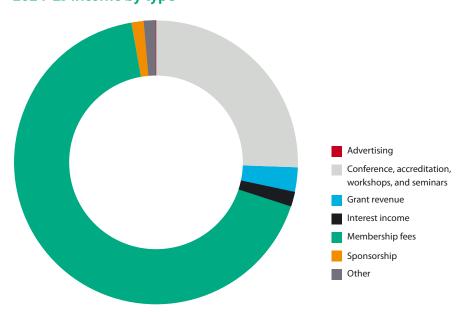
A comparison of income for the previous 2 financial years is presented in Table 1 below. The comparison of income for the past two financial years shows growth primarily in the membership fees, interest income, and conference/events income and accreditation income categories.

Table 1 - Income Comparison for the previous 2 financial years

Income	Year ending 30 June 2025	Year ending 30 June 2024	\$ Change	% Change	% of Total
Advertising	\$5,934	\$7,708	(\$1,774)	(23%)	0%
Conference, accreditation, workshop & seminar	\$1,787,172	\$1,642,135	\$145,038	9%	26%
Grant revenue	\$183,198	\$177,853	\$5,345	3%	3%
Interest income	\$114,713	\$105,241	\$9,472	9%	2%
Membership fees	\$4,691,955	\$4,667,009	\$24,946	1%	67%
Sponsorship	\$96,676	\$100,178	(\$3,502)	(3%)	1%
Other	\$79,757	\$86,421	(\$6,664)	(8%)	1%
Total	\$6,959,405	\$6,786,545	\$172,860	3%	

A graph of the 2024–25 income figures is presented below:

2024-25 Income by type



#### **Expenditure**

A comparison of expenditure for the previous 2 financial years is presented in Table 2 below.

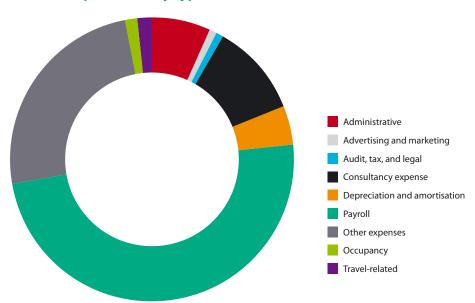
The main variances are observed in **advertising and marketing**, **audit**, **tax and legal expenses**, **consultancy expenses**, and **travel-related expenses**.

Table 2 - Expenditure comparison for the previous 2 financial years

	•				
	Year ending 30 June 2025	Year ending 30 June 2024	\$ Change	% Change	% of Total
Administrative	\$450,941	\$514,201	(63,260)	(12%)	7%
Advertising and marketing	\$72,131	\$49,226	22,906	47%	1%
Audit, tax and legal	\$43,315	\$78,792	(35,477)	(45%)	1%
Consultancy expense	\$710,214	\$399,244	310,969	78%	11%
Depreciation & amortisation	\$293,690	\$314,256	(20,565)	(7%)	5%
Payroll	\$3,296,282	\$3,195,238	(101,044)	(3%)	49%
Other expenses	\$1,659,970	\$1,848,608	(188,638)	(10%)	26%
Occupancy	\$89,841	\$88,745	1,096	1%	1%
Travel related	\$110,969	\$139,620	(28,651)	(21%)	2%
Total	\$6,727,352	\$6,627,929	99,423	(2%)	

A graph of the 2024–25 expenditure figures is presented below:

#### 2024-25 Expenditure by type



The Finance, Risk and Audit Committee has continued its work in monitoring operational results and compliance activities, including risk.

The results of the 2024–25 financial year and the surplus generated, is the result of balanced income generation activity and responsible expenditure management.

For the 2025–26 financial year, Dietitians Australia plans to expand its focus to include income generation and diversification strategies.

Scott Dorries FCPA, GAICD, FGIA Board Director & Chair of Finance, Risk and Audit Committee

# Message from our CEO



Magriet Raxworthy

As I reflect on my first full year as the Chief Executive Officer of Dietitians Australia, the words of Barack Obama come to mind: 'change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change we seek'.

In the 2024-25 year, we have embarked on a journey of transformation and change. To remain relevant as an association and as a profession, we must continue to transform, evolve and build resilience for a successful future. I'm grateful for the trust the Board has instilled in me as CEO to catalyse and lead the transformation and growth of Dietitians Australia. It's been a year of robust reflection and review. Marked by grit and determination, we've set the organisation and its membership on a path of dynamic change to embrace a future full of promise.

As CEO, I am continually inspired at every opportunity I am afforded, to speak with you, meet with you, and hear your individual challenges and triumphs. I am continuously invigorated by the strength, determination and passion of this profession, and your stories illuminate the incredible impact dietitians are making every day. It is vital that dietitians are recognised, valued, supported and empowered to continue shaping the health of Australians. Beyond my experiences in Australia, I've drawn inspiration from my attendance at the ICND 2024 in Toronto, Canada, engagements with the ICDA Board and representatives and the regular meetings with CEOs of the British Dietetic Association and Dietitians of Canada.

One of the achievements I am most proud of in 2024-25 has been the refresh of Dietitians Australia values. The values we have carefully constructed and curated are: lead with purpose, be bold, commitment to excellence, act with integrity, and collaborate for impact. These values are now embedded in how we work and guide the choices we make each day. They have guided our advocacy on systemic health reform, informed the way we deliver professional development, and anchored our regulatory and credentialling functions. They have also inspired bold conversations on issues of major public interest including weight concern and nutrition neglect in early childhood, where it was critical for dietitians to lead with evidence and courage. More and more, our values are shaping a culture where staff and members challenge the status quo and work side by side to create meaningful impact for the profession and the communities we serve.

As a team this year we have worked to refine and consolidate some of the foundational systems and structures that enable us to continue to deliver impactful work for our members and growth for Dietitians Australia. We undertook a comprehensive review of our membership categories to ensure they align with your career pathways and create a platform for greater inclusivity. We've streamlined administrative processes, introduced efficiencies and reduced operational costs, ensuring that we remain financially responsible and sustainable. These may not always be the most visible achievements, but they are the building blocks of a modern association committed to being future-focused, resilient, and responsive to our members.

We also invested in the growth of the dietetic profession. Initiatives like the new Leading Voices Network are equipping members to step into media and policy debates, ensuring dietitians are front and centre in public discussions on nutrition. Our refreshed CPD model, informed by member feedback, is now focused on delivering more relevant and accessible learning opportunities with the option to growth and evolve over time. And our 2024 National Conference in Brisbane, opened by the Minister for Health and Aged Care, brought together over 550 delegates under the theme Breaking Barriers, a fitting reminder of the profession's courage, creativity, and influence.

Our regulatory framework is the bedrock of the quality assurance associated with the Accredited Practising Dietitian credential. Based on the direction and guidance of the Dietitian and Nutritionist Regulatory Council, our regulatory service team advanced key initiatives to strengthen professional standards, including introducing new and improved accreditation processes for university programs, a review of the provisional APD credential, and an overhaul of Dietetic Skills Recognition processes.

Dietitians Australia also very importantly participated actively in the National Regulatory and Accreditation Standards (NRAS) Complexity Review to advocate for title protection for APDs, and an improved regulatory framework for our profession. As of June 2025, 7474 dietitians hold the APD credential and we have over 9000 members. It is our mission to ensure that APDs are valued, recognised and effectively utilised within systems in Australia.

The Nutrition & Dietetics journal achieved its highest-ever impact factor, rising to 3.2, underscoring the global strength of Australian dietetic research and the terrific skills of our Editorial Board. And our work in disability and digital learning earned national and international recognition, further showcasing the excellence our committed team generates here at Dietitians Australia.

The strength of our association lies not only in the initiatives we deliver but in you, our members. This year we hosted and you attended 49 events, including 17 branch networking events and 21 free CPD opportunities, creating spaces for members to learn, connect and collaborate both in person and online. Dietitians Week, under the theme 'Your health, our mission: Talk to a dietitian', was informed by the Scope of Practice Review and provided a very clear overview of the range of ways dietitians can be better utilised across the spectrum of our healthcare system. We know dietitians can do more, and we must enable you to do so.

The team at Dietitians Australia work tirelessly to enable the best possible outcomes and opportunities for our members. I'd like to thank the staff for their ongoing commitment and resilience; they inspire me every day.

I extend my sincere gratitude to each member who has contributed across the spectrum of opportunities and engagements we have achieved in this year. To our Reconciliation Action Plan Working Group, our Branch and Interest Group Leadership Committees, our external representatives and those who have put their hand up or offered support to a range of our initiatives, a huge thank you.

To the Board, outgoing President Tara Diversi, incoming President and former Vice-President Dr Fiona Willer, our new Chair Dr Nadine White and Vice-President Professor Lauren Ball, your strategic guidance, leadership, and vehement passion and determination for dietetic advancement is an invaluable asset to me and Dietitians Australia.

We are humbled to have recognised a new cohort of members into the Fellows of Dietitians Australia (FDA) program, and also extend our congratulations to all our award recipients and members who reached the Advanced Accredited Practising Dietitian milestone this year. A special note of congratulations to our 2 new life members, Professor Judi Porter FDA and Professor Lauren Williams FDA.

I am proud of the progress we have made to strengthen Dietitians Australia and connect, invigorate, and engage the dietetic profession. But I am equally aware of the challenges ahead. Workforce shortages, the spread of nutrition misinformation, competing voices of opportunistic nutrition care providers, and barriers to accessing dietetic care all remain pressing issues. Addressing them will require bold ideas, collaborative partnerships, and the continued leadership of dietitians. It is an honour to lead such a dedicated team and to work alongside such an inspiring profession. Dietitians must be recognised and supported as integral to solving Australia's biggest health challenges, and we are proud to be working with you all to achieve this.

The environment in which we live and work today is tougher than ever before, however I do know nothing is ever impossible and that shaping a strong dietetic community will enable us to succeed despite the challenges. The future is ours to claim and it will be what we make of it.

# Board of Directors



**Dr Fiona Willer AdvAPD**President from
November 2024
Director – term commenced
November 2019



**Tara Diversi APD**President to
November 2024
Director – term ended
November 2024



**Dr Nadine White** Chair from December 2024 Director – term commenced November 2023



Professor Lauren Ball AdvAPD FDA Vice-President from November 2024 Director – term commenced November 2021



Mark Booth Director – term commenced November 2023



**Lina Breik APD**Director – term commenced
November 2024



Associate Professor Janeane Dart APD Director – term commenced November 2024



Scott Dorries
Director – term commenced
November 2023



**Suzanne Kennewell APD** Director – term commenced November 2023

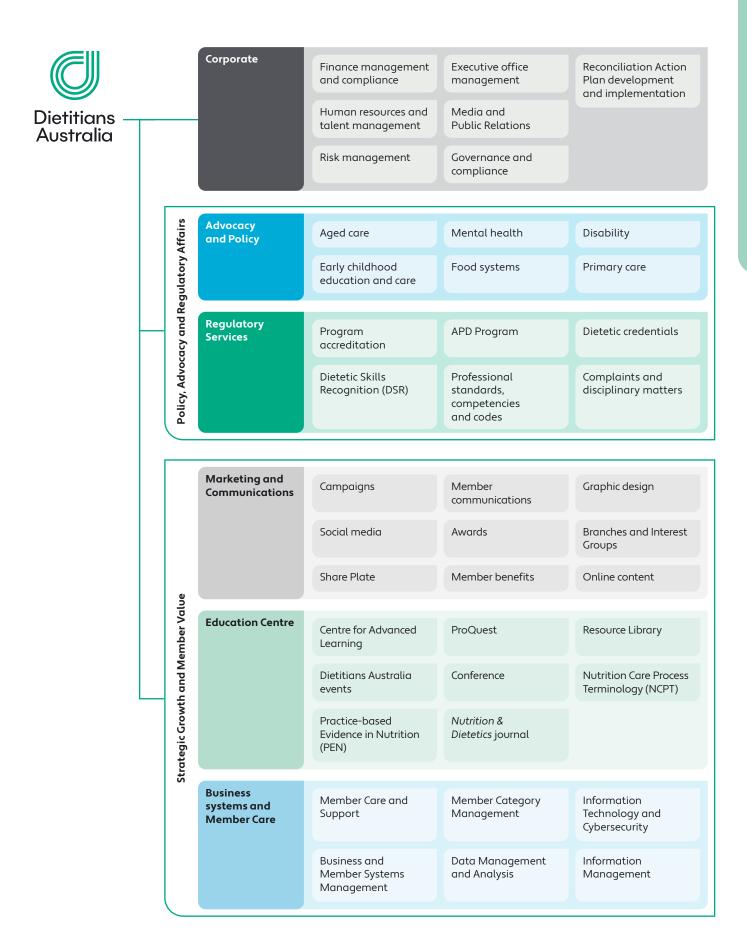


**Simone Austin APD**Director – term ended
November 2024



**Sean Johnson** Company Secretary from May 2024

## **Our organisation**



# Senior management team



Magriet Raxworthy
Chief Executive Officer



**Tham Vo**Executive Director – Policy,
Advocacy and Regulatory
Affairs from March 2025



**Dilani Abeysuriya** Finance Manager



**Sonia Middleton AdvAPD** Regulatory Services Manager



**Amy Phillips** Media Manager



**Julia Schindlmayr APD**Advocacy and Policy
Manager from
September 2024



**Kylie Simmonds** Marketing and Member Engagement Manager to April 2025



**Michelle Topham** Education Centre Manager from January 2025



**Rebecca Mete APD** Education Centre General Manager to October 2024

# Section 2 – Corporate



The Corporate portfolio is responsible for overseeing the core operations of Dietitians Australia. This includes key areas such as finance, procurement, human resources, office management, governance and compliance as well as media and public relations.

Beyond operational systems and compliance, the team offers guidance, training, and assistance to managers, the CEO, executive office and the Board of Directors. The respective teams collaborate closely with other portfolios to share information, support their initiatives, enable Reconciliation Action Plan (RAP) integration, and deliver exceptional services and experiences to our members.

# 2024-25 financial year highlights

Designed and implemented a 24-month rolling forecast model to strengthen financial planning and forecasting capabilities.

Completed a review of the membership categories to move towards alignment with members' career paths.

Introduced online nomination process for the Fellows Award.

Implemented online nomination form and data management tools for the Leading Voices Network.

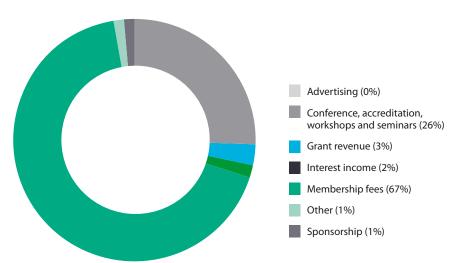
Implemented Aboriginal and Torres Strait Islander abstracts review protocol for all Dietitians Australia events.

### **Year in review**

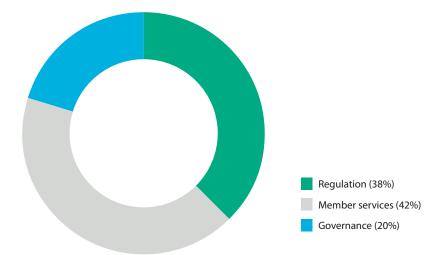
This year we continued to build on the developments of recent years to support improved customer service to members, the public and staff.

We have supported portfolios across the organisation to implement technological solutions that enable workplace efficiencies and support our members. We've continued to streamline our administrative processes and implement changes to reduce operational costs.

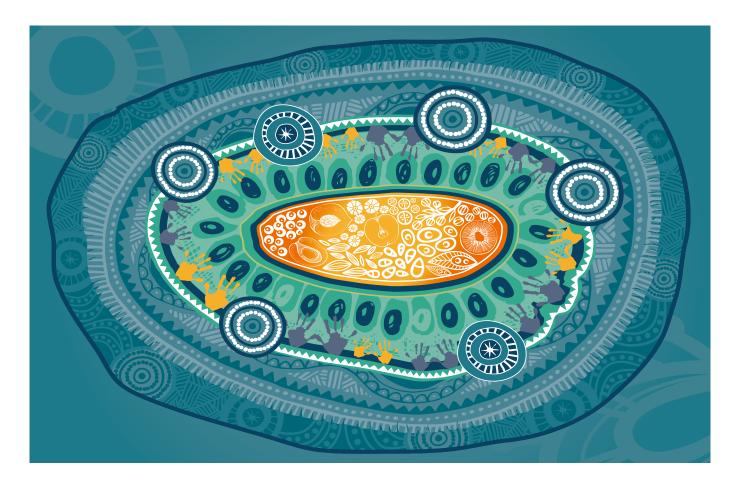
#### Income by source



#### Expenditure by service area



# Reconciliation Action Plan update



Our vision for reconciliation is for an equitable society where Aboriginal and Torres Strait Islander peoples enjoy the same access to nourishing foods and equal health outcomes as the wider Australian community.

We envision an Australia that recognises, mourns and celebrates the shared history of the land now called Australia, where Aboriginal and Torres Strait Islander peoples and non-Indigenous Australian communities have equal rights and opportunities for thriving and healthy lives.

During the fiscal year 2024–25, our Reconciliation Action Plan (RAP) Working Group was restored to its full complement of 12 members (10 volunteers and 2 staff), 3 of whom are Aboriginal or Torres Strait Islander people. We've elected 2 new co-chairs for the working group and they've established a firm foundation for the group to operate effectively.

It's been a year of planning and strategising, and we're excited about the next chapter of the reconciliation journey for Dietitians Australia.

#### Highlights for 2024-25

#### **RAP** governance

 The RAP Champion role moved from the Advocacy and Policy team to the Corporate portfolio in 2024 to strengthen organisational influence and embed RAP responsibilities at a strategic level.

#### Reporting

 Ongoing reporting ensures a strong connection between the RAP Working Group and the Board.

#### **Conference initiatives**

- We implemented an Aboriginal and Torres Strait Islander abstracts review protocol for the Dietitians Australia 2024 Conference (now a standard for all Dietitians Australia events).
- RAP Working Group members Kelly Stephenson
   APD and Dr Louise Van Herwerden APD presented
   the workshop 'Advancing reconcilitation action and
   culturally responsive dietetic practice', which provided
   delegates with opportunities to develop emerging skills
   in culturally responsive dietetic practice.

#### Membership and leadership

- We recruited 5 new members in late 2024, reaching full capacity.
- New co-chairs appointed: The 2-year terms for co-chairs Natalie Gray APD and Professor Judith Myers APD ended in November 2024. The following month, Dr Louise Van Herwerden APD and Natalie Richards APD were appointed as the new co-chairs.

#### **National Reconciliation Week 2025**

- For the first time, Dietitians Australia undertook activity during National Reconciliation Week. This involved hosting our first National Reconciliation Week webinar where RAP Working Group members Dr Julia McCartan APD and Emily Williams APD unpacked the concept of critical allyship. This webinar had 149 registrations.
- We shared video vignettes across Dietitians
   Australia's social media platforms, featuring
   Richards and McCartan promoting allyship and
   reconciliation actions.

#### **Professional standards**

- A RAP Working Group member has been contributing to the Dietitian and Nutritionist Regulatory Council's code of conduct review to ensure cultural safety and responsive practices are embedded further into the code for the profession.
- Cultural safety resources: We engaged a First Nations consultant to develop resources and redevelop a cultural safety quiz for overseas dietitians coming to work in Australia.

#### Year in review

The 2024–25 fiscal year saw Dietitians Australia build on the momentum of the RAP Working Group and advance our reconciliation journey, following a period of organisational change in 2023–24. The RAP Working Group provided continuity and maintained focus on the key reconciliation priorities outlined in the 2022–24 Innovate RAP.

#### NAIDOC Week 2024

From 7 to 14 July 2024, our Education Centre hosted 2 webinars:

- 'Native foods in modern context' presented by Luke Williams, a proud Gumbaynggirr man. The session explored the risks and benefits of traditional foods in modern markets. Attendees gained insights into nutritional and functional benefits, dietary safety and ethical sourcing considerations.
- 'Community-led advocacy to achieve remote food security' – presented by Ellie Chan and Emma Stubbs APD. This webinar highlighted key food security challenges in remote Aboriginal and Torres Strait Islander communities and the importance of co-designed, community-centred approaches to research, practice and policy.

A third webinar, initially postponed due to Sorry Business, was delivered in March 2025:

 Presented by Amy Calvert APD and Dana MacRaild APD, this session showcased a new food service model for accommodation services, including residential menu considerations for Aboriginal and Torres Strait Islander people and feedback from First Nations customers.

#### **RAP Impact Measurement Survey**

As part of our reporting obligations to Reconciliation Australia, Dietitians Australia completes an annual RAP Impact Measurement Questionnaire by 30 September each year. The survey assesses progress across key areas:

- organisation
- RAP development
- implementation
- relationships
- respect
- opportunities
- · governance.

Dietitians Australia submitted the 2024 survey on 18 September, ensuring timely compliance and continued accountability in advancing our reconciliation commitments.

#### **Recruitment of RAP Working Group members**

In 2024, the RAP Working Group was comprised of 8 members, with vacancies for 1 student member and 4 full members.

To attract applicants, we distributed a recruitment flyer in the Dietitians Australia 2024 Conference satchels. The flyer featured QR codes linking to the Dietitians Australia Reconciliation Hub and the expression of interest (EOI) form. In addition, the EOI was promoted several times through member email communications.

This campaign generated 16 applications (4 students and 12 full members). Candidates were shortlisted using a decision matrix with the terms of reference, ensuring diversity across practice areas, research and education.

In December 2024, 5 new members joined the RAP Working Group:

- Kerryn Hornby APD Tasmanian Aboriginal Centre
- Natalie Richards APD Manager Diabetes and Endocrine, NSW Health
- Emily Williams APD Lecturer, Nutrition and Dietetics, Griffith University
- Julia McCartan APD Senior Lecturer and Research Fellow, Monash University
- Amelia McKenzie (student member) Bachelor of Nutrition and Dietetics, Flinders University.

#### Third Innovate Cycle RAP Development

In November 2024, Dietitians Australia, in collaboration with the RAP Working Group, began developing the 2025–2027 Innovate RAP, following its registration with Reconciliation Australia. Both the leadership team and RAP Working Group contributed feedback throughout the drafting process.

On 11 June 2025, the final Innovate RAP was submitted to Reconciliation Australia for approval and endorsement.

### 'Intersection between First Nations communities, health and disability' webinar

In February 2025, Dietitians Australia hosted Damian Griffis, CEO of First Peoples Disability Network, for a webinar exploring the intersection of health, disability and First Nations communities. This session provided valuable insights into the barriers faced by Aboriginal and Torres Strait Islander people with disability.

### Reporting obligations for Reconciliation Australia

At the end of February 2025, Dietitians Australia submitted its second annual traffic light report for the 2022–2024 Innovate RAP, outlining the status of all deliverables and demonstrating accountability in progressing our reconciliation commitments.

#### Close the Gap Day 2025

On 20 March 2025, Dietitians Australia supported Close the Gap Day through social media campaigns across LinkedIn, Facebook, Instagram, Bluesky and X. A key feature was a collaborative quote developed by RAP Working Group Co-chairs Dr Louise Van Herwerden APD and Natalie Richards APD, in consultation with Kelly Stephenson APD.

#### **Communities of Practice**

In May 2025, a Communities of Practice meeting was held with the Indigenous Nutrition Interest Group, RAP Working Group members and the leadership team. Discussions focused on collaborating for impact and exploring grant opportunities for research. The expansion of Communities of Practice presents opportunities for co-designing research initiatives that strengthen Indigenous health outcomes.

#### **National Reconciliation Week 2025**

From 27 May to 3 June 2025 Dietitians Australia marked National Reconciliation Week with:

- a social media campaign featuring video messages from RAP Co-chair Natalie Richards APD and member Dr Julie McCartan APD on allyship and building respectful partnerships with Aboriginal communities
- our first National Reconciliation Week webinar
   on 27 May, RAP Working Group members
   DR Julie McCartan APD and Emily Williams APD delivered a session on critical allyship, offering practical steps for dietitians to advocate for Indigenous health equity.





## Section 3 – Advocacy and Policy



# The Advocacy and Policy team champions the vision of Dietitians Australia as the leading voice in nutrition and dietetics.

We purposefully influence key decision-makers by developing robust relationships and providing a credible, transparent and independent rationale for improved health care, an improved food system and a healthy diet for all Australians.

Our government relations plan provides a bold framework for political advocacy. We engage with government to build brand recognition, build long-term trusted political influence, and achieve tangible outcomes.

Involvement of and collaboration with the Dietitians Australia Board and members ensures our messages are clear, evidence-based and relevant to decision-makers.

We have a strong commitment to the areas of primary care, disability, aged care, early childhood education and care, mental health and healthy and sustainable food systems.

# 2024–25 financial year highlights

Hosted a Parliamentary Friends of Nutrition Group event with a theme centred on chronic disease management.

Delivered 8 webinars to upskill dietitians to work effectively with people with disability and in residential aged care.

Officially launched Dietitians Australia's 2025 federal election priorities to improve the health and wellbeing of all Australians.

Actively participated in 27 consultations relevant to Dietitians Australia's policy and advocacy priority areas.

Released the updated Menu and Mealtime Quality Assessment (MMQA) tool, developed for APDs to support delivery of high-quality food and nutrition practices in residential aged care.

### **Year in review**

The 2024–25 financial year was marked by the federal election, 4 state/territory elections and a suite of landmark Australian Government reforms. This landscape enabled the team to boldly champion APDs and the people and communities they serve and continue to promote Dietitians Australia as the leading voice in nutrition and dietetics.

#### **Government relations**

In our commitment to serving our members and the broader community with integrity and excellence, the Advocacy and Policy team built on last year's momentum in government relations to further strengthen our policy and advocacy initiatives.

We focused our attention on our advocacy and policy priorities – aged care, disability, primary care, early childhood education and care, mental health, and food systems – identifying prime opportunities for influence and stakeholder engagement.

#### **Election advocacy**

The federal, Northern Territory, Queensland and Australian Capital Territory (ACT) elections presented key opportunities to shine a light on the role of APDs across the lifespan, pointing to critical systemic issues that prevent Australians from accessing the dietetic care, support and advice they need to optimise their health. The intent of the combined calls to action was to improve the health and wellbeing of all Australians. Dietitians Australia team members and board directors met with 72 Members of Parliament, ministers and senators on all sides of politics, their staff, and other government personnel to champion our calls to action.

Before the 2025 federal election, Dietitians Australia called on the Australian Government to correct systemic problems that curb access to APDs in primary care, through the National Disability Insurance Scheme (NDIS), and in early childhood education and care settings.

Dietitians Australia also called on:

- the Northern Territory Government to break down nutrition barriers with a 3-point nutrition action plan
- the Queensland Government to commit to dietitians supporting nutrition in schools
- the ACT Government to prioritise the nutrition future of the ACT's children by boosting nutrition support services available to early childhood education and care services.

#### **Parliamentary Friends of Nutrition**

The Advocacy and Policy team coordinated a Parliamentary Friends of Nutrition event in November 2024 in collaboration with the group's co-chairs, Senator Helen Polley and Mrs Bridget Archer MP. This event examined the role of nutrition in chronic disease and featured panellists with lived experience and dietitians with expertise in clinical practice.

The 2025 federal election saw Mrs Archer lose her seat. We thank her sincerely for her strong support and contributions to this group. A new co-chair, Ms Dai Le MP, was appointed after the election. Ms Le has supported our previous Parliamentary Friends events, gamely competing in the Lunch Box Challenge at our June 2024 event.

#### **Dietitians Week**

This year's Dietitians Week event, with the theme of 'Your health, our mission: Talk to a dietitian', supported the work of the Advocacy and Policy team. It drew attention to the current limitations imposed on dietetic scope of practice and provided an important opportunity for the profession to join our call for recognition of the critical role APDs play in addressing the diverse health needs of Australian communities.



(L to R) Siena Scifleet, Linda Smillie APD, Joanne Turner APD and Greg McPherson, panellists at the Parliamentary Friends of Nutrition event in November 2024.

#### **Achievements**

2024–25 saw several key milestone achievements in advocacy:

- The consultation on the Australian Government's
   (Establishment of a National Aged Care Mandatory
   Quality Indicator Program for in-home aged care
   services' resulted in residential providers being required
   from 1 April 2025 to collect data on 3 new staffing
   quality indicators, including for allied health. Dietitians
   Australia strongly advocated for this.
- With the passing of the new Aged Care Act 2024 on 25 November 2024, APDs are now enshrined in the provisions of the Aged Care Quality Standards that form part of the new legislative requirements. From 1 November 2025, residential aged care providers will be required to consult with an APD to develop menus and to conduct reviews through menu and mealtime assessments at least annually.
- The Australian Government agreed to expand eligibility for APDs to provide services under the M10 list of Medicare Benefits Schedule items. From 1 July 2025, APDs will be able to provide face-to-face, video and phone services. APDs will also be eligible to participate in time-tiered case conference services. This is a massive win for members as it has been a key advocacy priority for many years.
- The Australian Competition and Consumer Commission denied the Infant Nutrition Council's application for reauthorisation of the Marketing in Australia of Infant Formula: Manufacturers and Importers Agreement. Dietitians Australia has long advocated for this outcome and is now actively contributing the consultations regarding the development of a national regulatory framework for the marketing of infant formula.
- The Minister for Health and Aged Care, the Hon Mark Butler MP, officially opened the Dietitians Australia 2024 Conference, with the theme 'Breaking Barriers'.



(L-R) Dr Nadine White, DA President Tara Diversi APD, the Hon Warren Entsch MP, DA Vice-President Fiona Willer AdvAPD, CEO Magriet Raxworthy and Julia Schindlmayr APD in Mr Entsch's office at Parliament House, Canberra, August 2024.

#### **Awards**

Dietitians Australia's Introduction to Disability and Inclusion for Dietitians course, available through the Dietitians Australia member portal, was nominated for a LearnX award by the course builder, Androgogic, and won first place in its category, receiving the LearnX Platinum Award. The LearnX awards are one of Australia's most recognised learning and development awards.

Team member Dr Sayne Dalton APD was instrumental in the course development and we thank her for her significant contribution to this work. The course is a key component of the Capacity Building in Disability for Dietitians (CBDD) program, funded through the Department of Social Services's NDIS Information, Linkages, and Capacity Building (ILC) Program, under the Mainstream Capacity Building grant round. The Introduction to Disability and Inclusion for Dietitians course has successfully enhanced dietitians' abilities to support people with disability, improving service quality in mainstream settings. The course sets a benchmark for future initiatives, demonstrating the powerful impact of well-designed, inclusive education programs.

#### Landmark health system public consultations

The Advocacy and Policy team contributed to several pivotal Australian Government public consultations that could see important reforms take place across the health sector if government adopts the recommendations of the associated final reports:

- The House of Representatives Standing Committee on Health, Aged Care and Sport's 'Inquiry into Diabetes': Dietitians Australia continues to advocate for the adoption and implementation of recommendation 12 of the State of Diabetes Mellitus in Australia in 2024 report, which calls for an increase in the number and length of allied health consultations, including dietitians, to be made available to people with diabetes.
- The Department of Health, Disability and Ageing's 'Independent review of complexity in the National Registration and Accreditation Scheme': Dietitians Australia is advocating for title protection for the dietetic profession.
- The Department of Health, Disability and Ageing's
   "Unleashing the Potential of Our Health Workforce –
   Scope of Practice Review': Dietitians Australia reinforced
   our calls for title protection and advocated for national
   recognition of the full scope of practice of APDs.
- The National Allied Health Workforce Strategy:
  Dietitians Australia advocated for a clear roadmap
  to improve attraction and retention rates in the
  sector, augment the pipeline and distribution of the
  workforce, better leverage the allied health sector,
  and ensure nationally consistent and robust workforce
  data capture.
- The Medicare Benefits Schedule Review Advisory Committee 'Review of allied health chronic disease management services': Dietitians Australia is calling for uncapped access to APDs through the Medicare Benefits Schedule's chronic disease management items, with a minimum of 12 dedicated APD sessions to be made available for people with chronic health conditions.

#### Priority focus area highlights

Other highlights from some of our priority focus areas are shared below.

#### **Disability**

The Advocacy and Policy team closely monitored reform activities across the disability sector throughout 2024–25. Dietitians Australia called the Australian Government to account after new NDIS legislation was enacted in October 2024, advocating for greater clarity in the new rules and assurance that dietetic supports will remain available to NDIS participants who need them. We also partnered with other allied health peak bodies to increase pressure on government to ensure participants continue to be able to access the breadth of services needed for their functional capacity, health and wellbeing.

Dietitians Australia collaborated with Speech Pathology Australia on the development and promotion of a set of guiding principles for the development of foundational supports. The 2 associations have met with key representatives from state governments to advocate for a nationally consistent approach and will continue to advocate in this area over the coming year.

In June 2025, the National Disability Insurance Agency (NDIA) released a devastating set of pricing decisions that has resulted in pricing cuts for dietetic supports under the NDIS. In response, Dietitians Australia boldly led collaborative advocacy efforts across allied health professions similarly affected to call for a reversal of the pricing decisions. This advocacy work continues.

As a further result of these circumstances, Dietitians Australia has bolstered its commitment to its members who work in this area of practice with an enhanced program of communication and collaboration. This will continue to evolve in the next financial year.



Dietitians Australia CEO Magriet Raxworthy (bottom left) joined fellow allied health sector CEOs – (L to R) Rob LoPresti, Hilary Shelton, Danielle Smith, Samantha Hunter, Lyn Brodie, Tegan Carrison and Cindy Smith – for a virtual meeting in June 2025 to discuss shared challenges and opportunities for collaboration.

#### **Aged care**

The Advocacy and Policy team had several achievements in relation to aged care:

- We continued to work with the Department of Health and Aged Care (now the Department of Health, Disability and Ageing), advocating for the development of obligations for meal delivery providers, with promising signs that our recommendations will be adopted. We are also providing input into the draft supporting material being developed by the Department.
- We released the updated MMQA tool for Residential Aged Care, developed to support APDs to provide recommendations on food and nutrition practices in Residential Aged Care.
- We provided a complimentary webinar to members to introduce the new MMQA and help APDs to understand the role they play in improving food provision, nutrition care and the menu and mealtime experience in residential aged care.
- We collaborated with the Dietitians Australia Aged Care Reforms Reference Group to respond to consultation opportunities in aged care, including the Support at Home service list and pricing framework consultations, as well as the development of an allied health needs assessment tool for residential aged care.
- We gave evidence to the Senate Community Affairs
  Legislation Committee at a hearing on the Aged Care
  Bill 2024. Attended by Dietitians Australia's CEO and
  Senior Policy Officer, this hearing gave Dietitians
  Australia a unique platform to highlight that legislation
  and funding must prioritise dietetic care and access
  to nutritious food to ensure the health, wellbeing and
  quality of life of older people.

#### Early childhood and infant nutrition

Dietitians Australia entered a collaborative relationship with the National Nutrition Network – Early Childhood Education and Care (NNN–ECEC) to establish a strong foundation for advocacy in early childhood education and care. Dietitians Australia and the NNN–ECEC together held promising meetings with political advisers and government decision–makers to develop and strengthen key relationships to support our growing work in this area.

#### **Food systems**

Dietitians Australia continues to lead the implementation of evidence-based food system actions that are safe, affordable, sustainable and culturally acceptable. This activity will enable improved nutrition and health outcomes, with positive impacts on the food environment and economy.

In October 2024, the Advocacy and Policy team had the opportunity, together with 2 expert members, to present evidence to the Victorian Legislative Council's Legal and Social Issues Committee following its 'Inquiry into food security in Victoria'. We called for food system transformation that supports the population to adopt healthy and sustainable diet-related practices and made several recommendations specific to Victoria's food ecosystem.

Other highlights from the year include advocating for:

- legislation and enforcement of the World Health Organization's International Code of Marketing of Breast-milk Substitutes and subsequent World Health Assembly resolutions, as part of the review of the Marketing in Australia of Infant Formulas: Manufacturing and Importers Agreement
- enhanced regulation of commercial infant and toddler foods
- mandating the Health Star Rating food labelling system
- strengthening food security in different populations across the country
- stronger food regulations through our submissions to Food Standards Australia New Zealand (FSANZ) and representation as part of the FSANZ Consumer and Public Health Dialogue.

#### **NDIA Grant**

Dietitians Australia received extension funding to continue work on the CBDD project, funded through the Department of Social Services's NDIS ILC Program. This has enabled Dietitians Australia to develop further resources to enhance APDs' capabilities in providing supports to people living with disability. These resources include an additional 8 webinars and associated materials that are free for members.

Dietitians Australia has also received a further funding extension for the 2025–26 financial year, which will allow us to expand on the deliverables and provide more valuable learning opportunities for our members.

## Section 4 – Regulatory Services



# The Regulatory Services portfolio is responsible for administering the profession's accreditation, skills recognition, credentialling and complaint functions that are delegated to the Dietitian and Nutritionist Regulatory Council (DNRC).

Over the past 12 months, the regulatory landscape has been highly dynamic and evolving, with several critical reviews taking place:

- 'Unleashing the Potential of our Health Workforce Scope of Practice' review (Department of Health, Disability and Ageing)
- 'Independent review of the complexity of the National Registration and Accreditation Scheme' (Department of Health, Disability and Ageing)
- National Allied Health Workforce Strategy
- National Maternity Workforce Strategy 2026–2036.

'Review of allied health chronic disease management services' (Medicare Benefits Schedule Review Advisory Committee). Dietitians Australia and the DNRC have actively participated in each of these reviews to advocate for the essential needs of our profession.

The DNRC is responsible for protecting the public by regulating the Australian dietetics profession to ensure practitioners are competent, effective and safe to practice.

The DNRC operates in alignment with the guiding principles of the National Law and the National Alliance of Self-Regulated Health Professions, under which the registered health workforce functions. Its core purpose remains the protection of the Australian public by upholding the standards of health care expected from health practitioners.

The DNRC also leads the regulatory objectives outlined in the Dietitians Australia Strategic Plan 2022–2025.

# 2024-25 financial year highlights

During 2024–25 the DNRC made significant progress in advancing professional standards and supporting key initiatives. We:

- implemented new accreditation processes for our university dietetic programs
- conducted a comprehensive review of our Provisional Accredited Practising Dietitian credential
- conducted a major review of our Dietetic Skills Recognition (DSR) processes
- contributed to the literature review for supervision published in Nutrition
   & Dietetics journal
- introduced mandatory Indigenous Allied Health Australia Cultural Responsiveness Level 1 training for all DNRC members and accreditation reviewers
- updated Aboriginal and Torres Strait Islander learning materials for our DSR candidates
- revised complaint procedures and by-laws
- started the Code of Conduct for Dietitians and Nutritionists review.

### Year in review

#### **Dietitian and Nutritionist Regulatory Council**

In 2024–25 the new DNRC was appointed, with its first meeting held in December 2024. The current DNRC members are:

- Professor Claire Palermo AdvAPD FDA Chair
- Professor Danielle Gallegos AdvAPD FDA
- Professor Eleanor Beck AdvAPD FDA
- Deanne Harris AdvAPD
- Kim Tikellis AdvAPD FDA
- Gail Mulcair external member
- Tanya Travena external member.

The new DNRC membership has enabled strategic planning and prioritisation across several key projects. To achieve its objectives, the DNRC has adopted a principles-based approach focused on:

- governance and risk management
- cultural safety and responsiveness
- strategic planning and prioritisation.

#### Credentialling the dietetic workforce

As of 30 June 2025, a total of 7474 dietitians held the APD credential. This is an increase of 1.9 % (179 APDs) compared to 2023–24. This total is made up of:

- 1124 Provisional APDs
- 6170 Full APDs
- 180 Advanced APDs.

120 applications were received and assessed for dietitians returning to the APD Program in the reporting period (1.2% decrease from the previous year). Of these:

- 74 dietitians re-entered the APD program:
  - 15 through the Alternate Process pathway
  - 35 through the Delayed Entry pathway
  - 11 through the Resumption of Accredited Practice (RoAP) pathway
  - I through the RoAP pathway with no recency of practice requirements
- 46 dietitians have been assessed as eligible to re-enter via the available pathways but are yet to re-join as APDs
- no dietitians re-entered through the DSR process.

#### **Annual APD audit**

As part of the annual audit process, 5% of APDs were randomly selected to provide evidence of compliance with APD Program requirements, including recency of practice hours (if not in an exemption category).

Of the 390 APDs audited:

- 67 were Provisional APDs
- 323 were Full APDs
- 15 were previous fails.

#### Key outcomes:

- 89% (342 APDs) met the minimum requirements.
- 92.7% of those required to demonstrate recency of practice successfully met the standard.
- One second-time fail will be referred to the DNRC for further action.

The audit process continues to be reviewed and streamlined to improve efficiency and ensure compliance with professional standards.





#### Complaints and disciplinary matters

A total of 32 complaints were received by the DNRC Complaints Secretariat in the reporting period, of which:

- 18 were alleged breaches of professional conduct
- 6 were alleged breaches of advertising requirements
- 4 were outside the scope of the Complaints and Disciplinary Procedures By-law (not members or APDs)
- 4 were informal complaints not pursued under the Complaints and Disciplinary Procedures By-law.

In 2025 to date, the revised membership of the DNRC Complaints Panel has met 3 times to review and discuss material related to these complaints.

#### Accredited dietetic education programs

In February 2025, the new accreditation processes were launched across our 19 education providers. The key changes to our processes were:

- new Programs will now be accredited prior to students commencing, and their status will be 'Accredited with Conditions'
- Program Qualification and Provisional Accreditation statuses have now been removed
- programs will now be accredited with or without conditions.

New templates were developed to further support our universities with their accreditations. Evaluation procedures for universities and accreditation reviewers were also reviewed and streamlined.

As of 30 June 2025, there were 23 accredited dietetic programs delivered by 19 education providers, and 3 dietetics programs with pre-accreditation status.

Six accreditation reviews were commenced in 2024–25:

- Flinders University (conducted and accredited)
- La Trobe University (conducted and accredited)
- Monash University (conducted and accredited)
- Victoria University (conducted and accredited)
- Deakin University (conducted and accredited)
- · Australian Catholic University (currently in progress).

The Regulatory Services team also reviewed and assessed ongoing compliance with accreditation standards via 9 annual reports from universities not currently engaged in other accreditation review processes. Any major changes to the programs were reported back to the DNRC for consideration.

#### **Dietetic Skills Recognition (DSR)**

#### Stage 1: Desktop assessment

We received 89 DSR applications from candidates with primary qualifications in 20 different countries. All were assessed as eligible to proceed to examination stage (stage 2).

### Stage 2: Multiple-choice questions (MCQ) written examination

MCQ examinations were held on 4 September 2024 and 5 March 2025. They were undertaken by 120 candidates (105 DSR candidates, 1 RoAP candidate, 1 mutual recognition College of Dietitians of Ontario candidate, and 13 New Zealand Dietitian Board candidates) from 21 countries. 55% of candidates (66) passed the written exam. With DSR numbers continuing to rise, this is the largest number of candidates to sit the MCQ exams in a 12-month period.

### Stage 3: Objective Structured Clinical Examination (OSCE)

64 OSCEs were held online on 22, 23 and 24 October 2024 and 6, 7 and 8 May 2025 across 14 locations (6 Australian states and 8 overseas locations). A total of 43 candidates (67%) successfully completed the assessment and were deemed eligible to join Dietitians Australia and the APD Program. This is the largest number of candidates to go through the oral exams in a 12-month period.

### Skilled Migration and Mutual Recognition Assessments

This financial year saw 54 Skilled Migration Assessments issued. 14 successful New Zealand and 2 College of Dietitians of Ontario Mutual Recognition approvals were processed. One College of Dietitians of Ontario applicant completed the Mutual Recognition process and is eligible to join Dietitians Australia and the APD program.

# Section 5 -Media



Dietitians Australia has continued to strive for and leverage opportunities to engage with major media outlets and high-profile journalists, to continually raise the profile of the profession, and to generate impactful news coverage that ensures our core advocacy priorities are front and centre in the national conversation.

We've seen increased opportunities for dietitians to contribute to complex and meaningful topics like nutrition support and disability, sustainability, and early childhood nutrition and development. In 2025 we were proud to launch the Leading Voices Network, our revitalised approach to bringing more members into the media conversation.

Often our media requests are for comments on trends like cottage cheese or added protein. However, we use every media opportunity to advocate for awareness and recognition of dietitians' value and to highlight the dire need for every Australian to have better access to dietetic support.



L to R: Laureate Professor Clare Collins AO FDA, Dr Fiona Willer AdvAPD, Tegan Taylor from the ABC, and Dr Terri-Lynne South APD at the Dietitians Australia 2024 Conference, Brisbane, August 2024.

# 2024–25 financial year highlights

Dietitians Australia's President was featured across every major national media outlet advocating against the NDIS price cuts.

Media advocacy coverage was secured for 3 state/territory elections: Queensland, the Northern Territory and the Australian Capital Territory.

We launched the Dietitians Australia Leading Voices Network, to revitalise our profession in the media landscape.

There were 81 mentions of Dietitians Australia in one day, following news coverage of calls for weight loss medications to be included on the Pharmaceutical Benefits Scheme.

### **Year in review**

### The nutrition rights of people with disability on the news agenda

In 2024–25, Dietitians Australia increased its national media advocacy efforts to highlight how people with disability are being denied access to life-sustaining nutrition support due to fragmented NDIS reforms. Using our strong connections with national disability affairs reporters, we drew their attention to the widespread NDIS knockbacks of nutrition therapy and support products occurring despite clinical need. We gained national media coverage in *The Australian* as we shared dietitians' stories of witnessing preventable malnutrition, dehydration, swallowing complications, and avoidable hospital presentations caused by gaps in care.

Our advocacy sharpened again when the NDIS allied health pricing limits were announced. We publicly labelled the move a 'nutrition support catastrophe', and our President was interviewed, published and broadcast across News Corp, Fairfax, *The Australian* and ABC Radio National.

Dietitians Australia led the co-creation of a united statement with other allied health peak bodies. Alongside the Australian Physiotherapy Association, Speech Pathology Australia and Occupational Therapy Australia, we called on the Australian Government and National Disability Insurance Agency to immediately halt and review the NDIS pricing decisions.

Dietitians Australia will continue to push hard when it comes to advocating in the media for the nutrition rights of people with disability, ensuring nutrition support becomes more deeply understood in the public discourse, and championing the critical nutrition rights of people with disability.

### Calling out nutrition neglect in early childhood education and care

Alongside the National Nutrition Network - Early Childhood Education and Care (NNN-ECEC), we highlighted the critical issue of nutrition neglect in ECEC, including participating in ABC's Four Corners investigation series in March 2025. We used this coverage to call for a national commitment to ensure every child receives safe, nutritious, and enjoyable meals while in care. We urged federal election candidates to support allocating a portion of the Child Care Subsidy specifically to food budgets. Our media presence helped bring public focus to the risks children in care can face from unsafe food practices, including choking and allergic reactions. We drew attention to the inequity of nutrition support across states and territories, and particularly in regional and remote areas. This media engagement has helped position Dietitians Australia and the NNN-ECEC as respected and trusted voices advocating for consistent, strengthened food and nutrition standards across the sector.

### No weight-related drugs without dietitians

In 2024–25, Dietitians Australia actively harnessed national media interest in GLP–1 weight loss medications to advocate for the essential role of dietitians at every stage of the pharmacotherapy journey. We positioned ourselves as a key voice in the conversation and gained significant national media coverage, including in News Corp, Nine Entertainment newspapers and ABC.

We used our media statements and appearances to strongly advocate for mandatory APD referrals for all Australians prescribed GLP-1s for any condition. This is necessary to manage appetite changes, prevent malnutrition, and protect against disordered eating. We have persistently emphasised that medications alone are not a silver bullet, and that nutrition support is critical to achieving safe and sustainable health outcomes.

### Federal, Northern Territory, Queensland and ACT election media

We have used our media influence across the states, territories and nationally to support Dietitians Australia's election-based advocacy efforts.

In the Northern Territory we received ABC and *NT News* coverage on our push to improve access to APDs across the territory. In Queensland we were covered by the *Courier Mail* and ABC Queensland as we pushed for the integration of APDs into any state-based school lunch program initiative. In the ACT we partnered with Nutrition Australia and featured on ABC encouraging the ACT Government to fund dietetic and nutrition professional supports in schools.

#### **Leading Voices Network launch**

The Leading Voices Network is the evolution and merger of the former Dietitians Australia Spokespersons Program and Accredited Practising Dietitians in the Media Program. It was officially launched in February 2025. The network is growing to be the most reputable database of Australian APDs, available to support journalists and media outlets looking for authoritative sources on nutrition and dietetics. With 57 members to date, our leading voices are gaining opportunities through media engagements to grow their personal profiles and credibility as trusted voices in nutrition and dietetics.

'It meant a lot to have your guidance when I needed it most, and I'm so glad the story could be reshaped in a way that aligns with our professional values.

I strongly believe that by working together and staying aligned, we can continue to elevate the profession and ensure dietitians are seen as trustworthy, credible, and supportive experts.'

Reem Bashour APD, member of Leading of Voices Network

# Section 6 – Marketing and Communications



The Marketing and Communications team is committed to strengthening the impact of the Dietitians Australia brand as the leading voice in nutrition and dietetics. We play a pivotal role in supporting the association's advocacy and policy efforts through strategic, clear and consistent communications.

We work closely with all Dietitians Australia teams to ensure alignment and clarity across all programs and initiatives, delivering a unified message to members and stakeholders.

Our efforts focus on ensuring members can easily access, and fully understand, the wide range of benefits their membership provides. The team manages all member communications and engagement channels, including the public website, the member portal, Share Plate, and Dietitians Australia's social media platforms.

In addition to leading flagship campaigns such as Dietitians Week and the national conference, the team also supports the operations and communications of Branches and Interest Groups, strengthening connections across our professional community.

# 2024–25 financial year highlights

The Dietitians Australia 2024 Conference held in Brisbane demonstrated the association's influence, garnering significant online engagement from politicians and other stakeholders.

The Dietitians Week campaign achieved strong visibility and engagement across social media, reaching over 123,900 people on Instagram and Facebook combined, and generating 37,200 impressions on LinkedIn.

Member engagement with the Education Update newsletter remained strong, with an average open rate of 31% (excluding Apple Mail Privacy Protection).

The launch of our Friends of Nutrition events brought together members, healthcare professionals and nutrition allies across 13 events held nationwide at universities, hospitals and other venues.

We had 92,865 followers across our social media channels.

Usage of our member portal increased by 5.6%, with 193,076 total users.

### **Year in review**

#### 2024 Conference Dinner and Awards Ceremony

On Monday 19 August, the Brisbane Convention & Exhibition Centre hosted the Dietitians Australia 2024 Conference Dinner and Award Ceremony. This special evening celebrated the remarkable contributions and achievements of individuals and teams advancing the nutrition and dietetic profession.

One hundred and ten guests attended the event, where 12 awards and 1 prize were presented in recognition of excellence and impact across the field.



Attendees at the 2024 Conference Dinner and Awards Ceremony, Brisbane, August 2024.

#### **Membership Renewals**

During the 2025 renewals period, the Marketing team collaborated closely with the Member Care team to deliver a fully digital campaign aimed at encouraging re-enrolment and keeping members informed. The campaign was rolled out across Dietitians Australia's social media platforms and email channels.

Over the 3-month period, the team shared targeted emails and published 69 social media posts, stories and reels, ensuring consistent engagement and visibility across multiple touchpoints.

The overall social media campaign generated over 30,000 views and impressions, with 574 engagements (likes, reactions and comments). Urgent renewal deadlines and crucial credentialling and membership information were communicated effectively, resulting in a 25% increase in member email engagement compared to last year.

A heartfelt thank you to our members for your continued dedication to Dietitians Australia and for making the 2025 renewals period a success.

#### **Dietitians Week 2025**

Held from 16 to 22 June, Dietitians Week 2025 celebrated the vital role of dietitians in promoting health and wellbeing. Under the theme 'Your health, our mission: Talk to a dietitian', the campaign encouraged Australians to seek expert nutrition advice and called for meaningful policy reform to better support the profession and those it serves.

Opposition to the National Disability Insurance Scheme pricing changes announced in June was also a major focus, uniting members in awareness-raising, advocacy and collective action.

Key Dietitians Week 2025 achievements included:

- a vibrant new logo, designed to be inclusive, approachable and fun, that reflects our commitment to the dietetics profession and the diverse communities we serve
- a significant sponsorship milestone, with Cliniko, a leading practice management application, joining as our first major sponsor, elevating our reach and impact
- the launch of our Friends of Nutrition events, a new initiative that brought together members, healthcare professionals and nutrition allies through 13 events held nationwide at universities, hospitals and other venues
- the creation of the #TalkToADietitian toolkit, with 18 awareness-raising resources plus 81 social media designs and templates for members to personalise and share
- the publication of a 17-episode social media video series, featuring prominent dietitians, chief allied health officers, and emerging professionals in the field, such as Anita Hobson-Powell, Lina Breik AdvAPD, Robyn Littlewood AdvAPD, Lauren Williams AdvAPD, Anne Swain AdvAPD and Rachel Elliott
- strong visibility and engagement across social media platforms, with the campaign reaching over 123,900 people on Instagram and Facebook combined and generating 37,200 impressions on LinkedIn.



Attendees at the NSW Branch Friends of Nutrition morning tea, held on 16 June, the first day of Dietitians Week, at the University of Sydney.

#### **Share Plate**

Share Plate continues to be a trusted hub for communication, collaboration and knowledge-sharing among our members. In 2024–25, the platform welcomed 1046 first-time logins, reflecting sustained interest and engagement.

Across the year, 1986 posts were created by 379 active contributors, indicating a shift towards deeper, more focused participation within the community. While overall contributor numbers decline compared to 2023–24, this trend suggests a period of consolidation and more meaningful, topic-specific discussions.

The platform supported 41 member communities, 49 leadership committees, 8 branches and 18 committees, reinforcing its role as the central meeting point for peer connection, governance and professional collaboration across Dietitians Australia.

Looking ahead, we are committed to enhancing Share Plate's accessibility and user experience. Insights from this year's engagement will guide improvements aimed at fostering both broader participation and richer connections among members.

#### Share Plate engagement statistics:

- 1046 first-time logins
- 1006 users agreed to terms
- 379 active contributors
- 1986 total posts created
- 41 member communities
- 49 leadership committees
- 8 branches
- 18 committees.

#### Social media

Social media continues to be a powerful tool for Dietitians Australia to connect with members, industry stakeholders and the broader public. We maintain an active presence on Instagram, Facebook, LinkedIn, and in the beginning of 2025 expanded to Bluesky, aligning with evolving digital engagement trends.

While our X (formerly Twitter) account remains open, we have paused content sharing on this platform to focus on emerging and more active channels. As of 30 June 2025, our social media community included:

- 23,963 LinkedIn followers
- 23,246 Instagram followers
- 31,799 Facebook followers
- 239 Bluesky followers
- 13,618 X followers (no longer actively maintained).

Across these platforms, we continue to share timely updates, amplify the voice of the profession, and promote the role of dietitians in public health, policy and everyday life. Growth across LinkedIn and Instagram demonstrates increasing engagement with professional and public audiences alike.



Dr Karly Bartrim APD on Dietitians Australia Instagram

#### Member update email

In 2024–25, we continued to deliver our fortnightly Member Update email – a key communication channel for engaging members and keeping them informed about Dietitians Australia's initiatives, opportunities, and broader industry developments. The Member Update maintained strong performance, achieving an open rate of 27.2% (excluding Apple Mail Privacy Protection), which remains above the industry average.

#### **CEO Catch-up**

This year, Dietitians Australia hosted 3 CEO Catch-ups, providing members with a direct line to leadership and a platform to ask bold questions about the future of both the association and the profession. Live attendance ranged from 8 to 63 members, but the conversations extended well beyond the events, with 229 views on Share Plate to date, demonstrating interest and engagement.

#### **Public website**

The public website remains a foundational element of our outreach strategy, serving both the public and our members. It continues to provide accessible, up-to-date resources and information about dietitians and their vital role in health and wellbeing. Throughout the year, we have maintained a strong focus on content updates and resource development to ensure the public receives current and credible health advice.

This financial year saw a slight decline in website engagement, with modest decreases across key metrics, including total users (-0.73%), sessions (-1.71%), and page views (-3.40%) compared to 2023–24. Despite these changes, the website continues to demonstrate its relevance and effectiveness in connecting with our audiences.

Public website user statistics 2024-25:

- 521,584 total users
- 797,300 sessions
- 1,048,805 page views
- 2.01 average page views per session
- 2 minutes and 45 seconds average session duration.

#### Member portal

The member portal continues to serve as a dedicated platform offering exclusive access to professional resources, including training opportunities, job listings, and rooms available for rent. It plays a key role in supporting members' professional development and operational needs.

In addition, the portal is a vital communication channel for the Marketing and Communications team, enabling the delivery of targeted campaigns and fostering meaningful engagement with our member community. Member portal user statistics for 2024-25:

- 193,076 total users
- 422,125 sessions
- 1,704,936 page views
- 8.83 average page views per session
- 2 minutes and 48 seconds average session duration.

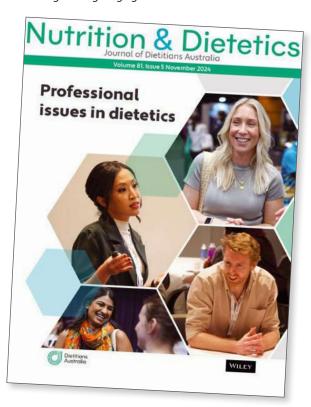
#### **Education Centre marketing**

The Marketing and Communications team provided comprehensive support across all Education Centre initiatives throughout 2024–25. This included marketing for Dietitians Australia events, Centre for Advanced Learning (CAL) courses, continuing professional development (CPD) surveys, course development tenders, the launch of the new CPD model, education summits, and more.

The team played a key role in helping the Education Centre consistently exceed registration targets for both events and CAL courses (refer to Section 8 – Education Centre).

The Education Update, a fortnightly email distributed by the Marketing and Communications team, continued to serve as a key channel for informing members about upcoming courses, events, and other education-related content. It also highlighted key member benefits such as access to Practice-based Evidence in Nutrition (PEN) and the *Nutrition & Dietetics* journal. Sitting outside the Education Centre's direct communications, the Education Update ensures education content is delivered directly to members in a clear and accessible format.

In 2024–25, the Education Update achieved an average open rate of 31% (excluding Apple Mail Privacy Protection), reflecting strong engagement with members.



Front cover of Volume 81, Issue 5 of *Nutrition & Dietetics* journal, featuring Dietitians Australia members, published in November 2024.

#### Nutrition & Dietetics journal marketing

Throughout the 2024–25 financial year, Dietitians Australia undertook a range of initiatives to promote the *Nutrition & Dietetics* journal and enhance opportunities for authors to share their work. Key activities included:

- delivering complimentary Research Bites webinars through the Education Centre, providing a platform for authors to present their research directly to members
- inviting authors of high-quality conference presentation abstracts to submit their work to Nutrition & Dietetics
- coordinating cover designs for each issue of the journal, including supplemental issues, to enhance visibility and impact
- promoting each issue through member communication channels, achieving strong engagement – with an average email open rate of 34.7% (excluding Apple Mail Privacy Protection)
- promoting the journal's 2024 Impact Factor achievement, highlighting its increase from 2.6 in 2023 to 3.2 in 2024 and improved ranking to 48 out of 112 journals in the Nutrition and Dietetics category (up from 64 out of 114 in 2023).

These efforts contributed to increased visibility of member research and strengthened the journal's presence within the profession.

#### Student engagement

Dietitians Australia continued to provide complimentary membership to students enrolled in accredited dietetics programs and courses with Program Qualification status, supporting them throughout the duration of their entry-level studies.

We maintained a strong focus on student engagement, delivering tailored university presentations aligned with key stages of the student journey. We also maintained regular communication with student representatives across all accredited institutions.

Students were actively encouraged to participate in events, take advantage of networking opportunities, and attend Dietitians Australia conferences and initiatives, helping to foster early professional connections and engagement with the profession.

# Partner acknowledgement

Dietitians Australia partnerships support our mission to champion the professional nutrition and dietetic workforce to empower people and communities. We would like to acknowledge and thank our partners, Guild Insurance and AIA Vitality, for their ongoing support.







# Section 7 - Awards, honours and prizes



### **Fellow Honour**



#### Professor Lauren Ball AdvAPD

Professor Lauren Ball is recognised for her exceptional achievements advancing the research capacity of Australian dietitians and for being an exemplar of how dietitians can lead other disciplines in research and research leadership. Lauren is a Board Director of Dietitians Australia, elected by the membership, where she has contributed to the custodianship of the organisation and its growing membership. Lauren has actively contributed to Dietitians Australia's aged care advocacy campaign and other primary care advocacy initiatives, furthering the number of job opportunities for dietitians to support Australians to live and age well.



#### Dr Katrina Campbell AdvAPD

Dr Katrina Campbell is recognised for her exceptional leadership and contributions to the field of dietetics, particularly in advancing digital health, chronic disease management, and global nutrition policy. Internationally, she has set new standards for care by developing global guidelines for kidney disease nutrition. She has also pioneered a focus on diet quality over single nutrients and transformed delivery of care through digital platforms. Her commitment to capacity-building has influenced the next generation of dietitians in renal nutrition, research, digital health and translation. Katrina's advocacy for patient-centred dietetic services has influenced policy and has had a lasting impact on the profession.



#### **Merrilyn Banks AdvAPD**

Merrilyn Banks has been a leader in raising awareness of malnutrition in hospital and aged care settings through her research and its implementation. She co-authored the Malnutrition Screening Tool, which is now embedded in routine clinical practice at both national and international levels. She was also instrumental in having nutrition care included in the National Safety and Quality Health Service Standards as a result of her research into malnutrition and its economic consequences. Merrilyn has championed research capacity-building by developing a research-intensive hospital dietetic department to drive clinical service improvements and establishing the Nutrition Research Collaboration to extend the reach and impact of dietetic research.



#### Dr Maria Chan AdvAPD

Dr Maria Chan continues to serve on the Dietitians Australia Executive-Core Advisory Committee of the Kidney Interest Group and led a working group to complete the 'What dietitians do in kidney disease' role statement for dietitians in renal services. It is expected to be available on the Dietitians Australia website soon.

Maria received a Health Education and Training grant from NSW Government to conduct a workshop entitled 'Counselling skills training for renal dietitians to improve outcomes of people with chronic kidney disease'. It was attended by over 70 NSW Health dietitians, including many NSW Kidney Interest Group members.



#### **Professor Karen Charlton AdvAPD**

Professor Karen Charlton is an internationally recognised research dietitian whose work informs public health nutrition policy and practice to improve the food supply for better health outcomes. She works on sustainability of food systems at the local level, prevention of micronutrient deficiencies and strategies to improve food security in vulnerable populations, and investigates the role of flavonoids and other bioactives on cognitive and vascular health. Karen is a professor of nutrition and dietetics at the University of Wollongong. She has taught nutritional epidemiology and public health nutrition to students for the past 15 years and has supervised 13 PhD students to completion.



### Associate Professor Maree Ferguson AdvAPD

Associate Professor Maree Ferguson co-developed the Malnutrition Screening Tool to identify patients at risk of malnutrition, which is widely used in healthcare settings across the world, helping to identify malnutrition early and improve patient outcomes through timely interventions.

In 2012, Maree created Dietitian Connection, which has grown into a vibrant global network of over 50,000 nutrition professionals, providing valuable resources, professional development opportunities and connections to help dietitians excel in their careers. Dietitian Connection has become an invaluable resource for dietitians worldwide, offering webinars, podcasts and evidence-based content to inspire and support dietitians in their professional growth.



#### Julie Dundon AdvAPD

Julie Dundon is the Managing Director of Nutrition Professionals Australia and is driven by a desire to help older people to eat smarter and live happier and healthier lives.

In her years in the profession, she has partnered with many organisations to find the right nutrition solutions in a range of settings across Australia.

Julie has served for 10 years on the Board of Dietitians Australia, including 4 years as President. Julie has been the Subject Matter Lead – Aged Care, Dietitians Australia and is currently a member of the Aged Care Quality and Safety Advisory Council.



#### Dr Roslyn Giglia AdvAPD

Dr Roslyn Giglia is a dietitian researcher whose research has influenced national and international alcohol and dietary guidelines that support breastfeeding duration. Through this work she has forged a clear pathway of research translation to influence the first National Health and Medical Research Council national alcohol guideline, which was instrumental in promoting breastfeeding and alcohol guidelines internationally. She translated this work into an applied hard-copy resource for breastfeeding women, which became the most requested brochure in the Australian Breastfeeding Association's suite of resources. Subsequently, Roslyn was instrumental in converting this brochure into a smartphone app called Feed Safe.



#### **Associate Professor Nicole Kiss AdvAPD**

Associate Professor Nicole Kiss is an internationally recognised leader in cancer-related malnutrition and sarcopenia. She is ranked in the top 0.2% of research leaders globally in nutrition assessment (Expertscape) and is the fifth most productive oncology nutrition researcher internationally. She has delivered more than 30 invited presentations to clinicians, NGOs and policymakers, which have shaped management of cancer-related malnutrition and sarcopenia within clinical care. Nicole has made far-reaching contributions to the field of oncology nutrition through evidence-based guideline development for national and international bodies and in leadership roles in professional societies that have advanced the role of dietitians within oncology care.



#### Dr Shannon (Shanshan) Lin AdvAPD

Dr Shannon Lin is an exceptional leader in diabetes education and cultural competence in dietetics. As Diabetes Course Director at the University of Technology Sydney, she pioneered Australia's first dedicated Indigenous diabetes educator course, increasing the Indigenous diabetes workforce by 40%. Her innovative approaches to health literacy and cultural sensitivity have been widely adopted, improving care for culturally and linguistically diverse populations. Shannon's research has secured \$2 million in funding and influenced national policies. She was named National Credentialled Diabetes Educator of the Year in 2023 and is the first Advanced APD Board Director of the Australian Diabetes Educators Association. She has trained more than 5000 diabetes specialists worldwide, and her work has significantly advanced dietetic practice.



### Associate Professor Kelly Lambert AdvAPD

Associate Professor Kelly Lambert is a passionate dietitian who has a strong interest in health literacy and who has been working to improve the quality and evidence base regarding the development of effective patient education materials. Her work has led to guidance on how to design effective materials, as well as evidence on the use of health literacy-sensitive models of care to improve adherence and outcomes. This work has led to practice change in Australia, New Zealand, Canada and the United Kingdom. In addition, she has been an active evidence-based media voice for 2 decades and has mentored more than 50 dietitians.



#### Dr Merryn Netting AdvAPD

Dr Merryn Netting is one of the few dietitians worldwide with expertise in clinical paediatric nutrition and dietetics, immunology and allergy. Merryn's work has influenced specific changes in the fields of infant and toddler nutrition, and in the training and recognition of specialist allergy dietitians. Her contribution to the development of the Australian Society of Clinical Immunology and Allergy infant feeding guidelines for prevention of food allergy has led to changes in infant feeding advice nationally and internationally.



#### Margaret Nicholson AdvAPD

Margaret Nicholson is a respected leader in dietetics education and professional development. She has received prestigious awards from the University of Sydney and Dietitians Australia for her innovative teaching and service to her profession. Margaret has mentored over 50 graduate dietitians to APD status and has assessed more than 80 local and international professionals for practice eligibility in Australia. An expert in student supervision and training, Margaret has presented to over 1000 dietitians nationwide. She developed a set of descriptors to support the interpretation of Dietitians Australia's National Competency Standards for Dietitians and has advanced placement readiness through funded research and published work.



#### **Emma Stirling AdvAPD**

Emma Stirling has advanced the dietetics profession through trailblazing innovation and transformational, entrepreneurial leadership. She has exceeded expectations by strategically nurturing and positively disrupting the status quo through service, mentoring, advocating, community building and always 'paying it forward'. She has driven culinary nutrition as a distinct field of interprofessional practice in education, research and practice. Her pioneer work in championing evidence-based nutrition communication in traditional and social media has shaped our collective success and reach today. In addition, she laid the groundwork for the role of dietitians in strategic industry engagement, expanding our reach, influence and career opportunities.



#### Professor Anna Rangan AdvAPD

Professor Anna Rangan is Professor of Nutrition and Dietetics at the University of Sydney. She is an Advanced APD and nutritional epidemiologist with 25 years' experience in nutrition research and over 150 published, peer-reviewed papers. She is the program director of the Master of Nutrition and Dietetics course and has graduated more than 850 dietitians.



#### Dr Anne Swain AdvAPD

Dr Anne Swain is a clinical specialist and a national and international pioneer in dietetics and adverse food reactions. Having worked as Head Dietitian at the Royal Prince Alfred Hospital Allergy Unit since 1985, Anne became an Advanced APD in 2020. She developed the diagnostic elimination diet and challenge protocol, co-authored *Friendly Food* and the *Food Intolerance Handbook*, and has published extensively. Anne has shaped policy for NSW Health, Dietitians Australia, the Australasian Society of Clinical Immunology and Allergy, and Food Standards Australia New Zealand (FSANZ). Her Dietitians Australia awards include the 1992 Award of Excellence, 2001 Greatness in Dietetics Award, 2007 Substantial Contribution Award, and 2017 Outstanding Contribution Award.



#### Kim Tikellis AdvAPD

Kim Tikellis is an Advanced APD with over 29 years' leadership in nutrition, food innovation and consumer education. She has held key roles at Heinz Wattie's, Fonterra, Simplot, FSANZ, Dairy Australia and Nestlé. At Coles Group, Kim leads strategic nutrition initiatives to improve the health of Australians. She is a past president of the International Life Sciences Institute Australasia, an Oceanic Nutrition Leadership Platform committee member, a Monash University affiliate lecturer, and co-convenor of the Food Industry Nutrition Group.



#### **Evelyn Volders AdvAPD**

Evelyn Volders has over 35 years' experience as a clinical dietitian and university educator. She has dedicated her career to furthering the dietetic workforce and evidence-based nutrition practice. Evelyn is a world expert in infant nutrition and breastfeeding, and an accomplished author (scientific publications, book chapters, clinical guidelines, media commentary), presenter and public health advocate. Evelyn developed evidence-based models of education and supervision in her roles at Monash University and the Royal Children's Hospital. She has educated a generation of dietitians and health professionals about paediatric nutrition and the importance of breastfeeding in all settings.



#### Professor Helen Truby AdvAPD

Professor Helen Truby's research solves practice-based issues through innovation and by producing new evidence that demonstrates the benefits of dietetic practice. After establishing the first national special interest group in cystic fibrosis during her PhD, she has consistently built capacity for practice-based dietitians to undertake research while ensuring that findings result in practice change. Her latest project, the Grow & Go Toolbox, harnesses the power of the digital environment to democratise access to evidence-based nutrition information for children under 5 years old. Helen's impactful research is supported by numerous competitive national grants, and she is a highly cited author in nutrition and dietetics.



### Associate Professor Shelley Wilkinson AdvAPD

Associate Professor Shelley Wilkinson is a highly qualified and respected Advanced APD with a track record of excellence. Her extensive research in maternal health and implementation science has significantly advanced evidence-based practice in dietetics. She has made substantial contributions to Dietitians Australia through her leadership, mentorship, service and advocacy. Shelley's portfolio of work has focused on improving diet quality, supporting gestational weight gain, managing gestational diabetes, and improving post-pregnancy cardiometabolic health. Through improving the quality of care provided during pregnancy and postpartum, she has positively impacted the health and wellbeing of many Australian women and their infants.

### Life Member

#### **Professor Judi Porter FDA**



Professor Judi Porter FDA at the Dietitians Australia 2024 Conference Dinner and Awards Ceremony.

Professor Judi Porter has made an exemplary contribution to the profession of nutrition and dietetics. A member of Dietitians Australia for over 30 years, she has held various leadership roles across the association and currently serves as Editor-in-Chief of the *Nutrition & Dietetics* journal. Her work has been instrumental in the advancement of evidence-based dietetics practice, particularly in older adult nutrition and food service systems and the management of overweight and obesity.

#### **Professor Lauren Williams FDA**



Professor Lauren Williams FDA at the Dietitians Australia 2024 Conference Dinner and Awards Ceremony.

Lauren Williams is Professor of Nutrition of Dietetics at Griffith University and has demonstrated eminent service to the dietetic profession in Australia, tertiary education, academic research and the community at large. Her main areas of expertise are health nutrition and social nutrition. She has published 5 books, 29 book chapters and over 120 articles in peer-reviewed journals. Lauren has been a member of Dietitians Australia since 1986 and has held key positions, including 2 terms as Vice-President and 4 years as Board Director.

# Outstanding Contribution Award

#### Associate Professor Kelly Lambert AdvAPD Dr Tetyana Rocks APD



Associate Professor Kelly Lambert AdvAPD – Recognised for her outstanding contribution to advancing dietetic education, health literacy and kidney health research.

Associate Professor Kelly Lambert graduated from the University of Wollongong in 1998 and commenced work as a clinical dietitian. After rotating through a range of clinical specialties for the following 7 years, she landed in the role of renal dietitian. For the next 2 decades she worked in this space and then completed a PhD on how health literacy and cognitive impairment intersect to impact food choices and dietary education in people with kidney failure. Following her PhD, Kelly completed an Australian Government Medical Research Future Fund supported translational research fellowship to implement a new model of care in renal dietetic clinics. She now works full-time as Academic Program Director for the nutrition and dietetics program at the University of Wollongong, Co-Director of the Kidney Lifestyle Research Group and Deputy Director of Health Innovations (Industry, Consumer and Community Engagement).



Dr Tetyana Rocks APD at the Dietitians Australia 2024 Conference Dinner and Awards Ceremony.

Dr Tetyana Rocks is an Accredited Practising Dietitian, a senior research fellow, an educator and a passionate advocate for the profession of dietetics. Tetyana's dietetics journey began with a bridging course in 2006 at the University of the Sunshine Coast, followed by the completion of her Bachelor of Nutrition and Dietetics in 2011. She subsequently pursued a Bachelor of Science (Honours) and then obtained her PhD, focusing on the wellbeing of nutrition and dietetics students undergoing training. Post-PhD, Tetyana worked as course lead in the Nutrition and Dietetics Department, University of the Sunshine Coast. Since 2017, she has been working at Deakin University, leading the Food & Mood Academy – a pioneering academic centre providing accessible and meaningful education and training in nutritional psychiatry. To date, Tetyana has authored over 50 publications and book chapters and has delivered over 100 keynotes and presentations in Australia and internationally for professionals, researchers and communities. In addition, Tetyana currently leads a world-first free online course on the topic of food and mood and delivers advanced training resources aimed at enhancing the skills and knowledge of mental healthcare professionals in diet, nutrition, and lifestyle medicine.

### **Lecture in Honour**

#### Lecture in Honour of Chester Goodsell

#### Presented by Associate Professor Yasmine Probst AdvAPD



Associate Professor Yasmine Probst AdvAPD presenting the Lecture in Honour of Chester Goodsell at the Dietitians Australia 2024 Conference.

The Lecture in Honour at the Dietitians Australia 2024 Conference celebrated the life and legacy of Chester Goodsell, a visionary dietitian and CEO of Xyris. Chester passed away in November 2020 from glioblastoma. He was the creator of Foodworks, the leading nutrient analysis software in the Southern Hemisphere, and a tireless advocate for food composition and dietetics. His pioneering work transformed nutrition education and practice across Australia, supporting thousands of dietitians and nutritionists. Chester's commitment to innovation, collaboration with FSANZ, and development of tools like Easy Diet Diary and Foodworks have left a lasting impact. His legacy continues through Xyris and the many professionals he inspired.

## President's Award for Innovation

#### Dr Flávia Fayet-Moore APD



Dr Flávia Fayet-Moore APD at the Dietitians Australia 2024 Conference Dinner and Awards Ceremony.

Dr Flav (Flávia Fayet-Moore) is a Brazilian-born, Canadian-raised, Australian-made scientist, dietitian, space nutritionist and entrepreneur. She is an Accredited Practising Dietitian, Registered Nutritionist, board-certified Lifestyle Medicine Professional, and Adjunct Lecturer at the University of Newcastle. Dr Flav graduated from the University of Toronto with a Bachelor of Science (Honours) with a major in human biology and nutritional sciences specialist. She obtained both her Master of Nutrition and Dietetics and PhD in nutrition from the University of Sydney, and completed the Space Studies Program at the International Space University. She believes that science, technology and creativity can go a long way in solving some of the problems we face globally in health and wellbeing and has dedicated her 20-plus year career to performing and translating nutrition research that makes a public health impact. As founder and CEO of FOODiQ Global, she leads game-changing research, education and communication that provides strategic and meaningful impacts. As co-founder of Food is Cool, she is on a mission to increase access to evidence-based nutrition education for the early years to help everyone have a positive relationship with food for life.

#### **Dr Rebecca Luong APD**



Dr Rebecca Luong APD at the Dietitians Australia 2024 Conference Dinner and Awards Ceremony.

Dr Rebecca Luong has worked as an Accredited Practising Dietitian for 8 years in various areas of dietetics, including private practice, outpatient hospital, supermarket nutrition, community health, and research. She also recently completed a PhD in nutrition and cardiometabolic health. Rebecca is an advocate for evidence-based nutrition science and is well-rounded in the provision of dietary advice and solutions. Post-PhD she has been invited to media interviews, including on ABC national news and local radio, to provide healthy eating tips to Australians. Rebecca is currently bringing evidence-based nutrition solutions to life and is the founding dietitian of Heartful Flavours, an innovative healthy food start-up creating Australia's healthiest meal base seasonings, for flavours that put your health first. The mission is to eliminate excess sodium intake and support heart health, which is in alignment with 2 of the UN Sustainable Development Goals: Good Health and Well-being, and Responsible Consumption and Production. It also aligns with the World Health Organization's commitment and the Australian Healthy Food Partnership goal to reduce sodium intake. Heartful Flavours has been featured in the food industry magazine Inside FMCG and was selected as a finalist in the Naturally Good Expo Pitch Fest.

# Early Career Dietitian Award (in memory of Dr Joan Mary Woodhill OBE)

#### **Tracy Hardy APD**

Tracy Hardy is a Gamilaroi woman, Accredited Practising Dietitian, Accredited Nutritionist and founder of Wattleseed Nutrition, Health and Wellbeing. Wattleseed Nutrition is a 100% First Nations-owned business based on Gubbi Gubbi/Kabi Kabi Country, on Queensland's Sunshine Coast. Tracy continually works to deepen her knowledge and understanding of health, wellbeing and Indigenous healing practices, and is excited to be embarking on a PhD that relates to her work. Tracy strongly advocates for food and health systems reform, to grow collective leadership that drives anti-racist, culturally grounded, trauma-responsive and healing-centred systems, care, practice and engagement so that current and future generations of First Nations peoples can enjoy the same fundamental right to self-determined and thriving health and wellbeing as other Australians. Tracy applies a strengths-based, holistic and cultural lens, focusing on sustainable and healing connections, conversations and actions. She recognises the value of understanding the past and ongoing impacts of trauma and the power of revalorising Indigenous healing approaches and connections to cultural foods, lands, and practices. Tracy believes that, through two-way sharing of knowledge, we foster understanding and grow collective healing.



# Barbara Chester Memorial Award (Qld)

#### Associate Professor Susan de Jersey AdvAPD

Associate Professor Susan de Jersey is an Advanced Accredited Practising Dietitian and Senior Research Fellow with Metro North Hospital and Health Service and the University of Queensland. Under her leadership, access to dietetic antenatal care within Queensland's largest health service has grown sixfold. Dr de Jersey's research focuses on generating new knowledge and implementing significant changes to antenatal care, promoting healthy pregnancies and optimising the health of future generations. Her work has influenced health policy and clinical practice at local, state and national levels. Nationally recognised for her expertise in pregnancy nutrition and pregnancy weight management, Dr de Jersey serves as a Board Director for the Australasian Diabetes in Pregnancy Society and has been key in clinical guideline development both nationally and within Queensland. In the past 5 years, she has secured over \$11.5 million in research funding and leads the Maternal Health Program for the University of Queensland's Centre for Health Services Research.



# Joan Woodhill Prize for Excellence in Research (NSW) - Doctorate Prize

#### Dr Emalie Rosewarne APD

Dr Emalie Rosewarne is a postdoctoral research fellow and Accredited Practising Dietitian at the University of Sydney's School of Public Health. Her current research focuses on research translation and implementation science of childhood obesity prevention policies and programs. Emalie completed her PhD in 2023 at The George Institute for Global Health (University of NSW), which assessed the design, implementation, and evaluation of nutrition policies and programs to create healthier food environments. During this time, Emalie also conducted local and international research on food policies and salt reduction strategies at The George Institute as part of the Food Policy Division and World Health Organization Collaborating Centre on Population Salt Reduction.



# **Quality in Primary Care**

#### **Medium/Large Business Category**

#### **NuActive Health Professionals**

NuActive Health Professionals was founded by Joanne Turner in Gymea, NSW. It is a multidisciplinary medical and allied health practice with a team that includes APDs, sports dietitians, exercise physiologists, registered psychologists, speech pathologists and a gastroenterologist. The business has been providing expert health advice to individuals, corporate organisations, athletes, media, the food industry and the general community for 23 years.



#### **Small Business Category**

#### **Pristine Fertility**

Pristine Fertility is an online fertility nutrition practice that offers nutrition care to clients. Led by fertility and prenatal dietitian Catherine Chong, the business was recently honoured with the European Fertility Society Best Fertility Service Award 2024. Pristine Fertility blends cutting-edge science with holistic nutrition and lifestyle strategies to support clients globally. With compassionate, expert, and proactive care, Pristine Fertility helps to turn parenthood dreams into reality.



# Nutrition & Dietetics journal awards

Top Cited Paper for the 2024 Impact Factor Citation Window

**Hannah Melville APD and others**: The nutritional profile of plant-based meat analogues available for sale in Australia

Top Altmetric Result for the 2024 Impact Factor Citation Window

**Hannah Melville APD and others**: The nutritional profile of plant-based meat analogues available for sale in Australia

### Recognition of Meritorious Service Award

#### **Amy Phillips**

Since Amy Phillips started as Media Manager at Dietitians Australia in 2022, the organisation's media presence and commitment to advocacy has continued to go from strength to strength. While Amy is not a dietitian, she has developed a diverse and comprehensive understanding of the dietetics profession and the Dietitians Australia membership. Amy is a dedicated and influential media manager, deeply committed to advocating for the profession and shaping authentic relationships with all of Dietitians Australia's stakeholders. Known for her integrity, responsiveness, and commitment to excellence, she empowers dietitians to use their voices effectively in media and policy spaces. Amy upholds the values of Dietitians Australia and leads and supports her colleagues and Dietitians Australia members with courage, energy, dedication and a clear sense of purpose. She is highly regarded within the health community and goes to great lengths to ensure that Dietitians Australia and its membership are well represented in media, making her a very deserving recipient of this award.



(L-R) CEO Magriet Raxworthy, Amy Phillips and President Fiona Willer AdvAPD at Dietitians Australia's National Office.

# Section 8 – Education Centre



The Education Centre portfolio oversees Dietitians Australia events, Centre for Advanced Learning (CAL) courses, ProQuest, Practice-based Evidence in Nutrition (PEN), Nutrition Care Process Terminology (NCPT), the Resource Library and the Nutrition & Dietetics journal.

# 2024-25 financial year highlights

The Education Centre, with Board support, announced a refreshed continuing professional development (CPD) model. Informed by member feedback, the refreshed model emphasises delivering better value for money, providing relevant and accessible CPD, and giving more opportunities for members to connect and engage.

The Education Centre continued to support Interest Groups and Branches with running virtual and hybrid CPD events, as well as face-to-face networking events.

The Education Centre achieved its key Reconciliation Action Plan (RAP) deliverable by collaborating with the RAP Working Group to organise 2 complimentary NAIDOC Week webinars and 1 complimentary National Reconciliation Week webinar.

The Education Centre collaborated with HealthBank and the Gastroenterology Interest Group leadership team to deliver the first one-day summits under the refreshed CPD model. These summits received outstanding engagement and excellent member feedback. These pilot summits have paved the way for the success of future summits in this format as valuable and accessible CPD.

CAL continues to offer longer-form self-paced CPD opportunities through Evergreen courses and remains committed to ensuring these courses stay current and relevant. To this end, 3 courses were reviewed, updated, and relaunched in this financial year. A further 3 courses began the review process, with the view to relaunching in the next financial year.

### **Year in review**

This year the Education Centre took bold and exciting steps forward, implementing a fresh approach in our commitment to delivering impactful learning opportunities for our members.

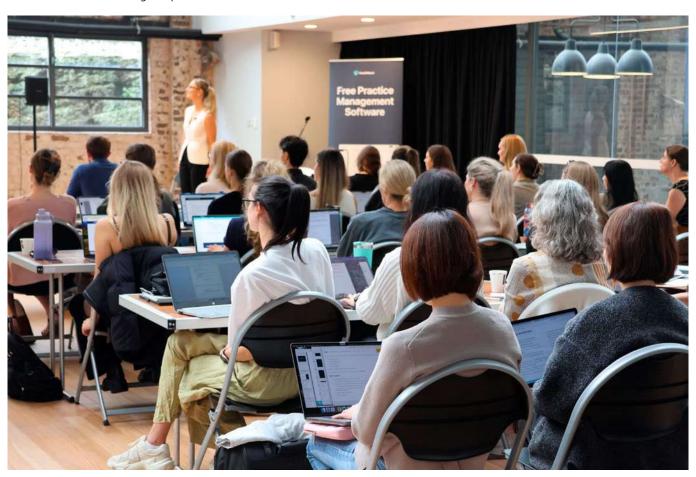
#### **Refreshed CPD model**

With this new model, we're reimagining and enhancing the experiences we offer to our members, and adding focused one-day summits tailored to specific interests, expanding access to higher learning, and a more diverse lineup of webinars and resources. Some of the notable changes include:

- moving beyond foundational courses to offer new intermediate and advanced CPD through CAL to support career progression
- delivering more webinars across a broader range of topics, as requested by our members
- holding several one-day summits on topics like business skills, a range of practical and clinical skill

- areas, and research making it easier and more affordable for more members to participate
- highlighting our members' groundbreaking work by launching the inaugural National Nutrition & Dietetics Research Summit, including face-to-face networking and abstract submissions published in the Nutrition & Dietetics journal supplement.

The changes and advancements to Education Centre offerings are in response to member feedback and are part of our ongoing commitment to ensuring that learning opportunities are high-quality and responsive to member needs.



Attendees at the Build & Grow Your Digital Private Practice Summit, Dietitians Australia's inaugural one-day summit in Sydney, May 2025.

#### **Dietitians Australia events**

Dietitians Australia events are facilitated through the Education Centre in collaboration with Interest Groups and Branches, or are developed by the Education Centre team in response to member feedback on highly requested topics.

Most CPD events were held virtually in webinar format. The virtual and hybrid models support greater accessibility as they reduce geographical barriers and allow events to be recorded so participants can watch them at any time. This enabled 3614 members to attend CPD events this year.

This year also saw a record number of networking events, with 17 held across all states and territories – 9 in celebration of Dietitians Week. These networking events gave 338 members the opportunity to connect with peers in a face-to-face setting.

#### **Centre for Advanced Learning**

CAL aims to provide high-quality, evidence-based CPD specifically designed to meet the education needs of Dietitians Australia members to advance their professional capacity. This supports Dietitians Australia in its goal to be the go-to provider of high-quality CPD for dietitians.

Each Evergreen course undergoes a review 3 years after its launch to ensure it includes the latest information. This year saw 3 reviewed courses relaunched and a further 3 courses moving through the course review process.



#### 2024 Conference

The Dietitians Australia 2024 Conference was held at the Brisbane Convention and Exhibition Centre from 18 to 20 August. With the theme 'Breaking Barriers' and sub-themes 'Innovate, Activate and Launch', it challenged delegates to break down existing and perceived barriers, be innovative, and advocate for the role of dietetic services in the promotion of health and wellbeing of people, groups, and communities.

Highlights from the 2024 Conference:

- Over 550 delegates
- 10 international delegates (from New Zealand, Singapore, Hong Kong, and Japan)
- 14 workshops
- 170 presentations
- 56 posters



(L–R) Professor Clair Sullivan, Elizabeth Koff AM and Dr Katrina Campbell AdvAPD at the Dietitians Australia 2024 Conference, Brisbane, August 2024.

#### **Award-winning Learning Portal**

In October 2024, Dietitians Australia was honoured with the Advanced Solutions International Great Things Award for commitment to excellence and innovation in learning and development.

This award recognised the efforts of the Education and Member Care teams, particularly the Education Centre's CAL Course Coordinator, Sarah Sutevski, in implementing a new learning management system (LMS), which is the platform through which CAL course and event participants can access learning content online.

The implementation of the new LMS, now known as the Learning Portal, culminated in the launch of the new platform in August 2023. Since then, the Learning Portal has been instrumental in supporting innovation for CAL and improving the user experience, and has received significant positive feedback.

#### Resources

The Education Centre also coordinates member access to various resources, including PEN, ProQuest, the NCPT, the Resource Library, and the *Nutrition & Dietetics* journal.

Among the great work being developed and delivered through these databases and resources, there were 2 notable achievements this year.

- Dietitians Australia and the British Dietetic Association (BDA) collaborated to provide reciprocal access to their respective journals. Dietitians Australia members now have access to the BDA journal and the exciting research being published there.
- The Nutrition & Dietetics journal achieved an Impact Factor of 3.2 in 2024, highlighting its growing impact as a reputable resource.

'It was a really on-trend topic, really applicable to my practice. Speakers were excellent and full of knowledge. I felt it was full of practical tips to implement in my own practice.'

Anonymous survey response

'The topics were great and provision of up-to-date evidence was very useful. Practical tips for practice were very helpful also.'

Anonymous survey response

'Practical advice and brilliant clear presenter. I was very inspired by [the presenter].'

Anonymous survey response

'Comprehensive, great content and very well presented. It is an area I am often asked about and to have reliable resources, including the videos incorporated into the training, is excellent.'

Anonymous survey response

'Very user-friendly, bite-size information put into each module which made learning easy and enjoyable. Easy to navigate through each module and liked that it was self-paced. Love that each module had a downloadable PDF to refer to later too!'

Anonymous survey response



# Section 9 – Communities reports



## External representative reports

## Allied Health Professions Australia (AHPA) Aged Care Working Group

#### Representative: Bradley Stirling

This is a group of representatives from allied health peak bodies, working together to advocate for a more positive future for allied health professionals working in aged care settings. Dietitians Australia's involvement ensures the dietetics profession is represented in AHPA's advocacy efforts within the aged care space. Collaboration allows Dietitians Australia to have input and representation on submissions by AHPA and to have our submissions reviewed and supported in-kind.

#### **Key achievements**

The Aged Care Working Group has discussed and cooperated on various submissions related to the new *Aged Care Act 2024*. In meetings, the group worked to align messaging on these submissions and strengthen our collective voice. The group collaborated on our respective submissions regarding the development of the allied health needs assessment tool.

#### Allied Health Professions Australia (AHPA) Clinical Terminology Data Standards Working Group

#### Representative: Dr Angela Vivanti AdvAPD FDA

The aim of this group is supporting new federal government initiatives to improve digital health information-sharing. Dietitian Australia's representatives work collaboratively with AHPA and others to enhance allied health's digital maturity through:

- digital solutions, for example data for advocacy, research and informing policy development
- workforce education and engagement relevant to improving the digital health maturity of the allied health sector
- · specific digital health recommendations
- related infrastructure, governance, service and system information.

#### **Key achievements**

Work towards the integration of allied health diagnoses and plans within My Health Record has occurred through active contribution to CSIRO's SPARKED project. Dietetic input was incorporated into data flow, different health journeys and chronic disease management scenarios.

The working group:

- provided updates on initiatives being undertaken by allied health professions
- collaborated and shared knowledge to support digital health initiatives
- coordinated individual and joint responses to consultations, submissions and general communication.

The working group focused on ensuring interoperable, sector-wide solutions that enable efficient use of resources and progression of the allied health sector within the digital health network.

## Australian and New Zealand Hip Fracture Registry Steering Committee

#### Representative: Adj Prof Jack Bell PhD AdvAPD

The Australian and New Zealand Hip Fracture Registry (ANZHFR) is a clinical quality registry that collects data on the care and outcomes of older people admitted to hospital with a fracture of the proximal femur. The Registry's minimum dataset is aligned with the Australian and New Zealand Guideline for Hip Fracture Care in Adults (2014) and the bi-national Hip Fracture Clinical Care Standard, developed in partnership with the Australian Commission on Safety and Quality in Health Care and the New Zealand Quality and Safety Commission. The Registry is overseen by a multidisciplinary advisory group with representation from key clinical and consumer organisations, including Dietitians Australia.

Representation on the ANZHFR Advisory Group continues to provide a vital platform for advocating for high-quality nutrition care as an essential component of hip fracture management. As audit data becomes increasingly aligned with national standards and improvement initiatives such as SIMPLER, Dietitians Australia plays a critical role in driving practice change. Continued involvement ensures that dietitians remain central to collaborative efforts that translate evidence into action, reduce unwarranted care variation, and improve outcomes for older adults across Australia and New Zealand.

#### **Key achievements**

In response to recent updates to the Hip Fracture Clinical Care Standard, the ANZHFR core dataset was revised to include a second nutrition-related audit variable. This new variable was collected for the first time in 2024 and will be reported in the upcoming 2025 ANZHFR Annual Report, encompassing data from over 100 participating hospitals.

The 2024 ANZHFR Annual Report featured 'nutrition' 17 times, including a dedicated two-page 'Spotlight on Nutrition'. Targeted dissemination and quality improvement efforts have led to significant gains in the completion of malnutrition assessments, with rates increasing from 44% to over 70% across 14,066 records from 79 Australian hospitals and 3,668 records from 21 New Zealand hospitals.

The SIMPLER Nutrition Pathway for Fragility Fractures was also showcased in an invited presentation at the 2024 bi-national HipFest conference. Ongoing efforts now focus on supporting hospitals to implement the SIMPLER pathway, with the aim of improving nutrition care practices and driving future improvements in both core and sprint audit metrics ahead of planned repeat audits.

## Food Standards Australia and New Zealand Food Allergen Collaboration

#### Representative: Dr Anne Swain PhD AdvAPD FDA

The Food Standards Australia and New Zealand Food Allergen Collaboration (the Allergen Collaboration) aims to strengthen engagement and collaboration among a range of key stakeholders. The collaboration provides a way to share information and develop common approaches to enhance the effectiveness of risk management of food allergens, with the objective of supporting consumers to make safer food choices.

#### **Key achievements**

The Allergen Collaboration held meetings where the following focus areas from the Food Allergen Management Symposium were discussed:

- Precautionary Allergen Labelling consensus statement
- communicating with culturally and linguistically diverse populations
- online food allergen information and food allergen management auditing
- plan for Allergen Portal refresh
- Australia and New Zealand consensus statement on best-practice food allergen management 2025 – 'Managing food allergies is everyone's responsibility'
- emerging issues such as vegan claims, online food sales, imported foods and recalls.

#### Meals on Wheels Australia (MoWA) Advisory Council

#### **Representative: Bradley Stirling**

This is an advisory group to discuss issues relevant to Meals on Wheels across the whole of Australia and includes several external organisations to share knowledge and provide diverse input. The new in-home meal obligations require meal providers to conduct annual assessments of the menu, and this meeting is an important channel of communication and knowledge-sharing between our organisations, which each have an important role to play in the new rules. Maintaining a seat on this advisory council allows us to get an inside look at how the new menu assessment is being received and helps guide development of a sensible and effective tool to assist dietitians in this space.

#### **Key achievements**

The MoWA Advisory Council has provided a valuable touchpoint to in-home meal providers. This relationship has allowed us to work together and align our messaging more effectively with the sector itself when responding to the Stage 4b rules consultation with the Department of Health, Disability and Ageing, leading to more effective and grounded recommendations.

#### National Allergy Council Shared Care Working Group

#### **Representative: Corrina Michael APD**

The working group is collaborating on the development of a national shared care for allergy strategy to support consumer access to appropriately trained healthcare professionals and to support regional communities with better access via innovative models of care that consider supportive training and mentoring programs for healthcare professionals. Strategic reasons for Dietitians Australia's continued representation include supporting dietitians to maintain appropriate training and education in food allergy management, supporting consumers' confidence in accessing appropriately trained dietitians in food allergy, and providing guidance on training and recognition programs for food allergy dietitians.

Through its involvement on the working group, Dietitians Australia:

- supports development of a food allergy CAL course for entry-level dietitians or those new to allergy work
- provides guidance on education and training to postgraduate dietetic students
- advocates for food allergy dietitians as key healthcare professionals in food allergy management
- advocates for funding models to support dietitians as key healthcare professionals in food allergy management, through Medicare rebates.

#### **Key achievements**

- New allergy training pathways and networks:
   One of the education and training initiatives through Australian Society of Clinical Immunology and Allergy funding grants is development of a pilot Allergy Dietitian Recognition and Certification Pathway.

   The aim is to build capacity of dietitians through standardised, evidence-informed education and training pathways, with a mechanism for certification and verification of appropriately trained allergy dietitians to support consumer access to appropriate putrition care.
- Recognition pathways for allergy healthcare professionals: The National Allergy Council is leading the development of a recognition pathway for healthcare professionals who have undertaken additional education and training in allergy. There is potential for dietitians who complete training pathways to be made more visible in a public directory service. This could also be done via the Find a Dietitian tool on the Dietitians Australia website.

## International representation

### Systematized Nomenclature of Medicine Clinical Terms (SNOMED-CT) Nutrition Care Process Terminology Committee (NCPTC) and International Subcommittee

#### Representative: Dr Angela Vivanti AdvAPD FDA

Dietitian Australia continues to positively influence the international arena by advancing Nutrition Care Process Terminology (NCPT) and Systematized Nomenclature of Medicine (SNOMED), which offers significant contributions to dietetics' future nationally and globally, creating infrastructure to support e-health records and dietetic outcomes, assessment and evaluation as part of standard practice.

Incorporating NCPT within the international SNOMED-Clinical Terms continues to enable the use of standard dietetic terms globally, in line with the Dietitians Australia mission to champion the nutrition and dietetic workforce to empower people and communities. As more countries and sites use electronic health records, a common language of standard dietetic terms provides a transformational opportunity that supports dietitians' demonstration of health outcomes, empowering our profession for the benefit of our communities.

#### **Key achievements**

After the creation of a Nutrition Care Process Terminology (NCPT) diagnoses reference set (RefSet), work with SNOMED-CT (international release) is progressing.

Active involvement in the SNOMED-CT NCPT Project Group continues the mapping and inclusion of nutrition-related content for assessment, monitoring and evaluation. These advancements streamline the incorporation of dietetic terms into electronic health record systems globally, aiding utilisation in practice.

Enhancing implementation and outcomes proceeded through:

- 'Transforming Care: Leveraging Nutrition EHR
  Integration to Improve Clinical Outcomes' presentation
  within the US Commission on Dietetic Registration's
  (CDR) May Quality Spotlight
- 'Why NCP' document for publication on CDR's website
- using the SCARF model to enhance the writing and sharing of concepts
- contributing to the SNOMED Implementation Guide development.

Dietitians Australia's representation actively contributes to global implementation and broadens perspectives during the development and refinement of the international standardised language.

## Branch and Interest Group Leadership Committee 2024–25 highlights

Over 350 dedicated members make up the leadership committees of the Dietitians Australia Branches and Interest Groups. During 2024–25 the Branches and Interest Groups achieved the following:

- The Dietitians Australia Branches held a record number of networking opportunities for members across all states and territories, with 17 held in total.
- 6 face-to-face, hybrid and online CPD events were delivered in collaboration with Interest Groups and Branches.
- During Dietitians Week, 2 Branch events and 13 Friends of Nutrition events were jointly coordinated by Dietitians Australia and the Branches, with over 190 attendees across the country.
- Interest Groups and Branches contributed to a variety of advocacy and policy activities, particularly the development of submissions.
- There was a general increase in Share Plate engagement, with lots of focus across the groups on creating more communication within the online communities.

#### **Australian Capital Territory Branch**

The ACT Branch Leadership Committee had a successful year, hosting a range of well-attended networking events and launching their first branch newsletter. Outgoing convenor Alison Coenen fostered an inclusive, engaged group, with strong attendance at committee meetings and a great sense of camaraderie.

Highlights included the popular evening networking event at the Alby, a weekend tour of the National Portrait Gallery followed by lunch at Rosa's, and 2 morning coffee walks, all of which received positive feedback. To boost engagement with ACT dietitians, the committee circulated a newsletter and ran a CPD survey tailored to the group.



Attendees at the ACT Branch's 2024 networking event.

#### **New South Wales Branch**

The NSW Branch had a productive year, rebuilding after a period of inactivity with a refreshed leadership team. They delivered 2 key events: a networking night following the Dietitians Australia CPD HealthBank Private Practice Summit in May, and a Friends of Nutrition Morning Tea during Dietitians Week – both aimed at connecting students, early career and experienced dietitians.

A highlight was the casual networking event in May 2025, which brought together over 30 dietitians across career stages and practice areas in a relaxed, inclusive setting that fostered meaningful connections.

The Branch re-established an active leadership committee with representation across career stages, increased engagement through inclusive face-to-face events, and strengthened collaboration across academia, community health, and private practice. The Friends of Nutrition Morning Tea also launched a food drive in partnership with the University of Sydney Food Hub.

#### **Queensland Branch**

2024–25 was a year of transition for the Queensland Branch, with several long-term members stepping down and new members joining, bringing fresh ideas and energy. Despite the convenor being on leave, the committee successfully delivered multiple events, thanks to strong teamwork and support.

Key highlights include a coffee walk-and-talk networking event in August 2024, the annual networking and awards night in March 2025, and 3 Friends of Nutrition Morning Teas held across Brisbane, the Sunshine Coast and Townsville during Dietitians Week.

#### South Australia Branch

2024–25 was a productive year for the South Australian Branch Leadership Committee. Following proactive recruitment, the leadership committee grew from 7 to 11, increasing the diversity of roles and interests represented. Several successful networking events were held to support emerging dietitians in exploring career pathways, with strong participation from both students and professionals. These events fostered a supportive environment for sharing insights and building an understanding of Dietitians Australia and the SA Branch.

Engagement increased through a variety of events – social, career-focused and networking – appealing to dietitians from a diversity of backgrounds. The committee also acted on feedback from the 2023–24 SA Membership Survey, helping to better align activities with member priorities.



Attendees at the SA Dietitians Week Walk in Adelaide, June 2025.

#### Tasmania Branch

This year, the Tasmania Branch Leadership Committee welcomed a new convenor and recruited 2 new members, strengthening the team and delivering a range of well-received networking events. They also collaborated with the Dietitians Australia Advocacy and Policy team, with Advocacy Coordinators dedicating significant time to gather member feedback and contribute to a detailed submission for the Tasmanian Department of Health's 20-Year Preventative Health Strategy.

Key highlights include hosting 2 networking events (Jingles & Mingle and Friends of Nutrition Walk & Talk) across 3 regions, submitting a Dietitians Australia Life Membership nomination for one of Tasmania's long-serving dietitians, and advancing advocacy efforts through the 20-Year Preventative Health Strategy submission.

#### Victoria Branch

This year, the Victoria Branch Leadership Committee welcomed 4 new members and a new convenor, with thanks to the outgoing co-convenors. Strong engagement from students across 4 Victorian universities contributed to a vibrant networking event held during Dietitians Week, which was a highlight of the year. The Branch remains active and optimistic moving forward.

The annual networking event drew 30 attendees from diverse areas of dietetics for a relaxed coffee chat and garden walk. Student volunteers played a key role in its success and gained valuable leadership experience. The event was delivered smoothly and within budget. The committee now reflects a dynamic mix of professionals across clinical practice, research, academia and private practice.

#### Western Australia Branch

The Western Australia Branch Leadership Committee had another successful year, advancing nutrition priorities and strengthening engagement through several networking events. A highlight was the Dietitians Week celebration, which brought WA dietitians together and featured attendance from Dietitians Australia CEO Magriet Raxworthy.

The committee met with Magriet to discuss WA-specific issues, hosted the 'Gut Feeling!' webinar on diet and mental health, and developed state nutrition priority areas in collaboration with key stakeholders. Engagement within the committee was also fostered through several events like the WA Leadership Committee Christmas dinner.



WA Branch leadership committee at the WA Branch Friends of Nutrition event in Perth, June 2025.

# Interest Group Leadership Committee reports

## Adverse Food Reactions Interest Group (AFRIG)

The Adverse Food Reactions Interest Group achieved several of its 2024-25 goals thanks to the invaluable input of its 12 dedicated leadership members. The AFRIG retained its 1500 members. Challenges have included advocating for FSANZ to change the Food Standards Code to include monitoring of the production and labelling of oats suitable for people with coeliac disease, as well as planning an AFRIG networking event. Key highlights included hosting the webinar 'From mechanisms to management: Approaches for IBS' and delivering a free CPD talk on 'Diagnosis and management for non-IgE mediated food allergies in infants'. They also maintained strong Share Plate engagement, with 104 discussion posts and 12 monthly 'On Call' dietitians. The group also reviewed the Dietitians Australia health advice pages on irritable bowel syndrome and lactose intolerance.

#### **Bariatric Surgery Interest Group (BSIG)**

The Bariatric Surgery Interest Group grew to 1251 members in 2024–25, supported by 8 active leadership committee members with extensive bariatric expertise. Key achievements for the leadership committee included raising awareness of peripheral neuropathy risks from excessive vitamin B6 through contributions to national CPD events, generating media interest across several states and increasing Therapeutic Goods Administration (TGA) lodgements. The group also prepared a peer-reviewed article for the Dietitians Australia diet and nutrition health advice page, with a user guide and instructional video on reporting B6 toxicity to the TGA planned for release in late 2025. They also designed and delivered an Education Centre masterclass webinar, 'Prevention and management of micronutrient deficiency and toxicity after bariatric surgery', attended by over 100 participants. The committee continued to provide expert guidance through Share Plate.

#### Corporate Nutrition Interest Group (CNIG)

The Corporate Nutrition Interest Group had a focused year, with efforts centred on better understanding members' needs and defining the scope of corporate nutrition. A key milestone was the completion of a member engagement survey, which attracted interest from 20 active members keen to stay connected via an email list. Key achievements included designing, running, and analysing the survey, which provided valuable insights into the group's direction. The leadership team also welcomed 2 new committee members, strengthening capacity for future initiatives.

#### Diabetes Interest Group (DIABIG)

The Diabetes Interest Group Leadership Team had a year of both challenges and successes, notably increasing general membership. The team supported the Australian Diabetes Congress by coordinating expressions of interest for dietitian speakers, promoting leadership in diabetes care and multidisciplinary collaboration. The DIABIG NSW Chapter continued to lead with regular CPD offerings.

Another highlight was advocating for the Australian Diabetes Educators Association–Dietitians Australia joint statement on the role of APDs and Certified Diabetes Educators, including those with dual qualifications.

## Dietitians in Digital Health Interest Group (DDHIG)

The Dietitians in Digital Health Interest Group made a key contribution to the newly formed Digital Health Advisory Group convened by Dietitians Australia, helping shape national policy and advocacy in this evolving space. Their active involvement ensures dietitians' perspectives are included in shaping national digital health systems and policies.

Highlights included participation in establishing the Advisory Group, contributing to its terms of reference, supporting advocacy efforts by sharing expertise and identifying system design priorities relevant to dietitians, and participating in early consultation activities coordinated by Dietitians Australia and the Australian Digital Health Agency.

## Dietitians in Management Interest Group (DIMIG)

The Dietitians in Management Interest Group focused on increasing engagement this year, with moderate success. While forum registration was high, attendance remained a challenge. The leadership committee maintained regular meetings and continued planning future activities based on member feedback. Key highlights included a panel discussion in November 2024 with 22 attendees (from 71 registrations), an engagement survey summary shared with members, one member bio posted on Share Plate, and ongoing planning informed by survey and event feedback.

## Dietitians in the Private Sector Interest Group (DIPSIG)

It was a productive year for the Dietitians in the Private Sector Interest Group, marked by the recruitment of new committee members and growing engagement on Share Plate. The leadership committee has been actively posting and responding to content on Share Plate, ensuring relevance and encouraging interaction. Overall engagement has increased, with ad hoc positive feedback from members reflecting the value of these efforts.

#### **Disability Interest Group (DIG)**

Disability Interest Group members have maintained regular contact and have been able to support each other in their individual pursuits and challenges. New members joined the leadership team in 2024–25, bringing energy and a fresh perspective.

#### Eating Disorders Interest Group (EDIG)

The Eating Disorders Interest Group had a prosperous 2024–25, driven by the leadership committee's willingness to take on new roles, activities, and advocacy efforts. A key highlight was the successful completion of a 3-part professional development series on body image for dietitians, culminating in the release of an accompanying infographic on Share Plate.

Key achievements included hosting the final session of the body image series, receiving the combined Australia & New Zealand Academy for Eating Disorders (ANZAED) and Dietitians Australia external conference research prize at the ANZAED annual conference in Auckland, and maintaining regular engagement with the community through Share Plate posts.

## Food and Environment Interest Group (FEIG)

It has been a successful year for the Food and Environment Interest Group, with a new co-convenor. A highlight for the group is that PlanEATery Quest, a tool developed by the group, is currently being used in university dietetic training courses at Monash University, the University of Queensland and the University of South Australia. The FEIG leadership committee has developed a list of relevant and current reviews, research and publications to assist with identifying potential collaborations within the committee, as well as sharing knowledge, expertise and experience. This is an ongoing piece of work and will continue to be used in the future.

Key achievements included the workshop 'From theory to reality: A map and guide to the Pathway to Planetary Health in practice' held at the Dietitians Australia 2024 Conference; the Australian Dietary Guidelines politicians briefing, which is progressing with input from external organisations such as the Climate and Health Alliance; and coverage of World Environment Day on LinkedIn and Instagram. The Pathway to Planetary Health tool will be launched on the Dietitians Australia website in the 2025–26 financial year.



Dr Kristen Mackenzie-Shalders APD from the Food and Environment Interest Group presenting at Dietitians Australia Conference 2024, August.

#### Gastroenterology Interest Group (GIG)

The Gastroenterology Interest Group had a highly productive year, with a major highlight being their collaboration with the Education Centre on the Dietitians Australia Gastroenterology Summit 2025, which attracted over 400 attendees. The group played a key role in organising and presenting at the summit, ensuring a seamless and impactful experience.

They also enhanced engagement on Share Plate by initiating discussions, sharing resources, and encouraging collaboration among members. Additionally, 4 new members were recruited to the leadership team.

## Indigenous Nutrition Interest Group (INDIG)

The Indigenous Nutrition Interest Group experienced leadership changes at the end of 2024, including the appointment of a new convenor. During this transition, the team collaborated with other dietitians and Dietitians Australia to explore the development of a Community of Practice (CoP) for those working in Aboriginal and Torres Strait Islander health.

Key highlights included a presentation by Robyn Delbridge AdvAPD and Annabelle Wilson AdvAPD on their research into CoPs, leadership team meetings with Dietitians Australia executives to pitch the CoP concept, and collaborative planning for further research. The group also began reviewing and updating their role statement.

## Paediatric and Maternal Health Interest Group (PMHIG)

The Paediatric and Maternal Health Interest Group had a strong year of growth and re-engagement, expanding the leadership committee to 8 members, including 2 new and 1 returning member. The committee sought to engage the Interest Group membership with regular Share Plate activity, including a survey. The leadership committee met every 2 months to ensure cohesion and momentum. This strong leadership commitment helped to keep the IG engaged across the year. Key achievements included active advocacy contributions to the Australian Competition and Consumer Commission (ACCC) Consultation Draft Determination on Infant Nutrition Council Application, reinstating regular leadership meetings, and increasing member engagement through Share Plate discussions.

## Public Health and Community Nutrition Interest Group (PHCNIG)

The Public Health and Community Nutrition (PHCN) Interest Group Leadership Committee continues to be an active group of members committed to supporting public health and community nutrition dietitians. It does this via regular leadership team meetings, Share Plate posts and steady progress towards its key priority areas. Key achievements have showcased the strength of the group; however, challenges noted include recruiting a secretary, highlighting that competing priorities for members may be a factor in filling the role. The committee continued to engage with the Dietitians Australia Advocacy and Policy team, to continue to strengthen the voice of public health and community nutrition dietitians both within Dietitians Australia and outside. Key highlights included maintaining a peer network through 6 leadership meetings, recruiting 5 new members (exceeding the retirement of 3), and advancing advocacy through planning an upcoming advocacy workshop for PHCN leaders. The group also progressed the critical allyship project with internal and external collaborators and submitted a revised role statement in January 2025.

## Rehabilitation and Aged Care Interest Group (RACIG)

It was a successful and productive year for the Rehabilitation and Aged Care Interest Group. The group met monthly, and across the year they held 4 online catch-ups for the wider Dietitians Australia member community, with between 30 and 50 participants per session. Presenters covered a range of topics in these sessions, including 'End of Life Care' presented by Dr Olivia Farrer APD, 'Frailty' presented by Dr Adrienne Young AdvAPD and A/Prof Emily Gordon, and 'Foodservice in Rehab and Aged Care' presented by Jessica Kinneally APD and Helen Peel APD.

## Rural, Regional and Remote Interest Group (RRRIG)

The Rural, Regional and Remote Interest Group had a highly productive year, achieving all planned goals across advocacy and networking. Leadership committee members met regularly and actively contributed to the progress of these goals. Key highlights included successfully advocating for rural dietetics to be included in the annual Dietitians Australia CPD survey, progressing content for a Dietitians Australia role statement, hosting a student networking event online, and holding a networking event at the August 2024 conference. The group also met with Dietitians Australia staff to discuss membership data.

#### Working Overseas Interest Group (WOIG)

The Working Overseas Interest Group had a productive year, effectively supporting members navigating the complexities of international practice through peer discussions and resource sharing. These efforts have strengthened members' confidence and capacity to work overseas. Highlights included growing group membership and fostering a supportive community for sharing practical advice on topics like skills recognition and insurance coverage to support international mobility.



## Section 10 -Appendices



## Appendix A – Membership statistics

Category	ACT	NSW	NT	Qld	SA	Tas	Vic	WA	Overseas	Total
APD only	1	23	2	19	3	1	20	5	12	86
Affiliate member	0	0	0	1	0	0	2	1	6	10
Full-time	81	987	48	1002	256	67	983	304	275	4003
Part-time	45	737	5	597	160	37	667	217	52	2517
Career break	1	26	1	13	4	1	21	12	25	104
Full-time study	3	48		39	22	0	31	4	5	152
Non-practising dietitian	1	19	1	8	4	0	19	2	8	62
Parental leave	5	87	2	82	25	5	94	25	10	335
Seeking work/in unpaid work	8	140	3	152	30	2	176	28	57	596
Retired	5	28	1	19	7	1	24	8	3	96
Life member	1	4	0	2	4	0	5	3	0	19
Honorary member	1	1	0	0	0	0	1	1	0	4
Student	28	356	4	357	84	9	269	89	3	1199
Total	180	2456	67	2291	599	123	2312	699	456	9183

Membership numbers - last 5 years	2021	2022	2023	2024	2025
Working	5305	5879	6225	6392	6606
Currently not working	917	784	1016	1115	1187
Not working in a related industry	40	53	78	74	62
Overseas	447	393	N/A*	N/A*	N/A*
Retired	52	54	67	87	96
Student dietitian	1090	1225	1241	1205	1199
Honorary life and honorary members	14	14	16	21	23
Affiliate	8	6	8	8	10
Total	7873	8408	8651	8902	9183
% increase from previous year	6%	6.8%	2.9%	2.9%	3.2%

#### \*Overseas category removed in 2022

Membership absences - last 5 years	2021	2022	2023	2024	2025
Deferred	380	133	418	406	419
Resigned	43	12	19	21	31
Reinstated	7	584	254	505	510
Lapsed	303	144	301	440	435
Suspended/expelled	0	4	0	0	0

# Appendix B – Councils, committees, leading voices network and working parties

#### **Board Committees**

Position	Name	
Finance, Risk and Audit Committee		
Chairperson	Scott Dorries	
Members (as at 30 June 2025)	Professor Lauren Ball	
	Chris Miers	
	Scott Rollason	
	Dr Nadine White	
People, Culture and Performance Committee		
Chairperson	Suzanne Kennewell	
Members (as at 30 June 2025)	Associate Professor Janeane Dart	
	Tammy Tansley	
	Nicole Bando	
	Kelly Stephenson	
	Dr Nadine White	
Innovation and Growth Committee		
Chairperson	Lina Breik	
Members (as at 30 June 2025)	Professor Lauren Ball	
	Ashleigh Jones	
	Milena Katz	
	Sherrie Boucher (resigned 3 June 2025)	
	Dr Fiona Willer	
Strategic Advocacy Committee		
Chairperson	Mark Booth	
Members (as at 30 June 2025)	Lina Breik	
	Matthew Dwyer	
	Helen Karabassis	
	Elyse Denman	
	Dr Fiona Willer	
Nominations and Governance Committee		
Chairperson	Dr Nadine White	
Members (as at 30 June 2025)	Suzanne Kennewell	
	Mark Booth	

Position	Name
Dietitians and Nutritionists Regulatory Council	
Chairperson	Professor Claire Palermo
Members (as at 30 June 2025)	Tanya Trevena
	Gail Mulcair
	Kim Tikellis
	Professor Eleanor Beck
	Deanne Harris
	Professor Danielle Gallegos
Board Observer	Associate Professor Janeane Dart

#### Advocacy and Policy portfolio

Committee	Representative
Member representatives	
National Allergy Strategy Food Service Working Group	Corrina Michael
Australian Pain Society Relationships Committee	Dr Katherine Brain
Food Safety Information Council	Dr Sheri Cooper
Living Stroke Guidelines Content Experts Working Group	Fiona Simpson
Australia and New Zealand Hip Fracture Registry	Dr Jack Bell
Food Standards Australia New Zealand (FSANZ) Allergen Collaboration	Anne Swain
NSW Primary Health Care Cancer Framework Advisory Group	Vacant
SA Allied Health Professional Associations Consortium	Dr Jayne Barbour
National Allergy Council Shared Care Model Working Group	Corrina Michael
Nutrition Care Process Terminology (NCPT) International Subcommittee Working Group	Dr Angela Vivanti
Inflammatory Bowel Disease Pediatric Quality of Care Project Advisory Committee – Crohn's and Colitis Australia	Deidre Burgess
Australia Commission on Safety and Quality in Health Care Aged Care Clinical Standards Advisory Committee	Julie Dundon
Staff representatives	
Mental Health Australia	Julia Schindlmayr
Mental Health Allied Health Reference Group	Julia Schindlmayr
Department of Veterans' Affairs – Health Providers Partnership Forum	Julia Schindlmayr
AHPA Aged Care Working Group	Bradley Stirling
Meals on Wheels Australia (MoWA) Advisory Council	Bradley Stirling
Aged Care Reforms Reference Group	Bradley Stirling
Dietitians Australia and Aged Care Quality and Safety Commission Food, Nutrition and Dining Unit Joint Meetings	Bradley Stirling
FSANZ Consumer and Public Health Dialogue	Julia Schindlmayr
AHPA Disability Working Group	Dr Sabrina Pit
AHPA Rural and Remote Working Group	Dr Sabrina Pit
AHPA Digital Health Working Group	Dr Sabrina Pit
AHPA Primary Care Working Group	Dr Sabrina Pit
AHPA PHN and Allied Health Networking	Julia Schindlmayr
DA Disability Sector Reference Group	Dr Sabrina Pit
DA Digital Health Advisory Group	Dr Sabrina Pit

#### Branch committee members (as of 30 June 2025)

Committee	Position	Member Name
ACT	Convenor	Vacant
	Members	Justin Aniello
		Kimberley Briggen
		Caitlin Bull
		Simone Cannon
		Ruth Garkut
		Sian Hopkins
		Baan Kinani
		Ellas Ligdopoulos
		Clare Wolski
		Ekavi Georgousopoulou
NSW	Convenor	Rajshri Roy
		Adrian Dinale
	Members	Devanshi Gala
		Vidhushi Harit
		Sora McEvoy Bucholz
		Kalliope Mentis
		Aliyah Therese Quisaot
		Emalie Rosewarne
		Georgina Williams
NT	Convenor	Vacant
	Members	Emma Ainsworth
		Laura Baddeley
		Tiffany Tregea
		Katelyn Paterson
QLD	Co-Convenors	Katherine Roberts-Slater
	Members	Catherine Parnell
		Nathan Cook
		Melanie Raabe
		Pui Ting (Pearl) Wong
		John Cameron
		Renee McMullen
		Crowther Bedow
		Alanah Giles
		Joanne Avery
		Lynsie Fraser
		Eva Mei
		LVU IVIEI
		Clare Perrett

Vice-Convenor  Members	Danielle Proud
Memhers	or Celeste Van Der Sommen
Wichibers	Andrea Boehmer
	Kristy Burfield
	Gabriela Diaz
	Jessica Koznedelev
	Emma Pront
	Rosalie Yandell
	Hoi Yan Wong
	Diana Ly
	Louisa Matwiejczyk
	Chloe O'Connor
TAS Convenor	Monica Stagg
Vice-Conven	or Roger Hughes
Members	Georgina Taskunas
	Yasmin Wiesmayr-Freeman
	Kirsten Langendorf
	Stephen Hodgkinson
	Suzanne Waddingham
	Sandra Murray
VIC Co-Convenor	rs Pooja Adyaru
	Janice Siu
Members	Sharayah Carter
	Hei Sim Koh
	Vanshika Pancholi
	Stephanie Ristovski
	Riley Cavanagh
	Pik Chow
	Cassidy Dodson
	Katie Wrethman
WA Convenor	Josephine-Lee Oddo
Vice-Conven	or Kaveri Dutta
Members	Emily Calton
	Marisa Andre
	Emily Redwood
	Melissa Edwin
	Fran Patey
	Sarah Warr
	Lisa Goldsworthy
	James Di Carlo
	Gabriella Roddy-Clark
	Holly Barbas

#### Interest Group committee members (as of 30 June 2025)

Interest Group	Position	Name
Adverse Food Reactions	Convenor	Kirsty LeRay
	Members	Joanna Baker
		Annabel Clancy
		Hannah Graham
		Nadia Mazari
		Merryn Netting
		Geraldine Perez
		Brooke Scott
		Sharon Trueman
		Kim Faulkner-Hogg
		Wendy Stuart-Smith
		Anne Swain
		Neelam Pun
Bariatric Surgery	Convenor	Louise Elvin-Walsh
	Members	Angela Byrnes
		Ashley Darvell
		Clare Dix
		Breanna Elphick
		Taylor Guthrie
		Cathy Harbury
		Sharon King
		Carly Barlow
		Carrie-Anne Lewis
		Kee June Ooi
		Cassandra Stuchbery
Culturally and Linguistically Diverse	Convenor	Purva Gulyani
	Members	Amy Peng (Moderator)
		Hylas Madejczyk
		Hei Sim Koh
Corporate Nutrition	Convenor	Tanya Nagy
	Members	Anja Kruger
		Gabrielle de Leeuw

Interest Group	Position	Name
Diabetes	Co-Convenors	Sunita Date
		Annaliese Phipps
	VIC Chapter Co-Coordinators	Sammie Lyne
		Kim Duggan-Larkin
	NSW Chapter Co-Coordinators	Katharine Jones
		Robyn Barnes
	WA Chapter Coordinator	Deborah Schofield
	Members	Amber Evans
		Shannon Lin
		Nalini Deshpande
		Patricia Marshall
		Angela Wan
		Megan Crichton
		Rachel McKeown
		Hana Niyaz
Disability	Convenor	Kathryn Toohey
	Members	Chadia Bastin
		Sally Girvan
		Michelle Livy
		Natalie Mullins
		Kaveri Pathak
		Rhiann Sarich
		Jamil Tuazon
		Kate Upton
		Kiri Woodington
Dietitians in Management	Convenor	Andrew McAinch
	Members	Jane Porter
		Michelle Stewart
		Erika Harman
		Jessica Zilujko
Dietitians in the Private Sector	Convenor	Jodie Sheraton
	Vice-Convenor	Shima Macbell
	Members	Benjamin David
		Katherine Xi Lin
		Cathie Lowe
		Kaveri Pathak

Eating Disorder    Convenor   Deanne Harris	
Members  Claire Toohey  Jodie Sheraton  Tessa Heinonen  Jessica Tilbrook  Tetyana Rocks  Brielle Musgrove  Michelle Theodo:  Beth Belford  Rebecca Moles	
Jodie Sheraton Tessa Heinonen Jessica Tilbrook Tetyana Rocks Brielle Musgrove Michelle Theodor Beth Belford Rebecca Moles	
Tessa Heinonen  Jessica Tilbrook  Tetyana Rocks  Brielle Musgrove  Michelle Theodo:  Beth Belford  Rebecca Moles	
Jessica Tilbrook Tetyana Rocks Brielle Musgrove Michelle Theodo: Beth Belford Rebecca Moles	
Tetyana Rocks Brielle Musgrove Michelle Theodor Beth Belford Rebecca Moles	
Brielle Musgrove Michelle Theodo: Beth Belford Rebecca Moles	
Michelle Theodo:  Beth Belford  Rebecca Moles	
Beth Belford Rebecca Moles	
Rebecca Moles	si
Food and Environment Co-Convenor Nicole Senior	
rood and Environment Co-Conversor	
Co-Convenor Isobel Harmer	
Members Aimee Bowles	
Nathan Cook	
Liza Barbour	
Karen Charlton	
Alison Kempe	
Sandy Murray	
Kristen Mackenz	e-Shalders
Sara Forbes	
Stefanie Carino	
Kathy Faulkner	
Ellyn Bicknell	
Jo McCormack	
Grace Zadow	
Food Service Co-Convenor Sharon Ong	
Co-Convenor Isabella Maugeri	
Members Danielle Cave	
Denise Cruicksha	nk
Liz Liu	
Elizabeth Matthe	ew
Lee-Anne Mundy	
Ellen Paynter	
Annaliese Pretty	
Elizabeth Tearne	
Sara Forbes	

Interest Group	Position	Name
Gastroenterology	Convenor	Elena George
	Members	Hei Sim Koh
		Heidi Staudacher
		Caroline Tuck
		Georgina Williams
		Chu Kion Yao
		Ele Stojanoska
		Jennifer Armstrong
Health Behaviour and Weight	Convenor	Lynda Ross
Management	Vice-Convenor	Andrea Cawte
	Members	Marijka Batterham
		Sally Griffin
		Robin Hay
		Hiba Jebeile
		Joanna Aaron
		Joanna Munro
		Jodie Prendergast
HIV/AIDS	Convenor	Louise Houtzager
	Members	Jane Marriott
		Bridget Plunkett
		Amanda Rider
		Christine Chalmers
		Lara Pasternak
		Amy Riley
		Nicola Williams
		Melinda Tam
Indigenous Nutrition	Convenor	Alicia Dunning
	Members	Noell Burgess
		Alyse Davies
		Kerith Duncanson
		Trinda Kunzli-Rix
		Katelyn Paterson
		Tara Rawson
		Brianna Sanderson
		Claire Smith
		Amanda Webb
		Stephanie De Zilva

Interest Group	Position	Name
LGBTQI+	Co-Convenor	Tom Scully
	Co-Convenor	Kathleen Halliday
	Member	Majella Jones
Mental Health	Convenor	Jacinta Sherlock
	Members	Katherine Barlow
		Cassie Benson
		Alexandra Harman
		Caroline Lamb
		Georgina Latimer
		Claire Margerison
		Rachelle Opie
		Bree Pagonis
		Josephine Pizzinga
		Janice Plain
		Nerissa Soh
		Jessica Ward
		Scott Teasdale
MHANDi working group	Co-convenors	Tania Mathewson
		Sonya Stanley
	Members	Michelle Hsu
		Jane Duyker
		Jaslyn Dugmore
Dietitians in Digital Health	Co-Convenors	Juliana Chen
		Rajshri Roy
	Members	Megan Rollo
		Karly Zacharia
		Jenna Stonestreet
Male Nutrition	Convenor	Lane Edwards

Interest Group	Position	Name
Nutrition Support	Convenor	Brydie Cleeve
	Members	Jennifer Armstrong
		Claire Dux
		Leanne Galea
		Kate Glen
		Clare Ferguson
		Kate Hamilton
		Sarah Hart
		Caitlin Rabel
Oncology	Convenor	Belinda Hodgson
	Members	Katie Benton
		Katherine Adamek
		Brooke Baker
		Teresa Brown
		Irene Haramis
		Elise Den
		Jane Freeman
		Brigitta Leben
		Lee-Anne Mundy
		Katherine O'Brien
		Emiliana Saffioti
		Caitlin Smith
Paediatric and Maternal Health	Convenor	Nicole Bando
	Members	Kathleen Halliday
		Jamie Errico
		Kee June Ooi
		Shae Rickards
		Gillian Rosic
		Kyra Sim

Interest Group	Position	Name
Public Health and Community Nutrition	Co-Convenor	Beth Meertens
	Co-Convenor	Kristina Vingrys
	Members	Mariam Mandoh
		Lucy Butcher
		Carla Florio
		Tina Gingell
		Nina Kingon
		Ju-Lin Lee
		Xueyi Li
		Andrea Love
		Penny Love
		Rafael Moreira
		Joanna Munro
		Hyatt Narsh
		Emalie Rosewarne
		Natalie Stapleton
		Rachel Boak
	-	Nayerra Hudson
		Sarah Marshall
Rehabilitation and Aged Care	Co-Convenor	Karly Bartrim
	Co-Convenor	Joseph Wai
	Members	Leanne Baulch
		Katherine Brain
		Valentina Giannelli
		Chad Yixian Han
		Lucy Kocanda

Interest Group	Position	Name
Kidney	Convenor	Dearne Brauer
	Members	Su Bahceci
		Maria Chan
		Marguerite Conley
		Jessica Dawson
		Kelly Lambert
		Katie Lenhoff
		Helen MacLaughlin
		Louise Stanley
		Georgina Stevens
		Claire Trimingham
		Bridget Agius
		Suzannah Jackson
		Amy McNeilly
		Stephanie Notaras
Research	Co-Convenors	Hattie Wright
		Stina Oftedal
	Members	Daniela Ciciulla
		Scott Crow
		Holly Harris
		Lannie O'Keefe
		Stephanie Ristovski
		Anna Simcocks
Rural Regional and Remote	Co-Convenor	Louise Moodie
	Co-Convenor	Leanne Brown
	Members	Taya McLaren-Hedwards
		Gina Horn
		Anthea Brand
		Lauren Blekkenhorst
Vegetarian	Convenor	Amanda Benham
	Members	Josephine-Lee Oddo
		Hollie Waters
Working Overseas	Co-Convenor	Yun Shan (Cathy) Wong
	Co-Convenor	Bonnie Lau

#### Marketing and Communications portfolio

Position	Name
Award and Recognition Advisory Committee (as of 30 June 2025)	
Chairperson	Vacant
Members	Suzie Ferrie
	Jane Kellett
	Jimmy (Chun Yu) Louie
	Emma Stirling
	Lisa Vincze
	Annabelle Wilson

Dietitians Australia recognises the media achievements of our members, particularly those who have served as Dietitians Australia spokespeople and representatives of the APDs in the Media Program.

#### **Education Centre portfolio**

Position	Name
Nutrition & Dietetics Journal Executive Committee	
Chairperson	Judi Porter
Members	Dianne Reidlinger
	Sean Monk
	Michelle Topham
Nutrition & Dietetics Journal Editors and Editorial Board Members	
Editor-in-Chief	Judi Porter
Editor	Dianne Reidlinger
Statistics Editor	Marijka Batterham
Systematic Literature Review Editor	Elizabeth Neale
Clinical Trials Editor	Sharleen O'Reilly

Position	Name
Editorial Board Members	Lucinda Bell
-	Andrea Braakhuis
_	Clare Corish
-	Suzie Ferrie
-	Vasant Hirani
-	Tilakavati Karupaiah
_	Evangeline Mantzioris
_	Claire Palermo
	Kirrilly Pursey
	Anna Rangan
	Lynda Ross
	Jane Scott
	Nerissa Soh
_	Sze-Yen Tan
_	Helen Truby
_	Robin Tucker
_	Shelley Wilkinson
_	Serene Yoong
_	Adrienne Young
_	Jo Zhou
	Sharleen O'Reilly
_	Elizabeth Neale
	Marijka Batterham
	Dianne Reidlinger
	Judi Porter
	Adrienne Forsyth
	Amy Kirkegaard
	Andrea Begley
	Brenton Baguley
	Janeane Dart
	Kelly Lambert
	Lana Mitchell
	Lauren Hanna
	Labien nama
Qualitative Editor	Miaobing (Jazzmin) Zheng
Conference Advisory Working Group (2024 Conference)	Miaobing (Jazzmin) Zheng
Conference Advisory Working Group (2024 Conference)  Chair	Miaobing (Jazzmin) Zheng
	Miaobing (Jazzmin) Zheng Tammie ST Choi

## Appendix C - Financial statements

## Dietitians Association of Australia Limited

A.B.N 34 008 521 480

**Financial Statements** 

For the Year Ended 30 June 2025

A.B.N 34 008 521 480

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#### Directors' Report 30 June 2025

Your directors present their report on Dietitians Association of Australia Limited (the company) for the financial year ended 30 June 2025.

#### **Directors**

The names of the directors in office at any time during, or since the end of, the year are:

Names	Position	Appointed/Resigned
Dr. Fiona Willer, AdvAPD	President	1 July 2024 to 30 June 2025
Prof. Lauren Ball, AdvAPD, FDA	Vice President	1 July 2024 to 30 June 2025
Dr. Nadine White	Chair	1 July 2024 to 30 June 2025
Mr. Mark Booth	Director	1 July 2024 to 30 June 2025
Mr. Scott Dorries	Director	1 July 2024 to 30 June 2025
Mrs Suzanne Kennewell, APD	Director	1 July 2024 to 30 June 2025
Ms. Lina Breik, AdvAPD	Director	From 28 November 2024 to 30 June 2025
Prof. Janeane Dart, AdvAPD	Director	From 28 November 2024 to 30 June 2025
Miss Simone Austin, APD	Director	1 July 2024 to November 2024
Ms.Tara Diversi, APD	Chair President	1 July 2024 to November 2024

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

#### Information on directors

The names of each person who has been a director during the year and to the date of this report are:

Dr. Fiona Willer, AdvAPD Director (01 July 2024 to 30 June 2025)

President

Qualifications B.A. (English & Anthropology), B.HlthSc (Nutrition & Dietetics)(Hons), M Bioethics

(Distinction), PhD, AdvAPD, FHEA, GAICD

Experience and expertise

Dr. Fiona Willer is Australia's first dual-qualified dietitian and bioethicist, an Advanced Accredited Practicing Dietitian, and the current Vice President of Dietitians Australia. Known nationally for her leadership in advocating weight-inclusive healthcare and fostering entrepreneurship, Dr. Wilter is a long-standing lecturer in Nutrition and Dietetics at Queensland University of Technology (QUT). She also holds a senior research role at the University of Queensland's School of Business, focusing on optimising digital primary care services and exploring the role of AI and other emerging technologies to enhance human-centered healthcare. Dr. Willer's career spans higher education, non-profit, and private sectors. Her research expertise includes weight stigma, health consciousness, body appreciation, and the application of inclusive, weight-neutral approaches—such as Health at Every Size®—in healthcare practice, health promotion and policy. Dr. Willer is also the founder of Health, Not Diets, a consultancy dedicated to inclusive, weight-neutral healthcare, which celebrated 10 years of advocacy in 2023. She produces the Unpacking Weight Science podcast, a unique professional development resource for healthcare providers. An experienced board director, Dr. Willer has served on the board of Dietitians Australia since 2019 and held previous board roles with Size Inclusive Health Australia (formerly HAES Australia) and the Association for Size Diversity and Health (ASDAH) in the USA.

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#### Directors' Report 30 June 2025

Information on directors Prof. Lauren Ball, AdvAPD, FDA

Director (01 July 2024 to 30 June 2025)

Vice President

Qualifications AdvAPD, BA

AdvAPD, BAppSc, MNutrDiet, Grad Cert Higher Ed, Grad Dip Health Economics & Health Policy, PhD, GAICD

Experience and expertise

Professor Lauren Ball is one of Australia's leading dietitian researchers. Lauren works with community members, health professionals, education providers, and professional bodies to reach her goal of reorienting health and community care to focus on prevention, rather than only cure, so that all people can reach their full potential. Lauren has published over 200 peer-reviewed articles in highly targeted journals and has helped bring about over \$15 million in nutrition research investment from government bodies, non-government organisations and philanthropic foundations. She is the Director of the Centre for Community Health and Wellbeing at the University of Queensland. Lauren is a passionate research supervisor and menter, who has seen 17 researchers through to successful PhD completion, and currently supervising ten PhD candidates. Within her team, institution and research community, Lauren is an advocate for knowledge translation and impact. Lauren is an Advanced Accredited Practicing Dietitian and Fellow of Dietitians Australia.

Dr. Nadine White

Director (01 July 2024 to 30 June 2025)

Chair of the Board

Chair, Nominations & Governance Committee

Qualifications

LLB (Hons), PhD, GAICD, Silver Badge ACQSC, Bachelor of Law & Administration (Business Administration and Management)

Experience

Dr. Nadine White is an experienced independent non-executive director in both the public and private sectors, with a distinguished career serving on boards across the aged care, health, disability. Indigenous affairs, and financial services sectors. She has specialized expertise in people and culture matters. Dr. White has been a Director with Care Connect Ltd since 2019, Scope Australia Ltd since 2022, and Community Services #1 during 2022-2023. In November 2023, she was appointed as Director to Goodwin Aged Care Services and Dietitians Australia. In 2024, Nadine was appointed to the Icon Water Board.

Dr. White has also served as the Deputy Chair of several boards, including the Canberra-based charity Raising Hope Education Foundation, the ACT Minister's Work Health & Safety Council, and the Canberra local Bendigo Bank. Additionally, she has been a member of the ACT government's Reconciliation Council and is the inaugural convenor and partner of the ACT Mentor Walks program for women.

Before transitioning to a full-time Non-Executive Director role, Dr. White spent much of her executive career in human resources and workplace relations within large, complex organizations. She served as Chief People Officer at the Australian National University for ten years.

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#### Directors' Report 30 June 2025

Information on directors Mr. Mark Booth

Director (01 July 2024 to 30 June 2025) Chair, Strategic Advocacy Committee

Qualifications
Experience and expertise

BA (Hons) Economics. MA Economics, Diploma in Public Health, Executive MPA Mark Booth is currently a principal with the management consultancy group Nous, where he provides strategic and policy advice to public sector organizations. He has had a long and distinguished career in healthcare policy, working in four countries and playing a key role in large-scale healthcare reforms in the UK, New Zealand, and Australia. Mark has held significant positions, including First Assistant Secretary in the Federal Department of Health and Aged Care, where he was responsible for strategic policy across areas such as prevention, primary care, and mental health. Prior to joining Nous, Mark served as CEO of the bi-national organization Food Standards Australia New Zealand (FSANZ).

Mark is also an adjunct professor at the Centre for Health Economics and Evaluation at UTS and a visiting researcher at ANU. In 2007-2008, he was a Harkness Fellow in Healthcare Policy, spending a year at Brown University in the US.

Mr. Scott Dorries

Director (01 July 2024 to 30 June 2025)

Chair of the Finance Risk and Audit Committee

Qualifications

FCPA, FGIA, GAICD, B.BusAcctg, Associate D.BusAcctg.

Experience and expertise

Scott is a qualified accountant with over 30 years work experience in roles including Chief Financial Officer, Executive Manager – Finance, and General Manager – Finance and Operations. He has multiple industry sector experience ranging from banking and finance, transport and logistics, early childhood education, and member and community services in the not-for-profit, public (State and Local Government) and private sectors organisations. Scott is currently a professional Board Director operating on a number of Boards and has over 8 years experiencing practicing on Boards.

As a Fellow CPA, Fellow GIA, and Graduate of the Australian Institute of Company Directors, Scott is also a Non-Executive Director and Chairperson with TransitCare Ltd (Community Transport Provider), Treasurer with Beaucare (Community Care Provider), and Treasurer with Tallebudgera Surf Life Saving Club (Community Surf Safety Provider). He has strong skills and experience in strategic planning, commercial management, corporate governance, mergers and demergers, acquisitions and new entity formations, risk and human resources management. A creative and strategic thinker, Scott offers extensive customer and community service knowledge and leadership experience to produce innovative insights and make sustainable, strategic, collective, ethical, and individual decisions. Scott is passionate about making a difference and realising benefits for the community and keeps the community safe as a volunteer lifesaver, patrol captain, and former Nipper age manager and former qualified pool lifeguard at Tallebudgera beach on the Gold Coast.

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#### Directors' Report 30 June 2025

Information on directors
Mrs Suzanne Kennewell, APD

Director (01 July 2024 to 30 June 2025)

Chair of the People, Culture and Performance Committee

Qualifications

Experience and expertise

APD, BSc, MNutrDiet, MBA (Health Management), Dip Project Management

Suzanne is an Accredited Practicing Dietitian (APD) with over 30 years' experience in healthcare. Suzanne has worked in clinical and corporate roles; in rural, regional and metropolitan areas; and is currently Director Nutrition and Dietetics for Sydney Local Health District. Suzanne is also co-chair for the Agency for Clinical Innovations' Nutrition in Hospitals Committee and is a member of the NSW Health Nutrition and Food Strategic Steering Committee.

Suzanne has contributed to a number of government and professional reports and policy documents. She has represented the Dietetic profession at both a National and state level. Suzanne has a particular interest in the development of nutrition standards and policy relating to institutional food services. She has undertaken and supported research in clinical food services and its impact on patient nutritional care. Suzanne has a particular interest in management of allergens in the food service setting and her previous role included responsibility for development of an integrated food safety and allergen management program for a number of hospitals in Sydney.

As part of a Masters in Business Administration Suzanne has also undertaken research in the area of support systems within healthcare, exploring the interface between clinical and corporate support systems. More recently she has collaborated with Sydney University to pilot research exploring a unique method to measure patient experience of hospital meal services. She has presented at national and international conferences, and lectures to students within the Nutrition and Dietetics course at Sydney University.

Ms. Lina Breik, AdvAPD

Director (28 November 2024 to 30 June 2025)

compassion to the boardroom.

Chair of the Innovation and Growth Committee

Qualifications
Experience and expertise

Bachelor of Nutrition and Dietetics, Master of Public Health (MPH), Doctoral Candidate Lina Breik is an Advanced Accredited Practising Dietitian and doctoral candidate with over a decade of experience spanning clinical care, research, and advocacy. From her early days as a new graduate in a rural hospital to founding Tube Dietitian, she has led innovations in home enteral nutrition and blended tube feeding, authored two self-published books, and developed national training programs. As a Board Director of Dietitians Australia, she chairs the Innovation and Growth Committee and contributes to strategic policy reform. Lina has held senior roles in hospital networks, managed Australia's first Home Parenteral Nutrition Registry with AuSPEN, and published over 40 peer-reviewed works focused on malnutrition, critical care nutrition, and ethical models of care. Her PhD explores the lived experience of adults with feeding tubes, and her newsletter, PUMP, reaches over 1,000 subscribers. She brings clarity, courage and

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#### Directors' Report 30 June 2025

Information on directors
Prof. Janeane Dart, AdvAPD
Qualifications

Director (28 November 2024 to 30 June 2025)

AdvAPD, SFHEA, PhD, Grad Cert. Gastr, Grad Cert Acad. Pract., Grad Dip Nut & Diet.,

Experience and expertise

Professor Janeane Dart is an academic dietitian and education researcher, known nationally in the profession for her work exploring professionalism and sociocultural factors within the profession. Janeane is the Director of Education in the Department of Nutrition, Dietetics and Food at Monash University and a longstanding academic there. Janeane is an Advanced Accredited Practicing Dietitian and has over 25 years experience as a practitioner across Australian and international contexts and a range of areas of dietetic practice including rural and regional health, private practice, tertiary clinical care, community nutrition and aged care. Janeane cares deeply about the education and practice of dietitians to ensure it is contemporary, safe and effective. Janeane's education leadership is recognised internationally including her role as Executive Director for Education and accreditation for the International Confederation of Dietetic Associations.

Miss Simone Austin, APD

Qualifications

Experience and expertise

Director (01 July 2024 - November 2024)

APD, Advanced Sports Dietitian

Simone Austin is an Accredited Practicing Dietitian, Advanced Sports Dietitian and published author of Eat Like An Athlete. She brings over 25 years of experience to the Dietitians Australia Board.

Simone was the Senior Dietetic Advisor at Dietitians Australia managing the Advocacy and Policy team and has been a Dietitians Australia media spokesperson for many years. Simone is passionate about raising the profile of the dietetic profession and used her strong leadership skills to do this during her 5 years as president of Sports Dietitians Australia.

She is currently the Chief Health Officer at healthylife, chairing the Health Advisory Board, a nutrition consultant to the food industry and a frequent media presenter. Simone is renowned for her strong verbal skills to translate science into everyday language and her ability to engage people on the journey.

Simone has a track record of success as a sports dietitian working with many of Australia's elite sporting teams in AFL, cricket and rugby league. Her work has crossed many areas of dietetics with industry, aged care, media, community health, sports, private practice and government advocacy and policy.

Simone works to establish positive relationships that create opportunities for the profession.

Ms.Tara Diversi, APD

Qualifications

Chair - President (01 July 2024 - November 2024)

MNutr&Diet, MBA, GradDipPsyc, PostGrapDipPsyc, BHSc, GradCertEdStudies(Higher Ed), APD

Experience and expertise

Tara Diversi is an Accredited Practicing Dietitian who has worked in almost all fields of dietetics. She has worked extensively in Nutrition and Dietetics within the private sector, as a teaching-focused academic, policy consultancy, communications, and in her current role as CEO of Sophus Nutrition, a digital health company. Tara holds a Master of Nutrition and Dietetics along with a MBA, PGradDipPsyc, PGradCertPsyc, GradCertEducation and is a Graduate of AlCD. As a member of Dietitians Association of Australia since 2003, Tara was awarded the Young Achievers Award (in memory of Joan Mary Woodhill) in 2009, and has previously served as a National Dietitians Association of Australia Media Spokesperson and as the convenor of the Dietitians in Private Sector Interest Group (DIPSIG). She is the National dietetic adviser to the Department of Veterans Affairs. Tara regularly presents workshops, webinars and lectures for Dietitians Association of Australia, the health sector and corporations and is the author of three books on communication for health professionals, and the co-author of the The Good Enough Diet and co-author of the text, Totora's Anatomy and Physiology.

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#### Directors' Report 30 June 2025

#### Company secretary

The following person held the position of Company secretary during the whole of the financial year and up to the date of this report unless indicated with an end date:

Mr. Sean Johnson: (1 July 2024 to 30 June 2025)

Qualifications: FGIA, MBA, LLB, GradCertEd

Experience and expertise: Sean Johnson is a governance, strategy, regulatory, and risk expert with over 30 years of experience as a corporate lawyer. He has provided governance advisory services across a range of sectors including health, education, legal, and public-interest sectors. He is a Fellow of the Governance Institute of Australia and State Councilor.

#### Principal activities

The principal activity of Dietitians Association of Australia Limited during the financial year were to foster and develop dietefics and to advocate for better nutrition for all in Australia, to promote the value and effectiveness of dietetics, to ensure high standards for the qualification of dietitians and to support and promote the professional practice of dietetics.

No significant changes in the nature of the Company's activity occurred during the financial year.

#### Objectives

The Company's object is, through support of its members, to advance and promote the dietetic and nutrition profession in Australia and internationally by:

- advancing the knowledge and application of dietetics and nutrition;
- regulating the credentialing, professional conduct and professional educational standards of dietetics and nutrition;
- encouraging and promoting high-quality dietetics and nutrition science-based research to support evidence-based practice;
- encouraging and supporting cultural capacity, and responsive practice, diversity in practice areas, equality and inclusivity throughout the dietetic and nutrition profession; and
- advocating for healthy and sustainable food systems that are accessible to all Australians.

#### Strategy for achieving the objectives

To achieve these objectives, the Company has adopted a wide range of strategies which are described in the Strategic Plan and the Annual Plans developed in alignment with these objectives.

#### Key performance measures

The Company measures its performance by a range of both qualitative and quantitative indicators. These indicators are used by the directors to ensure the Company remains financially sustainable and meets its other objectives in line with the Strategic Plan.

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#### Directors' Report 30 June 2025

#### Dividends

No dividends were paid or declared since the start of the financial year. Dietitians Association of Australia is a company limited by guarantee and as such is prohibited from paying dividends.

#### Review of operations

The profit of the Company after providing for income tax amounted to \$ 232,053 (2024: \$158,616).

#### Significant changes in state of affairs

There have been no significant changes in the state of affairs of the Company during the year.

#### Matters subsequent to the end of the financial year

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Company, the results of those operations or the state of affairs of the Company in future financial years.

#### Environmental regulation

The Company is not affected by any significant environmental regulation in respect of its operations.

#### Meetings of directors

During the financial year, 9 meetings were held by the company's board of directors (including committees of directors). Attendances by each director during the year were as follows:

A leave of absence was granted for one missed meeting.

	Directors' Meetings	
	Number of Meetings Hald during the time director held office	Number of meetings attended
Dr. Fiona Willer, AdvAPD	9	9
Prof. Lauren Ball, AdvAPD, FDA	9	7
Dr. Nadine White	9	9
Mr. Mark Booth	8	9
Mr. Scott Dorries	9	9
Mrs Suzanne Kennewell, APD	8	9
Ms. Lina Breik, AdvAPD	5	5
Prof. Janeane Dart, AdvAPD	5	5
Miss Simone Austin, APD	4	3
Ms.Tara Diversi, APD	4	3

#### Insurance of officers

During the financial period, Dietitians Association of Australia paid a premium of \$6,528 (2024 \$6,528) to insure the directors and secretaries of the company.

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### Directors' Report

#### Insurance of officers

The liabilities insured are legal costs that may be incurred in defending civil or criminal proceedings that may be brought against the officers in their capacity as officers of entities in the company, and any other payments arising from liabilities incurred by the officers in connection with such proceedings. This does not include such liabilities that arise from conduct involving a wilful breach of duty by the officers or the improper use by the officers of their position or of information to gain advantage for themselves or someone else or to cause detriment to the company. It is not possible to apportion the premium between amounts relating to the insurance against legal costs and those relating to other liabilities.

#### Proceedings on behalf of company

No person has applied for leave of court under Section 237 of the Corporations Act 2001 to bring proceedings on behalf of the Company or intervene in any proceedings to which the Company is a party for the purpose of taking responsibility on behalf of the Company for all or any part of those proceedings.

#### Auditor's independence declaration

The lead auditor's independence declaration in accordance with section 307C of the Corporations Act 2001, for the year ended 30 June 2025 has been received and can be found on page 9 of the financial report.

Signed in accordance with a resolution of the Board of Directors:

Director:

Mr. Scott Dorries, Chair of Finance, Risk and Audit
Committee

Dated this .......30th........ day of ...October...... 2025



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#### Dietitians Association of Australia Limited

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#### Auditor's Independence Declaration under Section 307C of the Corporations Act 2001 to the Directors of the Dietitians Association of **Australia Limited**

We declare that, to the best of our knowledge and belief, during the year ended 30 June 2025, there have been:

- (i) no contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.

Ross Di Bartolo Registered Company Auditor
Audit Partner

Dated: 30, 10, 2026,

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#### Statement of Profit or Loss and Other Comprehensive Income For the Year Ended 30 June 2025

		2025	2024
	Note	\$	\$
Revenue	4	4,875,153	4,844,862
Other income	4	2,084,252	1,941,683
Employee benefits expense		(3,296,282)	(3,195,238)
Depreciation and amortisation expense		(293,690)	(314,256)
Advertising and Marketing		(72,131)	(49,226)
Administrative Expenses		(450,940)	(514,200)
Audit, Tax, Finance and Legal expense		(43,315)	(78,792)
Consultancy Expense		(710,214)	(399,244)
Membership Services		(1,659,970)	(1,848,608)
Occupancy expenses		(89,841)	(88,745)
Travel - domestic	_	(110,969)	(139,620)
Surplus before income tax		232,053	158,616
Income tax expense	_	9.5	
Surplus from continuing operations	2	232,053	158,616
Surplus for the year	_	232,053	158,616
Total comprehensive income for the year	=	232,053	158,616

The accompanying notes form part of these financial statements.

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## Statement of Financial Position As At 30 June 2025

	Note	2025 \$	2024 \$
ASSETS			Ì
CURRENT ASSETS			
Cash and cash equivalents	6	1,231,818	1,241,018
Trade and other receivables	7	65,379	82,559
Inventories		2,336	2,336
Other financial assets	8	3,308,932	2,309,100
Other assets	9 _	434,125	478,311
TOTAL CURRENT ASSETS		5,042,590	4,113,324
NON-CURRENT ASSETS	_	3	
Property, plant and equipment	10	2,795,539	2,458,694
Intangible assets	11 _	114,668	302,390
TOTAL NON-CURRENT ASSETS	_	2,910,207	2,761,084
TOTAL ASSETS	_	7,952,797	6,874,408
LIABILITIES CURRENT LIABILITIES Trade and other payables	12	383,102	291,216
Bank Loan - Building	13	100,966	105,483
Provision for payroll tax	5	496,093	80,000
Employee benefits	15	200,560	184,198
Deferred income	14	2,786,840	2,783,931
TOTAL CURRENT LIABILITIES		3,967,561	3,444,828
NON-CURRENT LIABILITIES			
Bank Loan - Building	13	1,109,925	1,190,921
Employee benefits	15 _	50,019	72,180
TOTAL NON-CURRENT LIABILITIES	_	1,159,944	1,263,101
TOTAL LIABILITIES	_	5,127,505	4,707,929
NET ASSETS	=	2,825,292	2,166,479
EQUITY			
Reserves		426,760	×
Retained earnings	_	2,398,532	2,166,479
	_	2,825,292	2,166,479
TOTAL EQUITY	_	2,825,292	2,166,479

The accompanying notes form part of these financial statements.

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# Statement of Changes in Equity

For the Year Ended 30 June 2025

2025

	Retained Earnings	Revaluation Surplus	Total
	\$	\$	\$
Balance at 1 July 2024	2,166,479	A-94	2,166,479
Surplus/(Deficit) for the year	232,053		232,053
Surplus on Revaluation of Assets	21	426,760	426,760
Balance at 30 June 2025	2,398,532	426,760	2,825,292

2024

	Retained Earnings \$	Asset Revaluation Surplus \$	Total \$
Balance at 1 July 2023	2,007,863		2,007,863
Surplus/(Deficit) for the year.	158,616		158,616
Balance at 30 June 2024	2,166,479		2,166,479

The accompanying notes form part of these financial statements.

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# Statement of Cash Flows For the Year Ended 30 June 2025

		2025	2024
	Note	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES:			
Receipts from customers		6,908,967	6,934,113
Payments to suppliers and employees		(6,358,241)	(6,194,250)
Interest received		114,713	105,241
Net cash provided by/(used in) operating activities		665,439	845,104
CASH FLOWS FROM INVESTING ACTIVITIES:			
Payment for intangible asset		(1,500)	(103,953)
Purchase of property, plant and equipment		(14,554)	( <del>-</del> 2
Payment for held-to-maturity investments	_	(999,832)	(1,500,000)
Net cash provided by/(used in) investing activities	-	(1,015,886)	(1,603,953)
CASH FLOWS FROM FINANCING ACTIVITIES:			
Revaluation of assets		426,760	-
Repayment of borrowings	_	(85,513)	(114,847)
Net cash provided by/(used in) financing activities	-	341,247	(114,847)
Net increase/(decrease) in cash and cash		(9,200)	(873,696)
equivalents held  Cash and cash equivalents at beginning of year		1,241,018	2,114,714
	6	Comment (1995)	XXXXXXX Entern
Cash and cash equivalents at end of financial year	6	1,231,818	1,241,018

The accompanying notes form part of these financial statements.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

The financial report covers Dietitians Association of Australia Limited as an individual entity. Dietitians Association of Australia Limited is a non not-for-profit Company limited by guarantee, incorporated and domiciled in Australia.

The principal activities of the Company for the year ended 30 June 2025 were to foster and develop dietetics and to advocate for better nutrition for all in Australia, to promote the value and effectiveness of dietetics, to ensure high standards for the qualification of dietitians and to support and promote the professional practice of dietetics.

The functional and presentation currency of Dietitians Association of Australia Limited is Australian dollars.

Comparatives are consistent with prior years, unless otherwise stated.

#### 1 Basis of Preparation

The financial statements are general purpose financial statements that have been prepared in accordance with the Australian Accounting Standards - Simplified Disclosures and the *Corporations Act 2001*. Dietitians Association of Australia is a not-for-profit entity for the purpose of preparing the financial statements.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Material accounting policy information relating to the preparation of these financial statements are presented below, and are consistent with prior reporting periods unless otherwise stated.

New and amended standards adopted by the company

During the year the company adopted all the new and revised Australian Accounting Standards and Interpretations applicable to it that became mandatory.

Certain new accounting standards and interpretations have been published that are not mandatory for reporting periods beginning on 1 July 2023, none of these have been early adopted by the company.

### 2 Material Accounting Policy Information

## (a) Revenue and other income

## Revenue from contracts with customers

AASB 15 requires revenue to be recognised when control of a promised good or service is passed to the customer at an amount which reflects the expected consideration.

The customer for these contracts is the fund provider.

Revenue is recognised by applying a five-step model as follows:

- 1. Identify the contract with the customer.
- 2. Identify the performance obligations.
- 3. Determine the transaction price.
- 4. Allocate the transaction price.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

#### (a) Revenue and other income

#### Revenue from contracts with customers

#### 5. Recognise revenue.

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability. This is the case for application fees for new members, which are recognised as income over the expected term of membership.

None of the revenue streams of the Company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

#### Contract assets and liabilities

Contract assets arise when work has been performed on a particular program and goods or services have been transferred to the customer but the invoicing milestone has not been reached and the rights to the consideration are not unconditional. If the rights to the consideration are unconditional then a receivable is recognised. No impairment losses were recognised in relation to these assets during the year (2024; \$\text{Snil}\$).

Contract liabilities generally represent the unspent grants or other fees received on the condition that specified services are delivered or conditions are fulfilled. The services are usually provided, or the conditions usually fulfilled within 12 months of receipt of the grant / fees. Where the amount received is in respect of services to be provided over a period that exceeds 12 months after the reporting date or the conditions will only be satisfied more than 12 months after the reporting date, the liability is presented as non-current. Where the monies are received for the company to acquire or construct an item of property, plant and equipment which will be controlled by the company then the funds are recognised as a contract liability and amortised to revenue as and when the obligation is satisfied.

## Grant income

Assets arising from grants in the scope of AASB 1058 are recognised at their fair value when the asset is received. These assets are generally cash but maybe property which has been donated or sold to the company at significantly below its fair value.

Once the asset has been recognised, the Company recognises any related liability amounts (e.g. provisions, financial liabilities).

Once the assets and liabilities have been recognised then income is recognised for any difference between the recorded asset and liability.

## Membership fees

Revenue from membership fees is recognised over the period to which the membership relates. The portion of membership fees received that relates to the following financial year is brought to account at balance sheet date as unearned revenue (current liability). The membership runs from 1 January to 31 December.

#### Advertising and sponsorship revenue

Advertising and sponsorship income is brought to account when it is received or, if is received for a particular

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

#### (a) Revenue and other income

purpose, when the related expenditure is brought to account. Any advertising and sponsorship income received for a particular purpose and not fully expended at year end is brought to account as unearned revenue (current liability).

#### Conference revenue

Major national conferences are managed by an external company. The net surplus from these events is bought to account as income in the year in which the event is held. Seeding funds paid to the management company prior to year-end, that relate to an event to be held in the following year, are recognised as prepayments (other current assets).

#### Interest income

Interest income is recognised when it is earned.

#### Other revenue

All other sources of revenue are recognised as revenue when the related goods or services have been provided and the income earned.

#### (b) Expenses

Administrative Expense, Travel Related Expense and Consultancy Expense primarily include costs that are significantly related to the provision of services to Members.

Member services include the National Conference, Membership journal, CPD and Network Events.

The increase in depreciation is due to the new building being occupied for the full financial year,

#### (c) Income tax

Only non-member income of the Company is assessable for tax as member income is excluded under the principle of mutuality.

Deferred tax is accounted for using the balance sheet liability method in respect of temporary differences arising between the tax bases of assets and liabilities and their carrying amounts in the financial statements. No deferred income tax will be recognised from the initial recognition of an asset or liability, excluding a business combination, where there is no effect on accounting or taxable profit or loss.

Deferred tax is calculated at the tax rates that are expected to apply to the period when the asset is realised or liability is settled. Deferred tax is credited in profit or loss except where it relates to items that may be credited directly to equity, in which case the deferred tax is adjusted directly against equity.

Deferred income tax assets are recognised to the extent that it is probable that future tax profits will be available against which deductible temporary differences can be utilised.

The amount of benefits brought to account or which may be realised in the future is based on the assumption that no adverse change will occur in income tax legislation and the anticipation that the Company will derive sufficient future assessable income to enable the benefit to be realised and comply with the conditions of deductibility imposed by the law.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

## (d) Goods and services tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). In this case it is recognised as part of the cost of acquisition of the asset or as part of the expense.

Receivables and payable are stated inclusive of GST. The net amount of GST recoverable from, or payable to, the taxation authority is included with other receivables or payables in the balance sheet.

Cash flows in the statement of cash flows are included on a gross basis and the GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

### (e) Cash and cash equivalents

For the purpose of presentation in the statement of cash flows, cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value, and bank overdrafts.

## (f) Trade receivables

Trade receivables are recognised when the related goods or services have been provided and the income is earned. Trade receivables are generally due for settlement within 30 days. They are presented as current assets unless collection is not expected for more than 12 months after the reporting date.

Collectability of trade receivables is reviewed on an ongoing basis. Debts which are known to be uncollectible are written off by reducing the carrying amount directly. An allowance account (provision for impairment of trade receivables) is used when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables. Significant financial difficulties of the debtor, probability that the debtor will enter bankruptcy or financial reorganisation, and default or delinquency in payments (more than 30 days overdue) are considered indicators that the trade receivable is impaired. The amount of the impairment allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate. Cash flows relating to short-term receivables are not discounted if the effect of discounting is immaterial.

The amount of the impairment loss is recognised in profit or loss within other expenses. When a trade receivable for which an impairment allowance had been recognised becomes uncollectible in a subsequent period, it is written off against the allowance account. Subsequent recoveries of amounts previously written off are credited against other expenses in profit or loss.

### (g) Inventories

Inventories are measured at the lower of cost and net realisable value.

Inventories acquired at no cost, or for nominal consideration are valued at the current replacement cost as at the date of acquisition.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

#### (h) Investments and other financial assets

#### Classification

The company classifies its financial assets as loans and receivables and held-to-maturity investments. The classification depends on the purpose for which the investments were acquired. Management determines the classification of its investments at initial recognition and, in the case of assets classified as held-to-maturity, reevaluates this designation at the end of each reporting date.

#### (i) Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. They are included in current assets, except for those with maturities greater than 12 months after the reporting period which are classified as non-current assets. Loans and receivables are included in trade and other receivables (note 6) and receivables in the balance sheet.

### (ii) Held-to-maturity investments

Held-to-maturity investments are non-derivative financial assets with fixed or determinable payments and fixed maturities that the company's management has the positive intention and ability to hold to maturity. If the company were to sell other than an insignificant amount of held-to-maturity financial assets, the whole category would be tainted and reclassified as available-for-sale. Held-to-maturity financial assets are included in non-current assets, except for those with maturities less than 12 months from the end of the reporting period, which are classified as current assets.

#### (i) Recognition and derecognition

Regular way purchases and sales of financial assets are recognised on trade-date - the date on which the company commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the company has transferred substantially all the risks and rewards of ownership.

#### (j) Measurement

At initial recognition, the company measures a financial asset at its fair value plus, in the case of a financial asset not at fair value through profit or loss, transaction costs that are directly attributable to the acquisition of the financial asset. Transaction costs of financial assets carried at fair value through profit or loss are expensed in the statement of comprehensive income.

Loans and receivables and held-to-maturity investments are subsequently carried at amortised cost using the effective interest method.

#### (k) Impairment

## Assets carried at amortised cost

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or group of financial assets measured at amortised cost is impaired. A financial asset or a group of financial assets is impaired and impairment losses are incurred only if there is objective evidence of impairment as a result of one or more events that occurred after the initial recognition of the asset (a loss event) and that loss event (or events) has an impact on the estimated future cash flows of the financial asset or group of

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

#### (k) Impairment

financial assets that can be reliably estimated.

For loans and receivables, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows (excluding future credit losses that have not been incurred) discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced and the amount of the loss is recognised in profit or loss. If a loan or held-to-maturity investment has a variable interest rate, the discount rate for measuring any impairment loss is the current effective interest rate determined under the contract. As a practical expedient, the company may measure impairment on the basis of an instrument's fair value using an observable market price.

The company assesses at the end of each reporting period whether there is objective evidence that a financial asset or a group of financial assets is impaired.

#### (I) Property, plant and equipment

Land and buildings (except for investment properties)) are shown at fair value, based on periodic, but at least triennial, valuations by external independent valuers, less subsequent depreciation for buildings. Any accumulated depreciation at the date of revaluation is eliminated against the gross carrying amount of the asset and the net amount is restated to the revalued amount of the asset. All other property, plant and equipment is stated at historical cost less depreciation. Historical cost includes expenditure that is directly attributable to the acquisition of the items. Cost may also include transfers from equity of any gains or losses on qualifying cash flow hedges of foreign currency purchases of property, plant and equipment.

Subsequent costs are included in the asset's carrying amount or recognised as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the company and the cost of the item can be measured reliably. The carrying amount of any component accounted for as a separate asset is derecognised when replaced. All other repairs and maintenance are charged to profit or loss during the reporting period in which they are incurred.

Increases in the carrying amounts arising on revaluation of land and buildings are recognised, net of tax, in other comprehensive income and accumulated in reserves in equity. To the extent that the increase reverses a decrease previously recognised in profit or loss, the increase is first recognised in profit or loss. Decreases that reverse previous increases of the same asset are first recognised in other comprehensive income to the extent of the remaining surplus attributable to the asset; all other decreases are charged to profit or loss. Each year, the difference between depreciation based on the revalued carrying amount of the asset charged to profit or loss and depreciation based on the asset's original cost, net of tax, is reclassified from the property, plant and equipment revaluation surplus to retained earnings.

Land is not depreciated. Depreciation on buildings is calculated using the straight-line method to allocate their cost or revalued amounts, net of their residual values, over their estimated useful lives. Depreciation on other assets is calculated using the diminishing value method. In the case of leasehold improvements and certain leased plant and equipment, the shorter lease term as follows:

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

## Property, plant and equipment

Fixed asset class

Depreciation rate

Buildings

Furniture and Fittings

10% - 50%

The assets' residual values and useful lives are reviewed, and adjusted if appropriate, at the end of each reporting period. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

From 1 July 2019 all new Furniture and fittings assets have been depreciated on a straight-line basis.

#### (m) Investment properties

Investment properties, principally comprising freehold office buildings, are held for long-term rental yields and are not occupied by the company. Investment properties are carried at fair value, which is based on active market prices, adjusted, if necessary, for any difference in the nature, location or condition of the specific asset. If this information is not available, the company uses alternative valuation methods such as recent prices in less active markets or discounted cash flow projections. These valuations are reviewed bi-annually by a member of the Australian Property Institute. Changes in fair values are recorded in the profit or loss as part of other

## Intangible assets - IT development and software

Costs incurred in developing products or systems and costs incurred in acquiring software and licenses that will contribute to future period financial benefits through revenue generation and/or cost reduction are capitalised to software and systems. Costs capitalised include external direct costs of materials and service and direct payroll and payroll related costs of employees' time spent on the project. Amortisation is calculated on a straight-line basis over 3 - 5 years.

### Trade and other payables

These amounts represent liabilities for goods and services provided to the company prior to the end of financial year which are unpaid. The amounts are unsecured and are usually paid within 30 days of recognition. Trade and other payables are presented as current liabilities unless payment is not due within 12 months from the reporting date. They are recognised initially at their fair value and subsequently measured at amortised cost using the effective interest method.

### **Provisions**

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events, it is probable that an outflow of resources will be required to settle the obligation and the amount has been reliably estimated. Provisions are not recognised for future operating losses.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 2 Material Accounting Policy Information

#### (q) Employee benefits

Short term obligations

Liabilities for wages and salaries, including non-monetary benefits and annual leave expected to be settled within 12 months after the end of the period in which the employees render the related service are recognised in respect of employee's services up to the end of the reporting period and are measured at the amounts expected to be paid when the liabilities are settled. The liability for annual leave is recognised in the provision for employee benefits. All other short-term employee benefit obligations are presented as payables.

Other long-term employee benefit obligations

The liability for long service leave and annual leave which is not expected to be settled within 12 months after the end of the period in which the employees render the related service is recognised in the provision for employee benefits and measured as the present value of expected future payments to be made in respect of services provided by employees up to the end of the reporting period using the projected unit credit method. Consideration is given to expected future wage and salary levels, experience of employee departures and periods of service.

Expected future payments are discounted using market yields at the end of the reporting period on highly liquid corporate bonds with terms to maturity and currency that match, as closely as possible, the estimated future cash outflows.

The obligations are presented as current liabilities in the statement of financial position if the entity does not have an unconditional right to defer settlement for at least twelve months after the reporting date, regardless of when the actual settlement is expected to occur.

### (r) Comparative Figures

Where required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

## 3 Critical Accounting Estimates and Judgments

The directors make estimates and judgements during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgements are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

The significant estimates and judgements made have been described below.

#### Key estimates - impairment of property, plant and equipment

The Company assesses impairment at the end of each reporting period by evaluating conditions specific to the Company that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 3 Critical Accounting Estimates and Judgments

#### Key estimates - fair value of financial instruments

The Company has certain financial assets and liabilities which are measured at fair value. Where fair value has not able to be determined based on quoted price, a valuation model has been used. The inputs to these models are observable, where possible, however these techniques involve significant estimates and therefore fair value of the instruments could be affected by changes in these assumptions and inputs.

#### Key estimates - receivables

The receivables at reporting date have been reviewed to determine whether there is any objective evidence that any of the receivables are impaired. An impairment provision is included for any receivable where the entire balance is not considered collectible. The impairment provision is based on the best information at the reporting date.

2025

2,084,252

2024

1,941,683

### 4 Other Revenue and Income

#### Revenue from continuing operations

\$	\$
4,691,955	4,667,009
183,198	177,853
4,875,153	4,844,862
114,713	105,241
5,934	7,708
96,676	100,178
1,787,172	1,642,135
79,757	86,421
	4,691,955 183,198 4,875,153 114,713 5,934 96,676 1,787,172

# 5 Result for the Year

The result for the year includes the following specific expenses:

Other expenses:

 Employee benefits expense
 3,296,282
 3,195,238

 Depreciation expense
 293,690
 314,256

Employee benefits include a charge of \$416,093 for payroll tax charges for the financial years 2021 to 2025,

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# Notes to the Financial Statements For the Year Ended 30 June 2025

6	Cash and Cash Equivalents		
		2025	2024
		\$	\$
	Cash at bank and in hand	1,170,231	1,192.195
	Restricted cash	61,587	48,823
	=	1,231,818	1,241.018
	The Fay McDonald bequest amount is recognised as restricted cash and any interest expended for the purpose of post graduate training of dietitians.	arned from the fur	nds are
7	Trade and Other Receivables		
	CURRENT		
	Trade receivables	65,379	82,559
	=	65,379	82,559
8	Other Financial Assets		
	CURRENT		
	Term deposits	3,308,932	2,309,100
		3,308,932	2,309,100
9	Other Assets		
	CURRENT		
	Prepayments	386,768	462,898
	Accrued income	47,357	15,413
		434,125	478,311
10	Property, Plant and Equipment		
	Bowes Place, Phillip ACT 2606		
	At cost	2,903,536	2,535,936
	Accumulated depreciation	(178,377)	(149,939)
	Total	2,725,159	2,385,997
	Office Furniture & Equipment At cost	151,600	137,047
	Accumulated depreciation	(81,220)	(64,350)
	Total	70,380	72,697
	Total property, plant and equipment	2,795,539	2,458,694
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# Notes to the Financial Statements For the Year Ended 30 June 2025

# 10 Property, Plant and Equipment

# (a) Movements in carrying amounts

Movement in the carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year:

,	Bui <b>ld</b> ings	Furniture and Fittings	Office Equipment	Total
	\$	\$	\$	\$
Year ended 30 June 2025				
Balance at the beginning of year	1,466,838	919,159	72,696	2,458,693
Additions	*		14,554	14,554
Depreciation expense	(36,190)	(51,408)	(16,870)	(104,468)
Revaluation increase recognised in income	426,760		-	426,760
Balance at the end of the year	1,857,408	867,751	70,380	2,795,539

## 11 Intangible Assets

Cost	916,254	914,/54
Accumulated amortisation	(801,586)	(612,364)
Net carrying value	114,668	302,390

## (a) Movements in carrying amounts of intangible assets

	Intangible assets	Total
	\$	\$
Year ended 30 June 2025		
Balance at the beginning of the year	302,390	302,390
Additions		
Additions	1,500	1,500
Amortisation	(189,222)	(189,222)
Closing value at 30 June 2025	114,668	114,668

# 12 Trade and Other Payables

	2025	2024
	\$	\$
CURRENT		
Trade payables	212,376	77,326
GST payable	70,937	83,245
Accrued expense	81,557	131,672
Credit card Payables	13,824	(6,484)
Other payables	4,408	5,457
	383,102	291,216

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# Notes to the Financial Statements For the Year Ended 30 June 2025

## 12 Trade and Other Payables

13

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Trade and other payables are unsecured, non-interest bearing and are normally settled within 30 days. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term nature

Bank loan		
	2025	2024
	\$	\$
CURRENT		
Mortgage loan	100,966	105,483
	100,966	105,483
NON-CURRENT		
Mortgage loan	1,109,925	1,190,921
	1,109,925	1,190,921
	1,210,891	1,296,404

2606.

# 14 Deferred Income CURRENT

NDIS Government grants	109,955	65,090
Membership fees	2,676,885	2,361,253
Conference Income in Advance	-	357,588
	2,786,840	2,783,931
Employee Benefits		
Current liabilities		
Long service leave	54,715	51,185
Provision for employee benefits	145,845	133,013
	200,560	184,198
Non-current liabilities		

50,019

50,019

72,180

72,180

## 16 Key Management Personnel Disclosures

Long service leave

The remuneration paid to key management personnel of the Company is \$ 426,497 (2024: \$ 796,174).

Number of staff during the year: 5 & Number of staff at the end of the year: 2

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# Notes to the Financial Statements For the Year Ended 30 June 2025

#### 17 Auditors' Remuneration

	2025	2024
	\$	\$
- auditing or reviewing the financial statements	14,500	14,500
Total	14,500	14,500

### 18 Contingencies

In the opinion of the Directors, the Company did not have any contingencies at 30 June 2025 (30 June 2024:None).

#### 19 Related Parties

#### (a) The Company's main related parties are as follows:

At the balance date Margot Richardson was the Company Secretary. Her salary is included as a part of the Directors remuneration per note 21b.

### (b) Transactions with related parties

Transactions between related parties are on normal commercial terms and conditions no more favourable than those available to other parties unless otherwise stated.

The following transactions occurred with related parties:

During the year, the directors received remuneration in the form of salary and superannuation directly from the company for management of the Company in addition to other than reimbursements of expense incurred on behalf of the company. The total amount of salary and superannuation was \$69,184.

# 20 Events Occurring After the Reporting Date

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Company, the results of those operations, or the state of affairs of the Company in future financial years.

### 21 Liability of Members

The Company is a company limited by guarantee to the extent of \$10 per member. As such the Company is not permitted to distribute dividends amongst its members. At 30 June 2025 the total of these guarantees amount to \$91,830 (2024 \$86,510). On 30 June 2025 there were 9,183 members (2024; 8,651)

# 22 Statutory Information

The registered office and principal place of business of the company is Dietitians Association of Australia Limited PO Box 2087
Woden ACT 2606

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# **Directors' Declaration**

The directors of the Company declare that:

- 1. The financial statements and notes, as set out on pages 10 to 26, are in accordance with the *Corporations Act 2001* and:
  - a. comply with Australian Accounting Standards Simplified Disclosure Standard; and
  - give a true and fair view of the financial position as at 30 June 2025 and of the performance for the year ended on that date of the Company.
- 2. In the directors' opinion, there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Doren	Nadine Will
Director	Director

Dated 30 October 2025



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## Dietitians Association of Australia Limited

# Independent Auditor's Report to the members of the Dietitians Association of Australia Limited

#### Report on the Audit of the Financial Report

#### Opinion

We have audited the financial report of the Dietitians Association of Australia Limited (the Company), which comprises the statement of financial position as at 30 June 2025, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including material accounting policy information, and the directors' declaration.

In our opinion, the accompanying financial report of the Company is in accordance with the *Corporations Act 2001*, including:

- giving a true and fair view of the Company's financial position as at 30 June 2025 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards AASB 1060: General Purpose Financial Statements Simplified Disclosures for For-Profit and Not-for-Profit Tier 2 Entities and the Corporations Regulations 2001.

## Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Corporations Act 2001* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We confirm that the independence declaration required by the *Corporations Act 2001*, which has been given to the directors of the Company, would be in the same terms if given to the directors as at the time of this auditor's report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Other Information

The directors are responsible for the other information. The other information comprises the information included in the company's annual report, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed on the other information obtained prior to the date of this auditor's report, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

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#### Dietitians Association of Australia Limited

# Independent Auditor's Report to the members of the Dietitians Association of Australia Limited

### Responsibilities of Directors for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards - AASB 1060: General Purpose Financial Statements - Simplified Disclosures for For-Profit and Not-for-Profit Tier 2 Entities and the Corporations Regulations 2001 and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do

#### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control

Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the company's internal control.

Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.

Conclude on the appropriateness of the director's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.

Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

Obtain sufficient appropriate audit evidence regarding the financial information of the business activities within the company, to express an opinion on the financial report. We are responsible for the direction, supervision and performance of the company's audit. We remain solely responsible for our audit opinion.

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#### Dietitians Association of Australia Limited

# Independent Auditor's Report to the members of the Dietitians Association of Australia Limited

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

PKF Canherra

Ross Di Bartolo Registered Company Auditor Audit Rartner

Dated: 30.10.2025.

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