

Submission on: Effective mental health care in the perinatal period: Australian clinical practice guideline

Name:

Organisation:

Please provide comments under the relevant heading(s) and email back the completed form to guidelines@cope.org.au or post to PO Box 122, Flemington 3031

General comments

PART A — BACKGROUND INFORMATION
1 Mental health disorders in the perinatal period
1.1 Understanding the woman's context
1.2 Prevalence and impact of mental health disorders in the perinatal period

2 Enabling effective care of mental health in the perinatal period
2.1 Therapeutic relationship
2.2 Support and information
2.3 Continuity of care

PART B — SCREENING AND PSYCHOSOCIAL ASSESSMENT
3 Considerations before screening and psychosocial assessment
4 Acceptability of screening and psychosocial assessment
5 Screening for depressive and anxiety disorders
5.1 Screening for depression
5.2 Culturally appropriate screening for depression

5.3 Screening for anxiety
6 Assessing psychosocial factors that affect mental health
6.1 Psychosocial assessment tools
6.2 Other considerations in psychosocial screening
7 Assessing mother-infant interaction and safety of the woman and infant
7.1 Mother-infant interaction

7.2 Risk to the infant
7.3 Risk of suicide
8 Implementing psychosocial assessment and screening
8.1 Incorporating psychosocial assessment and screening into routine practice
8.2 General approaches post-assessment
8.3 Referral and care pathways

8.4 Supporting emotional health and wellbeing

8.5 Women with complex presentations

9 Practice summary — assessment and screening

PART C — PREVENTION AND TREATMENT

10 General principles in prevention and treatment

10.1 Care planning

10.2 Use of pharmacological treatments

10.3 Postnatal care and support

11 Depressive and anxiety disorders

11.1 Women at risk of depressive or anxiety disorders

11.2 Women with mild to moderate depression or anxiety
11.3 Women with moderate to severe depressive or anxiety disorder
12 Severe mental illnesses: schizophrenia, bipolar disorder and postpartum psychosis
12.1 Preconception planning
12.2 Considerations in providing antenatal and postnatal care
12.3 Psychosocial and psychological treatments

12.4 Pharmacological therapies
13 Borderline personality disorder
13.1 Considerations in providing antenatal and postnatal care
13.2 Psychosocial support and psychological treatments
13.3 Pharmacological treatments
14 Electroconvulsive therapy

15 Practice summary — prevention and treatment

PART D: AREAS FOR FUTURE RESEARCH

APPENDICES